



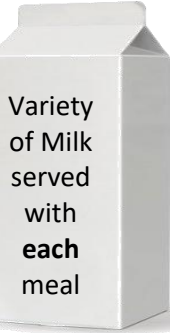
RCMS

This institution is an equal opportunity provider.

May 2021

Please see the website for menus and other key information.

Monday	Tuesday	Wednesday	Thursday	Friday
Waffle / Syrup 3 Strawberries Juice / Milk	Scrambled Eggs 4 Cinnamon Toast Oranges Juice / Milk	Cereal / Yogurt 5 Banana Juice / Milk	Ham-Egg-Cheese Bar 6 Banana Juice / Milk	Cinnamon Roll 7 Grapes Juice / Milk
Chicken Nuggets Ketchup Baked Beans Peaches/ Milk	Fish Sandwich Mac & Cheese Mixed Veggies Pineapple/ Milk	Tater Tot Casserole Bread Stick Corn Grapes/ Milk	Chicken Fajita Soft Tortilla Shell Cheese Cup/ Salsa Slushy / Milk	NO LUNCH SERVED
French Toast Sticks / Syrup 10 Oranges Juice/ Milk	Scrambled Eggs w/ Ham 11 Toast / Jelly - Strawberries Juice / Milk	Chicken on a Biscuit 12 Banana Juice / Milk	Breakfast Pizza 13 Blue Berries Juice / Milk	1 Powdered Donut 14 Grapes Juice / Milk
Corn Dog Ketchup / Mustard Baked Beans Pears/ Milk	Popcorn Chicken BBQ Sauce Cooked Carrots Mixed Fruit/ Milk	Pancake on a Stick / Syrup Hash Browns / Ketchup Peaches Milk	Taco in a Bag Cheese / Lettuce Cups Salsa Applesauce Cups/ Milk	Cheesy Pull a Part Romaine Lettuce Salad / Dressing Apple Slices Caramel/ Milk
Honey Bun 17 Fruit Juice / Milk	Scrambled Eggs 18 Cinnamon Toast Fruit Juice / Milk	Cereal / Yogurt 19 Fruit Juice / Milk	Biscuit & Gravy 20 Fruit Juice/ Milk	Cinnamon Roll 21 Fruit Juice / Milk
PBJ Carrots & Celery Dip Applesauce/ Milk	Cheese Burger Ketchup / Mustard Cowboy Beans Strawberry & Bananas/ Milk	Chicken Sandwich Mayo Sweet Potato Puff Apple/ Milk	Orange Chicken Rice / California Blend Egg Roll / Sweet & Sour Sauce Mandarin Oranges/ Milk	Pizza Romaine Lettuce Salad / Dressing Peaches Milk
French Toast Sticks / Syrup 24 Fruit Juice / Milk	Scrambled Egg w/ Bacon 25 Toast / Jelly - Fruit Juice / Milk	Pop Tarts 26 Fruit Juice/Milk	Breakfast Pizza 27 Fruit Juice / Milk	Donuts 28 Fruit Juice / Milk
Chicken Wrap Cheese Cup Baby Carrots / Dip Pineapple/ Milk	Meatloaf Mashed Potato / Gravy Roll Oranges/ Milk	Ham & Cheese Baked Beans Pears Milk	Turkey Club w/ Mayo Green Beans Applesauce Milk	Bosco Sticks Marinara Sauce Romaine Lettuce Salad / Dressing Mixed Fruit/ Milk
No School Memorial Day	Scrambled Eggs <i>June 1</i> Cinnamon Toast Fruit Juice / Milk	Cooks Choice <i>June 2</i> Fruit Juice / Milk	Cooks Choice <i>June 3</i> Fruit Juice / Milk	No School Teacher's Institute
	Cooks Choice Milk	COOK OUT PBJ Carrots & Dip Apple/ Milk	Cooks Choice Milk	



Variety of Milk served with each meal

Reminder:
You can deposit money into your students Food Service account through Skyward Family Access.

*Menu is Subject to Change.
** Extra grains may be added to each meal.

NOTE: There must be money on the student's account, if they only want to purchase a milk or juice. The School price Breakfast/Lunch - Free/Reduced meal comes with one drink. Any extras or students with lunch boxes must have money for a purchase. Milk/Juice = \$.50

Reliable Caring Cooks Undoubtedly #1

Growing Strong Healthy Tigers, one Meal at a Time!

Prices	
Breakfast	\$2.20
Reduced	.30
Adult Breakfast	\$3.30
Lunch	\$2.80
Reduced	.40