

May 2021

West Harrison Community School

This institution is an equal opportunity provider

LUNCH



School Information: Free breakfast and lunch to all enrolled West Harrison students until the end of the school year or until money runs out. Milk is offered everyday with lunch.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday

Chicken Nuggets
Mash Potatoes/Gravy
Green Beans
WG Biscuit
Fruit Fixings

3

Tuesday

School Made Pizza
Very Veggie Salad
Chuckwagon Corn
Fresh Fruit

4

Wednesday

Hamburger w/Fixings
Cheesy Tots
Bake Beans
Fruit Fixings

5

Thursday

PK-5th
Ham & Cheese Sand
6-12
Stromboli
Au gratin Potatoes/Simply Salad
Fresh Fruit

6

Friday

Grilled Hotdog
WG Chips
Fresh Veggie Sticks
Apple Slices/Juice Cup
Cereal Bar

7

Pizza Dippers
Pasta w/Sauce
Caesar Salad
Fresh Fruit

10

Mandarin Chicken
Stir Fry Veggies
WG Rice
WG Muffin
Fresh Fruit

11

K-3
Ravioli
4-12
Crispitos/Mexican Salad
Cottage Cheese
Fruit Fixings

12

Taco Salad w/Fixings
Refried Beans
Taco Party Mix
Fresh Fruit Fixings

13

Sub Sandwich w/Fixings
WG Chips
Fresh Veggie Sticks
Juice Cup/Fresh Fruit
Cereal Bar

14

Corn Dog
Mash Potatoes
Broccoli/Cauliflower Salad
Fruit Cup

17

Spaghetti w/Meat Sauce
Simply Salad/Mixed Veggies
WG Garlic Bread
Fresh Fruit

18

Loose Meat
Potato Bakers
Oven Bake Beans
Fruit Fixings

19

Nacho's w/Fixings
Cup of Chili
California Style Vegetables
Fresh Fruit

20

Meatball Sub
Pasta w/Sauce
Simply Salad
Fresh Fruit

21

Flat Bread Pizza
Dark Green Salad
Green Beans
Fruit Fixings
Fruit Crisp

24

Cooks Choice

25

Cooks Choice

26

Cooks Choice

27

Cooks Choice

28

HAVE A GREAT

31

SUMMER

