

## Rank One Sport Instructions

1. <https://www.rankonesport.com/content/>
2. Go to the tab where it says "Parents Click Here"
3. Select: Online Forms
4. Select Texas
5. Scroll down to Royal ISD
6. Select: Proceed to online forms
7. Here you are able to create an account or continue as a guest. You are also able to download the RankOne App.
8. Please fill out all documents.

### **Medical History**

1. When filling out the medical history please be careful when using auto fill as it will change the student's name.
2. If you have two last names, you MUST use both of them or the system will not find you (i.e. Jose Perez Lopez).
3. When this form is submitted the form will state PENDING.
4. Once this shows the athletic trainer will review the form. The form will then either be approved or denied.
5. If denied you will receive an email stating why the form has been denied.

### **Physical**

1. The physical must be filled out by a doctor, and the cleared box must be checked off to be cleared to participate.
2. If the "Cleared after completing evaluation box is checked "the athlete is **NOT** to participate until the athletic trainer receives an updated doctor's clearance note.
3. When uploading a physical please select either PDF or Picture.
4. Take a picture of the entire physical form. The picture needs to include student name and the physician signature.
5. Once the picture is selected please upload and submit.
6. The physical will state PENDING. It will be reviewed by the athletic trainer to be approved. If there is an issue a parent will be contacted.

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Athletic Trainer: Jarryn Rosas [JRosas@royal-isd.net](mailto:JRosas@royal-isd.net)

\*\* Please email or turn in any doctor's notes to the athletic trainer.