

SHAC Meeting Minutes

April 19, 2023

The fourth 2022-2023 Como-Pickton SHAC meeting was held on April 19, 2023 starting at 3:45 pm in the Secondary Cafeteria. Holly reminded everyone that SHAC is an open/public meeting and needing to comply with provisions that fall under the Texas Open Meetings Act, such as the meeting being audio recorded.

We started the meeting off discussing Mrs. Walden received an email informing her of curriculum updates specific to Health lessons in Quaver Health/PE. They sent over a link outlining all these updates and changes, why they made the changes and the TEKS in which the new resources are aligned. All resources and lesson updates listed in the PDF are under review. No changes were made to any opt-in lessons aligned to Senate Bill 9 or House Bill 1525. We have two options: Accept these updates as is, or reject these updates. Mrs. Monk said that she read over and liked the updates and was happy to accept them. We decided as a group, SHAC committee to accept the changes as is.

Holly then mentioned that at the next Board Meeting she will be giving the annual SHAC report to the Board. Holly goes over the SHAC meetings they have had throughout the year and gives a recap to the board of what any changes, recommendations and accomplishment they have done throughout they year. Holly gave everyone the opportunity to make any more recommendations or if anyone had any questions. We discussed about the topic of emergency Narcan. Holly explained what Narcan was and what it was used for and why it can be important to have some on campus. No objections were made regarding the use of Narcan and having it on campus. The policy's will be put together and brought forward to Dr. Bower and board. Holly also explained we purchased the LifeVac anti-choking rescue devices to keep in the cafeterias and one in Nurse Holly's office. Holly explained what they were and what they were used for.

The digital Mammography Bus will be on campus May 18 and this is open to staff and the public. We also have the DSHS here to vaccinate Seniors that want to participate for college. We discussed that we still have the TCHAT in place and it is going well for our counselors. Mrs. Fuller with the cafeteria did not have any updates, Holly reminded the group that we will hand out flyers from the Texas Dept of Agriculture at the end of the year before Summer starts that will tell families where they can go for meals during the day. Mrs. Monk said she will have the Cancer Walk in May if anyone had anybody local they wanted to recommend fighting with cancer right now.

We left the meeting open to discussion. Mrs. Adams mentioned University of Texas at Tyler had free physicals this next weekend for UIL. Mrs. Caitlin Graham from the NETCAC said they are updating all of their curriculum and revamping their education. She is going to send me an updated list of all the services they can offer the school.

Our goal for next school year is to offer more of these services to our parents and students and we will renew our Wellness Policy at the first SHAC meeting next Fall. Mrs. Adams mentioned she was going to send over some resources to help go over the Wellness Policy.

[SHAC recording](#)