

# **Articles/ Handouts**

Linked here are short articles that focus on various social, emotional and behavioral topics. These can be viewed for additional information or to gain some insight into concerns that school aged children face. Each handout is authored or coauthored by an expert on the topic, with many of the authors being leading researchers in their fields. In addition to providing practical and evidence-based interventions and supports, each handout recommends additional resources, such as books or websites. on the handout's topic.

[ADHD](#)

[Anger and Aggression](#)

[Anxiety](#)

[Autism Spectrum Disorder](#)

[Bullying](#)

[Depression](#)

[Divorce](#)

[Engagement and Motivation](#)

[Fears and Phobias](#)

[Friendships---Lacking a Friend and Feeling Lonely](#)

[Frustration](#)

[Grief](#)

[Happiness and Self-Esteem](#)

[Homework, Organization, and Study Skills](#)

[Lesbian, Gay, Bisexual, and Questioning Youth](#)

[Middle School Transition](#)

[Nonsuicidal Self-Injury](#)

[Preventing and Correcting Misbehavior and Developing Self-Discipline](#)

[School Refusals](#)

[Self-Management](#)

[Social and Emotional Learning](#)

[Suicidal Thinking and Threats](#)

[Temper Tantrums](#)

[Test and Performance Anxiety](#)

[Transgender and Gender Diverse Youth](#)

[Trauma](#)

[Using Praise and Rewards Wisely](#)