

JOIN THE HESPERIA HIGH SCHOOL CHEERLEADING SQUAD

FOR THE 2021-2022 SEASON!

For information regarding trying out for the Cheer team next season,
please join our GOOGLE CLASSROOM code: **dhfL5sp**

To allow everyone access, you must use a non-school email to join

Optional Zoom Meeting will be Monday April 26th at 3:30pm if you have any questions! Link on Classroom

ELIGIBILITY: Potential Team Members MUST have be cleared through **Athletic Clearance** prior to Tryouts

Read the "Athletic Clearance" post on Classroom in regards to getting cleared!

Potential Team Members must have **Grade Clearance**

**Talk to Coach if you had below a 2.0GPA or failed more than 2 classes at 3rd quarter*

Tryout Material will be available through videos this year. These videos are posted on Google Classroom

TRYOUTS

Wednesday May 12th, 2021

Beginning at 12noon in the HHS Gym



Candidates will sign up for a designated tryout time/group, but may show up early to practice outside regardless of their tryout time.



Results will be posted by Sunday May 16th on our Instagram page **@Hesperia_hs_cheer**



Practice schedule is posted on Google Classroom. First team meeting will be via Zoom on Monday May 17th at 3:30pm.

Email Coach Walker at Brittany.walker@hesperiausd.org or Hesperia.hs.cheer@gmail.com with any questions regarding tryouts

HHS 2021-2022 CHEERLEADING TRYOUT PACKET



The following information has been provided for your knowledge. Please read, sign, and return the packet on the day of Tryouts. Once your son or daughter makes the Cheerleading squad, additional information and copies of the information provided in this packet can be provided.
SIGNATURES ARE REQUIRED ON PAGES 10, 11, and 12.

Dear Cheer Candidate and Parent/Guardian,

The HHS Cheerleading Staff would like to thank you for choosing to become a cheer candidate for the Hesperia High School Cheer Team. Candidates are able to become a part of either the Varsity or Junior Varsity Cheerleading Squads. **PRIOR EXPERIENCE IS NOT REQUIRED!** This packet will provide information regarding Tryout practice days and tryouts, as well as the Constitution/rules/requirements for participation, including our policies, costs, and expectations. The packet must be filled out in its entirety in order for the Cheer candidate to tryout.

I am very excited for the upcoming 2021-2022 Cheerleading Season. Please feel free to approach any of the coaches running tryout clinic with any questions or concerns, or email us at Brittany.Walker@hesperiausd.org or Hesperia.hs.cheer@gmail.com Looking forward to a fun and exciting year!

Brittany Walker

Coach Walker

Hesperia High School 2021-2022 Cheerleading Constitution General Tryout Information

Eligibility:

1. Any incoming freshman, sophomore, junior or senior is eligible to tryout and be placed on either team – JV or Varsity.
2. **Cheer candidates must be cleared through Athletic Clearance PRIOR to attending Tryouts.** If the candidate is not cleared, they are not eligible to tryout and therefore not eligible to make the team.
 - a. **Instructions for Athletic Clearance will be posted on Google Classroom**
 - b. Returning members that have already completed this process do not have to redo it.
3. **Cheer candidates must be CIF GRADE ELIGIBLE.** CIF Grade eligible is a minimum grade requirement enforced by the California Interscholastic Federation for all high school athletes and therefore exceptions cannot be made. In order to be CIF Grade Eligible, you must be passing at least 4 classes with a minimum of a 2.0GPA. *If you were not eligible at 3rd quarter, you COULD still make the team as long as you are eligible at the end of 2nd semester. If not, you would be dismissed.* Grade clearance will be double checked once the candidates are placed on the team.
4. **Cheer candidates must submit pages 10, 11, 12 signed by a parent/guardian and the candidate on the day of Tryouts in order to be eligible to tryout.**
5. **All cheer candidates must tryout in order to make the team.** Being a member of the HHS Cheerleading squad one year in no way guarantees placement on the squad/team for the following year.

Tryout Details:

1. **Cheer candidates will be added to the Google Classroom.** Google Classroom will have the necessary materials that will need to be learned prior to tryouts. Tryout material includes:
 - a. One Dance (with counts and with music)
 - b. Two chants
 - c. Three Jumps – Toe Touch, Double Toe Touch, Jump of your choice
2. **It is up to the cheer candidate to learn the material!** Zoom practices will be available prior to tryouts (link and details will be posted on the Google Classroom) if the cheer candidate has questions or wants additional assistance.
3. **Tryouts will occur on Wednesday May 12 beginning at noon in the Hesperia High School Gymnasium.** Candidates will sign up for a tryout time on the "Sign-up" Form on Classroom. Candidates will tryout in groups of no more than 5. Candidates may select their time slot/group members.
4. Tryouts will be CLOSED to all spectators, family, and friends. No cameras or videotaping equipment will be permitted at tryouts.
5. **Candidates must arrive at least 15 minutes prior to their tryout time.** Candidates are encouraged to arrive even earlier in order to warmup and practice. Clinic organizers will be available to assist candidates with practice/preparation beginning at 11:45am. Candidates are free to leave after they tryout.
6. ONLY tryout attire will be permitted on tryout day. If the cheer candidates are not wearing the correct tryout attire, candidate will not be allowed to tryout. **Tryout Attire is as follows, NO EXCEPTIONS!:**
 - a. Plain Black Athletic Shorts (no writing or design permitted)
 - b. Plain White T-shirt (no writing or design permitted)
 - c. Plain White or Black Socks (no knee-high permitted)
 - d. Lace-Up athletic tennis shoes

- e. No jewelry, including any facial or body piercings are allowed (due to safety).
 - f. Hair must be pulled back into a ponytail, and should not fall into your face. Members are encouraged to wear a bow.
 - g. ANY CHEER TEAM ATTIRE IS NOT PERMITTED!
 - h. Low cut tops, midriff tops, baggy shorts which reveal undergarments, short-shorts (less than 3" inseam) or briefs, or "revealing" practice wear will not be permitted.
 - i. MASKS must be worn while you are resting, but can be removed during tryouts/physical activity.
7. Cheer candidates will be assigned a **tryout number** prior to the day of tryouts to keep anonymity and fairness among judges. This number will be safety pinned onto the front of the shirt the morning of tryouts. Team placement will be announced by tryout NUMBER, so it is very important that the candidate remembers their number after they tryout.
 8. Cheer candidates will be evaluated by a panel of judges. This panel includes 1-6 judges. The candidate will be judged on the following areas:

1. Skill execution - cheers, dance, tumbling, jumps, etc.	2. Potential
3. Personality, Showmanship, and Leadership Abilities	4. Ability to listen and follow directions during the tryout practice days
 9. Placement on team will be determined by a final score and announced by tryout numbers. Scores will be determined by combining points from jump/skill execution, flexibility/tumbling skills, sideline chant execution (chosen by random by judging panel), performance cheer execution, dance routine with possible introduction execution, spirit/rally, observations and the attitude displayed by the candidate.
 10. COACH DECISIONS ARE FINAL. All scores and professional opinions of the judges will be kept private and **WILL NOT** be made public.

Hesperia High School 2021-2022 Cheerleading Constitution

General Information / Rules for Participation

I. Scorpion Cheer Philosophy:

A Hesperia High School Cheerleader should first and foremost be a leader on campus, in and out of uniform. They are expected to represent Hesperia High School to the highest degree by having outstanding sportsmanship, and a positive, helpful, friendly and respectful attitude. Cheerleaders should lead their peers in school spirit by attending multiple campus and community events. Hesperia High School Cheerleaders are held to a higher standard of excellence, requiring them to have excellent time management skills, excel in their academic work, and maintain positive relationships with their teammates, coaches, peers and school staff.

II. Purpose

It is the purpose of the Hesperia High School Cheerleaders to:

1. Promote school spirit and leadership
2. Represent Hesperia High School to the highest degree.
3. Set an example of good behavior at all times, in and out of uniform (in class, games, school, etc.)
4. Promote sportsmanship between members of the squad, all HHS athletes, and opposing teams at all times.
5. Participate in all cheerleading squad activities including but not limited to: fundraisers, unity meetings, pep rallies, practices and performances.

III. Eligibility and Responsibility of Team Members: The Hesperia High School Cheerleading Coaches do not discriminate on the basis of sex, race, creed or religion. This is an equal opportunity activity for those students who meet and follow the rules and requirements of the H.H.S. Cheerleading Squad. All students interested in becoming cheerleaders are encouraged to participate in the tryout process.

a. All Members Must Tryout

- i. Varsity and Junior Varsity teams are open to all grade levels.
- ii. **EVERYONE** is encouraged to try-out; including returner candidates, new candidate, and any other candidate from previous seasons who left/dismissed from the team. Being a member of the H.H.S. cheerleading squad one year in no way guarantees placement on the squad/team for the following year.
- iii. Selection for team will be based upon a final score. **JUDGES/COACHES DECISIONS ARE FINAL.** All scores and the professional opinions of our judges will be kept private and will NOT be made public.

b. Grades: A 2.0 GPA with no more than two "Fs" is required for tryouts and must be maintained throughout the year. Failure to maintain this academic standard (quarters and semesters) will result in immediate dismissal from the squad. All Cheerleaders are expected to carry a full class load of at least four on campus classes. Home school students are not eligible for cheerleading.

- i. **A GPA of 1.99 or below will result in immediate dismissal from the team. Having more than 2 F's at the end of a grading period will also result in immediate dismissal from the team.**
- ii. If a team member has a D or F in any class, they are required to turn in weekly progress reports until the grade is a C or higher. In addition, the team member is encouraged to attend after-school tutoring any day they are not at practice. For example, if the team member has practice on Tuesday, the member must attend tutoring Monday, Wednesday, and Thursday until the failing grade is up.
- iii. If team members attend tutoring on a practice day, they must first clear it with coach, as well as show proof that the member is attending tutoring on non-practice days. If the member attends tutoring, they must return to practice after tutoring until the end of practice. Team member will be responsible for any material s/he has missed and/or may not perform.
- iv. **IT IS THE RESPONSIBILITY OF THE TEAM MEMBER AND PARENT/GUARDIAN** to remain aware of the team members' grades/G.P.A.; if a team member is dismissed due to grades, it is the responsibility of the team member to inform parent/guardian, not the coaches.

- v. **There is no refund/dismissal of any payments if the team member is dismissed due to grades.**
- c. **Physical:**
 - i. Complete the necessary clearance forms of Athletic Clearance prior to tryouts
 - ii. Provide and maintain a current physical for the duration of the cheer season (1yr)
- d. **Students who fail to uphold the minimum requirements of State and C.I.F. eligibility will be dismissed from the team immediately.**

- IV. **ATTENDANCE:** Team Members are to attend/participate at ALL HHS Scorpion Cheer Functions. Included but not limited to:
- a. **Summer practices** (A summer calendar will be provided at the earliest convenience.) Due to the importance of building a new team, only 2 practices will be allowed to be missed over summer. Please plan vacations around the cheer calendar.
 - b. **Regular Season Practices** (after-school, possible Saturday schools)
 - 1. The cheerleading season is YEARLONG and includes fall, winter, and spring quarters.
 - 2. Cheerleading is considered a TEAM sport. By working in stunt groups, when one member misses a practice or game, the entire stunt group is affected and sometimes cannot perform.
 - 3. Cheerleaders are allowed to miss a **maximum of 5 practices**. ALL ABSENCES MUST BE PRE-APPROVED/Coach must be notified PRIOR to the absence! Once a member has missed more than 5 unexcused practices, they will be dismissed from the team.
 - A. EXCUSED ABSENCES:
 - a. A Dr.'s/Dentist's note or a full-day absence from school with Attendance Office verification and clearance are the only valid excuses that will be accepted and will not be counted towards your 5-absence limit.
 - b. A school activity, such as Drama/Choir/Spring Athletic Team practice or performances, will not be counted towards your 5-absence limit if it is pre-approved by Coaches with a note from the event teacher/instructor.
 - c. Absence due to death in the family will be excused by a parent phone call/written note/email.
 - B. UNEXCUSED ABSENCES:
 - a. An absence is considered unexcused when a team member does not notify coaches prior to missing the practice, does not have the proper documentation, or does not have a valid excuse for missing, including but not limited to: tardiness, transportation, lack of material knowledge, incorrect attire, homework, after-school jobs, babysitting, etc.
 - b. It is the team member's responsibility to manage time efficiently and keep coaches informed.
 - c. The coaching staff understands that there are "family emergencies" that arise; However, please be considerate of the team when deeming/calling family emergencies. A family emergency is still considered an unexcused absence.
 - d. If a team member misses a practice unexcused, she/he will be benched for the following game/performance/event. NO EXCEPTIONS.
 - 4. Practice Schedule – A calendar will be provided for each season at the earliest convenience.
 - c. **Email: Hesperia.hs.cheer@gmail.com** – All absence excused are to be emailed to the cheer email so that all coaches can access it.
 - d. **Location:** Practices are held in the Dance room, cafeteria, gym, and/or on the field and are CLOSED practices (no friends and/or family are allowed, unless prior notification/approval is given)
 - e. **Games (HHS Athletic programs): ALL GAMES ARE MANDATORY!**
 - 1. ALL team members are required to be at any scheduled game/event which includes but is not limited to: football games, basketball games, wrestling matches, select baseball, cross-country meets, and volleyball games
 - 2. This includes: set-up and tear down/clean up. Team will not be dismissed until all tasks are completed!
 - 3. Cheerleaders are suggested to arrive 5-10 minutes early. Cheerleaders must be fully dressed at the designated start time or will be considered late.
 - 4. If C.I.F. games are scheduled, this might call for extra practices/games/events outside of the normal cheerleading schedule. You will be notified of this itinerary/schedule of events as soon as possible.
 - 5. ***Games and Events may require travel over Fall Break, Thanksgiving Break or Spring Break***
 - f. **Performances, Events, Pep Rallies, Spirit Week, Decorating the School, and/or other Select Public Appearances**
 - 1. ALL team members are required to be at any scheduled performance/event to which includes but is not: Back-To-School Night, Oak Hills Bonfire Night, Pep Rallies, before school events, decorating the campus, Relay for Life, Elementary School Reading Night, Woman's Day, Great Hesperian Workout, etc. In order to promote school spirit, team member is required to be in the assigned uniform/attire along with participating/dressing up during spirit week.
 - 2. Cheerleaders must be present and involved in any times set aside to prepare team posters, prepare "goody" bags for athletes, stadium and school decorations, tailgates, carnivals, etc.
 - g. **Tutoring:** Tutoring is available Monday-Thursday in the library from 2:30-4:00pm. If a member needs to attend after school tutoring, they should attend tutoring on non-practice days. If a team member needs to attend tutoring on a practice day, they must clear it with coach PRIOR to missing practice, and must be attending tutoring on non-practice days. The team member is expected to attend practice after they leave tutoring, and must provide a note from a teacher/tutor/librarian/campus aide.
 - h. **Injury:** Team members on a medical/injury leave/suspension or on disciplinary or academic suspension are required to attend and dress for all practice games, events, and functions unless prior approval is given ahead of time by the coach and documentation had been provided. Not attending will count as an unexcused absence.
 - i. **TARDIES/LATE: a tardy/late is classified as arriving under five (5) minutes after the designated practice and/or arrival times.**
 - 1. If a team leader is TARDY/LATE (under 5 minutes) to a practice, he/she will be required to condition after practice and

- could possibly be benched for a portion of the following game/performance/event.
- 2. If a team leader is MORE than 5 MINUTES LATE without reason, he/she will NOT be allowed into practice, which will be marked as an unexcused absence against the team leader.
- 3. If a team leader is LATE or TARDY to a game/performance/event, he/she will be required to condition after the game/performance/event and could possibly be benched for a portion of the game/performance/event.
- 4. Arriving unprepared/dressed will result in being marked tardy or late and will have consequences.
- 5. Arriving tardy/late 3 times will count as one unexcused absence.
- 6. **Repeatedly arriving late or tardy could ultimately result in dismissal from the team.**
- j. **LEAVING EARLY: Leaving practice earlier than the dismissal without approval from coach**
 - 1. If a team leader leaves earlier than the dismissal time unexcused, he/she will be required to condition after the following practice and could possibly be benched for a portion of the following game/performance/event
 - 2. Leaving early 3 times will count as one unexcused absence.
 - 3. **Repeatedly arriving late or tardy could ultimately result in dismissal from the team.**
- k. **BEING BENCHED:** *If a team member is "Benched", they will be required to sit out of dance/cheer performances, including quarter and/or halftime performances. However, a cheerleader may still be required to stunt during the performances in order to not affect other team members.* Members may be benched for reasons that may or may not be laid out in this contract, and at the discretion of the HHS Cheer Coaching Staff.
- l. **EMPLOYMENT:** Squad Members are encouraged to have employment/job. Squad Members are to notify employers of practice schedule, games dates, camp dates, performance dates, fundraiser dates, etc. Work is not a valid reason to miss practice. Squad Schedules will be given out in advance in order to minimize any schedule conflicts.

DISCIPLINES, SUSPENSIONS AND DISMISSALS ARE AT THE DISCRETION OF THE HHS CHEER COACHING STAFF

V. COSTS/PAYMENTS OF TEAM MEMBERS

A. UNIFORM/EQUIPMENT

- a. All team members will be wearing a school issued uniform. J.V. members will also be wearing a school issued warmup pants and jacket. Members may also be issued equipment, such as cheer boxes. Upon checkout, the parent/student is responsible for its care and will be responsible for any costs due to damage/wear and tear to the school issued items. Cost of uniform or any other rented items ranges from \$20.00 - \$1,200.00.
- b. Students do have the option to purchase their own uniform, though the cost of the uniform will be applied to the cheerleaders account and cannot be ordered until full payment has been received. Uniform ordering takes up to 6 weeks, therefore acknowledgment of uniform purchase and payment should be placed as soon as possible. *Please note: the uniforms may/may not change throughout the following years
- c. UNIFORMS MUST BE RETURNED at the end of the season. If a member quits/is dismissed, they have one week to return their uniform. Not turning in uniforms will result on the member being placed on the debt list, which will result in the member not being allowed to attend school events such as dances, as well as a withhold of transcripts and diplomas.

B. CHEER CAMP

- a. **Cheer camp will be a home camp this year.** Camp dates are still being determined due to COVID regulations.
- b. **Cheer Camp is MANDATORY for ALL VARSITY and JUNIOR VARSITY TEAM MEMBERS** this year.
- c. Cheer Camp is an additional \$300.00 and is already applied to the fee for Team Members. The fee pays for USA instructors, camp participation, main meals, snacks/waters, and other miscellaneous costs.

C. SPIRIT PACK COSTS/PAYMENT DATES

- a. Spirit pack items vary depending on team placement, previous year placement, etc. A complete breakdown will be sent home upon candidate being placed on a team. Spirit Pack items include but not limited to camp/practice wear, spirit wear, appropriate cheer shoes, team bows, backpacks, sweatshirts, warmups, ASB Card, etc. The ASB Card is the last item to be purchased from the Spirit Pack, therefore the spirit pack must be paid off for students to attend any school events.
- b. **Returning team members** may be exempt from some items in the Spirit Pack, which could lower the cost. More details will follow once the candidate is placed on a team.
- c. Below is a *tentative* overall price and payment breakdown depending upon team placement.
 - 1. **JUNIOR VARSITY** – A Junior Varsity Team Member is a candidate that is placed on the Junior Varsity Squad. (Returners may be exempt from some items.) Junior Varsity members are required to attend Cheer Camp this year.
 - A. The spirit pack for this member will include: ASB Card, 3 pairs of cheer shorts, 4 cheer shirts, 1 pair of Cheer shoes, 1 pair of black briefs, 1 Team sweatshirt, 1 set of Black, Gold and Pink pom-poms, 2 team bows, 1 black body liner, and 1 team duffle-bag/backpack. The total for Spirit Pack Items will come to \$400.00.
 - B. **Cheer Camp:** Cheer camp is MANDATORY and will add an additional \$300.00 to the Spirit Pack item
 - C. **Total Due:** Junior Varsity members owe a total of \$700.00.
 - 2. **VARSIITY** – A Varsity Team member is a candidate that is placed on the Varsity Squad. (Returners may be exempt from some items). Varsity members are required to attend Cheer Camp.
 - A. The spirit pack for this member will include: ASB Card, 3 pairs of cheer shorts, 4 cheer shirts, 1 pair of Cheer shoes, 1 pair of black briefs, 1 Team sweatshirt, 1 set of Black, Gold and Pink pom-poms, 2 team bows, 1 team duffle-bag/backpack, a megaphone, and a personalized warmup jacket and pants. The total will come to \$700.00.
 - B. **Cheer Camp:** Cheer Camp is MANDATORY and will add an additional \$300.00 to the spirit pack costs.
 - C. **Total Due:** Varsity members owe a total of \$1000.00.
 - 3. **MALE TEAM MEMBERS** – A Male Team member is a candidate that is placed on either the Junior Varsity or Varsity Team that is male. He will be exempt from purchasing particular Spirit Pack Items, such as briefs. (Returners may be exempt from some items). Members are required to attend camp with their perspective teams.
 - A. The Spirit Pack Items for a JUNIOR VARSITY male team member will include: ASB Card, 3 pairs of shorts, 4 t-shirts, 1 pair of Cheer Shoes, 1 Team Sweatshirt, 1 set of Black, Gold and Pink pom-poms, and 1 team duffle bag/backpack. The total will come to \$325.00.

- B. The Spirit Pack Items for a VARSITY male team member will include: ASB Card, 3 pairs of shorts, 4 t-shirts, 1 pair of Cheer Shoes, 1 Team Sweatshirt, 1 set of Black, Gold and Pink pom-poms, a personalized warm-up jacket, and 1 team duffel bag/backpack. The total will come to \$525.00.
- C. **Cheer Camp:** Cheer camp is MANDATORY and will add an additional \$300.00 to the Spirit Pack Items.
- D. **Total Due:** Junior Varsity male members will owe a total of \$625.00. Varsity male members will owe a total of \$825.00.

d. **PAYMENT SCHEDULE:**

- A. **The payment schedule represents the MINIMUM amount of money due. Payments CAN EXCEED the minimum amount due to pay the account off sooner.**
- B. **All members:** All members, regardless of team, will follow the set payment deadlines: Due June 1, 2021: \$300.00. Due July 12, 2021: \$300.00. Due August 6th, 2021: remaining balance. The account needs to be paid off prior to the first day of school in order for the team member to participate.

E. **FAILURE TO PAY**

1. If a team member does not pay by the deadline, the member could be benched or kept from participating until their account is paid off. Members may make payments, as long as the required amount is due by the deadline. For example, a total of \$600.00 needs to be paid by June 29th, 2021, but members may make multiple payments until that date. **The total account needs to be paid off by the first day of school!**
2. Final payments will need to be submitted to Coach at practice on the first day of school. Any payments that are not made will become debts in the system starting the second day of school.
3. If a team member remains on the team but does not pay by the set due date, **the team member may be benched until account is up-to-date on all payments. The member is still responsible for payments once items have been ordered even if the member quits or is dismissed from the team.**
4. If a team member quits or is dismissed from the team after spirit items have been ordered, they are still responsible for paying off their balance. Due to the fact that each item is individualized each year and ordered in the sizes designated by the member, the items are non-refundable and will become debts through the system. Competition fees are non-refundable regardless of eligibility at time of competition.
5. **Debts:** Having a debt means that the student will be ineligible to purchase and attend school-sponsored functions, such as the Homecoming Dance, Winter Formal Dance, and Prom, until the debt is paid off.
6. It shall be the policy of the school administrators according to Board Policy 5340-1 to withhold grades, diplomas and transcripts of pupils responsible for financial liabilities as indicated in Education Code Section 48909(a).

F. **FUNDRAISING: OUR GOAL IS TO MAKE CHEERLEADING ACCESSIBLE AND AFFORDABLE TO EVERYONE!**

- a. **Cheer cannot occur without fundraising.** It is crucial that each member participates in the required fundraising activities.
 - i. **Team Fundraisers:** every team member is required to participate. In order for the program to run properly, we must have team money in the account. This money will be used for items such as but not limited to: game snacks, pregame meals, Christmas party, end-of-year banquet, etc. Team Fundraisers include but not limited to: Club Fair, Fantastic fundraising card sales, Snack Bar sales, car washes, restaurant fundraisers, and clothing sales. Team fundraisers must have every team member actively participating.
 - ii. **Individual Fundraisers:** The main individual fundraiser for cheerleaders is the Football Ad Sales. Up to 70% of the fundraiser can count towards the team members' individual accounts. This fundraisers may begin immediately after placement on the team. If for any reason an individual raises money, but yet does not place on the team the individual wanted, or is dismissed, no monies will be returned and any money raised will be considered a donation to the cheer club.
 - iii. **Fundraising after a payment:** If a team member fundraises individually (individual fundraisers) after submitting payment, they will be issued a refund ONLY AFTER their entire account has been credited/paid off.

VI. **DRESSCODE:**

Team member is responsible for maintain the following dress code requirements for practices/events/ spirit days/etc. Team member is also required to maintain all regular dress code guidelines established within the Hesperia High School student handbook.

A. **BASIC DRESS CODE REQUIREMENTS**

- a. All team members (female/male) must adhere to HHS dress code requirements as explained in the Hesperia High School handbook while on campus. Receiving a dress code violation will result in disciplinary actions and could lead to suspension/dismissal.
- b. Specific to the cheerleading program: NO FACIAL PIERCINGS or EARRINGS, NO JEWELRY such as RINGS/NECKLACES/BRACELETS/ETC. For safety reasons nails must be appropriate length for stunting and be that of natural length/color on game day (no chipping). No hats/visors/bandanas/etc. are allowed at cheer related events.

B. **PRACTICE ATTIRE**

- a. Practice clothing will be athletic clothing that should properly cover and support the body and should not "expose" midriff, buttocks or chest when bending over, squatting, jumping, stretching, running, raising arms during activity. Low cut tops, midriff tops, spaghetti strap tops with exposed bra straps, short-shorts (less than 3" inseam) or briefs, or "revealing" practice wear will not be permitted. "Street attire" like jeans, sandals, inappropriate words/graphics etc. will not be permitted. *Don't miss a practice due to inappropriate attire!*
- b. *NO JEWELRY/WATCHES are allowed to be worn at practice*
- c. Hair that falls below the neck must be placed in a ponytail
- d. Cheer or Athletic Shoes MUST BE WORN the ENTIRE practice time. Practicing in socks, barefoot, sandals, etc. is not allowed.
- e. If a team member sits out due to inappropriate attire it will count as an unexcused absence.

C. **GAME/PERFORMANCE DAY ATTIRE**

- f. Team members are required to wear FULL UNIFORM on performance/event/game days. FULL UNIFORM INCLUDES ALL of the following: BOW, Uniform Skirt/Warm-Up Pants, Sleeves, Shell, WHITE ANKLE socks and Cheer Shoes. Hair must be all the

way up, unless otherwise designated by coaches. Jewelry such as necklaces and watches cannot be worn with uniforms. Uniforms are not allowed to be rolled or altered in any way.

- g. Team members NOT in FULL uniform on the required day at the designated time WILL BE BENCHED for the following game/performance/event.

D. SPIRIT DAY ATTIRE

- a. Team members are required to dress spirited every Thursday or Friday (depending on JV or V) during football season, as well as during the school day of every home wrestling match. Spirit attire will be designated by the Coaches, and placed on the calendar. Spirit attire includes ALL of the following: BOW, assigned shirt, Cheer sweatshirt/jacket (if applicable), jeans with NO holes, WHITE socks and Cheer shoes.
- b. Team members NOT in Spirit Wear on the required day will be benched for the following game/event/performance. Team members may also be required to complete extra conditioning at the spirit day event.
- E. If team members continuously do not follow dress code, team members may also be required to wear a Coach-provided bow at the following event/game, or may be benched. Not following dress code could also result in disciplinary action/dismissal from the team.

VII. CONDUCT

1. Conduct

- a. As a representative of Hesperia High School and as a member of the Cheerleading Squad, the cheerleaders are now accountable to the team and the coaching staff for their actions. All cheerleaders are expected to promote sportsmanship and team unity, uphold a high standard conduct and behave in positive, friendly and moral manner. Team members accept the high standard of discipline required as a member of the HHS Scorpion Cheer Team and will conduct themselves as such, both in and out of uniform, when representing themselves, the team, the school and the community.
- b. As a coaching staff, we reserve the right to take any course of action that we believe necessary to maintain the positive image of Hesperia Cheerleading. This may include suspension or termination of a team-member for actions in or out of uniform, on or off campus, that reflect negatively on the other members of our team. We also reserve the right to take NO ACTION in certain circumstances that require investigation. Discipline will be on an individual basis, yet consistent with the team.
- c. All of our team-members will show proper respect to all teammates, coaches, school authorities and opponents. DISRESPECT in any form could result in suspension and/or termination from the squad. It is important to exercise self-control at all times, to set a positive example for others to follow.
- d. Unacceptable citizenship in any class will not be tolerated, and will have consequences.
- e. Cheerleaders will at all times BE KIND, USE YOUR MANNERS AND THINK OF OTHERS FIRST as well as cooperate with the coaches and the other cheer team members.
- f. Personal conflicts with other team members are to be immediately brought to the coach's attention and kept OUTSIDE of cheer time to help maintain safety and a positive attitude during practices and performances.
2. **Social Media**: Maintaining a higher standard of conduct also includes ensuring team member's websites are appropriate. The internet is a worldwide, publicly accessible form of communication. Any communications on social media site, photo sharing, chat rooms, blogs, etc. appearing on the internet are public domain, even if it's marked private. Team members are responsible for their personal websites, accounts and postings as well as for postings on other students' websites. Areas of appropriateness that will be subject for disciplinary action include but are not limited to: Inappropriate Language and profanity (abbreviated or alluding to), inappropriate pictures, suggestive poses, inappropriate clothing, references to tobacco, alcohol, drugs, comments about cheer members and/or coaches, or any type of/perceived cyber bullying.
3. **Drugs, Alcohol & Tobacco**: A cheerleader may not unlawfully possess, use, sell, furnish or be under the influence of any alcoholic beverage, intoxicant, controlled substance, or tobacco on the campus or at any school sponsored activity, in or out of uniform. Cheerleader may be suspended or expelled and/or issued a clean sweep citation. (PC 308, PC647F, HS11357e, Ed Code 48900.1) **Cheerleader will be dismissed from the team immediately. NO EXCEPTIONS!**
4. **Being Benched**
- a. A cheerleader may be benched from a game or performance due to behavior, attendance, grades, or other reasons. Being benched means that the team member may be required to sit out of dance/cheer performances, including quarter and/or halftime performances. However, a cheerleader may still be required to stunt during the performances in order to not affect other team members.
- b. If a cheerleader is benched, they are still required to attend the game/performance on time and in complete uniform.
5. **Causes for Immediate Suspension or Dismissal from practice, games, events/functions, and/or HHS Cheer Team**
- a. Disciplines, suspensions or dismissals are at the complete discretion of the HHS Coaching staff.
- b. **The following actions and/or behaviors will NOT BE TOLERATED (in or out of uniform) and could result in immediate dismissal from the team. This includes, but is not limited to:**
- Displaying or perceived disrespect of coaches, captains, other team members and school staff (includes social media)
 - Failure to meet the requirements, attendance and eligibility of a team member or follow HHS Scorpion Cheer Team Rules and Regulations
 - Any violation of Duties and Conduct
 - Defiance of coaches/Insubordination: verbal or written instructions or directions
 - Failure to meet the requirements of the Hesperia High School Rules and Student Handbook
 - Parental interference with cheer program
 - Any disciplinary action taken on behalf of Hesperia High School
 - Lying / intentional deceiving / cheating
 - Complaining excessively
 - Using cell phone without asking permission
 - Constant use of profanity, inappropriate language, behaviors, actions

- Lack of knowledge of cheers or performance material (can also result in being benched or count as an unexcused absence)
 - Inappropriate or revealing practice wear, incorrect Team Wear or Performance Wear (Team Dress Code)
 - Failure to maintain expected sideline behavior and etiquette
 - Taunting or “cheering at” other teams
 - Lack of focus, behavior or acting in an unsafe manner as determined by coaches
 - Ignoring arrival and dismissal times for games, events, or buses
 - Displaying public affection during school, school events/activities or while representing HHS Cheer
 - Exhibiting, alluding to or perceived conduct that does not exemplify a good role model, such as information displayed on social media, behaviors on campus or in the community
 - Fighting, verbal, or physical altercations (including participation, association with, or threatening), or bullying, both on and off campus
 - Intoxication or under the influence of alcohol, controlled substances or illegal substances participating in unlawful or illegal activities etc.
 - Violation of Hesperia High School Rules or the HHS Student Handbook
 - Any actions/behaviors deemed unbecoming of an HHS Cheerleader by the coaches at their discretion
- c. If a cheerleader is suspended, they are still required to attend practices and games/performances on time and in proper attire, unless otherwise deemed by the coach.
- d. If a cheerleader is dismissed, they must turn in their uniform within one week, or the uniform will be debted to their account.

DISCIPLINES, SUSPENSIONS AND DISMISSALS ARE AT THE DISCRETION OF THE HHS CHEER COACHING STAFF

VIII. CELL PHONE POLICY

- a. Cell phones must be off and out of sight during school hours at Hesperia High School. As leaders on campus, it is expected that a cheerleader obeys all school rules, including the cell phone policy.
- b. Cell phone usage, texting and photo/video taking are a distraction during cheer practices, games and events and will not be permitted. Cell phones will be asked to be put away on silent and may be collected prior to cheer practices and functions to prevent unauthorized photo and video taking/sharing. Parents need to be aware of this policy. Team members must ask to use their phone and will be asked to step out during use. In an emergency, parents may contact the coaches during a cheer function. Failure to do so will result in disciplinary action.
- c. Coaches are to be contacted via email or through the designated contact site. Text messages to coaches should only be used in case of an emergency.
- d. **Members will be sent text messages/emails/called from coaches, captains, or combination of both. All messages are to remain professional at all times. All text messages/emails/calls are to occur between the hours of 6:00am – 8:00pm. Only emergency texts/phone calls are to be made out of the designated time frame.**

IX. FOOD AND DRINK POLICY

- a. **Being a part of the cheer team means being an athlete.** Please consider all food and drink options as an athlete to properly fuel your body. An athlete should also eat meals and/or snacks throughout the day. If at any time a coach, a staff member, or member of the team feel that there is an eating disorder taking place, the appropriate authorities will be contacted immediately.
- b. **Practices** – There is to be no Gum, Candy, or eating during practice times. Food/Soda are NOT allowed in any practice area. Water and Gatorade/Sport Drinks are allowed only.
- c. **Games/Performances/Events** - There is to be no gum allowed during a game/performance/event. Food is only allowed at the designated times (such as halftime after performances).
- d. If gum or food is out/seen during times it is not allowed, the cheerleader will have to condition after the game/performance and could possibly be benched.

X. INJURY

- a. All precautions are taken at practice. However, accidents do occur. If a cheerleader gets injured at practice, it is crucial that the cheerleader informs the coach as soon as the injury takes place. The athlete will then be sent to the on-site Athletic Trainer to evaluate the cheerleader. If the injury is deemed serious, a phone call home will be placed. Make ensure that the phone number on the student’s physical form is accurate.
- b. If a member needs to go to the doctor, the doctor may complete a pre-designated sheet of clearance that the team member received either from coach or the Hesperia High School’s athletic trainer. A doctor’s note received from the doctor must clear the athlete to return to PHYSICAL ACTIVITY. **A note that clears a student to return to school does not clear the student to return to cheer.**
- c. Notes must be signed by a doctor, and not a nurse or P.A.
- d. Team members on a medical/injury leave are required to attend and dress for all practice games, events, and functions unless prior approval is given ahead of time by the coach and documentation had been provided.

XI. TRANSPORTATION

- a. All athletes must travel to and from athletic events in transportation provided by the athletic department. In extreme situations an athlete may request permission from the athletic director to ride home from a contest with a parent/guardian by completing a Parent/Guardian Responsibility Form. This form requires signatures from parent/guardian, coach, and the Athletic Director and must be submitted to the Athletic office 48 hours prior to the start of the event. The exceptions to this protocol are traveling to schools within the Hesperia Unified School District with the approval of the Athletic Director. The Parent/Guardian Responsibility Form is available in the Athletics Office. For further information please contact Athletic Department at 760-244-9898 ext. 3911
- b. If a member is late for ANY away bus or car pool, they will be left behind and will result in an absence from a game
- c. Some cheerleading events go late into the evening. When the team is dismissed from events, such as Friday night football games, away games, competitions, etc., the coach will remain with the cheerleaders until the last member is picked up. Team members must be

picked up within 15 minutes of being released. If a member is still not picked up after 15 minutes, the police may be called. It is the responsibility of the parent/guardian to arrange for a ride home for the cheerleader.

XII. ATHLETIC LETTERING

- a. **Varsity Requirements** - In order for a Varsity member to letter, the requirements are as follows:
 - i. CAN NOT miss more than 1 game for entire cheer season
 - ii. CAN NOT miss more than 2 Frosh/JV football games (participation/squad support)
 - iii. CAN NOT be suspended from more than 4 games all season
 - iv. CAN NOT quit prior to end of season or be dismissed from team for any reason
 - v. Must maintain academic G.P.A. of 2.0 all season
- b. **Junior Varsity Requirements** – In order to be eligible to make Varsity the following year, and be eligible to receive participation certificate, squad member must meet the following requirements
 - i. CAN NOT miss more than 1 game for entire cheer season
 - ii. CAN NOT miss more than 2 Varsity home Football Games (participation/squad support)
 - iii. CAN NOT be suspended for more than 4 games all season
 - iv. CAN NOT quit prior to end of season or be dismissed from team for any reason
 - v. Must maintain academic G.P.A. of 2.0 all season

XIII. CAPTAINS: Captains will be selected by the advisor/coach, based on leadership skills and prior dedication to the squad. Only members who display respect for the team and have respect from the team will be considered. All squad members are expected to treat their captains with their full cooperation and respect. *Assignment of captains is at the discretion of the coaches.*

- a. Being a captain is a privilege that can be revoked by the Coaches if the Cheerleader does not meet the requirements of the squad. In addition to following all squad requirements outlined in this contract, all captains are also required to:
 - i. Attend ALL games and practices on time
 - ii. Be a leader and positive role model for all other members. This includes being uplifting and supportive of members, being excited to attend all practices and games, and stressing the importance of maintaining good grades
 - iii. Supporting and enforcing the rules set by the Coaches without argument or attitude
- b. Failure to abide by the additional responsibilities of Captain could result in removal of the position.

XIV. PARENT INVOLVEMENT

- a. The most important contribution a parent can make to the team is support towards your cheerleader, coaching staff, and the rules and regulations set in place for the team. Please help instill in your cheerleader the importance of commitment, responsibility, discipline, punctuality, dependability, trust and respect for each other, their community and their superiors.
- b. Parent involvement and support is key to any successful cheer program. Parent volunteers are needed to help in fundraisers, chaperones, transportation, and “half-time” snacks.
- c. **Practices are closed.** (sorry parents) Family members (including parents and siblings), friends, boyfriends/girlfriends are not permitted to attend for any reason. If an extreme situation arises, please notify coaches and certain accommodations can be made.

XV. BOOSTER CLUB

- a. The Cheerleading Team has been working closely with the Football Booster Club in order to raise funds to support our program. Currently, the Football Booster Club has combined with Cheer for serving pre-game meals, providing senior night services, and even a combined end-of-football season banquet. In order for the Booster Club to continue to run efficiently, parent involvement is needed. Please reach out to coach if you are interested!
- b. Generally, the booster club meets every Tuesday during football season, is responsible for the snack bar during football events, and coordinates pregame meals. If you would be willing to donate a little bit of your time, the squad would benefit immensely!

XVI. ATHLETIC PHYSICAL EDUCATION CLASS

- a. Coach Walker will have a 6th period Athletic P.E. class for Cheerleaders. Students in this class will receive physical education credit (therefore being exempt from general P.E.). If the student has already completed the required two years of physical education, they will receive elective credit for the course that will count towards graduation.
- b. Please ensure that when you register, you inform your counselor that you are trying out for the cheer team. Only members that are on the team will be allowed into the class.
- c. It is crucial that every member is in this class. The purpose of this class is to eliminate the numerous hours spent after school practicing. Although after hour practices will still be required, the amount of those practices and length of those practices will be significantly decreased due to the hour of practice built into the students’ schedules during 6th period. This class is mandatory – however, the coaching staff understands that this may cause scheduling conflicts for some students. Please speak to Coach if you have a conflict.

XVII. CHEER COACH/ADVISOR

- a. It is the cheer coach(es) responsibility to maintain a well-respected program; in order to effectively run a respected program it is the coaches responsibility to, but not limited to: adopt and execute a comprehensive and safe program, approve all cheer/dance routines, material, and music prior to public display, keep attendance, see that the team members abide by the HHS Scorpion Cheer Rules and Regulations as well as HHS Student Conduct Codes, set and uphold disciplines, advise team members/ authorities/ parental figures/etc. whenever necessary, and any other duties deemed necessary.
- b. ALL COACHES ARE MANDATED REPORTERS!

Fundraising Opportunities

We offer an INDIVIDUAL FUNDRAISER for Cheerleaders to raise money to pay off their accounts. *Individual fundraisers will have a portion of money raised credited directly to the Cheerleader and used to pay off their spirit pack/camp fees. If a team member fundraises individually after submitting payment, they will be issued a refund for personal payments made ONLY AFTER their entire account has been credited/paid off. Any additional money fundraised will be donated into the General Cheer account.* The cheerleader could receive up to 70% credited to her account – the final amount of monies credited will be determined by the TOTAL amount of money raised by the Cheer Club. **MORE MONEY RAISED BY CHEERLEADERS = MORE MONEY CREDITED TOWARDS INDIVIDUAL ACCOUNTS = LESS MONEY CHEERLEADERS OWE OUT OF THEIR POCKETS FOR THE SPIRIT PACK/CAMP EXPENSES**

Below is the breakdown for the Individual “Football Ads” Fundraiser offered to Cheerleaders. **More information will be provided once the team is determined.**

All money/information for either of these fundraisers gets turned into Coach Walker once collected by the Cheerleader. Please direct any questions about either fundraiser to Coach Walker in person or via email at Brittany.walker@hesperiausd.org or Hesperia.hs.cheer@gmail.com.

**70% OF AD SALES
WILL BE CREDITED
TO CHEERLEADER**

2021-2022 Football Program Advertisement Contract

A	B
C	

<u>Advertising Fee Schedule</u>			<i>Amount Credited to Cheerleader after Sale</i>
“A”	Business Card	\$50.00	→ \$35.00
“B”	Quarter Page	\$85.00	→ \$59.00
“C”	Half Page	\$150.00	→ \$105.00
“D”	Full Page	\$250.00	→ \$175.00
“E”	Inside Cover(s)	\$300.00	→ \$210.00
“F”	Back Cover	\$300.00	→ \$210.00

YOU CAN PAY OFF YOUR ENTIRE ACCOUNT SIMPLY BY SELLING ADS! – We have had Cheerleaders do this in previous years!!!

The following gives a summary of each section outlined in the 2021-2022 Hesperia High School Cheerleading Constitution.

Please initial each section acknowledging your understanding!

You need to return the following 3 pages on the day of tryouts!

HHS Scorpion Cheer - Participation Permission and Consent

My child _____ has my permission to be a cheerleader at Hesperia High School. I fully understand that s/he must abide by the rules and regulations set forth by the coaches/advisors and the Hesperia High School Rules and Student Handbook. I have read the rules and regulations and understand that violation of these rules may lead to suspension or removal from the team. My child must and will be present for all practices, games events and cheer functions. I also understand and give the coaches the authority to reinforce the rules and regulations pertaining to any non-compliance by my child.

Name of Participant _____ Date: _____

Signature of Participant _____ Date: _____

Name of Parent/Guardian: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

We understand the rules for tryouts, including the requirements and eligibility rules. We understand that all members must tryout, and being a member a previous year in no way guarantees placement on the squad for the following year. In order to tryout, the member must meet the grade requirements, have a physical on file, and submit all paperwork by the deadline. Tryouts are closed, and team decisions are final and confidential.

Signature of Participant _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

(parent) _____
(student)

III B: Grades: We understand the rules outlined in the grades section of the constitution. *Summary:* All Cheerleaders are expected to carry a full class load of at least four on campus classes. A GPA of 1.99 or below at the end of a grading period will result in immediate dismissal from the team. Having more than 2 F's at the end of a grading period will result in immediate dismissal from the team. It is the responsibility of the team member and parent/guardian to remain aware of the team member's grades/GPA. If a team member is dismissed due to grades, it is the responsibility of the team member to inform the parent/guardian, not the coaches.

(parent) _____
(student)

III C: Physicals: We understand the rules outlined in the physicals section of the constitution. *Summary:* Every member must have a new physical on file with Athletic Clearance for Hesperia High School for the 2021-2022 school year. Members are not allowed to participate in practices until they have a valid physical on file.

(parent) _____
(student)

IV. Attendance: We understand the rules outlined in the attendance section of the constitution. *Summary:* Cheerleading is a TEAM sport that lasts all year long. It is crucial that all team members attend practices.

- a. **Summer:** Due to the limited number of summer practices, team members will only be allowed to miss 2 practices before being dismissed from the team.
- b. **Regular Season:** Due to limited number of practices, team members will only be allowed to miss 5 practices before being dismissed from the team.
- c. **Games: All games are mandatory!** This includes but is not limited to: baseball games, volleyball matches, football games, wrestling matches, and basketball games. If a Varsity member misses a game, they will be ineligible to letter for that year. If a J.V. member misses a game, they will be ineligible for Varsity the following year.
- d. **Arriving Late/Leaving Early:** For every three times a team member leaves practice early or arrives late to practice, it will count as an entire absence.
- e. **Tutoring:** A team member is allowed to attend tutoring on practice days ONLY if it has been cleared with coach prior to missing. The team member is expected to return to practice once tutoring is over. If a team member is missing practice for tutoring, it is expected that the member attends tutoring on non-practice days, otherwise disciplinary actions may be taken.
- f. **Being Benched:** A team member can be benched from the following performance/event due to missing practice. The member must still show up in uniform, and may still be required to stunt. This includes but is not limited to games, halftime performances, and pep rallies.

Cheer Commitment Agreement

I, _____, commit to cheer for Hesperia High School Scorpion Cheer Team for the summer, fall, winter, and spring seasons. I will fulfill my duties until the end of the year and a new team is selected. I will be present for all practices, games events and cheer functions. I understand that cheerleading is a YEAR LONG activity, and therefore, participation in other activities is STRONGLY discouraged. Outside activities must not interfere with my accountability to the team as a cheerleader/stuntman. I assume all responsibility and accept all consequences if I, for any reason, deny or fail the position for which I have been chosen and the commitment that I have knowingly consented fulfill. Failure to uphold this agreement, in any way, will result in removal from the team.

Signature of Participant _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

(parent) _____
(student) **V: Costs:** We understand the guidelines outlined in the Costs section of the constitution. *Summary:* The breakdown for each team has been provided. Payment must be made by the deadline. If a payment plan is agreed upon by parent/guardian and coach, the payment plan must be followed. *Team members may not be eligible to receive uniforms unless payments are up-to-date.* On the first day of school, payments will be entered into the system as debts. Members will not be allowed to attend Hesperia High School functions, such as Homecoming, Winter Formal, Prom, until the account is paid off/up-to-date. Individual fundraisers such as program ad sales are provided to allow members to pay off their individual account and offset the cost. Team fundraisers are required for members of the team throughout the year.

I have been informed and am well aware of the individual fundraising opportunities available to offset the costs of Cheerleading.

Signature of Participant _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

(parent) _____
(student) **VI: Dress Code:** We understand the rules outlined in the Dress Code section of the constitution. *Summary:* I understand that as a leader on campus, I will be held to higher dress code requirements. This includes my everyday outfits, practice clothes, spirit day attire, and game/performance day attire. Improper dress code can lead to disciplinary actions, including dismissal.

(parent) _____
(student) **VI: Conduct:** We understand the rules outlined in the Conduct section of the constitution, including social media and drugs, alcohol & tobacco clauses. *Summary:* I understand that as a Hesperia High School Cheerleader, I am in the public eye in and out of uniform. I am now accountable to the team and coaching staff for my actions on and off campus. Improper conduct can result in disciplinary actions, including dismissal.

(parent) _____
(student) **VIII: Cell Phone Policy:** We understand the Cell Phone policy, including the use of GroupMe/Band.

(parent) _____
(student) **IX: Food and Drink Policy:** We understand the guidelines outlined in the food and drink section of the constitution.

(parent) _____
(student) **X: Injury:** We understand the rules/regulations regarding Injury, outlined in the Injury section of the constitution. *Summary:* If a member goes to the doctor, they must bring a clearance note that specifies the member is allowed to participate in physical activity. When in doubt, bring a note!

I understand by the very nature of the activity, cheerleading and gymnastics carry a risk of physical injury. No matter how careful the coaches are, how trained my child is, how many spotters are used, or what landing surfaces are used, the risk CANNOT be eliminated. These risks include but are not limited to, bruising, muscle pulls and strains, sprains, dislocated, fractured or broken bones, catastrophic injuries such as permanent paralysis or even death from landing on the back, neck, or head. I am aware and understand the risks involved with Cheerleading and will not hold Hesperia Unified School District, Hesperia High School, or any of its personnel, including coaches, responsible in the case of accident or injury of any kind. Having been informed, I consent to allow my child to participate in the Hesperia High School Cheerleading Program.

Signature of Participant _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

(parent) _____
(student)

XI: Transportation: We understand the guidelines outlined in the transportation section of the constitution.
Summary: Team members must take all district-provided transportation to and from events. A clearance form may be provided in extreme circumstances, and must be pre-signed by the parent/guardian, coach, and HHS Athletic Director. In addition, the time coaches spend with the cheerleader during practice, events, and functions is extensive. Coaches remain with cheerleaders until every member is picked up from an event. The cheerleader must be picked up from events NO LATER than 15 minutes after a function out of respect for coach. If the cheerleader is not picked up within a reasonable time frame, the police may be contacted.

(parent) _____
(student)

XII: Athletic Lettering: We understand the guidelines outlined in the Academic Lettering section of the constitution, including the rules for Varsity and Junior Varsity.

(parent) _____
(student)

XIII: Captains: We understand the guidelines outlined in the Captains section of the constitution.

(parent) _____
(student)

XIV and XV: Parent Involvement/Booster Club: We understand the guidelines outlined in the parent involvement and booster club sections of the constitution.

I am interested in participating with the Hesperia High School Football/Cheer Booster Club, and would like more information on the meetings. I give permission for a member of the booster club to contact me with information.

If yes, please complete the following: Yes No

Cheerleader Name: _____

Parent Name: _____

Phone: _____

Is this a cell phone? _____ **If so, may we contact you via text messages?** _____

Email: _____



(parent) _____
(student)

XVI: Athletic Physical Education Class: We understand that Cheer will have a mandatory 6th period Physical Education class for all 2020-2021 members. Once members are placed on a team, and have passed the last grade clearance, members will be registered into the Athletic Cheerleading course. An additional registration form for this course may be sent home for signatures.

We have read and understand the Hesperia High School Scorpion Cheer Team Constitution/ Rules for Participation (pages 1-9). We accept and agree to abide and follow the rules and regulations set forth and understand the implications and discipline that will result in the event that Rules and Regulations are not followed.

Team Member Name(Print) _____ **Date** _____

Team Member(SIGNATURE) _____ **Date** _____

Parent/Guardian Name (Print) _____ **Date** _____

Parent/Guardian (SIGNATURE) _____ **Date** _____