

# 2021 Volleyball Advanced Camp

Crawford HS Gym

July 26 – July 29, 2021  
8:00 – 11:00 am



This is an advanced camp for **incoming 9<sup>th</sup> - 12<sup>th</sup> graders**. The purpose of this camp is to prepare you for the upcoming 2021 volleyball season and consists of conditioning, basic fundamentals, and advanced skill work.

I'm excited to announce that Coach Mark and Coach Bjorn are back with us this year. These native Californians, Mark Pozsgai and Bjorn Dahl, love volleyball and love teaching the game to the next generation of players. Mark has played competitively for 11 years. His teams won 2 medals at the Junior Olympics and he was a 2 time All American and National Champion at California Baptist University. He also played at Long Beach State before transferring to CBU. He has coached multiple club teams in both California and Texas. Bjorn also played at Long Beach State, where the 49ers were ranked the #1 team in the nation in 3 of his 4 years at LBSU. He has coaching experience at the high school and college level. He coached collegiately at Mesa Community College and Palomar College in San Marcos, California. He has also coached numerous Club teams at the JH and HS levels. He has experience coaching boys as well as girls and has also started and directed his own training facilities emphasizing all around physical training as well as Volleyball specific training. You won't want to miss this camp. These guys are fun and extremely knowledgeable!!

Registration deadline is **May 17, 2021**. Please complete and return the registration form below, along with your **\$100 camp fee, or \$25 deposit**, to Coach Coker. Please complete and return the registration form below. Balance, if any, must be paid the first day of camp.

**Checks may be made out to "Mark Pozsgai."**

If you have questions about the camp call Coach Coker at (254)715-9314.

## Volleyball Camp Registration Form

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Grade Entering: \_\_\_\_\_ T-shirt Size:    S    M    L    XL

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

**Assumption of Risk:** I agree to release all claims against Crawford ISD or its employees from liability for injury or illness incurred while engaged in the activity in question. I give the staff permission to act in its best judgment in the case of emergency.

Parent/Guardian Signature: \_\_\_\_\_