### SUPERINTENDENT MESSAGE

I want to take time this month to highlight how far we have come this year as a district as we have navigated the school year amidst the pandemic. I am excited about the opportunities our students have been able to experience and will continue to experience as we close out the school year. Last March our schools were abruptly closed and all activities were cancelled, suspended, or changed significantly for the remainder of the year and the foreseeable future. Track, golf, soccer, and prom were all canceled. Our students and staff attempted to conduct school online and provide learning opportunities for our students. Graduation was held outside with the assistance of technology; however, parents and their children were forced to celebrate this accomplishment alone. I think back at all of the opportunities our students missed out on for those 3 months and am grateful that our students have been able to experience all of those activities this year.

Beginning with summer sports our students were able to get back to enjoying the activities that they love, and we even captured a state title in Softball, in dramatic fashion. Our students started the year with the option of being in-person or online and were able to experience all of the extra-curricular activities that go along with being in school. We have seen our students make gains throughout the year to recover some of the learning that they missed out on last year. We are working on ways to support them throughout the summer and the next 2-3 school years to continue to recover the learning they missed out on, thanks to federal stimulus dollars that we received that are earmarked for these types of

activities.



We were able to provide the opportunity for our fans to watch the majority of our sporting events, concerts, and other activities either in-person, if they were immediate family, or online thanks to the generosity of Allen Hansen. As the year progressed and we made changes in our practices, and as guidance around what we needed to do to keep people safe, we have been able to open up our activities to more and more of our patrons and will continue to do so as guidance is updated and conditions around the pandemic continue to improve.

We have seen increased participation within our athletics programs throughout the year and are continuing to look for ways to offer more opportunities for our students to participate in activities that they enjoy. We are approaching prom in a week and will be able to allow our students to enjoy this opportunity after missing out on it last year. Our younger students are getting to go on field trips, and we are planning for end of the year celebrations. We are planning for a graduation ceremony

that will be very similar to years past with a few small changes. While these opportunities may look a little different with social distancing and masks, look at what our kids have been able to enjoy because of the efforts we have all put into this year.

As I hear about schools across the country who are just now getting students back to school and back to activities. I am grateful that we were able to work together to allow our students to enjoy a year's worth of school. Our staff from the very beginning has been committed to doing whatever it takes to keep our kids in school, and for that we should all be grateful. I realize that we all want things back to normal; however, sometimes we just need to look around and see everything we have to be thankful for.

Yours in service,

Justin M. Gross

Superintendent



### Battle of the Books

The contest involved approximately 35 MS & JH teams from various schools. Each team was responsible for reading 20 books from the list put together by the hosting school, DCG. The students then competed against another team to answer questions about the books. They were also responsible for knowing the author's name. Nice work!

Team one: Bailey Eller, Lily Burkett, and Penelope Petsche

Team two: Landry Kaysen and Ava Hartman

Team three: Hunter Johnson, Cheyenne Capps, Rhaina Henderson, and Ethan Witt









# Term 3 Renaissance Award Winners

These students were chosen by teachers based on character, volunteer work, leadership, and academic commitment-students can only win once in their high school career. Union State Bank provides a \$50 savings account for each student. Congrats!

They are in order from L-R.

9th- Anna Floden

10th- Molly Shahan

11th- Carissa Gerwig

12th-Emma Jeffs

### **HUSKY HELP DAY 2021**

Husky Help Day for ALL Seniors: May 11th Raindate: May 12th

A day for the seniors to give back to the community before they graduate. Together with community members, 100 seniors participate in approximately 15 jobs ranging from mulching all the parks to splitting firewood and planting flowers at the bridges.

If you have any Husky Help Day nonprofit project ideas for the future, please contact Jessica Gibbons at jgibbons@winterset.k12.ia.us.

Thanks to a grant from the Education Foundation, we have new rakes, hoes, gloves and tools. This day is a great day for all seniors to work together with the community and help get our town ready for spring!

# **FFA NEWS**

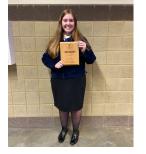
On April 11th the Winterset FFA Chapter held their annual parent/member banquet at the Jackson Building. We spent the evening recognizing members for their hard work throughout the year and installed the new officer team. The night was also full of laughs and joy as we were so thankful we would come together this year. The following members were recognized for their achievements and dedication throughout this past year; Star Discovery: Gracelynn Brown, Star Greenhand: Alissa Brownlee, Outstanding Sophomore: Megan Riley, Outstanding Juniors: Ellie Pashek and Saige Smith, and Outstanding Senior: Sydney Sheffield. Each year we also recognize an individual and business who have donated their time or supported our FFA members throughout the year. This year we recognized Kenna Johnson as the Don Bruett Memorial Honorary Chapter Degree

recipient and Fareway as the Blue and Gold Award recipient. Our 2021-22 officers installed officers are; President: Ellie Pashek, Vice President: Megan Riley, Secretary: Saige Smith, Treasure: Connor Pashek, Reporter Graceynn Brown, Sentinel: Tommy Benshoof, and Alumni Representative: Justin Decker. We would like to thank all of the community members for their support and help throughout this past year in helping us to achieve all of our goals.

In April the Winterset FFA Chapter also spent three days at the 93rd lowa FFA Leadership Conference in Des Moines! While in Des Moines the FFA members that attended enjoyed doing many workshops and watching different CDE competitions. In one of the workshops named "Breaking Your Wall" our FFA members learned how to identify their barrier and learn how to overcome it







to become their best self they can be. Members also walked around the career fair and brought home some great ideas for future activities within our chapter. One of our favorite parts were the motivational speakers throughout the second and third days during the sessions. We even received some awards as a chapter; Chapter Display -Gold - Ellie Pashek, Laney Rentfrew, Megan Riley, Sydney Sheffield, and Saige Smith, Iowa Degree: Sydney Sheffield, and our most proud moment of these 3 days spent in Des Moines is: Secretary's Book - State Champion - Sydney Sheffield. We would like to give another huge thank you to all of our community members and parents for all their support and help throughout this past year in pushing and believing in us to reach our goals. Respectfully Submitted,

Gracelynn Brown

# **HS CHOIR NEWS**

Winterset's High School jazz choir, Vox, was ranked 6th place at the lowa Vocal Jazz Championships. Students were led out of town by the police and fire departments. While performing in masks, singers and instrumentalists put on a solid performance. They want to thank their community and school district for their support. Returning members of the ensemble are already planning a return to Jazz Champs in 2022 with an even higher ranking!



### SILVER CORD SIGN UP

Silver Cord sign up is beginning. Silver cord is a voluntary community service program that encourages students to complete a variety of community service activities during their high school years. They are encouraged to complete 40 hours a year, each year for a total of 160 by graduation. Students can join later if they want, but need to make sure to achieve the total hours if they want to wear the cords at graduation.

We work with a variety of community groups to post activities that students can partici pate in and the students con tact the community members if they are interested in the activity. Since its inception 4 years ago, Winterset students have logged more than 7,000 hours in the community serving. There are over 100 members at WHS currently.

Forms will be available on the electronic backpack and need to be returned by the end of the school year if students want to begin receiving opportunities via email. Forms are available on the electronic backpacks.

This year we also have 2 senior

Presidential Award Medals. Ava Lowden volunteered 250+ hours for a gold medal. She is the daughter of Blaine and Deann Harvey-Lowden. Our other medalist is April Arand who also volunteered 250 + hours this year for the gold medal. She is the daughter of Kim DeBok & Thomas Arand. Good job girls and thanks for your contributions to the community! Please contact Jessica Gibbons at the high school if you have any questions. jgibbons@winterset.k12. ia.us

# **VOTER REGISTRATION DRIVE**

On April first, a team of student activists teamed up with Inspire2vote, a bipartisan group that specializes in registering students in high school to vote, and holds an annual competition in each state, and award the Carrie Chapman Catt award.

Together, they registered a total of 74 students to vote, 24 seniors, and 50 juniors. Along with that, they were able to get a total of 87 pledges to vote in the next election. Over the course of a couple of weeks, the students held multiple

meetings to plan this process, including a ZOOM meeting over spring break with a coordinator from California, Tammie Statler. In setting up for the drive itself, the students decorated the library and set up tables with all necessary materials to register to vote, including stickers! Each student had a great time working together to register as many of their peers as possible, and are excited to do it again in the future.

---Kyle Werner



Pictured: Kyle Werner, Addie Burkett, Josie Burkett, Sponsor Jess Gibbons, Franklin Pastorino (not pictured: Sydney Sheffield)



# Birthday in a Bag

Don't forget CRISP's Birthday in a Bag program, sponsored by our local Rotary Club. CRISP clients can receive a gift bag that includes a cake mix and frosting, cake pan, party supplies, and birthday card, along with an age-appropriate book for their child's birthday. Please call CRISP at 515-462-9400 to reserve your Birthday in a Bag.



Visit the Guidance Webpage at www.winterset.k12.ia.us/Page/1552.

Most seniors have received their FAFSA. If there has been a change due to illness, job loss, etc., please contact the college that you plan on attending and make any necessary changes.

### **FINAL** TRANSCRIPTS WILL **BE SENT TO ALL COLLEGES BY THE END OF JUNE!**

Immunization records will be sent with all final awarded. Students will transcripts.

Scholarships: ALL scholarships listed are on the Winterset High School's guidance page.

The Horatio Alger Assn. Career & Technical Scholarship Program offers over one thousand scholarships at up to \$2,500 each to high school graduates that will be enrolled in an eligible program in the fall of 2018. Applicants should exhibit a strong commitment to pursue and complete a career or technical program (up to 2 years), demonstrate critical financial need, demonstrate perseverance in overcoming adversity and be a US citizen. For more information

and to apply, visit https:// scholars horatioalger. org/scholarships/ about-our-scholarshipprograms/technical/. Deadline: The Horatio Alger Career & Technical Education Scholarship application will open in May with a rolling selection process that will award the first round of scholarships by July.

Abbott & Fenner Scholarship Program: \$1000.00 scholarships submit an essay on the topic that appears on the scholarship page of the web site www. abbottandfenner.com/ scholarships.htm. Deadline is June 12.

The Iowa PGA/ Charlie Burkart Scholarship is open to any graduating senior within our section boundaries and anv graduating student of an lowa high school. It is awarded every vear to one recipient. the winner will receive \$1000 each year of full-time attendance for four years at a college or university of their choice. The application is available online at http:// www.iowapgafoundation. org/charlie-burkart/ and must be sent to the lowa PGA Section office by June 18.

BigSun Scholarship

2020 will be offering an annual scholarship to a deserving student to help young athletes succeed in their academic pursuits. Applicants will submit a short essay (500-1000) words answering a few questions on their website at http://www. bigsunathletics.com/. Deadline is June 19.

Scholarship for a Smarter Saner World- Acknowledging the importance of Science, Technology, Engineering & Math (STEM) as well as the growing need for Behavioral and Mental Health Professionals, the Scholarship for a Smarter Saner World — S3W– was created to assist graduates from Winterset. Iowa and Madison County seeking a career in: 1) the STEM fields including Science, Technology, Engineering and Mathematics, and

2) the Mental Health field including Psychology, Social Work, Family Therapy and Psychiatric Nursing. Apply at Scholarship for a Smarter Saner World: Home. Deadline is June 30.

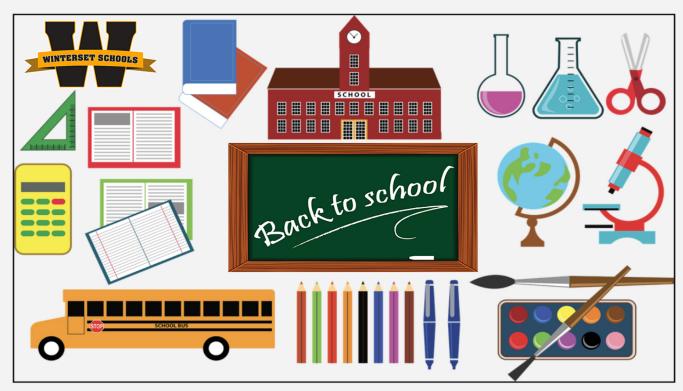
Local Loan Opportunities

Updated: Winterset graduates should be aware that our school is privileged to have two well-funded loan

programs.

The Lillard-Miller and Eva Rogan Funds were established to help students finance post high school education. The funds are financed through private contributions. Loans are available for up to \$1,000 per year per student and a maximum of \$3.000 per student. No interest is charged, but the loans must be paid back. Applications are available on the guidance webpage and in the quidance office or the administrative office and may be completed anytime now through August.

The FAFSA should be filed by July 1! This application helps determine eligibility for Pell **Grants and State** aid. You may be more qualified than vou think! File it today!



ON-LINE REGISTRATION OPENING JULY 14, 2021 FOR ALL CURRENT AND NEW STUDENTS PRE-SCHOOL - 12TH GRADE

**CURRENT STUDENT: MUST USE YOUR PARENT PORTAL** 

**NEW STUDENTS: THERE WILL BE A LINK ON THE WEB SIT** 

www.winterset.k12.ia.us

MARK YOUR CALENDAR:
HIGHSCHOOL FAMILY ENGAGEMENT IS
SCHEDULED FOR AUGUST 19, NOON-8 PM.
ALL FRESHMEN WILL GET A FINAL SCHEDULE
AND THEIR LOCKER ASSIGNMENT WITH
THEIR COMBINATION. THEY WILL ALSO
HAVE AN OPPORTUNITY TO FIND THEIR
CLASSROOMS.

# Boys Basketball Spring 2021 Youth Training Sessions



The Winterset High School Boys Basketball Coaching Staff invites you

to join us in our Spring Youth Training Sessions. We believe these sessions are a great opportunity for youth players to have fun while improving their skills. The sessions will be held at the

Winterset Middle School gym. The sessions will be on Mondays after school starting April 12 and going until May 17.

### SCHEDULE:

April: 12th, 19th, 26th May: 3rd, 10th, 17th

Time: 3:30pm-4:30pm for boys in 4th, 5th and 6th grade

Location: Middle School gym

### COST:

\$50 (One time payment) OR \$10 each session (pay at each session) Checks can be made out to **Husky Hoops**.

If you have any questions about the sessions, please call Head Coach Josh Henry at (515) 238-3945 or email at <a href="mailto:ihenry@winterset.k12.ia.us">ihenry@winterset.k12.ia.us</a>



Registration Form

Player's name:	Grade:
Parent's name (s):	
Best phone number to reach a parent	·
<u>SCH</u>	EDULE:
-	th,19th, 26th 1, 10th, 17th
Time: 3:30pm-4:30pm for Location: Middle School	r <u>boys</u> in <b>4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grade</b> gym
\$50 (or	Cost: ne time payment) OR (pay at each session)
mail to 815 N 15th Ave) by Sun	nch Henry (in person, via email, or day, April 4 and also let him know vill be coming. Thank you!
Parental Permission-pleas	e read carefully before signing
I understand that while basketball is ger minor and serious injuries. I assume full	program and its employees of any liability
Parent's Signature	Date

# 2021 Husky Football Development Camp

Mission: ALL athletes will be prepared to be in position to be successful by playing hard, playing fast, and having fun. This camp is for all Middle School students (flag football, little husky

football, and anyone interested in football) and Junior High student athletes.

The camp will promote sportsmanship and physical activity through the promotion and support of football for the young athletes of our community. It is the goal of the program to

provide a life of participating in multiple sports and develop the total athlete.

Date: Tuesday August 3rd - Thursday August 5th

Grades: 4th - 8th (Based on Fall 2021)

Registration: PLEASE REGISTER EARLY SO WE CAN HAVE A COUNT FOR T-SHIRTS.

Camp Fee: \$30 (Checks: Winterset Football) (2nd Athlete 1/2 Price - 3rd Free) Includes Camp T-Shirt

Where: High School Facility (South of Game Field)

Safety Note: Parents-Please drop and pick up your athlete by gate on South 4th Ave. by Athletic

Building.

Please do not access the drive to the athletic facility. Thank you.

2021 Camp Schedule			
Dates Grades 4-6 Grades 7-8			
Tuesday August 3rd - Thursday August 5th	8:30 - 10:00 AM	10:15 - 11:45 AM	

Camp Emphasis: Learn Proper Fundamentals of the game through drill emphasis.

Small group fundamentals and Team Building and Activities

Camp Equipment: Shorts or sweats Football Shoes (Not Required)

T-Shirt or Sweatshirt No Hats or Jewelry

### Contact information:

Coach Dennis Shaw (School) \*Winterset High School\* \*624 Husky Drive\* \*Winterset, IA 50273\* \*515.462.3320

> (Home) \*Dennis Shaw\* \*1224 West Court Ave...\* \*Winterset, IA 50273\* \*515.745.6807

### This Comp Waiver must be signed and returned with fee prior to participation in comp.

to consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

Athlete:	Parent/Guardian:	
Date:	Grade:	Cell #

# 2021 Husky Football Camp

Mission: ALL athletes will be prepared to be in a position to be successful by playing hard, playing

fast, and having fun. It is the goal of the program to provide a life of participating in

multiple sports and develop the total athlete.

Date: Tuesday August 3rd - Friday August 6th

Grades: 9th - 12th (Based on Fall 2021)

Registration: PLEASE REGISTER EARLY SO WE CAN HAVE A COUNT FOR T-SHIRTS.

Camp Fee: \$30 (Checks: Winterset Football) (2nd Athlete ¼ Price - 3rd Free) Includes Camp T-Shirt

Where: High School Facility (South of Game Field)

Safety Note: Please do not access the drive to the athletic facility. Athletes & parents should drop off or

park using the East lot at high school.

2020 Camp Schedule			
Date Time			
Tuesday August 3rd - Thursday August 5th	5:30 - B:30 PM [Cards / Equipment After]		
Friday August 6th	8:00 - 11:00 AM (Carels / Equipment After)		

Camp Emphasis: Learn proper fundamentals of the game through drill emphasis.

Small group fundamentals and scheme installations

Team Building and Activities

Camp Equipment: Shorts or sweats Football Shoes (Not Required)

T-Shirt or Sweatshirt No Hats or Jewelry

### Contact information:

Coach Dennis Shaw (School) \*Winterset High School\* \*624 Husky Drive\* \*Winterset, IA 50273\* \*515.462.3320

(Home) \*Dennis Shaw\* \*1224 W. Court Ave.\* \*Winterset, IA 50273\* \*515.745.6807

### This Cours Wainer must be signed and returned with five prior to participation in cours.

In consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

Athlete:	Grade:		
Parent/Guardian:	Date:	Cell#_	
			(in case of emergency.)



#### 2021-22 PRESCHOOL SUPPLY LIST

# PLEASE LABEL ALL ITEMS WITH YOUR CHILD'S NAME. PLEASE REPLACE ITEMS AS NEEDED.

### LITTLE HUSKIES PRESCHOOL

**Backpack**: One that will hold a folder, snow pants

and shoes-Washable

**Binder:** ½"- 3 Ring White Binder w/plastic sleeve

Washable

Crayons: 1 Box of 24 Markers: 1 Box of 10 Scissors: Blunt tip Fiskar

Glue Sticks: 2

Dry Erase Markers: 1-2 pack (Expo/Chisel tip)

### **WEE LEARNERS PRESCHOOL**

**Backpack**: One that will hold a folder, snow pants

and shoes-Washable

Binder: 1"- 3 Ring White Binder w/plastic sleeve

Washable

Markers: 1 box of 10

Colored Pencils: 1 box of 8-10

### SUPPLIES NEEDED AT BOTH PRESCHOOLS

#### BATHROOM SUPPLIES:

Only if your child needs these. A supply of diapers, pull-ups and a container of wet wipes.

### • CLOTHING:

Send a change of clothing including socks and underwear. Please place clothing in a zip lock bag with your child's name. As the seasons change, the clothes will be sent home for more appropriate clothing.

### WINTER WEAR:

Please send snow pants, snow boots, hat, mittens and a winter coat every day when the weather is cold and snowy. We require that all children must have appropriate attire to go outside for recess. Mittens (NOT GLOVES) are much easier for your child to dress independently. Please label ALL winter wear with your child's name.

### CRISP: (COMMUNITY RESOURCES IN SERVICE TO PEOPLE)

This community service is available to families who need help getting school supplies and clothing. CRISP is located at the Winterset Presbyterian Church. You can reach them at 515-462-9400.

# 2021 Kickstart Drill Camp

Mission: All athletes will be prepared to be in a position to be successful by playing hard, playing

fast, and having fun. It is the goal of the program to provide a life of participating in undtiple sports and develop the total athlete. This camp is specifically designed to develop

specific position groups in preparation for the fall season.

Date: Monday June 7th - Friday June 11th

Grades: 9th - 12th (Based on Fall 2021)

Registration: Please register for camp preparations.

Camp Fee: There is no cost for this camp.

Where: High School Facility (South of Game Field)

Safety Note: Please do not access the drive to the athletic facility. Athletes & parents should drop off or

park using the East lot at high school.

2020 Camp Schedule					
Position Groups Date Time					
Quarterbacks	Monday - Wednesday - Friday	9 <del>.</del> 00 - 10:30 AM			
Offensive Line	Offensive Line Tuesday - Thursday				

Camp Emphasis: Learn proper fundamentals of the game through drill emphasis.

Small group fundamentals and scheme installations

Team Building and Activities

Camp Equipment: Shorts or sweats Football Shoes (Not Required)

T-Shirt or Sweatshirt No Hats or Jewelry

### Contact information:

Coach Dennis Shaw (School) \*Winterset High School\* \*624 Husky Drive\* \*Winterset, IA 50273\* \*515.462.3320

> (Home) \*Dennis Shaw\* \*1224 W. Court Ave.\* \*Winterset, IA 50273\* \*515.745.6807

### This Count Waiter must be signed and returned with fee prior to participation in count.

to consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

Athlete:	Grade:		
Parent/Guardian:	Date:	Cell#	
			(In case of emergency.)



# 2021-22 Winterset Community School Supply List KINDERGARTEN – 3RD GRADE

Please LABEL all items with your child's name. \* Please replace items as needed.

### Kindergarten

- 1 Folders w/bottom pockets: No Center Prongs:
- 1 Large Eraser
- 10-#2 Pencils-(plain yellow-no decorated pencils)\*
- ❖ 5"X 8" Pencil Box
- Scissors-Blunt tip (Fiskars recommended)
- 10 Glue Sticks\*
- ❖ 3 Box-24 Count Crayola Crayons\*
- 2 Pkgs. Washable Markers-Basic 8 colors\*
- 2 Box 8-12 Colored Pencils (Crayola recommended)\*
- 1 Paint shirt(old shirt, sleeves cut off, big enough to cover clothes)
- ❖ 1 Backpack/Book Bag large -Washable

### 1<sup>st</sup> Grade

- 1 pocket folder (no center prongs)
- 1 Large Eraser
- 10-#2 Pencils (plain yellow-no decorated or mechanical)\*
- 5"X 8" Pencil Box
- Scissors-5" pointed (Fiskars recommended)
- 4 Glue Sticks\*
- 1 Box 24 Count Crayola Crayons
- 1 Pkg Washable Markers-Basic 8 colors
- 1 Spiral Notebook
- 1 paint shirt (old, sleeves cut off, big enough to cover clothes)
- 1 Backpack/Book Bag large -Washable

### 2<sup>nd</sup> Grade

- 3 plastic folders w/pockets & center prongs
   1 Red, 1 Green, 1 Purple
- 1 Large Erasers
- 24-#2 Pencils-(plain yellow-No decorated or mechanical)\*
- 5"X 8" Pencil Box
- Scissors-5" pointed (Fiskars recommended)
- 1 Boxes 24 count Crayola Crayons\*
- 2 Glue Sticks\*
- 1 box 8 washable markers (basic colors)
- 1 pkg. Expo dry erase markers
- 3 Spiral Notebook-wide rule
- 1 Pkg Post-It Notes (large or small)
- Earbuds-inexpensive
- 1 Backpack/Book Bag large -Washable

### 3<sup>rd</sup> Grade

- 2 Plastic Folders w/bottom pockets: (No center prongs)
- 2 Large Eraser
- 10-#2 Pencils\* (plain yellow-No decorated or mechanical)
- 4 Thin Highlighters\*
- Zipper Pencil Pouch
- ❖ 4 Glue Sticks\*
- 1 Box 8-12 Crayola Colored Pencils\*
- 1 Pkg. Expo Dry Erase Markers\*
- ❖ 4 Spiral Notebooks-Wide Rule
- 1 Backpack/Book Bag -Washable

Donations of the following are appreciated: Large boxs of Kleenex, Clorox wipes, Sandwich/Gallon Ziplocks, Dry Erase Markers. Please stick to your child's supply list! We have limited storage so supplies brought that are beyond what a student needs will be sent home.



### 2021-22 WINTERSET COMMUNITY SCHOOL SUPPLY LIST

Please mark all items with your child's name. \*Replace all items as needed throughout the school year.  $4^{th}$  -8<sup>th</sup> Grade: Donations of a Large box of Kleenex would be appreciated.

### **ALL BINDERS & DIVIDERS NEED TO BE PLASTIC OR WASHABLE!**

SCHOOL SUPPLIES	4 <sup>TH</sup> Grade	5 <sup>TH</sup> Grade	6 <sup>TH</sup> Grade	7 <sup>TH</sup> Grade	8 <sup>TH</sup> Grade
	(Qty Needed)	(Qty Needed)	(Qty Needed)	(Qty Needed)	(Qty Needed)
2" or 3" 3 ring binder	1	1	1	1 - 1.5"	1 - 1.5"
Zipper pencil pouch	1	1	1	1	1
Subject dividers	0	0	5 (without pockets)	8	8
Pocket Folder (3 hole punched)	4	4 (diff colors/ designs)	1	0	0
#2 Pencils (replace as needed)	2 dozen	2 dozen	2 dozen	4	4
Ball point pens	2-Red	0	0	4-Black/Blue	4-Black/Blue
Colored pencils	Pack of 24	Pack of 24	Pack of 24	1 pack	1 pack
Highlighters (2 colors)	0	2	2	2	2
Markers	0	1 pack	0	0	0
Dry Erase Markers (replace as needed)	1 pack	1 pack	1 pack	1 pack	1 pack 8-12 markers
Pkgs notebook paper (wide ruled)	2	1	1	1	1
Spiral Notebooks (wide ruled)	1	2	2	2	1 – 3 Subject Spiral Notebook
3"X 3" sticky notes	0	0	1 pack	1 pack	1 pack
3" X 5" index cards	0	0	1 pack	1 pack	1 pack
Large eraser	0	1	1	1	1
Glue stick (replace as needed)	1	1	1	2	2
12" Ruler-Inches and Metric	0	0	0	1	1
5" pointed/sharp scissors	1	0	1	1	1
Basic calculator	0	0	1	1	1
Ear buds (replace as needed)	1	1	1	1	1
Master Brand Padlock For PE Locker	0	0	0	1	1
Tshirt/shorts/socks/shoes for PE	0	0	0	1	1
Backpack-Washable	1	1	1	1	1
Note: No locker decorations/magnets 4 <sup>th</sup> -8 <sup>th</sup> Grade					

### 9th-12th Grade

- ❖ 1.5"- 3 Ring Binder
- 1-pkg Notebook Paper-college rule (replace as needed
- 2" Binder (for Financial Lit. 11<sup>th</sup> & 12 graders)
- 2 Highlighters (2 colors)
- Zipper Pencil Pouch
- 2-Ballpoint Pens-Blue or Black, 1 1 Ballpoint Pen-Red
- Scientific Calculator
- \* #2 or Mechanical Pencils
- Sticky Notes
- Ear Buds
- ❖ 4-Spiral Notebooks-college rule
- Backpack/Book Bag-Washable



Date: June 7th-June 11th 2021

Times: K-1st-2nd Grade 9:00 AM - 10:00 AM

3rd-4th-5th-6th Grade 10:00 AM - 11:00 AM \*Grade based on 2020-2021 School Year

Location: Winterset Lakeview Country Club (ALL Days)

Instructor: Brett West Winterset High School Head Boys Golf Coach

Jack West College Golfer at DMACC

Learn to play golf Monday: Orientation and Chipping

Limited clubs will be provided this year due to Covid-19
 Rules and Etiquette Lessons
 Tuesday: Iron Play Wednesday: Drivers
 Thursday: Putting

Contests and Prizes
 Friday: Play golf holes this day

### Rain Information

If it is raining prior to the start of the clinic please call 515-577-7910 for information.

Cost: \$55

Checks Payable to	: Little Legends Golf		(515) 577-7910		
Name:	Age: Grade 20/21:				
Address:	Phone #:				
Parents Name: Name:		Work/Ce Work/Ce	11 #: 11 #:		
E-Mail Contact:					
Right Handed	_ Left Handed	(l	beginner- 5 Advanced)		
• Da	oes your golfer need g	golf clubs: YES	NO		
	has my ner	mission to participate in t	ne Little Legends Summer Golf		
	pt responsibilities for Legends Summer Go	any injury that may occur	as a result of his/her participation. I or volunteers responsible for any		
Signature of Parent	t/Guardian		Date		

<sup>\*</sup> Mail to Brett West % Little Legends Golf \* 1872 Nature Court \* Winterset, Iowa 50273

### Winterset CSD Summer Band Lessons 2021

Band Students Grades 5-11

Make plans now to enroll in Summer Band Lessons with our band staff here at Winterset CSD! Winterset CSD is proud to offer Summer Band Lessons beginning Tuesday, June 8, 2021 and ending on Thursday, July 8, 2021. Lessons are open to all band students in grades 5-11. Lessons will be 30-minutes in length. Summer lessons are strongly encouraged for all students currently in band. It is a great way for students to retain many of the skills they have learned throughout the year and to gain new skills as well.

Please select your preference of day and time of day below. We will try to accommodate your first choice as often as possible. The total summer lesson fee is \$75 for 5 lessons (\$15/lesson, please make checks payable to Winterset CSD). Lessons will be given in the High School Band Room (Drop off in front of Competition Gym, then walk around the Competition Gym on the sidewalk to the East side to get to the Band Room entrance, Door #20). A summer lesson schedule will be created and shared with parents and students around Thursday, May 20, 2021.

Plan now to enroll for summer band lessons by completing the bottom part of this form and sending it to Mr. Gibson by the end of the day on Monday, May 20, 2021!

	he following and turn in	•		Vinterset Junior High***
Student Name:		Grade (2021-22):	Instrument:	
Parent Name:		Best Contact #:		
Parent Email:				
June 8-July 8, 202	1. I prefer my student's	s lessons to be on (Day/	Time)* Lessons in	y, Wednesday or Thursday person OR Virtual?
<u>Choice (1, 2, 3)</u>	Day/Morning/Time	Day/Afternoon	/Time_	
1				
2				
3				
SAMPLE:				
1	Tuesday, 9:00 am	<u> </u>		
<u> </u>	Tuesday, 9:30 am			
3	Thursday, 9:00 am			

<sup>\*</sup>Individual lesson date conflicts can be worked out with the lesson teachers (Mr. Gibson and Mr. Van Roekel) on a week-to-week basis.

<sup>\*\*</sup>The first week of lessons will begin on Tuesday, June 8, 2021.



# **Mediacom**.

A simple, affordable way to get quality home Internet.

Mediacom's Connect 2 Compete program is an affordable way to get access to high-quality home Internet service.

Mediacom strives to close the "digital divide" so that every household we serve has access to superior Internet service. And when you have reliable Internet service in your home you hold the key to a successful learning experience for your children. That's why we participate with the national non-profit program **EveryoneOn** with the goal of providing every home access to affordable, reliable Internet service so students can participate in a digital curriculum and extend the online learning experience from school to home.



- 1. Mediacom offers Internet service in your community or area
- 2. You have at least one student in grades K-12 living at home
- 3. At least one child qualifies for free or reduced-price school lunch through the National School Lunch Program (NSLP)
- 4. You are not a current Mediacom Internet customer and have NOT subscribed to our Internet service in the past 90 days
- 5. You do not have an outstanding Mediacom bill or unreturned equipment\*\*



To learn more about the Connect 2 Compete program, visit www.mediacomc2c.com or call 855-904-2225.

\*Connect2Compete Program (C2C Program) is available in Mediacom residential service areas to households that meet all eligibility criteria. The National School Lunch Program (NSLP) is administered by the Food and Nutrition Service of the United States Department of Agriculture and state agencies which operate the program through agreements with school food authorities; please contact your school for more information about eligibility for the NSLP C2C Program price of \$9.95/month (plus tax) applies so long as the eligibility criteria are met; if C2C Program participant no longer meets the eligibility criteria, the then-standard rates for the Internet service and equipment shall apply. The service includes Internet service with download speeds up to 25 Mbps and one WiFi modern. Modern remains the property of Mediacom and must be returned upon termination of service avoid charges. Mediacom Connect2Compete is a residential Internet service intended for educational use. Users of Mediacom's internet service must comply with Mediacom's Sersidential Customer and User Agreement and Acceptable Use Policy. C2C Program is not a school program and is not endorsed or required by your school. Your school is not responsible for Connect2Compete Program accounts. No school funds were used for this notice or website. Call 1-855-904-2225 for more details or to visit with a Mediacom Connect2Compete representative. Offer, prices and eligibility criteria may change from time to time.

<sup>\*\*</sup> Families with an outstanding bill or unreturned equipment can discuss payment options with Mediacom customer support representatives to determine how a resolution can be met. Call 1-855-904-2225 for more details.

# Mediacom.

# connect 2

Una forma simple y económica de acceder a Internet desde casa.

El programa **Connect 2 Compete de Mediacom** es una forma económica de acceder a un servicio de Internet de alta calidad desde el hogar.

Mediacom se esfuerza por cerrar la "brecha digital" para que cada hogar que servimos tengan acceso a un servicio de Internet superior. Y cuando tiene un servicio de Internet fiable en su hogar, posee la clave para una experiencia de aprendizaje exitosa para sus hijos. Por eso participamos con el programa nacional sin fines de lucro **EveryoneOn** con el objetivo de proporcionar a todos los hogares acceso a un servicio de Internet económico y fiable, de modo que los estudiantes puedan participar en un plan de estudios digital y extender la experiencia de aprendizaje en línea desde la escuela hasta su hogar.

### SU HOGAR PUEDE CUALIFICAR SI:

- Mediacom ofrece servicio de Internet en su comunidad o área
- 2. Tiene al menos un estudiante en los grados K-12 viviendo en su hogar
- Al menos un niño cualifica para recibir almuerzos escolares gratuitos o a precio reducido a través del Programa Nacional de Almuerzos Escolares (NSLP, por sus siglas en inglés)
- Usted no es cliente de Internet de Mediacom y NO se ha suscrito a nuestro servicio de Internet en los últimos 90 días
- No tiene una factura impaga de Mediacom ni equipos no devueltos\*\*



WiFi en

el hogar

más impuestos

Sin tarifas de depósito,

contrato, instalación o

alquiler de equipos

Para obtener más información sobre el programa Connect 2 Compete, visite **www.mediacomc2c.com** o llame al **855-904-2225**.

Velocidades de

descarga de

hasta 25 mbps

\* El programa Connect 2 Compete (programa C2C) se ofrece en las áreas de servicio residenciales de Mediacom a los hogares que cumplan con todos los criterios de cualificación. El Programa Nacional de Almuerzos Escolares (NSLP) es administrado por el Servicio de Alimentos y Nutrición del Departamento de Agricultura de los Estados Unidos y las agencias estatales que operan el programa a través de acuerdos con las autoridades encargadas de alimentos escolares; por favor, póngase en contacto con su escuela para obtener más información sobre la cualificación para el NSLP El precio enensual de 99.95 al mes (más impuestos) del programa C2C so effeces siempre que se cumplan los ocirterios de cualificación, si en algún momento el participante y a no cumple con dichos criterios, se aplicarán las tarifas vigentes para el servicio y el equipo de acceso a Internet. El servicio incluye servicio de Internet con velocidades de descarga de hasta 25 mbps y un módem WiFi. El módem sigue siendo propiedad de Mediacom y debe devolverse al término del servicio para evitar cargos. Mediacom Connect 2 Compete es un servicio de Internet residencial (al señado para uso educativo. Los usuarios del servicio de Internet de Mediacom deben cumplir con el acuerdo de cliente y usuario residencial y la política de usos aceptable de Mediacom. El programa C2C no es un programa ascolar y su escuela de acuerdo de connect 2 Compete. No es usaron fondos escolares para este aviso ni para el sitio web. Llame al 1-855-904-2225 para obtener más información o comuniquese con el representante de Mediacom Connect 2 Compete. La oferta, los precios y los criterios de cualificación pueden cambiar ocasionalmente.

\*\* Las familias con facturas impagas o equipos no devueltos pueden discutir las opciones de pago con los representantes del servicio de atención al cliente de Mediacom para determinar cómo resolver su situación particular. Llame al 1-855-904-2225 para más detalles.





# Connect2Compete APPLICATION

You can start the application process by completing the paper form below or, complete the form online at <a href="https://www.mediacomc2c.com">www.mediacomc2c.com</a> or, call one of our representatives at the toll-free number: 1-855-904-2225. The person completing this application MUST be at least 18 years old.

The application can be sent to:

Telemarketing & Field Operations Group 1613 Nanatahala Beach Rd. Gulf Breeze, FL 32563

Any questions can be directed to: <a href="mailto:support@mediacomc2c.com">support@mediacomc2c.com</a> or 1-855-904-2225

Your household may qualify if:

- Mediacom offers internet service in your community or area
- You have at least one child living at home who is a student in grades K-12
- At least one child qualifies for free or reduced-price school lunch through the National School Lunch Program (NSLP)
- You are not a current Mediacom internet customer and have NOT subscribed to our internet service in the past 90 days

APPLICANT INFORMATION (MUST BE 18 YEARS OLD)

You do not have an outstanding Mediacom bill or unreturned equipment

	,		
Name (First, Last):			
Phone:	E-mail:		
Current address:			
City:	State:	ZIP Code:	
	SCHOOL INFORMATION		
Do you have a child currently living in y Program? (Circle one) Yes / No	our household who is enrolled in the Fre	e or Reduced School Lunch	
	cate that Mediacom and Connect2Compegram. Do you agree to this consent? (Circ	, ,	
Please list the name of the school where lunches.	e you have a K-12 student who is eligible	e for free or reduced school	
School Name:			
School address:			
City:	State:	ZIP Code:	

# Please find a listing of places in Madison County in which families are able to enjoy a little extra food and comfort:

#### Earlham

Earlham Community Center – Congregate meals – 150 E 1<sup>st</sup> St, Earlham, IA 50072, (515) 758-2590

Earlham School Food Pantry – Open during school hours 7:45-11:40 am then again from 2:00-3:45 pm M-F, Other times available by request at 515-758-2235 x450

#### Truro

I-35 School Pantry – Open on the 1st Tuesday of every month from 3:30-5:30 in the FCS room or by appointment at 641-765-4901

#### Winterset

St. Joseph Catholic Church - 1st Thursday of the month Food Pantry from 10:00-noon or by appointment at 515-462-1083, located at 1026 N. 8th Ave., Winterset

Paw Pantry - 2nd and 4th Thursday of the month Food Pantry from 4:00-5:00 or by appointment at 515-462-3010, located at the SW corner of the Winterset Middle School, 706 School St., Winterset

The Cupboard - 3rd Thursday of the month Food Pantry from 4:00-6:00 p.m. or the following Friday from 9:00-10:00 a.m. at New Bridge Church, 1305 W. Jefferson St., Winterset

United Methodist Church - 4th Monday of the month Food Pantry from 4:30-6:30 or the following Tuesday from 9:00-11:00 a.m. at 309 E. Jefferson St., Winterset

MATURA/Multi-Purpose Center - Every 3 months, or on an emergency basis - Free meal preparation and canning classes - Sign up for WIC and energy assistance - 462-4704

Family Nutrition Program – ISU Extension and Outreach/Madison County – courses on how to feed your family on a budget - 462-1001

FourSquare Church - Wednesdays 6:00-7:30 3 yrs.-6th grade (meal) & 5:30-7:30 7-12th grade (meal) at 224 E. Court Ave., Winterset

Madison County Elderly Service Meal Site and Transportation 60 and older, suggested donation of \$3 per meal, and under 60 \$7.50, Mon-Fri at 11:45. **Delivery Only during COVID**.

St. Paul Lutheran & St. Joseph Catholic Church – community gardens, May-September, located behind 1120 N. 8th Ave., Winterset

# How to Help Someone who is Suicidal | Suicide Prevention

C childmind.org/article/youre-worried-suicide

What do you do when you're worried that a child might be feeling suicidal? First and foremost, it's important that you talk to him about your concerns in a calm, non-accusatory manner. Sometimes when parents are very worried, they end up saying, "Don't think this way," or "You shouldn't feel that way," and they come across not as loving and caring, as intended, but as critical. Children respond negatively to that. So you really need to be as calm and non-accusatory as you can when talking to them.

### Show the love

It may seem obvious to you that you love your children, and that they know you love them. But when they're having a hard time, kids need to hear over and over again from you how much you love them, and how much you care about them. It's not good enough to just say, "You know I love you." You need to convey that in small and big ways. These days, we all have so many things we're juggling that kids can end up unsure of where they fit in, and whether you really have time for them. Let them know how important they are to you.

### **Express empathy**

It's also important to validate a child's feelings. You want to make statements that express empathy for her distress: "It sounds like that was really difficult." "I know how painful that can be." "I know what that's like. I've felt that way." Telling them not to feel that way, to "pull it together," isn't as helpful as saying, "What is it that you're concerned about, and how can I help you?" If you're really concerned about your child it's important that you encourage him to get professional help, and that you convey that getting help isn't weak, but something you would respect him for doing, and that you would work together to accomplish.

### Prioritize the positive

Another important way to prevent suicidal behavior is to prioritize interacting with your child in positive ways. Some times we get into a sort of vicious cycle with a child. The child does something concerning; the parent gets critical; the kid does something more concerning; the parents get more upset. All interactions turn contentious. Interacting in positive ways means doing fun things together, hanging out and chatting about things that aren't controversial, that aren't difficult.

Related: Teen Suicides: What Are the Risk Factors?

# **Talking to Kids About Money**

C childmind.org/article/talking-kids-money

From starting a piggy bank to <u>sending your kid off to college</u> with a credit card, helping kids learn healthy habits around money can take a lot of work — and patience.

But teaching children to be financially responsible early on will help them cope with challenges like setting limits, planning a budget and resisting impulse buys. There are a lot of different ways to help kids get smart about spending, but we've put together some basics to help parents get started.

### Start young

Although it's never too late to develop good money habits, starting the conversation when children are young will make things easier down the line when the stakes are higher. Dr. David Anderson, senior director of the ADHD and Behavior Disorders Center at the Child Mind Institute, suggests beginning to talk about money when your child is in second or third grade. "That's when most kids' <u>math skills</u> get to the point where they're able to understand this kind of arithmetic."

### Talk about money

Talking comfortably about finances is an important part of helping kids developing a healthy relationship with money. "Talking about money can't be relegated to a one-time conversation," advises Lynne Somerman, a money coach and founder of <u>The Wiser Miser</u>. "It needs to be part of the day-in, day-out conversation. As money topics come up and your kids are around, talk about them as openly as you feel comfortable."

One way to do this is by including your children in basic financial decisions. For example, at the supermarket you can look at the circular together to see what's on sale before deciding what to make for dinner. Or you can ask them to make budget-based decisions, like they can have one pair of more expensive shoes or two pairs of cheaper ones because you have only budgeted so much for shoes.

You can also start the conversation about *why* some things cost more money. Ask your kids to help you compare prices and examine product claims. Is it essentially the same product but more expensive because it is a name brand? Or are their other factors that might justify a higher price, like better workmanship or more humane farming practices?

### How to Talk to Your Teen About Substance Use

C childmind.org/article/talk-teenager-substance-use-abuse

Adolescence is a tricky time. Teenagers are just beginning to establish their identities and this often means testing the limits of parental controls. When it comes to drugs and alcohol, pushing the boundaries can lead to dangerous territory.

Setting clear rules about <u>substance use</u> helps give teens the structure they need to stay safe. Let's be realistic: You can't guarantee that your rules won't be broken. But research shows that kids who have clear rules are less likely to get into serious trouble than kids who don't. Even when the rules are broken, teens whose parents have clearly outlined what is and isn't acceptable are less likely to run to extremes and more likely to make safer choices.

So you need to have the talk, but for a lot of parents initiating a potentially difficult conversation is daunting. A few guidelines can help get the ball rolling and make for a smoother, more productive experience for all.

### Plan to have the talk

Springing a serious conversation on your teenager can make her feel ambushed and defensive. Give her a heads up before hand and make sure to be clear about what the conversation will entail, so everyone can be on the same page. "Tomorrow night let's have a talk about drinking and drugs. You're not in trouble. I just want to talk about where we stand and hear any concerns you might be having."

Related: <u>Tips for Communicating With Your Teen</u>

### Spell out the rules

Clearly spell out your rules and the specific consequences of breaking them. Avoiding ambiguity lets your teenager know where you stand, and research shows that kids tend to be safer when parents set limits. And for kids who are being pressured to do something they aren't comfortable with, it can make it easier for them if they know they can use their parents as an excuse for saying no.

### **Explain your reasons**

Be very clear about your reasons for prohibiting substance use. Teenagers are often ordered to do things without being given a clear reason why and by explaining yourself you're inviting them to have a more open, adult conversation.

The potential consequences of drinking and using drugs are real. Any kind of experimentation is illegal when you're a teenager, and it's dangerous.

# Winterset Community School District • Beacon Newsletter • MAY 2021



Check for updates at raccoonriverconference.org or call the high school at 462-3320.

### HIGH SCHOOL BOYS TRACK

DATE	TIME	LEVEL	OPPONENT	SITE
May 6	4:00 PM	Coed-V	RRC Meet	Bondurant
May 13	4:00 PM	V	Districts	TBA
May 20-2	22 TBA	V	State	Drake Stadium

### HIGH SCHOOL GIRLS TRACK

DATE	TIME	LEVEL (	<u>OPPONENT</u>	SITE
May 6	4:00 PM	Coed-V	RRC Meet	Bondurant
May 13	4:00 PM	V	Districts	TBA
May 20-2	2 TBA	V	State	Drake Stadium

### JUNIOR HIGH TRACK

DATE	TIME	LEVEL	OPPONENT	SITE
May 3	4:30 PM	Boys	DCG	DC-G
May 7	4:00 PM	Coed	ADM	Adel

### HIGH SCHOOL BOYS SOCCER

DAIL	IIME	LEVEL	<u>OPPONEN I</u>		SILE
May 4	5:30 PM	JV/V	Boone		Boone
May 7	5:30 PM	JV/V	Indianola		Indianola
May 10	5:30 PM	V/JV	Ballard		Winterset
May 11	5:30 PM	JV/V	Bondurant-F	arrar	Winterset
May 13	5:30 PM	JV/V	Carroll	Winterset	(Earlham)
May 17	5:30 PM	JV/V	Carlisle		Winterset

### HIGH SCHOOL GIRLS SOCCER

DATE	TIME	LEVEL	OPPONENT	SITE
May 3	5:30 PM	JV/V	Norwalk	Winterset
May 4	5:30 PM	V/JV	Boone	Winterset
May 11	5:30 PM	JV/V	Bondurant-Farrar	Bondurant
May 13	5:30 PM	V/JV	Carroll	Carroll
May 15	9:00 AM	V	Nevada	Nevada
May 17	5:30 PM	V/JV	Carlisle	Carlisle
May 20	5:30 PM	JV/V	Pella	Winterset
May 21	5:00 PM	V/JV	Ballard	Ballard
May 24	5:30 PM	JV/V	Creston	Winterset

### HIGH SCHOOL GOLF

DATE	I IIVIE	LEVEL	OPPONENT	SILE
May 1	12:30 PM	Boys-V	Knoxville Pine	Knolls-Knoxville
May 2	1:00 PM	Boys-V	Chariton Tourn	LVCC-Chariton
May 3	1:00 PM	Girls-V	Multiple	LVCC

May 4	10:00 AM	Coed	Atlantic	Nishna HIIIs
May 6	1:00 PM	Boys-V	Chariton	LVCC
May 6	1:30 PM	Boys-JV	/Nodaway Valley	Greenfield
May 10	9:00 AM	Girls V	RRC Meet	Huxley
May 10	9:00 AM	BoysV	RRC Meet	LVCC
May 14	9:00 AM	Boys-V	Districts	TBA
May 18	2:00 PM	Girls-JV	/VMultiple	Beaver Creek
May 21	TBA	Boys-V	Regionals	TBA
May 24	9:00 AM	Girls-V	Regionals	TBA
May 27-	28 TBA	Boys-V	State	TBA
Jun 1-2	TBA	Girls-V	State	TBA

### HIGH SCHOOL BASEBALL

l	DATE	TIME	LEVE	L OPPONENT	SITE
	May 24	5:30 pm	JV/V	North Polk	Winterset
l	May 26	5:30 pm	JV/V	Bondurant-Farrar	Bondurant
l	May 27	5:30 pm	JV/V	Carlisle	Winterstet
l	May 28	5:30 pm	JV/V	Oskaloosa	Winterset
l	Jun 1	5:30 pm	JV/V	Dallas Center Grin	nes DC-G
l		10:00 am	9th	Bondurant-Farrar	Bondurant
l	Jun 2	5:30 pm	JV/V	Boone	Principal Park
l	Jun 3	5:30 pm	JV/V	Perry	Boone
l		2:30 pm	9th	Gilbert	Winterset
l	June 4	10:00 am	9th	W-G	Winterset

### HIGH SCHOOL SOFTBALL

DATE	TIME	LEVI	EL	<b>OPPONEN</b>	IT.	SITE
May 24	5:30 pm	JV/V	Nor	th Polk		Winterset
May 25	5:30 pm	JV/V	Vall	ey		Winterset
May 26	4:30 pm	9/JV/\	/Bor	idurant-Far	rar	Bondurant
May 27	4:30 pm	9/JV/\	√Car	lisle		Winterset
May 29	TBA	V	Win	iteset Tourr	ney	Winterset
Jun 1	4:30 pm	9/JV/\	VDC-	-G		DC-G
Jun 2	4:30 pm	9/JV/\	/Boc	ne		Winterset
Jun 3	5:30 pm	JV/V	Per	ry		Perry
Jun 4	5:30 pm	JV/V	Urb	andale		Winterset
Jun 5	TBA	V	Vall	ey Tourney		Valley
IIINIOD LIGH BASEBALI						

	0011101111		_
DATE	TIME LEVE	L OPPONENT	SITE
June 1	4:00 pm 7/8	I-35	Winterset
Jun 2	10:00 am 7 A & E	B ADM	ADM
	10:00 am 8 A & E	B ADM	Winterset
Jun 3	10:00 am 7/8	Nodaway Valley	Winterset
Jun 4	4:00 pm 7A & B	Ballard	Winterset
	4:00 pm 8A & B	Ballard	Ballard

### JUNIOR HIGH SOFTBALL

DATE	TIME LEVEL	OPPONENT	SITE
Jun 1	4:00 pm 7/8 A/B	I-35	Winterset
Jun 2	10:00 am 7/8 A/B	ADM	ADM
Jun 3	10:00 am 7/8 A/B I	Nodaway Valley	Winterset
Jun 4	4:00 pm 7/8 A/B	Ballard	Winterset
Jun 5	10:00 am 7/8 A/B	M. St. Marys	Winterset

### **ADMISSION PRICES**

Admission prices to all Varsity events will be \$5 for everyone. Sub-varsity events will be \$4 for adults and \$3 for students. Tournaments will be \$5 for everyone. Junior high events will be \$3 for adults and \$2 for students.

# Winterset Elementary School is looking for our Kindergarteners! Will your child be 5 by



Contact Jayne to be placed on the list of incoming Kindergarten students for the Class of 2034! Phone: 515-462-1551 or email: jayala@winterset.k12.ia.us

WINTERST PRESCRICOL TRINGSOMETHING NEW WINTERSTPRESCRICOL
Winterset Universal Preschool Pre-registration



\*Any Child that is 3 or 4 years old on or before September 15, 2021 is sligible for Pre-Schmil for the 2021-2022 year.

"Places complete the Pro-Registration Porm so we have an idea of the number of procticulars we will have for next year.

"The Pre-Registration Form is available on the front page of the Winterset Elementary School Web Site.

Enone

"This will NOT take the place of On-Line Registration which will open July 14, 2021.

Questions? Call Stacy @ Administration Building 515-462-2718 or email Gina Robinson at grobinson@winterset.k12.ia.us

# Adolescent Self-Injury Prevention Month Do you know the signs?

A self-injury occurs when someone purposely hurts themselves, most often on arms, legs, and front of the body because they are easier to reach and hide under clothing. The injuries could affect any part of the body. Self-inflicted injury usually starts with young teens and occurs numerous times, rather than just once.

The causes and severity of self-injury can vary and may include:

- Biting
- Bone breaking
- Burning
- Bruising/Hitting
- Carving words or symbols into the skin
- Cutting
- Head banging
- Picking and pulling skin and hair
- Poisoning (or drinking harmful chemicals)
- Scratching
- Taking an overdose of drugs

Children and teens who injure themselves do not usually intend to cause lasting injury. However, self-inflicted injury may cause serious medical problems, including:

- Life-threatening blood loss from deep cuts
- Infected wounds
- Feelings of shame, guilt, and low self-esteem
- Unintended suicide
- Higher risk of attempted suicide
- Repeated self-inflicted injuries becoming compulsive

Self-injury is a complex behavior. Teens who injure themselves sometimes have other mental health problems that add to their emotional pain. They may have experienced trauma, such as living through abuse, violence, or a disaster.

For more information on self-Injury prevention and treatment, visit: <a href="https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Self-Harm-FS.p">https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Self-Harm-FS.p</a>

If you suspect that a teen in your care is self-injuring and needs mental health counseling or evaluation, contact Children & Families of Iowa at 515.288.1981, or CFI Cornerstone Counseling Center at 515.289.2272.

We are here to help you restore hope.

### Winterset Community School District • Beacon Newsletter • MAY 2021

### Parenting Tip: Lighten Up

I have three girls. One of my go-to phrases is, "You're my favorite daughter..."

Followed by something like: "in the kitchen."

To which the daughter will roll her eyes and reply, "I'm the only daughter in the kitchen."

She will act annoyed, but there's always a smile too.

I am serious by nature. It was never easy for me to get on the floor and play pretend. I don't naturally gravitate toward big excitement or silliness. But I also know that play is the language of children.

Finding moments of joy with our kids is an essential part of building a strong relationship with them. As parents, we tend to see things as more important or urgent than they really are. When our kids push back, our go-to is to toughen up, hold our ground, and be stern.

We often underestimate the power of playfulness. It doesn't mean you can't set boundaries, it means you're willing to recognize that some things don't need such a heavy hand. That not everything is an emergency. And that lightening up may actually be a way to move forward in a positive way.

Here are some other ways I connect with my kids in a lighthearted way:

- We watch funny social media videos together
- We quote our favorite comedians
- I randomly drop Hershey Kisses on their desks while they're working on schoolwork
- When they were toddlers, I would hold them and act like I couldn't find them. Looking everywhere - except my arms - I would ask, "Where is she? I thought she was here just a minute ago!"
- We have group hugs
- I give out random meaningless points, "54 points to you for putting your plate in the dishwasher." To which another child will ask, "How many points do I get?" I mix up my answers, sometimes it's "3,497," and sometimes it's "3."
- We pretend to be on YouTube explaining how to brush our teeth or clean up toys
- We make up songs or mix up letters in words

I know we are all stressed beyond what we can manage well. I get that responding with humor when your child is expressing a big emotion isn't always the best solution. But, I also know that our kids are longing for connection with us. They need to know we find joy in being with them. They need permission to be childlike because...they are children!

If this doesn't come naturally to you, that's OK. Look for small ways to add a little play or silliness into your day and build on it over time. Rather than doubling down with, "because I said so," take a deep breath to lower your intensity, and make it fun.

Nicole Schwarz, MA, LMFT
Parent Coach
nicole@imperfectfamilies.com
Schedule an online Parent Coaching Session today!

### Winterset Community School District • Beacon Newsletter • MAY 2021

TO: All Employees/Community

FROM: Randy McDonald, A.D.

SUBJECT: Activity Sign-Up

DATE: May 1, 2021

The sign-up for working extra-curricular activities is open to all employees and residents of the district. Each person who signs up will be issued an activity ticket for self and spouse, or adult guest if requested. These tickets are to be used by adult workers or spouse/adult guest only. The activity ticket admits the holder to all junior high and high school activities except those that are state sponsored. If used to the maximum, this would cover 75 to 80 events each year.

Each person will be assigned up to four duties. If you have a preference about the kind of activity you work and/or where, you may indicate that on the form below. An attempt will be made to honor indicated preferences; however, please understand that duties will be assigned as needed to fill all slots.

Please complete the form below and return it to Randy McDonald at <a href="mailto:rmcdonald@winterset.k12">rmcdonald@winterset.k12</a>. <a href="mailto:ia.us">ia.us</a> or to Angie Olson at aolson@winterset.k12.ia.us. Reminder that it is your responsibility to work your dates or find your own substitute if the need arises.

**ACTIVITY SIGN-UP** 

Name:			Home Phone:	
Spouses Name			Work Phone:	
Cell Phone:			e-mail :	
Check One: High Sc	hool Activity	Junior Hi	gh School Activity	
For activities below,	indicate first, secor	nd, and third choice	25.	
FALL ACTIVITY:	Football		Volleyball _	
WINTER ACTIVITY:	Girls Basketball _		Boys Basket	ball
Wrestling				
SPRING ACTIVITY:	Track	Boys Soccer	Girls Soccer	
SUMMER ACTIVITY:	Baseball	_	Softball	
VARIOUS:	Drama		Band/Vocal	

### 2021-2022 Winterset Community School Calendar Board Approved (1/71/8021)

CALENDAR LEGEND Start No School End of Quarter 1hr Late Start |

Teacher Contract Dave

- 1940(1947 CONTRICT Days)
  179 Stadert Contract Days
  2 Conference Comp Days (1124 & 418)
  6 Pre-Service Days (273-4/18)
  1 Work Plax Day" (829 or 61)
  2 PD Days (1123 & 274)
  1 Innovation Day" (1026)
  1 TG Days
  \*\*\*TG\*-contract day as long as funded by state

New Teacher Davis

August 2nd (1/2 day, Bern-noon) August 11-12 New beches work August Plex Day

<u>Late Start Wednesdays</u> School begins 1 hour late every Wednesday for professional development.

"Cancelled selecti days may be made up at end of echool year (Aune).

"Treather work day is floored for misming feachers. Work 1 day either August or Jame. Hollication to principal at checkpat in opeing.

"Transition and TQ Days are professional development for sentiled

TAGestments may be made to end of 2", 3" or 4" quartectorm if more than 2 days are esmoothel.

		Does	متووام ا	WON (1/7	1/2021)			
Augu	ust				Hours	Days	Contro Cong 2	Events
М	Т	w	Th	F			Mag 2	How Tourist Day (\$180m-100m)
02	άž	94	85	96			4811 B	Horn Transfer Coase Transfer Pro-Garviere
18	10 17	11	12	13 20			Man II	Dom Fundy Drawgement (1200-0:00) ISS Fundy Engagement (1200-0:00)
23	24	25	26	27	31.5	5	46-48	JH Family Engagement (score 8:00)
30	31				44.5	7		JH Family Engagement (second:00) HO Family Engagement (second:00) Transfer Work Day — Flor
	ember						pg ii	First Cay of Golsool
		1	2	3	63	10	Bept 8 Bept TBD	Labor Day (No Select)
6	7	8 15	<u> </u>	10	119.5	14	emptπeD	H8 Confessions (8:80-7:90) Supt TBD
13	14 21	22	10 23	17	119.5	24	1	
27	29	29	30	<del></del>	176	28	1	
Octo			77		11.5		1	
				1	182.5	29	On 0 & 13	1860s Seizel Contempos (3:30-7:30)
4	5	6	7	8	214	34	Out 12 & 14	Property Conference (\$46.748)
11	12	13	14	15	245.5	39	On 22	End of 1º Quester (44 days) 2-low-resis distributed
18	19	20	21	22	275	44	On 25	Instruction Day (No School)
25 Nove	26	27	28	29	300	48	1	
Nove	mber 2	3	4	6	331.5	53	<del>1072.4</del> 4	Audor High Continuous (9:30-7:30)
È	ê	10	111	12	363	58	Her 22 Her 23	Justin High Conference (8:50-7:50) TO Day (No Balcol) PO Day (No Balcol)
16	10	17	18	19	394.5	63	17.H2	Teacher Comp Day (No School)
22	23	24	25	26			20-20	Theodogisky Holiday (No Salasa)
28	30				407.5	65		
Dece	mber	1		3	426	68	1	
6	7	8	<u>2</u>   8	10	457.5	73	Des 8	Hat Orient Conference (3:30-7:30)
19	14	15	10	17	489	78	1	
20	21	22	23	24	507.5	81	Dev 23-Jan 3	Window Drough (No Soleput)
27	28	29	30	31			1	
Janu				_		0.5		
3 10	17	5 12	13	14	532.5 562	85 90	<u>.</u> 1.	Chance Parameter (\$30-7:20)
17	18	19	20	21	593.5	95		End 1 <sup>th</sup> Secretar (60 deset
24	25	26	27	28	625	100	1	End 1 <sup>st</sup> Averages (10 days) 2 hour wally descined
31					631.5	101	1	
Febr	uary							
7	1	2	1 3	1.5	656.5	105	<b>L</b>	
14	6 15	9	10	11	688 713	110 114	Feb #4 Feb #3	PO Cay (No Balacel) High Select Confessores (2:20-7:20)
21	22	23	24	28	744.5	119	1	
28					751	120	1	
Marc							1	
	1	2	3	4	776	124	March 1 & 3	Audor High Conference (9:30-7:30) Middle Selecti Conference (9:30-7:20)
14	8 15	9 16	10 17	11	807.5	129	March 8 & 10	Part 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1
21	22	23	24	25	837	134	March 14-10 March 20	Caring Dreak End of 2" Quester (44 days)
28	29	30	31		862	138	T****	Spines and graphical Subjects, committee day control
April							1	-
	<u> </u>		<u> </u>	1	868.5	139	1	
11	12	13	7.	15	900 931.5	144	1	
18	19	20	14 21	15 22	956.5	153	April 19 April 27	Teacher Comp Day (No Science) High School Confessions (2:20-7:20)
26	20	27	29	29	988	158	T****	Ingili delico Companide (2:30-1:30)
May							1	
2	3	4	5		1019.5	163	L	
9	10	11	12	13	1051	168	16-72 16-72	Confere Last Day Graduation
10 23	17 24	18 25	18 28	20	1112	173 178	<b>27</b>	Last Der for Stedents' (46 dags)
30	31	25	20	27	1.12	170	May #	3-hour early distributed Mannaried Coay (No Beltocit)
		Conf d	#/# = 1	6	1128		<b>三</b> 第	Married Copy (No Outrook) Transfer Work Day — Flant
			Jur	ne			]	
		1	2	3			]	

# 2021-2022 Winterset Community School – Preschool Calendar Board Approved

CALENDAR LEGEND								
Start/End								
No School								
Wednesdays								
No School								

	_	_	_	_		Date	Events I on Wednesday
М	Т	w	Th	F	Days	plus the additi	onal days noted
	tembe			<u>'</u>	Days		
		01	02	03		Sept 2	First Day of Preschool
06	07	08	09	10		Sept 6 Sept TBD	Labor Day (No School) Homecoming
13	14	15	16	17		ССРСТВВ	Tiomecoming
20	21	22	23	24			
27	28	29	30				
Octo	ber						
				01			
04	05	06	07	08			
11	12	13	14	15		0.1.00	Barrella (IBB (Na Barrella (I)
18	19	20	21	22		Oct 22 Oct 25	Preschool PD (No Preschool) Innovation Day (No Preschool)
25	26	27	28	29		OCI 25	illiovation Day (No Fleschool)
	ember			,			
1	2	3	4	5		Nov 4 & 9	No Preschool - Conferences
8	9	10	11	12		Nov 22 Nov 23	PK-12 TQ Day (No Preschool) PK-12 PD (No Preschool)
15	16	17	18	19		Nov 24	Teacher Comp Day (No Preschool)
22	23	24	25	26		Nov 25-26	Thanksgiving Holiday (No Preschool)
29	30						
Dec	ember	01	02	03		-	
06	07	08	09	10			
13	14	15	16	17			
20	21	22	23	24		Dec 23-Jan 3	Winter Break (No School)
27	28	29	30	31			
	uary			<u> </u>			
03	04	05	06	07		Jan 4	Classes Resume
10	11	12	13	14		Jan 14	Preschool PD (No Preschool)
17	18	19	20	21			
24	25	26	27	28			
31							
Febi	ruary						
	01	02	03	04		Feb 3 & 8 Feb 14	No Preschool - Conferences PK-12 PD Day (No Preschool)
07	08	09	10	11		1 60 14	FR-12 FD Day (No Fleschool)
14	15	16	17	18			
21	22	23	24	25			
Mare	ch						
IVIAI	01	02	03	04			
07	08	09	10	11			
14	15	16	17	18		March 14-18	Spring Break (No Preschool)
21	22	23	24	25		March 25	PK-12 PD Day (No Preschool)
28	29	30	31				
Apri							
				01		1	
04	05	06	07	80			
11	12	13	14	15			
18	19	20	21	22		April 18	Teacher Comp Day (No Preschool)
25	26	27	28	29			
May							
02	03	04	05	06			
09	10	11	12	13			
16	17	18	19	20		May 20	Last Day for Preschool

# Stay Connected with WCSD!



# **Upgraded Website:**

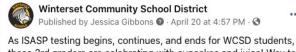
- www.winterset.k12.ia.us
- District homepage updated weekly
- School homepages are updated frequently with information
- Daily calendar of events for schools as well as athletics/activities is located on district homepage

### Electronic Backpacks:

 Located on both the district and school homepages - includes fliers, newsletters, important and timely information

### Facebook:

- Winterset Community School District:
   @wintersetschools
- Winterset Huskies for Athletics and Activities updates:
   @WintersetHuskies



As ISASP testing begins, continues, and ends for WCSD students, these 3rd graders are celebrating with cupcakes and juice! Way to rock the tests!

#wintersethuskypride





Students in Mrs. Allen's 7th Grade Literacy Classes held a mock trial this week. Cinderella was accused of stealing the glass slippers from her stepsisters. Prosecution and defense teams sifted through evidence while a third team wrote a press release.

#wintersethuskypride



### Twitter:

- WintersetSchools: @WintersetSchool
- Winterset Huskies for Athletics and Activities updates: @WintersetHusky

# Infinite Campus:

 Must have a portal account - contact your school's office or the Administration Building to request account

### Madisonian:

· Article by Superintendent every other week