



MORA PUBLIC SCHOOLS

400 East Maple Avenue

Mora, MN 55051

Phone 320-679-6200

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Download the School App:
Mora Public Schools ISD 332



MORA
PUBLIC SCHOOLS

Mora Public Schools

January 2019

Volume 03, Number 02



2019
Happy New Year!

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www.moraschools.org



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School board meeting dates
The school board meets
on the fourth Thursday
of every month, except in
November and December.
These meetings are held on
the third Thursday due to
the holidays. Meetings are
held at the High School at
6:30 p.m. in room # 238 and
are open to the public.



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Twitter: @MoraElemMustangs
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www.moraschools.org



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Craig Schultz
Superintendent
of Schools

***"Our progress
as a nation can be
no swifter than
our progress in
education.
The human mind is
our fundamental
resource."***

~ John F. Kennedy



Superintendent's Message

The election season has come and gone. In January, across the state newly elected officials will be sworn in and begin their political career. They will be working side by side with experienced officials. Contests directly affecting the school district are local, regional and state-wide races. Locally, the school board election for a four-year term returns three experienced school board members. At the regional level, both the House and Senate incumbents were also successful. This will provide consistency at the local and regional levels.

At the state level, a new governor has been elected. The past eight years, Minnesota has had a governor dedicated to public education, while our neighbors to the east have not and they have struggled. In the past eight years state-wide education has improved student achievement, added and funded every-day kindergarten, kept pace with inflation by adding 2 percent to the base formula each year, and improved the graduation rates for many at-risk students to name a few. With most school policy and 88 percent of funding coming from the state, it is imperative to have elected officials committed to 'doing the right thing' for students, as well as their tax paying constituents. Adding policies without adding funding, forces districts down a treacherous path. Unfunded mandates in special education alone require Mora Schools to cover over \$1.2 million from other sources.

School safety is a hot topic in districts across the nation. Recently Mora Schools applied for a grant for each building to improve safety and security. The Legislature

approved \$25 million and received requests for over \$150 million. Mora Schools grant requests were unsuccessful. (An identified need, but where does the funding come from?). Setting priorities is a continuous process in school budgeting.

Doing the right thing for school safety is a topic we can all agree on. What the right thing is and how to fund it is where we struggle with solutions. The same holds true for a number of school issues. From the high profile items, like school safety and facilities, to the daily operations of schedules and menus, there are many perspectives to consider.

At this time of the year, weather-related school closure is a relevant topic. 'Who makes the final decision if the school is open or closed?' is a different question than 'Who decides if your child goes to school on a particular day?' As the superintendent, I make the final decision if the school is open or closed. The decision comes from multiple employees checking roads at 5 a.m., phone calls with the surrounding districts, and consideration of over 900 elementary students between the ages of 5-12 staying home while parents work, or, coming to school where there is heat, water and food. If the weather is questionable, you as a parent or guardian make the final decision if your child comes to school. You make the decision if you are going to put a teenage driver on the road. Different perspectives may yield different results. But that is okay, as long as we are willing to approach it in a reasonable manner and be aware there are multiple perspectives to consider.

Alice Dalbey, A Lady with a BIG Heart!

*Excerpts from
Cassie Gorseigner's interview
with Alice Dalbey*

Alice Dalbey has been devoted to working at Mora Public Schools since 1971. As a 90-year-old woman, most people would think she should be retired, but Alice would disagree. In 1971, she started her work at Fairview reading center, where she stayed for two years. In 1973, she moved up to Mora High School to work as a secretary to the counselors. She worked in this position for 19 years. Alice Dalbey then decided to retire, but her retirement was very short term. That same year, she came back to work as a printer for the teachers, where she still works today. Alice doesn't plan on retiring anytime soon but she said, "When I start messing up and the teachers tell me, I'll know to retire because I know my brain would be messed up." Every day Alice Dalbey enters the building for two hours to print, make copies, and do whatever else the teachers may ask her to do. She loves her job very much, because as a 90-year-old woman the work space is perfect and quiet.

Alice Dalbey is a very modest and loving woman. She loves to smile and give hugs or pats on the back. Her all around personality has a calming "Grandma" quality to it. She even asks the students to refer to her as Grandma. Her relationships with people have always been strong and she values them very much.



*Excerpts from Abby Szoka's
interview with Alice Dalbey*

As Alice was telling us about her time working at MHS, she also got into other aspects of her life. "I was with the same person

for over 60 years!" she told us excitedly while talking about her beloved husband Clyde, whom she met in 1950. "Today there are more divorces, choose your mate carefully. Find out all you can about them before you marry them," was some advice she gave us. When Alice was young she looked up to a preacher's wife, and from that point on she decided she too wanted to be a preacher's wife.

She grew up in Coon Rapids and in 1946 graduated from Anoka. Alice informed us how much technology has changed since she was in high school, and how amazed she is with all of it. "Technology! Phones! Life used to be way more simple."

We asked her what are some highs and lows during her day at work and she answered with, "There are no lows, just highs!" She is the type of person to find the good in everything. Her smile and little giggle is contagious.

I think everyone can learn something from Alice Dalbey. She is a huge part of our school district, whether she thinks so or not. I am so happy I got the opportunity to meet and learn so much about such a loving lady. By the end of our conversations everyone had a special spot in their heart for Alice Dalbey and as she left the room she said, "Thank you so much! I love you!" while

blowing us kisses and waving.



Memories of Alice

Alyssa Andrews:

"I met Alice one of the first days of school. As a new teacher, she made me feel welcomed and introduced herself. She always had a smile on her face and was so happy to be here helping out the staff. She truly enjoyed coming to work and brightened my day every time we chatted. She will be greatly missed."

Debra Boge:

"From the very first day I met Alice three years ago, she always had kind words to say to me and a hug every time I saw her. I will miss her dearly, and especially that wonderful hug. May you rest in peace Alice..."

Deb Hallin:

"I would make it a point to walk in the 'copy room' daily just to say hi. She always hugged me and said she wished I was her daughter and that she would see me tomorrow, 'the good Lord willing.' She always said 'I love you' and I always told her I loved her.

Every year on Valentines Day she told me the same story about how she and Clyde would go card shopping together. "Find the best one and give it to the other to read. Exchange a little peck and say Happy Valentines day. Then put the card back."



Michelle Ostien:

Every time I saw Alice in the teacher's lounge, she told me how much she loved working for all the teachers at the high school. She frequently commented, "I'll see you tomorrow; God-willing! I just love all you teachers!" Her passion for our school was incredible and she will be missed greatly. "

Debbie Anderson:

"This is an older memory.... :) Fairview Central, which was on the fourth floor of the HS, was where my first fifth grade classroom was located. As teachers, we were able to request high school students to come upstairs and peer tutor. Being a brand new teacher, I was unsure about the peer tutoring program, so I went downstairs to visit with Alice about it. In her kind, gentle way, she answered all my questions. I then said, "I would like to apply for a tutor." Alice responded with, "Oh, honey, students can't have peer tutors, only teachers can." She was one of the sweetest souls ever!"



C Hanson:

"Alice greeted me every day with her warm smile and the best love-filled hug ever! Boosted my mood each day and gave me one more thing to really look forward to! One day she did a little twirl/dance with her hands in the air and sang a line of "You are my Sunshine" to me... She will be so missed!"

Jennifer Strande:

"My favorite memory of Alice is her hugs!!! Alice was a ray of sunshine to us all every day! She made us feel loved and taken care of. I am so happy for her to be home with her Savior and to get to see her dear Clyde again!! :) <3"

Nick Bakke:

"Not a day went by that Alice did not give me a hug, tell me how much she appreciated being a part of our school, and that she always was praying for our staff and students. Her faith and positivity were contagious and always made me proud to be a part of something that she knew was so important and special."

Rachel Norby:

Alice always gave me a hug and told me that she was praying for me. What a sweet soul, and now she gets to see her beloved Clyde!

Scott Anderson:

A smile and quite often a hug!

Jennifer Erickson:

"Alice ALWAYS greeted me with a hug and a smile and followed with encouraging words to help me make it through my work day! Twenty-five years with Alice has made my career so much easier. Mora High School is forever inspired by her beauty! Thank you, Alice, for your warmth and kindness through the years!"



Pictured (left to right): Jessica Larsen (HS Teacher), Nick Bakke (Assistant HS Principal), Karl Norvell (Elementary Teacher), Lindsey Peterson (HS Teacher), Craig Schultz (Superintendent), Jennifer Ryberg (Elementary Teacher), Brenda Spartz (Elementary Principal)

2018 LEEA Award

The 2018 Leaders in Educational Excellence Awards (LEE) opened with a welcome address from Mark Schmitz, Executive Director at Resource Training & Solutions. Ken Anderson, chair of the Resource Training & Solutions' Board of Directors, also extended his congratulations to the honorees. Over 481 attended the annual event. Schools and districts across Resource's central Minnesota region nominate award recipients based on suggested criteria that includes how **educators inspire fellow colleagues, students, and communities through positive leadership, utilize curriculum development, motivate students, implement instructional effectiveness, act as strong role models, and display dedication to the profession of education.** Public, private, parochial, and charter schools were included in the event, as well as Meeker and Wright Special Education Cooperative, the West Central Education District, and the Wright Technical Center

Educational Support Staff Recognized

The 2018 Educational Support Staff Awards (ESS) opened with a welcome address from Mark Schmitz, executive director at Resource Training & Solutions. Ken Anderson, chair of the Resource Training & Solutions' Board of Directors, also extended his congratulations to the honorees. Over 340 attended the annual event. Schools and districts across Resource's central Minnesota region nominate award recipients based on suggested criteria that includes **knowledge of work responsibilities, demonstration of safety, cultivation of respect, acting as a positive role model, displaying genuine concern for others, and making a difference in the lives of students, staff and the community.** Public, private, parochial and charter schools were included in the event, as well as Meeker and Wright Special Education Cooperative, the West Central Education District and the Wright Technical Center.



Pictured (left to right) Briana Hallin (Administrative Assistant), Jodi Kays (MARSS Coordinator/SIS Manager), Sem Eik (Custodian) and Ashley Haugen (Transportation).



Spreading Sunshine

Each year Mora staff donate \$10 to the Sunshine Committee. With these donations activities are planned, random drawings are held and gifts are purchased for retirements, babies or memorials for a family member that has passed away.

Mora High School and Elementary Sunshine Committees hosted their annual Ugly Sweater Contest. Winners at the high school included Josh Norby with first place, Alyssa Andrews with second place and Deb Hallin with third place. Winners received a nice pair of ugly socks to go with the ugly sweaters and, of course, bragging rights. Mora Elementary ugly sweater honorees were Anna Verdon and Kyle Stanchfield.

For the past three years the Sunshine Committee at the high school has sponsored Pie First Day. The Wednesday before Thanksgiving break staff can enjoy a piece of pie in the lounge so they will not have to worry about saving enough room for pie on the big feast-giving day. Pie should always come first.



School Nurse Talks About What We Should NOT SHARE



Mrs. Grahn, our school nurse, visited pre-school to sixth grade this past month. She discussed three things NOT to share at school: germs, food and head lice. Students learned how to cover their mouths properly when sneezing and/or coughing and the importance of washing their hands. They also discussed why we don't share food at school in regards to allergies and talked about the two areas where food can be shared, the sharing bin in the lunch room and classroom celebrations. The last topic students and the nurse discussed was head lice. Mrs. Grahn explained the importance of not sharing hats while at school and making sure students keep their hair/heads to themselves. Mrs. Grahn also talked about the importance of having parents/guardians check the student's heads once a week for lice.

Anne Grahn MS, RN, PHN

Licensed School Nurse

Mora Public Schools District 332

400 East Maple, Mora, MN 55051

320-679-6200 x 5030 (High School)

320-679-6200 x 4008 (Elementary School)



CAPP Corner

The junior high production, "Peter Pan Jr." was a HUGE success! Almost 1,000 community members attended the play during the three performances. Thank you to everyone for supporting arts in our schools!

Debee's Day at the matinee is dedicated to the memory of Debee McGovern, a beloved member of the CAPP program for many years. Two hundred ten children received free admission to see the junior high production "Peter Pan Jr.", along with treats and a special prize, due to generous donations from her husband, Chuck McGovern. A huge thank you to Mr. McGovern for supporting the CAPP program in her honor and allowing so many students to experience the arts in this way.

The kids also received a free treasure box of popcorn, a bottle of water and a pirate prize. Mora CAPP would like to thank Neighborhood National Bank of Mora for their generosity in helping us make this ARTS event such a success!

Fall Reading Night was held on Monday, Oct. 29, with 373 people attending. There were many fun activities held throughout the school. Each student received a free book and everyone enjoyed free pizza. Four bicycles were donated by Tom Wenner from Horace Mann and given away at the end of the night.

If you are interested in becoming a member of the CAPP committee, please contact Kelly Gams kgams@moraschools.org or Sara Rossow srosow@moraschools.org. Membership is open to anyone who loves the arts and wants to help bring arts experiences and arts opportunities to the students of Mora Schools and the greater Mora community.

Stay up to date with events and information on our Facebook page - "Mora CAPP."



Disney's Peter Pan, Jr.



Mora Community Education was thrilled to present, Disney's "Peter Pan, Jr." this past October. The junior high play was directed by Kelly Gams and Sara Rossow, with musical direction from Elaine Keehr. All directors were very excited to be working with such talented actors in grades 6-9 and dedicated assistant directors in grades 10-12. Auditions were held the first week of school, and then the 45+ cast and crew spent many weeks memorizing lines, singing songs, learning dance moves and preparing scenery and props.

Local artist, Carl Long, volunteered his time and expertise designing Captain Hook's Pirate Ship, the Lost Boys' Lair, the Mermaid's Rock Perch and the Darling Children's Bedroom. Mr. Long's talents were a huge asset to the show and the students loved seeing the production come to life while learning how to use power tools, master new painting techniques and becoming part of a team. A huge Thank You! goes out to Carl Long for graciously providing such a rewarding experience to everyone involved with the play!

Disney's "Peter Pan, Jr." was a huge success and the director's can't wait to begin the process again next year!

Disney's "Peter Pan, Jr." was presented through special arrangement with Music Theatre International (MTI). All authorized performance materials were supplied by MTI and can be found at www.MTIShows.com.





Nick Bakke
MHS Assistant
Principal

If you have questions
or would like more
information on any
of these articles,
please contact me
to chat.

Nick Bakke
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Principal Views

A focus on our students Health, Wealth and Presence.

VAPING & E-Cigs

DID YOU KNOW?...

- Minnesota Department of Health. "New survey shows Minnesota youth tobacco use rising for the first time in 17 years." Feb. 15, 2018.

- Student vaping and E-Cig use is dramatically on the rise in our community and the entire country.
- Together, our local Substance Abuse Coalition of Kanabec County (SACK) and Sheriff's Office are trying to spread the awareness of vaping and E-Cig use.
- At Mora High School, vaping and E-Cig use or possession is treated the same as cigarettes.
 - School consequences such as in school or out of school suspension.
 - Notification to law enforcement and a tobacco ticket of \$100+ dollars.
 - Activities/ MSHSL violation (suspension from sports and activities)



Information shared by SACK

What are E-Cigarettes? AKA vapes, JUULs, vape pens, e-hookahs, E-cigs, or vapes.

- Battery-powered devices that deliver harmful nicotine and flavoring in the form of an aerosol that a user inhales and exhales.
- They come in many shapes and sizes. many could easily be mistaken for everyday items, like USB flash drives and pens.

E-CIGS CONTAIN NICOTINE.

- Nicotine is what makes tobacco products addictive.

- Be aware that some e-cigarettes that claim to be nicotine-free have been found to contain nicotine.

E-CIGS ARE HARMFUL TO TEENS AND YOUNG ADULTS.

- The nicotine in e-cigarettes can lead to addiction and harm brain development in children and young adults into their early 20s.

E-CIGS MAY BE FULL OF OTHER HARMFUL THINGS.

- Contain heavy metals like lead
- Flavorings linked to lung disease
- Small cancer causing particles that are inhaled deep into the lungs

HOW CAN YOU TELL IF YOUR KID IS VAPING?

- If their room smells artificially sweet, don't assume it's a scented candle.
- Nose bleeds are generally common among e-cigarette users.

HOW ARE KIDS GETTING IT?

- Vape products are all over social media, many sell their products directly from a users account.
- Website age gates are easily bypassed.
- In one study, kids successfully bought e-cigarettes online 94 percent of the time.
- Underage kids are using family information and identity theft.
- Computer login and passwords are "keychained" allowing access to accounts.
- Underage kids use a parent's name for shipping
- Underage kids create shipping information to a P.O. Box in supermarkets or convenience stores.
- Orders are shipped to homes when parent(s) are at work.
- Clerks at stores might not enforce the law.
- Many vape companies have names that do not raise a red flag on parents' credit card statements.

Parents, please talk to your students today about the dangers to their health of putting unknown chemicals into their systems and the consequences of these decisions.

MHS Continuing its Commitment to Vocational Careers & Skilled Laborers

One of the greatest aspects of Mora High School is our commitment to introducing and helping students pursue careers in the trades such as construction, woods, technology, welding, automotives, business, FaCS (home economics), healthcare and agriculture.

These career fields have changed dramatically in the past 20 years. What seemed futuristic then is now commonplace in the workforce and Mora High School is committed to meeting those needs and adapt to those changes.

To further our commitment to students at Mora High School, we are working with community partners such as the Kanabec County Economic Development Authority to connect students and staff with local businesses and technical schools to recruit and educate students into the vocational trades.

Many upper class students want the opportunity to be marketable and stay in our community. That takes two things:

1. Great students with the right education and skills training.

2. Great employers in our community needing a skilled workforce.

Together as a school and community, we are rethinking and redesigning how we prepare students for the jobs that they are excited to pursue.

At the core of this commitment is our dedication to helping students understand that their character is the number one aspect that employers are looking for. Being **polite, respectful, working hard** and **showing up on time** are some of the keys to success that employers tell us are needed most of all.

If you are willing and able to help Mora schools and our students become the skilled laborers that this country and community needs, please contact me to chat today.

Strive for 95!

Attendance Really Does Matter

95 percent attendance is a key component of success at school and at work. Research has shown that being present is one of the best indicators of a student's and employee's success. We are working with students and families to be present 95 percent of the time.

This year, Mora High School is taking a closer look at overall absences of individual students. We have a system that tracks all absences and tardies which produces a lot of data. With about 800 students at MHS on a seven period day, our staff are taking attendance roughly 5,600 times a day.

All this data is now managed, analyzed and used to identify students much earlier who are struggling with attendance so we can intervene and help remove any obstacles the student or family may be facing.

AMAZING RESULTS!

At the end of the first quarter, we recognized 522 students that attended school 95 percent of the time no matter the reason for absences. This number was phenomenal. We had 522 students that missed two days or less. That is a great number when you take into account illnesses that occur when coming back to school, appointments, meetings, family obligations and many other reasons that pull our students in different directions.

We use information from www.attendanceworks.org to help guide us with the most up to date research and best practices to help students and families attend school and succeed. Please take a look at the link above to learn more.



Mora HS Honors First Quarter Students

Students at the first quarter recognition breakfast. Some of their speeches brought tears to their parents' eyes. It was a fun and heart warming way to start the day.

Are You up to PAR?

Proactive
Actions that prepare for what the future may bring.

Accountable
Taking ownership of your actions and behavior.

Respectful
Treating people and property with dignity and kindness.



September:
Amanda Stenberg (left)
German Teacher
and Jason Sjoberg (right).



October:
Katie Karnik (left)
and Hailey Larson (right)



Silver Mustang Awards



November:
Peter Larsen (left)
and Laura Harmon(right)



December:
Jay Pautzke (left)
and Joan Hebeisen (right)



The alumni pictured from left to right Hunter Fore,
Ally Hippen, Hailey Thielen, Katie Sager and Jordan Horning



Mora Alumni Talk to Ninth Graders

In December during a BLUE period the ninth grade class had five Mora alumni talk to them about their experiences in college, the job force and the military. The alumni were

a mix of 2-year and 4-year college students (one is a college athlete), military personnel and an individual who went straight into the work force. The panel was asked a series

of questions about the differences between college/military/working and high school, what their college/work day looks like compared to high school, what they wish they

had known as ninth graders, and gave advice to the students to prepare them for life after high school.



Annual Friendsgiving 2018

Capable Connections has been busy this holiday season. Students prepared and participated in their Second Annual Friendsgiving. They toured the fire hall with Mr. Bakke, and they even became Santa's little elves in Santa's Workshop (THANKS Mr. Norby and his fifth hour class).



The Rack

Local businessman, Bill Stahlke, donated 300 garment bags to MHS band and choir departments! They had been discussing replacing the old cracked bags they had before the spring trip. Thank you Bill and Sue Stahlke!

"The Rack" was founded on the idea that no student should have to feel lesser or embarrassed due to the inability to have not only "trendy" or "up-to-date" clothing but clothing that is clean, free of holes; fits correctly and is appropriate from season to season per each climate change. Through compassion, drive and a vision for a better future for the students of Mora High, "The Rack" is now underway.



Jr. High Knowledge Bowl

Junior High Knowledge Bowl has another incredible season in the books! We averaged third place at EVERY meet this year - Go Team! If you see a KB student, ask them about their favorite meet.

*Back row: Sam Zins, Ted Anderson, Sean Strande, and Dakota Sand
Front row: Mikayla Froemming, Hazel Carda, and Annelise Moe*





College Admission Reps Visit Mora High School

In December, admissions representatives from UW-Superior and Lake Superior College presented to the junior class about 2-year schools versus 4-year schools, different career paths and what those look like with projected growth, median salary and level of education. They also introduced the students to O*Net Online a web based tool for career exploration and job analysis. Throughout the school year admission reps from college all over the five state region visit. See your school counselor for the schedule.

eMentors Program

Over the past six weeks Mora High School accounting students have been emailing back and forth with their eMentors who work at Pricewaterhouse-Coopers. PwC is an audit and assurance, consulting and tax service that is currently the sixth ranked private industry in America based on sales. The accounting students were able to meet their eMentors in person on Oct. 29 at the PwC office in Minneapolis.

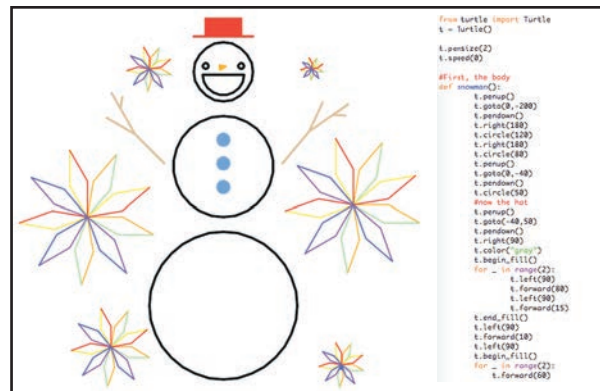
Student Ally Sanborn said "Talking with my eMentor in my Accounting class has been very interesting and helpful. I learned so much about the accounting world and lots more about the college process. Meeting with my mentor at PwC and being in that environment excites me for my future."

Na-Kee Bullen, another current accounting student said "Being able to start and keep a conversation going with someone I've never met has been a real eye opener for me."



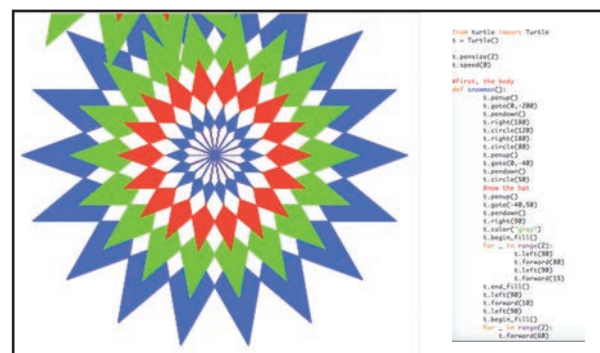
My eMentor helped me decide how to start my process of applying to college. She had explained to me what her job is and why she wanted to get into her career. After visiting PwC I've been interested in careers relating to Business."

Accounting students who are participating in the eMentors program are Noah Weinand, Justice Bohachek, Ashley Smith, Maddie Campbell, Caleb Weaver, Tate Singleton, Ally Sanborn, Joe Hruska, Andrew Harrison, Joah Schultz, Sean Hatch, Na-Kee Bullen, Reece Oslin and Nate Williams.



Learning How to Code

We offer a new programming class at Mora High School called Introduction to Computer Programming. Junior and Senior students have been learning how to write programs in a language called Python. Part of the process we have been using is a graphics tool in Python called turtle. With the turtle graphics students, were tasked with drawing a snowman and some snowflakes. Here are some of the results. (You will see some of the snowman, some snowflakes and some of the code to create these snowmen.





Spanish Class Visits the University of Minnesota

Students in Kay Edberg's Spanish IV class recently visited the University of Minnesota for a day of Spanish class visits, sessions and Latin dance instruction. Spanish IV is a concurrent enrollment class through the University of Minnesota's College in the Schools program. Students enrolled in Spanish IV earn five college credits for the SPAN 1003 course which is taken at Mora High School.

Mrs. Strande's High School Chemistry Class



Chemis-tree... it's all in the beakers.

Food Service with a Smile

Observation Essay - Food Service by Emma Rossow

Surprisingly, only an essence of food lingered in the air. Perhaps it was spaghetti, or maybe it was mashed potatoes, but the smell was too faint to tell. The kitchen seemed desolate, until a smiling face appeared, rounding the corner of the breakfast refrigerators. "Hi, Emma!" Sue VanderHeyden smiled as she sauntered me over to a small room off to the left. A small table, chairs and a bulletin board covered with pictures of the lunch ladies made it resemble a dining room, and Sue's inviting personality made me feel at home. Working at Mora High School, as a lunch lady for 25 years, Sue's expertise about her career is evident. "This is my favorite job I've had", she said. Seeing the kids and hearing when they like her food brighten her day. "A lot of kids think everything we make comes from a box, but we make many meals ourselves, like lasagna and alfredo," she said with slight disappointment, but remembering her cookers, convection ovens and steamers, Sue glowed with pride.

The cookers, like giant crock-pots, sat impatiently as they waited to be filled with nourishing chow. Sue toured me around the tan tiled kitchen as Kathy and Michelle began to prepare the produce for that day. The 9 a.m. crew trickled in with cheerful "good mornings:" and twinkly laughter. Morphing from a light buzz to low rumble, the sound of the refrigerators and fluorescent lights harmonized with the ovens as soon as they were flicked on. A towering stack of metal trays clanged as Tina slammed them on the stainless steel work table, and she began to haphazardly toss sheets of parchment paper on each tray. Endless pizza slices, each with precisely three pieces of pepperoni, bunches of burritos and a small half tray of corn dogs on the trays, ready to be roasted. On a separate workspace Michelle chopped lettuce and tossed it in a clear, plastic rectangular container. The women, all wearing black pants, sneakers, blue shirts, aprons and of course, hair nets, buzzed around like honey bees, assisting each other as they could and shouting across the kitchen casual conversation or calls for help. Sue stood in the corner, triple checking her meticulously kept blue binder that held all the counts of every meal. Still fretting over the blue binder, Sue tossed numbers through her head in an effort to make sure "her kids" would have enough food to eat. "When you guys change your minds our numbers get messed up. We want to make sure our kids get the best," she preached. This could only be accomplished by precise order of operation. White labels crouched on each cupboard, stalking each cook until they returned all materials back to their correct location. As each meal was prepared, every ounce of food was accounted for. Weighing and counting ensured the amount of wasted food was as low as possible, as well as attempted to make every student happy and full. Strict rules regarding calories hung heavy in the air, but the women pushed on determined to fuel Mora High. The high school kitchen was not comparable to one of a prison, for everything was prepared with heart. They knew what students liked to eat and what was most popular at each specific lunch, as well as strived to make everything to look good, by transforming ordinary vegetables into a spider scene and a giant candy corn in a food art creation. Buzzing with love, the environment saturated my brain with memories of baking sugar cookies with my grandma. The lunch ladies were drill sergeants of organization, but could hug anyone with just their kind eyes and smiles. Many students don't know the blessing they have with these women cooking for them, as home cooking really can turn any place into a home.

Counselor's Message

Registration for 2019-2020

The Mora High School Counseling department is beginning to prepare for the 2019-2020 school year. Your senior high student (grades 8-11) began the process of course registration during the week of Jan. 7-11, 2019, and selected courses they are interested in taking in the upcoming school year. School counselors talked with each grade level and explained the course options available to each grade, as well as helped students formulate a course plan moving forward based on their career or personal interests. During the registration process, students are encouraged to reflect on what career area they may want to pursue following graduation, and how they can best prepare for that goal while in high school. Parents are encouraged to also discuss future career options with their student. We have shared the course handbook on our website under the Counseling Services tab. The course handbook contains information about registration, graduation requirements, college credit options, as well as a description of courses that may be offered.

If you have any questions regarding the registration process or courses that your student registered for, please contact your student's school counselor.

Samantha Rushmeyer

(Last names A-K) extension 5860

Email: srushmeyer@moraschools.org

Sarah Ellstrom

(Last names L-Z) extension 5022

Email: sellstrom@moraschools.org

College Options Presentation

On Dec. 10, 2018, Mora High School partnered with Pine Technical and Community College to present on the different ways that students can earn college credit during high school. The presentation addressed opportunities to earn college credit such as concurrent enrollment courses (i.e. college in the schools), and postsecondary education opportunities (PSEO), and addressed eligibility requirements and important considerations when looking at these opportunities. Some

important considerations when considering taking a college class are eligibility requirements (i.e. class rank, GPA, and test scores), time availability for coursework, the student's readiness for college level work and independence, and the student's future plans. Currently Mora High School offers 12 concurrent enrollment courses for students to take to earn college credit during their time at MHS, and these courses are offered through the University of Minnesota, St. Cloud State University and Pine Technical and Community College.

Concurrent enrollment and PSEO can be great options for students that are looking to earn college credit while they are still in high school. If your student is interested in earning college credit, or if you have any questions about concurrent enrollment courses or PSEO, please reach out to your student's school counselor for more information.

New CNA Course Opportunity

During spring semester of the 2018-2019 school year, Mora High School will be partnering with Pine Technical and Community College, and will be offering a Certified Nursing Assistant (CNA) course. The CNA course will be housed at the high school and St. Clare's where students will complete their CNA coursework, in addition to online medical coursework through our Alternative Learning Center. At the end of the course, students will be eligible to take the state licensure exam to become a CNA. As a brand new, hands-on offering, the course garnered a fair amount of interest from MHS students and required an application for interested seniors and an interview with a panel of Mora High School employees - as the course has a cap limit of 10 students. This is a great opportunity for our students and community, and we are hoping the CNA course is a success and that we are able to offer more of these opportunities for our students in the future!



Samantha Rushmeyer
School Counselor
srushmeyer@moraschools.org



Sarah Ellstrom
School Counselor
sellstrom@moraschools.org



Ashley Smith
School-Linked Provider
asmith@moraschools.org

Make Time for Self-Care.

The winter season can be very challenging for many students and people both mentally and emotionally. As we all know too well, we see less daylight hours, and have to bear with frigid cold temperatures. This can and does take a toll on some individual's mental health, and you are not alone! According to Mayo Clinic, Seasonal Affective Disorder (SAD) is a type of depression that is related to changes in seasons. Daylight plays a significant role, and symptoms tend to be most severe from December to February. The good news is that proper self-care can help to prevent and alleviate symptoms of SAD and enhance one's general mental well-being. Some general tips for self-care are:

- Make time for physical activity daily. We are fortunate to have a wellness center, as well as local gyms and classes in the area. Take advantage of these opportunities to break a sweat! If you prefer to workout in the comfort of your home, there are many free workouts available on online platforms such as Youtube.
- Proper nutrition is key to not only physical health, but also mental health. During

the winter months, our brain's serotonin levels are lower, which can increase our desire for filler foods such as carbs and sugar. Focus on eating a balanced diet containing vegetables, fruits and protein.

- Make time to take part in personal hobbies and interests. Our busy schedules make it challenging at times to fit this into our schedules, but making times for ourselves to do something we enjoy is an important form of self-care.

- Make it a priority to spend time with loved ones. Social connections are a very important piece of self-care. You can even do this while taking part in some of the other forms of self-care listed above!

Self-care is always important and is individual to every person, but can be especially important during the winter months. Sometimes even with proper self-care, some individuals may still need further help or treatment. If you or a loved one is struggling with mental health, it is important to reach out to a mental health provider or your medical provider for help. We are very fortunate to have many great resources in our community. If you have questions about how to access mental health resources for your student,

you can contact your student's School Counselor or School Social Worker for help and information on local resources.

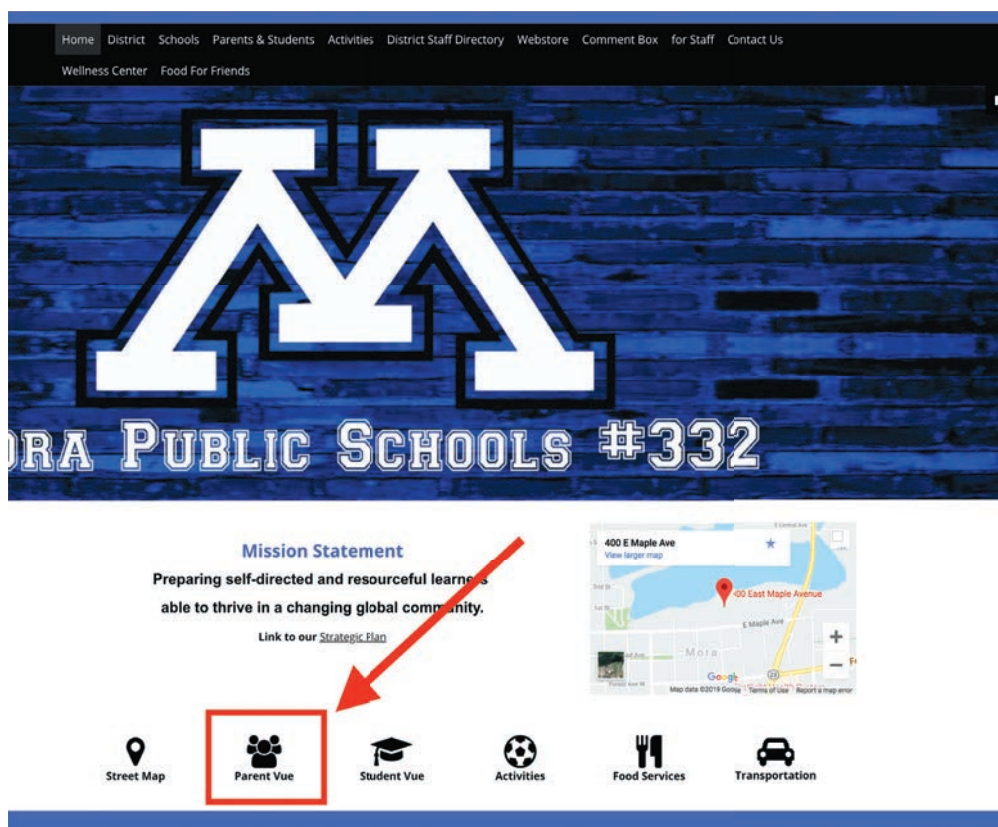
Mora Students Take Advantage of Free Application to College Day

Minnesota high school students are thinking about applying to college and application fees should not stop them. During the month of October many Minnesota colleges provide a day, a week or even the entire month where applications to colleges and universities can be turned in with no application fees. The week of October 22-26, 30 colleges and seven universities in Minnesota waive the application fee for students.

At Mora High School, Mr. Schnabel graciously allows the counselors to take his seniors for a day every year to apply for college. This year, Mora had: 58 applications submitted, 16 more applications started and in process, two students registered to take/retake the ACT and one student start working on FAFSA.

ParentVUE Portals

ParentVUE portals give parents/guardians access to their student's grades, assignments and ability to communicate with teachers. Parents/Guardians can opt-in to get email notifications about school attendance, discipline incidents or when a student performs below a specified grade. Parents/Guardians can check academic performance and see whether the student is on track or may need some help. ParentVUE has mobile apps and parents only need one login to see all of their children. If you would like to get access to your student's information via ParentVUE please connect with the building office of your student's school for more information. You can access the link to ParentVue via our web page www.moraschools.org by clicking the icon labeled ParentVUE.



Principal Views



Randy Qual
Mora Elementary
School Principal

"It's better to aim high and miss (a goal) than to aim low and hit it!"



Brenda Spartz
Mora Elementary
School Principal

"Fairness is not giving everyone the same thing. Fairness is giving each person what they need to succeed."

Being an elementary principal is the greatest job in the world! Mrs. Spartz and I get to work with great students, a great community and an incredible staff on a daily basis. It's a perfect balance between adults and students every day. Each day is unique if you are an elementary principal. There are very few slow days. As a principal, I have many meetings to attend both at the school level, but also at the district level. What's ironic, though, is that some of my busiest days are days that I had an "open schedule." Some days these open schedules fill up quickly with needed support, some days meetings have to be rescheduled because I am needed elsewhere and it cannot wait. What's awesome is that every day is different and boredom is never a concern.

Whenever we have "open times," we like to push into classrooms. During my open times, I walk from hall to hall and class to class to see how everything is going from the students' perspective. Anyone that sees me knows that I would not win many games of Hide and Seek. It's hilarious when I walk into classrooms on a regular basis, sit quietly in an open desk or back corner, and finally get discovered by the students in the classroom that were so engaged in the activity and learning happening with the teacher. "How long have you been there?"

"You are quieter than a mouse!" Or when I ask a question to the class and they hear my deep voice, students whip around and the look on their faces is priceless. I like to tell the students that I'm very "stealth-like" as I tiptoe in and watch the great things happening in our classroom on a daily basis. As a parent of two students in the schools (the third will be there soon), I am always impressed by our staff and the growth we see from our students on a daily basis.

The next page has great information about attendance. Most of our families have great attendance at Mora Elementary. I say families because at the elementary, it is the parents and guardians responsibility to get the children to school on time. For those that struggle with this, the school social workers, and sometimes the Kanabec County Family Services, come up with a plan that can get everyone back on track.

We do want what's best for your child. As the article mentions, missing 18 days, is 10 percent of the school year. Good school attendance translates to good attendance in their work careers as well. We want to wish you a Happy New Year and remind you to stop in, call, or email anytime you have any questions or concerns!



Report to PARENTS

Make Every Day Count: Boost School Attendance

To stay on track in school, students need to be present every day. Missing 18 or more days of school in a year puts a child's high school graduation at risk, according to AbsencesAddUp.org, a national chronic absenteeism prevention campaign. Being absent for just two days every month of the school year can put a child behind academically.

Students with regular attendance are more likely to read well by third grade and score higher on tests. They also tend to be more engaged in school and feel better about themselves.

Put your child on the path to success with these attendance strategies.

Make school a priority. Every absence (excused or not), can impact a child's academic achievement. Talk to your child about how important their education is. Make daily routines for homework and waking up on time for school.

Maintain communication with teachers and keep an eye on your child's academic progress. If your child seems disconnected from school or is prone to skipping class, try signing him or her up for an after-school activity. A report by the University of Minnesota found that students in an after-school program attended 18 more days of school and missed nine fewer than their peers.

Make a plan. If your schedule or transportation situation makes getting your child to school a challenge, ask for assistance. Make a carpool or transportation plan with other parents or family members, or ask your school principal for community programs or school initiatives that may help.

Report in. Know your school's attendance policies. If an absence or early dismissal is unavoidable, contact your school. If your family's religious observances fall on school days, let teachers know early in the year which days your child will miss.

Carefully weigh sick days. If your child is sick, talk with your health care provider to determine whether they should stay home from school. If the doctor or nurse recommends that your child stay home, find out exactly how long and on what conditions he or she can return to class (for example, after 24 hours of antibiotics).

Before keeping your children home, make sure they aren't faking symptoms. Regularly feigning sickness may be a sign that your child is anxious about facing a challenge at school, such as bullying.



Schedule wisely. Know your school's calendar, and arrange doctor and dentist appointments after school, on weekends, or during holiday breaks, if possible. Resist the urge to schedule vacations when students will miss school. This gives students the impression that school is not a priority.

Help students complete assignments. When your child has to miss school, make arrangements with teachers

to pick up a packet of make-up work. Ensure that your child follows through, and be available to explain concepts or monitor their work. If your child's absence will be lengthy (for surgery, for instance), alert teachers as soon as you know and pick up assignments as the days go on.

Web Resources

Absences Add Up offers a list of reasons why kids might miss school, and offers solutions for parents looking to keep their kids learning.
www.absencesaddup.com/reasons-why-kids-miss-school

This infographic, **How Sick is Too Sick to School?**, can help families decide which symptoms should keep students at home.
<http://bit.ly/2cuqbvG>

Attendance Works offers research, webinars, and handouts designed with elementary and middle-level parents in mind.
<http://www.attendanceworks.org/tools/>



Hands on Learning at Preschool

Play is a valuable piece of a preschoolers day! At the Mora Community Preschool, we know that children learn best through hands on learning and exploration with a variety of materials.



Thank You Mora Education Foundation!

To enhance the education of Mora Public School learners, the Mora Education Foundation supports learning initiatives through the development and application of community resources. Mrs. Mattson's room received a grant for new instructional materials. Her class is enjoying their new books and lessons.



Ms. Hasslefeldt's class enjoying pajama day and game day for earning perfect attendance!



Fifth Grade Reading Buddies at St. Clare's Nursing Home

Mrs. Peters fifth grade class has enjoyed visiting the residents of St. Clare's Nursing Home. Twice in the past two months, our fifth graders have walked to St. Clare's and spent part of the afternoon reading with and enjoying the company of their reading buddies. These visits have been a highlight of our school year so far!



Reading Buddies

Reading is a very important skill to learn. One goal for Mora Elementary is to improve reading skills. One way to do that is to have students read. Peer reading is a powerful tool schools can use. Pairing reading buddies with different grade-levels allows younger readers to see what being fluent looks like, older students develop social and emotional skills like patience and empathy as they work with reading buddies.

Mr. Samuelson's class is building their own reading skills by reading to Mrs. Berry's kindergarten class.



Gingerbread Architecture with Second Grade



Second graders learned various features of architecture, such as post and lintel, arches, vaults, domes and cantilevers. Students practiced with blocks, then teams built architectural frameworks using

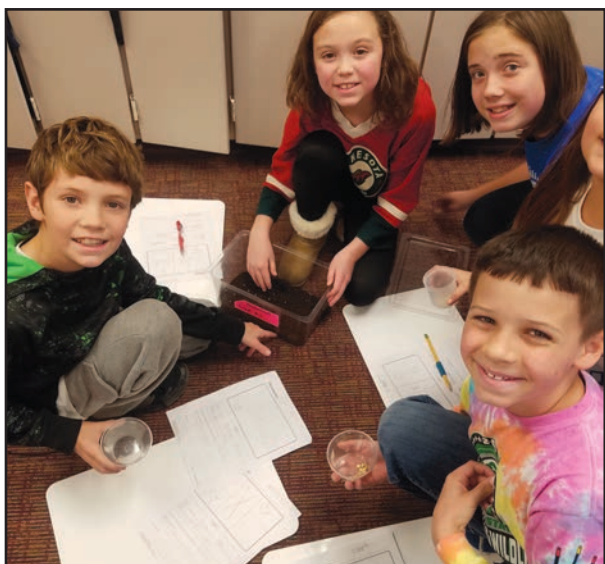
cardboard. Frosting and graham crackers were added to make it look like it was made of cookies. Family volunteers, and even administration, helped students use candy and frosting to transform struc-

tures to “Gingerbread Architecture,” creating patterns along edges and surfaces.

Ms. Huberty wishes to extend a heartfelt THANK-YOU to all the families who helped out

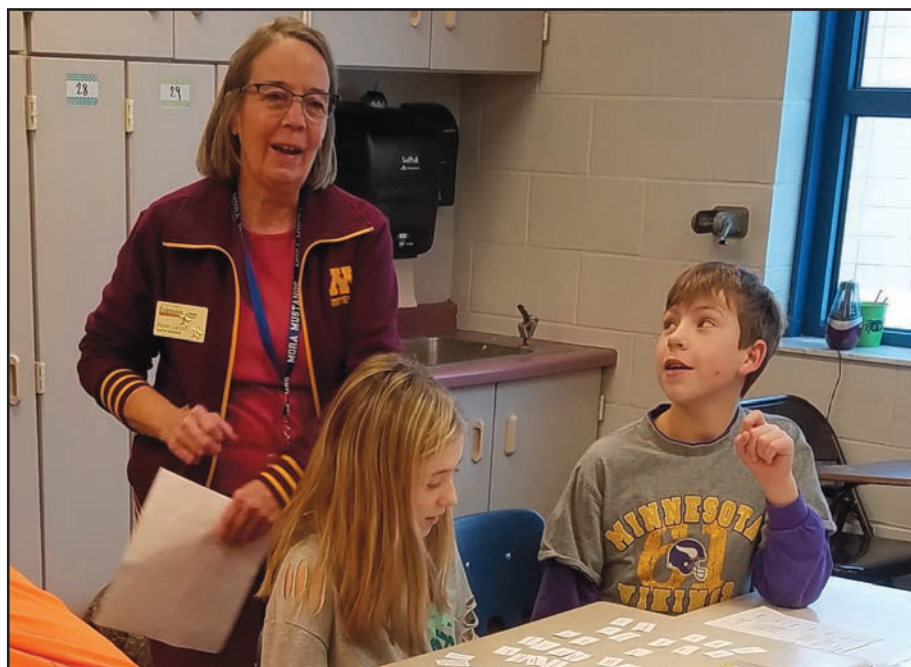
with this project. Some were able to help in person, many helped by sending sweet “supplies,” and many more helped by supporting their children’s creativity. It was such a fun project! Thank you!





Planting Terrariums... Lessons about Environment

Ms. Hasselfeldt's class worked on planting terrariums to help with the lessons about environment. The master gardeners also came in to help them learn about the different biomes (environments) in Minnesota and different adaptations animals have in order to survive in their environment.





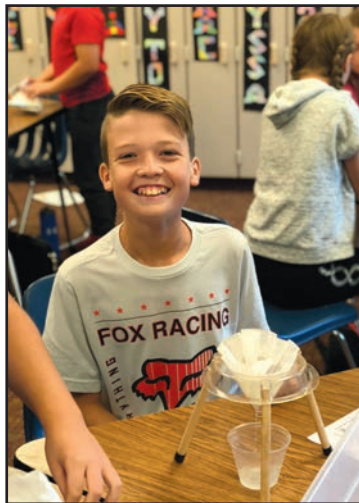
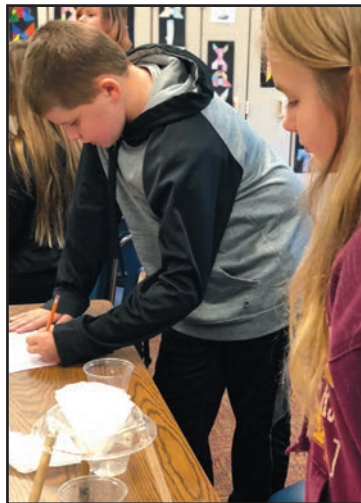
Unique History Lesson

Arn Kind provides a very unique historical experience. His purpose is to make history come alive. He did a presentation to the Mora fifth graders on the fur trade and the influence it had on the Native Americans and the Europeans. Arn dresses as a fur trader and brings in many artifacts and demonstrates what life would have been like for people involved in the fur trade. This real-life experience takes history beyond what our students are able to learn from a textbook.



Learning about Kindness

Mrs. Verdon's class recently spent a morning creating gifts for their families during Santa's Workshop. The students had been learning about kindness and giving. Each student rotated through stations and created five gifts to give away this holiday season.



It's All About Matter

Students in Mrs. Sjodin's class opened up their unit on Matter by creating and separating mixtures.

This was the first lab of the year and it required students to follow close instructions and work together to accom-

plish their goal of getting each solid substance by itself.



Fleece Blankets for Foster Families

Mrs. Thor's fifth grade class recently worked together to create 12 fleece tie blankets. The blankets were then donated to Fostering Families, Inc. based out of Rush City which distributes fleece tie blankets to children in foster care in Kanabec, Pine, Chisago, Mille Lacs and Polk counties. Many thanks to those who donated financially to purchase the fleece and to those who lent scissors for cutting the fabric! We had a great time enjoying some fellowship and serving others!

M & M's Melt in Your Mouth not in Your Hands



The sixth grade students had a fun activity in Math. All students worked with the colors of M&M's to estimate how many candies were in a cup. Then they had to find the fractions, percents and decimals of the actual amount of each color of candy. They also made frequency tables, line plots and bar graphs with the data. Of course, they carefully split up the candies and shared them at the end of class.



Winter Wonderland Workshop at MHS



The MHS Wood Shop hosted the first annual Santa's Workshop in December. Mr. Norby's eighth grade students worked hard for weeks to plan and prepare for two different classes, one of which was Mrs. Berry's kindergarten class, to come and make a wooden snowman, and enjoy a fun time in the shop.

Eighth grade students got a taste of what it takes to plan an event by decorating, planning logistics, welcoming guests and providing treats. These students mass produced, painted and sanded pieces ahead of time so that each guest could have a quality project to take home. Most importantly, they learned to give back to others. As you can see from the smiles, it was a GREAT day!





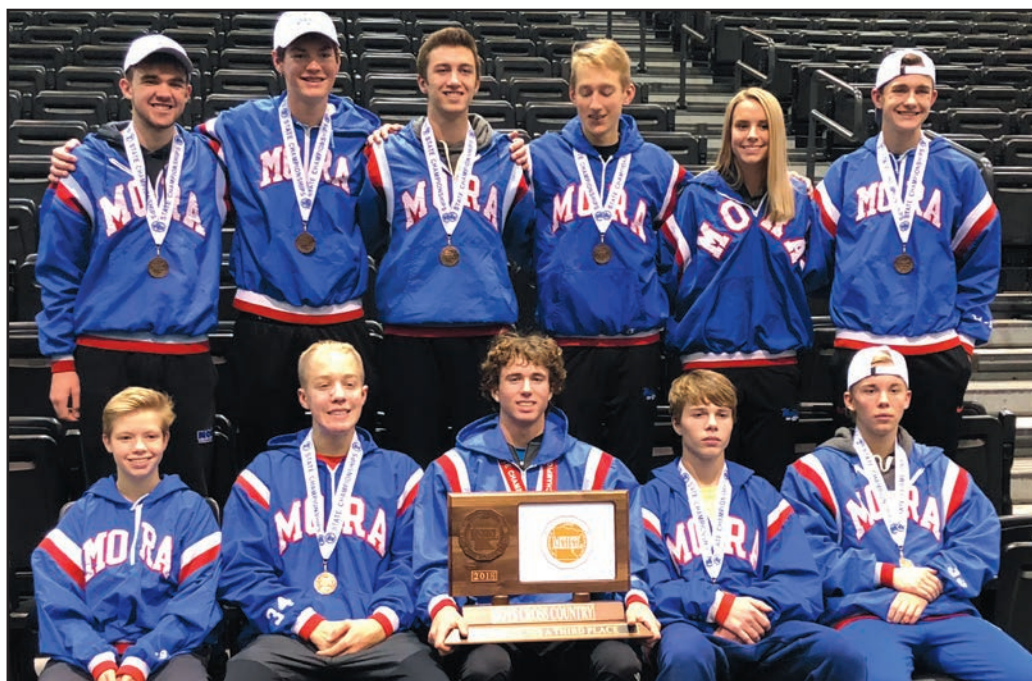
Kris Osterdyk
Activities Director

*When you feel like
quitting think about
why you started.*



Team-Up

Mora High School student athletes participated in the “TEAM-UP” Leadership workshop hosted by Minnesota State High School League. Keynote speaker, Craig Hillier, was very motivational with a lot of energy. He spoke about the importance of leading by example, doing the right thing is not always the popular choice and the difference it makes when you support your coaches.



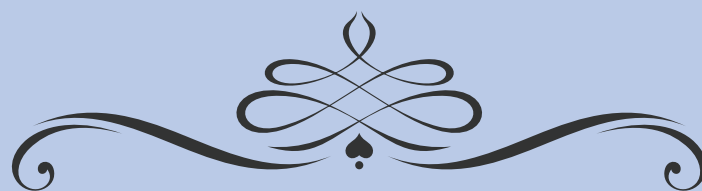
Cross Country Team

Congratulations to the Mora Cross Country Team, who competed at the State Meet Saturday, Nov. 3 at St. Olaf in Northfield. The boys placed third overall as a team after coming in to the meet ranked seventh, taking home a team trophy. Cooper Lennox also placed second in the state meet out of 176 runners, setting a new school record of 15:56 for the 5K. Peyton Oslin and Eva Holmgren competed for the girls, as well, and ran hard. Congratulations!



The Littles and the Big Team Up

Fifth grade girls basketball played at half-time and went on court with varsity for the national anthem. The high school girls and coaches did an awesome job of making them feel welcome! They loved it!



ExCEL Triple A Winners Announced

Abby Szoka and Kolton Brodal, Mora High School juniors, have been selected to represent Region 5A in the ExCEL (Excellence in Community, Education and Leadership) Award program.

The ExCEL Award goes to high school juniors who are making satisfactory progress towards graduation requirements, participate in league-sponsored athletic and fine arts activities, hold a leadership position in their school, work voluntarily in their community and meet MSHSL general eligibility requirements.



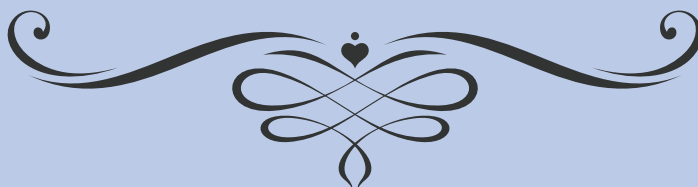
Szoka is the daughter of Drew and Cindy Szoka. She is active in volleyball, nordic skiing, track, band, choir, student council and honor society.

Abby can be found helping with church activities, the Vasaloppet, family reading night, sandbagging, blood drives, Mora Classic Series, Feed My Starving Children and Spanish camps.



Brodal is the son of Jodi Dahl and David Brodal.

He is active in football, hockey, baseball, band, wind band, honor society, Spanish Club and Travel Cub. Kolton is also active in the community helping at his church, the Vasaloppet, Mora Classic Series, Mora flood relief, World War Two Veterans Moving Wall, Pheasants Forever Banquet, game nights with kids, learn to skate, roadside clean up and fundraising banquets.





Mora High School was represented well at the Granite Ridge Conference Sportsmanship/Leadership Day at St. Cloud Cathedral. Students were nominated by their coaches of various sports. Keynote speakers talked about sports nutrition and hydration, effects of vaping, leadership and purpose, relationships with officials and recruiting. Students brought back valuable information that can help them on a daily basis.

Seniors 50-plus Are Now Playing Pickleball in Mora

It is a fun game that also provides great exercise – soft on joints, but fast enough to keep players engaged. It is easy for beginners to learn and can develop into a fast paced competitive game.

Pickleball is similar to tennis; however, it is played on a badminton-sized court with the net lowered to 34 inches in the center. Players use a wood or composite paddle and a plastic ball (similar to a wiffle ball).

For more information on everything pickleball, please visit the USAPA website at usapa.org.



Swimming Team Winning Record of 8-2

The Ogilvie Mora Swim Team ended their season in mid-November. This team had a lot of success this season along with several “a first in history” events. Here is the list of “a first in history” that this swim team accomplished: A winning record of 8-2, first place at an invite, three pool records, breaking the diving school record, sending two divers to sections, sending a relay to state, sending an individual to state in three events and having a swimmer place in the top eight at the state meet. As you can see there were a lot of strengths this season, but it wasn’t just the things the swimmers and divers accomplished. This team has amazing and supportive parents. Parents pulled together to raise money to provide a fan bus to the state meet so the rest of the team could be part of the state meet. The swimmers and parents continue to make this team great and the success of it is truly reflected by everyone.

Upcoming Community Education Events

www.moraschools.org

ADULT BASIC EDUCATION (ABE) PROGRAM

Our main office is located at:
Adult Enrichment Center
540 5th Avenue NW
Cambridge, MN 55008
Adult Basic Education is for y-o-u if you are interested in:

- Learning English
- Getting a GED®
- Brushing up on skills before enrolling in college
- Finishing high school and receiving your high school diploma
- Gaining better work skills
- Learning basic technology skills

Classes are free.

If you are interested in earning a GED®, it is recommended that you study for the test and also, take a practice test before you register for the official test. To test you must have a valid Driver's License or State ID.

Please contact Caroline, ABE Program Coordinator, at 763-689-6228 or e-mail at cnerhus@c-ischools.org for more information or to schedule your orientation session that must be completed before you begin attending classes.

ABE/GED CLASS SITES ADULT DIPLOMA CLASS AND SCHEDULE

- **Cambridge - Isanti**
Adult Enrichment Center
C540 5th Ave., NW
Cambridge
- **Princeton**
Community Education Office
1506 First Street
Princeton
Angle, Instructor
763-389-6196

This class offers complete graduation requirements for individual's graduation year to earn a Mora Schools Diploma.

MORA

• Mora High School Alternative Learning Center

400 Maple Ave. E, Mora
(Enter on West Side door D1, Room 290)

Karen Felger 320.679.6250
Tuesdays 3- p.m.

COOKING WITH DIANNA

"The heart of our home is our kitchen, where we prepare delicious and nutritious meals. It's my motivation to inspire women to come back to their kitchens, learning to feed their families well, and to pass those skills on to their children. On this website, you'll find recipes, with made-from-scratch, whole food ingredients.

Dianna Kasprzak

Dianna offers an array of cooking and wellness classes. To view Cooking With Dianna's class offerings, go to cookingwithdianna0.wixsite.com/cookingwithdianna

CLASSROOM DRIVERS ED

Students must be 15 years of age by the end of the session and if needed, priority will be given according to birthdate. The cost of \$80 is due at the time of registration. This class will be filled on a first-come-first-serve basis. Anyone wishing to participate in this class must have their registration and payment to the district office by noon on the first class day. Daily Attendance is Mandatory!

SPRING SESSION - 2019

Instructor: Dave Souba

Location: HS Room 316

Dates: March 5, 6, 7, 13, 14, 15, 18, 19, 20, 21

Time: 3:05-6:05 p.m.

Cost: \$80

SUMMER SESSION - 2019

Instructor: Tom Youngblom

Location: HS Room 310

Dates: June 3, 5, 6, 10, 11, 13, 14, 17, 18, 19

Time: 8-11 a.m.

Cost: \$80

GED TESTING

GED Now Free

for Minnesotans

If you live in Minnesota and are interested in taking the General Educational Development (GED) Test, it is now free to anyone living in the state through June 30, 2016. You can either register online at the GED website (www.ged.com) or contact your local school district to connect with their Adult Basic Education program. Staff at each program will be able to walk you through the registration process and also provide resources and classes to prepare for taking the test.

MUSTANG CARE

In the Mustang Care program, we provide a home-like atmosphere where the focus is placed on the needs of the child grades K-6. Children have the opportunity to choose from a variety of activities, including sports, arts and crafts, puzzles, games and movies. Quiet areas are also available for homework and reading. Students are discouraged from bringing any electronic devices such as iPads, cell phones, games,

etc. Mustang Care personnel will not be responsible for any lost, stolen, or damaged items including electronics; supervisors have the right to ask students to put them away if they are causing a disturbance. ** Due to life-threatening nut allergies, we ask you NOT to send snacks that contain nuts or tree nuts of any sort.
Hours: Before school, 6:30-8 a.m.

After school from school dismissal until 6 p.m.

Location: Morning and afternoon Mustang Care will be held at the Mora Elementary School in the new (North) gym.

Registration: If you would like your child(ren) to participate in the Mustang Care program, stop at Mora Elementary, or you may call 320-679-6200.

Fees: \$2.75/hr per child. A late fee of \$2.75 per every 15 minutes will be charged for any family picking up their child(ren) after 6 p.m. If you attend Mustang Care on a regular basis, you must pay each Friday. If you only attend occasionally, you must pay at the end of that day.

School Closings:

1. When school is canceled, there will be no morning or afternoon Mustang Care.
2. In the event Mora Public Schools has a late start due to weather, there will be no morning Mustang Care.
3. In the event Mora Public Schools closes early, there will be no afternoon Mustang Care.

Please note: It is the responsibility of the parent to have

other arrangements on file in the elementary school office for the child/children when Mustang Care is canceled due to an early closing.

Mustang Care observes Mora Public Schools emergency closings on the school website (www.moraschools.org) and is announced on the following radio stations: WCCO Radio 830 AM, WCMP 1350 AM and 100.9 FM. If you have any questions, please contact Fairview School at 320-679-6260 or Kris Osterdyk at 320-679-6200.

OPEN LIBRARY

The Mora High School Library is available at no cost to students and the public Monday-Friday from 3-5 p.m. The books and magazine collections are available, however, the computer and Internet access is not available. Open Library will be available on school days only.

Supervisor: Jane Oelfke
Location: MHS Room 302

Dates: Monday-Friday (school days only)

Time: 3-5 p.m.

Cost: No Fee, Registration not necessary

WALKING THE HALLS

Location: Mora High School & Elementary School

Dates: Monday-Friday,
SCHOOL DAYS ONLY, Nov.-April

Times: 3:15-5:30 p.m.

SCIENCE EXPLORERS' THE MECHANICS OF GIZMOS AND GADGETS

How did toys work before batteries? They relied on physics. Put science to work as you explore the hows and whys of motion, gravity, energy and more. Discover the action-packed world of physics by building, experimenting and questioning science con-

traptions and toys that really work.

Day/Dates: Thursdays, Jan. 24, 31, Feb. 7 and 14, 2019

Time: 3:10-4:30 p.m.

Age/Grade: Grades K-5

Cost: \$50

SCIENCE EXPLORERS' CRAZY CHEMISTRY

Join Science Explorers as we become crazy chemists! We will investigate the Periodic Table and learn about its families with fun and exciting experiments as we discover the science side of STEM. We will break some chemical bonds, get messy with polymers and much more. Our classes are hands-on...so be sure to dress for a mess!

Day/Date: Thursdays, Feb. 21, 28, March 14, 28, 2019 (no class March 7, 21)

Time: 3:10-4:30 p.m.

Age/Grade: Grades K-5

Cost: \$50

SCIENCE EXPLORERS' STEM FUN!

Join Science Explorers as we explore different careers in the fields of science, technology, engineering and math. We will create a game, construct a pressure sensor, build an arm extension, learn about codes and more as we investigate some exciting STEM professions so you can answer that age-old question of..."what do I want to be when I grow up?"

Day/Date: Thursdays, April 4, 11, 18, 25, 2019

Time: 3:10-4:30 PM

Age/Grade: Grades 1-5

Cost: \$50

SCIENCE EXPLORERS' EXTREME BUBBLES

Are you looking for a fun and engaging STEM class? Then join Science Explorers for extreme bubbles. As chemists, we will find the best solution for creating baby, giant and

long-lasting bubbles. We will use technology and engineering as we build and modify bubble making tools. Finally, we will explore math as we try to blow geometrically shaped bubbles. This class is slippery and "soap" much fun you will never see a bubble the same way again.

Day/Date: Thursdays, May 2, 9, 16, 2019

Time: 3:10-4:30 p.m.

Age/Grade: Grades K-5

Cost: \$38



PAINTING WITH CHARLENE - SPRING CANVAS (OWL)

Students will receive step by step instruction painting with acrylic on a 16" x 20" canvas. Canvas will be completed and ready for display after class. Class takes approximately 3 hours. All instruction and supplies included in the cost. Beginners are welcome! Food and beverages are available for an additional charge. Instructor: Charlene Herrick

Date: Thursday, March 14, 2019

Time: 6-9 p.m.

Location: Crystal Bar and Grill, Mora, MN

Cost: \$27

Must pre-register by March 12, 2019



PAINTING WITH CHARLENE - CARDINAL WINE GLASS

Join instructor Charlene Herrick in acrylic painting on a set of two wine glasses of instructor's original design. Students will complete painting in one class session for take-home and display.

No experience required, step by step instruction provided! Food and beverages are available for an additional charge. Instructor: Charlene Herrick

Date: Thursday, Jan. 24, 2019

Time: 6-9 p.m.

Location: Crystal Bar and Grill, Mora, MN

Cost: \$27

Must pre-register by Jan. 21, 2019

OPEN GYM

Dates: Sundays, Nov. 4-Feb. 24 (except for Nov. 11, Dec. 23, 30)

Location: Wellness Center (located at the Elementary School - Enter Door D1)

Time: 1-3 p.m.

Activity: Tennis

Cost: No charge

Ages: Seventh grade to adult

Time: 3:30-5:30 p.m.

Activities: Basketball and Volleyball

Cost: \$2 per person basketball/volleyball

Ages: Open to all ages; 6th grade and under must be accompanied by an adult

Dates: Wednesdays, Nov. 7 through Feb. 27 (except for Dec. 26, Jan. 2)

Location: Wellness Center
(located at the Elementary
School - Enter Door D1)
Time: 7:45-9:30 p.m.
Activity: Tennis
Cost: No charge
Ages: Open to all ages; Sixth
grade and under must be
accompanied by an adult

ADULT LEARN TO SKI

Are you interested in learning
how to cross country ski? Are
you a beginning-to-interme-
diate skier who would like
to improve your technique?
Or are you just looking for a
good way to deal with winter
in Minnesota? We will teach
both classic and skate skiing
techniques. Participants must
have their own skiing equip-
ment. Registration includes
Mora Ski Club membership
for the season. Class will be
held regardless of snow con-
ditions.

Dates: Jan. 6, 13, 20, 2019

Time: 1 p.m.

Location: Nordic Center,
400 N. 9th St. Mora

January 26, 2019, at sunset
for the Lantern Loppet at the
North Practice Loops

Cost: \$20

Must pre-register with Paula
in the District Office or on-
line.

PICKLEBALL FOR ADULTS 50+

Dates: Mondays and Thurs-
days, Jan. 3, 7, 10, 14, 17, 21,

24, 28, 31, 2019

Feb. 11, 14, 21, 25, 28, 2019

March 4, 7, 14, 18, 25, 28, 2019

Time: 6:15-8:15 p.m.

Location: Mora Elementary
School, Court 6 (Enter door
A1)

Cost: \$3.00/session

Equipment is provided

CAMBRIDGE-ISANTI PARTNERSHIP CLASSES

Through a partnership with
Cambridge-Isanti Schools
Community Ed, we are excit-
ed to share these upcoming
classes.

Cambridge-Isanti Schools
offer adult and youth classes
and activities to help you pur-
sue interests, expand abilities
and improve skills.

Classes are held in or near
Cambridge. Please go to the
following website to explore
classes and register online.
www.moraschools.org Click
on "District", then "Commu-
nity Education" then "Cam-
bridge-Isanti Partnership
Classes"

ADULT CO-ED VOLLEYBALL JANUARY 2019

Wednesday Nights: Jan. 9,

16, 23, 30, Feb 6, 13, 20, 27,

March 6, 13, 2019

Time: Warmup at 6:15 p.m.,
games at 6:30 p.m.

March 13: Warmup will be at
6 p.m., games at 6:15 p.m.

Cost: \$100.00 fee per team

Location: MHS Gymnasiums
Volleyball League Rules

Teams consist of six players,
but you may play with less,
the number of men playing
should never exceed three.

Teams may rotate in extra
players- men for men, women
for women. Teams need not
alternate positions by sex.

Subs: Each team is responsible
for finding subs. Subs must
play for your team at least
once during the season in
order to play with your team
during tournaments.

Teams must wear
NON-marking tennis shoes
or similar footwear.

Teams must rotate players in a
clockwise direction.

Team members must be 18
years of age or out of high
school.

FREE TAX PREPARATION

Lakes & Pines CAC, Inc.

Dates: Feb. 19, March 19,

April 9, 2019

Time: 5 p.m.

Location: MHS

Pre-registration is required,
class size is limited

5 Keys to Retiring Fearlessly Thrivent Financial

Dates: Tuesday, Feb. 26, 2019

Time: 6 p.m.

Location: MHS

This session is hosted by
Thrivent Financial represent-
atives Melissa A. Weinreich,
FIC and Jeff Hakala, FIC,
RICP®, CLTC®

PREPARING FOR LONG-TERM CARE:

A Gift Your Family Deserves Thrivent Financial

Dates: Tuesday, March 19,
2019

Time: 6 p.m.

Location: MHS

This session is hosted by
Thrivent Financial represent-
atives Melissa A. Weinreich,
FIC and Jeff Hakala, FIC,
RICP®, CLTC®

ATTEND SOCIAL SECURITY: TIMING IS EVERYTHING WORKSHOP

Thrivent Financial

Dates: Tuesday, April 16, 2019

Time: 6 p.m.

Location: MHS

This session is hosted by
Thrivent Financial represent-
atives Melissa A. Weinreich,
FIC and Jeff Hakala, FIC,
RICP®, CLTC®

Community Education Policy

Registration and Fees:

Pre-paid registration is required.
Most registrations are due a
minimum of one week prior to the
class starting date. Note that many
classes fill quickly, and others may
be canceled due to insufficient
registration.

How to Register:

Visit us in the District Office
at Mora High School, or mail
registration forms with payment to:

Community Education
Mora High School

400 East Maple Ave., Mora, MN
55051

Please be sure to include a phone
number where you can be reached
during the day.

Fees are not refundable after the
registration due date, unless the
class is canceled due to insufficient
enrollment. Confirmations are not
sent out; however, the District Office
will notify applicants if a class is full
or has been canceled. If supplies are
required, you may choose to confirm
that the class will be offered before
making a purchase. Call the District
Office at 320-679-6200 to confirm
registration and class availability.

Individual Cancellations and

Refunds: A full refund will be issued
if a class is canceled by the District
Office. All other cancellations are
subject to a \$5 processing fee. To
receive a refund, less the processing
fee, notify the District Office at least
three business days before a class
begins unless a specific cancellation
deadline is listed. No refund will be
issued for a cancellation received less
than three business days before a
class begins.

INSTRUCTORS WANTED:

Do you have a skill or hobby you
would like to share with the Mora
Area Community? All types of
classes are welcome.

If interested contact Kris Osterdyk
at 320-679-6200.

Community Education Registration Form

A. Participant Information (Please print)

1.) First Name _____ Last Name _____

Address _____ City _____ Zip _____

Contact Number _____

Please check one: Age 0-5 _____ Grade K-5 _____ Grade 6-8 _____ Grade 9-12 _____

Age 19-54 _____ Age 55+ _____

Class _____ Date/Time _____ \$Fee _____

Class _____ Date/Time _____ \$Fee _____

Comments/Special Needs _____

B. Contact Information

Name _____

Address _____ City, Zip _____

Contact Number _____ Email address _____

Emergency Contact _____ Contact Number _____

* I grant permission for Mora Public Schools to use my child's digital image and/or classwork in newspaper articles, Mora Public School Webpage, and/or social media to promote Community Ed. events.

Signature _____ Date _____

C. Method of payment:

☐ Check ☐ Credit Card, Credit Card Information: ☐ VISA ☐ MasterCard

Card # _____ Exp. Date _____

Name as it appears on the card _____

Card holder signature _____

Billing address if different than Contact Information _____

To register online, visit our website at: www.moraschools.org> District> Community Ed, OR
Mail this form to: Community Education, Mora High School, 400 East Maple, Mora, MN 55051

OFFICE USE ONLY

Date Received _____ by _____ Amount Paid _____ Cash ☐ or Check# _____

Comments _____

Dates to Remember...

Mark Your Calendar.

◆ January 19:
End of Second Quarter

◆ February 12:
High School
Conferences
4-7:30 p.m.

◆ February 16:
NO SCHOOL

◆ February 19:
NO SCHOOL

◆ February 20, 2019:
Introduce the Dollars
for Scholars online
application and have
students create their
accounts and begin
application during BLUE
Day advisory time.

◆ February 27, 2019:
Local Scholarship
applications available
through MHS web-
site: moraschools.
org. Instructions on
application process will
be given to students
during BLUE Day
advisory time.
• Deadline for all local
scholarships will be
announced at that time

◆ March 6:
Elementary Conferences

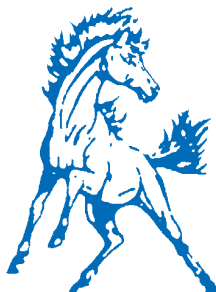
◆ March 8:
Elementary Conferences

◆ March 23:
NO SCHOOL

◆ March 30 - April 3:
Spring Break
NO SCHOOL

◆ April 11:
High School
Conferences
4-7:30 p.m.

◆ May 15, 2019:
Dollars for Scholars
Awards Night
letters will be mailed
with further details.



◆ May 22, 2019:
Senior Awards Night,
7:30 p.m. in MHS
Auditorium
Watch for other Senior
class deadlines which
will be sent by MHS
Office, students please
check your school
emails
frequently (ex. Seniors
pictures to be turned in
for yearbook, cap and
gown orders, etc.)
If you have any ques-
tions, please contact:
• Samantha Rushmeyer,
A-K Counselor: srush-
meyer@moraschools.
org
• Sarah Ellstrom,
L-Z Counselor: sell-
strom@moraschools.org
• Brigett Hippen,
Student Services: bhip-
pen@moraschools.org

◆ May 31:
Last Day of School

◆ June 2, 2019 at 1 p.m.
Graduation