



# Mena School District Wellness Committee

## Sign In Sheet

January 16, 2018

Name	Position (Administrator, Teacher, etc.)	Representing (School, Community, etc.)
<i>Steven Breedlove</i>	<b>Administration</b>	<b>High School</b>
<i>Elizabeth Tompkins</i>	<b>Independent Living</b>	<b>High School</b>
<i>Celeste Ashcraft</i>	<b>ACSIP co-chair</b>	<b>High School</b>
<i>Robin Caster</i>	<b>LDES Teacher</b>	<b>LDES</b>
<i>Tamara Smart</i>	<b>HHE Principal</b>	<b>HHE</b>
<i>Amy Bartow</i>	<b>District Food Services</b>	<b>Support</b>
<i>Susan Bodey</i>	<b>Aramark Food</b>	<b>Support</b>
<i>Bobbie Baker</i>	<b>School Nurse</b>	<b>High School</b>
<i>Becky Richardson</i>	<b>School Nurse</b>	<b>LDES</b>
<i>Todd Coogan</i>	<b>Administration</b>	<b>MMS</b>



## Mena School District Wellness Committee

# Wellness Committee Agenda

(Minutes)

January 16, 2018

- Call to Order – Sign In Members
  - Mr. Breedlove – Discussed the meeting that was held on Monday January 15<sup>th</sup> to address the Student Health Index.
    - Discussion was held on what had been accomplished and what still needed to be done.
    - Discussion was held on where every campus was on the SHI reporting.
  - Mr. Breedlove turned over the meeting to Amy Bartow to discuss the Child Nutrition Programs.
- Amy Bartow discussed all of the following Arkansas Codes and how the district is complying with State and Federal regulations.
  - In the presentation, Mrs. Bartow handed out information that applied to the State and Federal guidelines.
- Ark 6.06.5 – Child Nutrition Program will provide the district information on the requirements and standards of the National School Lunch Program.
- Ark 6.02.1 – Assist with implementation of nutrition and physical activity standards.
- Ark 6.02.2 – Integrate nutrition and physical activity into overall curriculum.

- **Ark 6.02.3 – Ensure that professional development of staff includes nutrition and physical activity.**
- **Ark 6.02.4 – Ensure that students receive nutrition education and engage in physical activity.**
- **Ark 6.02.5 – Improve the quality of physical education and increase training of teachers.**
- **Ark 6.02.6 – Enforce existing physical education requirements.**
- **Ark 6.02.7 – Pursue contracts that both encourage healthful eating by students and reduce school dependence on profits.**
- **Ark 6.06.6 – Assist the schools in implementing recommendations for all foods and beverages sold.**
- **Ark 6.06.7 – Update a written list of recommended healthier options for students.**
- **Ark 6.06.8 – Encourage the use of non-food alternatives for fundraisers.**
- **Amy Bartow suggested that Susan Bodey also be placed as a member of the Wellness Committee. This was done without objection.**
- **Mr. Breedlove complemented the members of the Wellness Committee for their continued work to meet all the requirement of the State and Federal guidelines. Several of the members were call out by name to recognize their hard work.**
- **Set Time and Date of Next Meeting – Next Meeting March 27<sup>th</sup> @ 3:30. Next meeting to discuss “SHI”.**
- **Adjourn**