

May 2021

Copper Rim Elementary

BREAKFAST



School Information: This employer is an equal opportunity employer



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



Monday

French Toast Variety

3

Fruit & Juice

Milk Variety

Tuesday

Mini Waffle

4

Fruit, Juice, & Milk

Wednesday

Pancake Variety

5

Fruit & Juice

Milk Variety

Thursday

Donuts

6

Muffin & String Cheese

Fruit, Juice, & Milk

Friday

7

French Toast Variety

10

Fruit & Juice

Milk Variety

Cereal & Yogurt Cup

11

Strawberry Bagel

Fruit, Juice, & Milk

Pancake Variety

12

Fruit & Juice

Milk Variety

Donuts

13

Mini Waffles

Fruit, Juice, & Milk Variety

14

French Toast Variety

17

Fruit & Juice

Milk Variety

Muffin & Yogurt Cup

18

Strawberry Bagel

Fruit, Juice, & Milk

Pancake Variety

19

Fruit & Juice

Milk Variety

Donuts

20

Mini Waffles

Fruit, Juice, & Milk

Cereal & Yogurt Cup

21

Frudel Variety

Fruit, Juice, & Milk Variety

Chef Choice

24

Fruit & Juice

Milk Variety

Chef Choice

25

Fruit & Juice

Milk Variety

Chef Choice

26

Fruit & Juice

Milk Variety

Chef Choice

27

Fruit & Juice

Milk Variety

28

31

