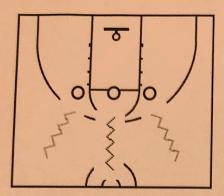
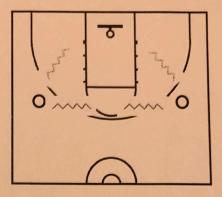
8. Dribble Drive Jump Shots From Half-Court (use jump stop)



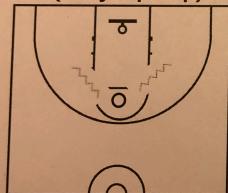
10 Each Spot = **30 Total*** Make 2 FT after each spot

9. Dribble Drives - Middle / Baseline Jump Shots From Wing (use jump stop)



Middle – 5 shots
Baseline – 5 shots
*Make 2 FT
** Repeat on opposite side
10L, 10R = **20 Total**

10. Dribble Drives – Right / Left Jump shots from Top of Key (use jump stop)



5 Left, 5 Right = **10 Total*** Make 2 FT

11. Dribble Drives – Baseline to Middle Jump Shots (use jump stop)



5 Left, 5 Right = **10 Total** *Make 2 FT

12. Form Shooting

♦ One – hand: 10

♦ Two - hand: 10

* Make 2 FT's in a row

Success occurs when: "PREPERATION comes face-to-face with OPPORTUNITY!"