

Herrin CUSD#4
Return to School/Work Flowchart
Following a COVID-19 related absence
Revised 4-1-21

A medical evaluation and COVID-19 diagnostic testing is strongly recommended for all persons with any COVID-19 like symptoms.

Status	Asymptomatic Individual has had Close Contact with someone who tested POSITIVE or is Suspected of having COVID-19* and is not FULLY vaccinated	Individual has Tested Positive or is Suspected of having COVID-19 <u>AND has symptoms</u>	Individual Tested Positive for COVID-19 but Had <u>NO Symptoms</u>	Individual Exhibits ONE or More Symptoms with clinical evaluation and/or diagnostic testing	Individual Exhibits ONE or More Symptoms without diagnostic testing or clinical evaluation
Return to school guidelines	May return AFTER 10 Day Quarantine Period (from date of Last Contact with Positive Individual) and NO symptoms <u>If COVID-19 symptoms develop then follow the 10 day isolation period and testing is recommended</u>	May return AFTER (1) At LEAST 10 days have passed since onset of symptoms <u>AND</u> (2) At LEAST 24 hours since resolution of Fever (without fever-reducing medication) <u>AND</u> improvement of all other symptoms	May return AFTER at least 10 days have passed since date of the First Positive COVID-19 test	<i>Some Examples: Seasonal Allergies, Ear Infection, Strep Throat, Migraine, Seasonal Flu, ETC</i> May return AFTER 24 hours since improvement of symptoms <u>WITH DOCUMENTATION</u>	May return AFTER (1) 10 days of isolation <u>AND</u> (2) At LEAST 24 hours since resolution of Fever (without fever-reducing medication) <u>AND</u> improvement of all other symptoms
<u>Documentation required to return to school</u>	' <u>Release from Quarantine</u> ' letter issued by Local Health Department and provided to parent/guardian or individual	' <u>Release from Isolation</u> ' letter issued by Local Health Department and provided to parent/guardian or individual	' <u>Release from Isolation</u> ' letter issued by Local Health Department and provided to parent/guardian or individual	Healthcare Provider's note stating no clinical suspicion for COVID-19 AND alternative diagnosis OR Negative RT-PCR test** result	Letter signed and dated from parent stating that student has been symptom free for at least 24 hours

Above information subject to change following Updated Guidance from CDC, IDPH or Local Health Department	Only RT-PCR test results will be accepted per Illinois state protocol
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Individuals may be sent home or denied entry (and provided remote instruction) if **ANY** of the following symptoms are present: Fever (100.4 F or greater), Moderate/Severe Headache, Shortness of Breath, New Cough, Sore Throat, Vomiting, Diarrhea, Fatigue, Muscle/Body Aches, New Loss of Taste or Smell

Based on available data and science, schools must make local decisions informed by local context in consultation with the local public health department. Severely immunocompromised or severely ill may need to isolate for 20 days as per guidance from an individual's infectious disease physician.

If an individual has been identified by public health for quarantine or knows they are a close contact to a case, the 10-calendar-day quarantine must be completed.

Consider quarantine for other close contacts if there was poor adherence to social distancing or use of face coverings or extended period of contact.

Contacts to close contacts of a case do not need to be excluded unless the close contact becomes a confirmed or probable COVID-19 case.

*Individuals who tested COVID-19 positive within the past 90 days by PCR or Antigen test may not need isolation or quarantine. Each case must be discussed with LHD for their guidance.

A close contact is anyone (with or without a face covering) who was within 6ft of a confirmed case of COVID-19 (with or without a face covering), for a cumulative total of 15 minutes or more over a 24-hour period during the infectious period. Repeated exposures result in an increased risk of exposure/transmission. The infectious period of a close contact begins 2 calendar days before the onset of symptoms (for a symptomatic person) or 2 calendar days before the positive sample was obtained (for an asymptomatic person). If the case was symptomatic, persons with briefer periods of exposure may also be considered close contacts. Close contacts to a confirmed case of COVID-19 are required to remain in quarantine at home for 10 calendar days starting from the last day of contact with the confirmed case.

**Negative COVID-19 diagnostic tests are valid only for the date they are collected; specimens collected more than 48 hours prior to symptom onset are not counted for determining school exclusion status. If a student is a close contact to a confirmed case, the school is experiencing an outbreak, or the LHD is requiring validation due to community transmission levels, documentation of a negative RT-PCR COVID-19 test result is needed. In other situations, a negative RT-PCR, rapid molecular (rapid PCR) or negative antigen test is acceptable.

For the purposes of this guidance, people are considered **fully vaccinated for COVID-19** ≥ 2 weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or ≥ 2 weeks after they have received a single-dose **vaccine** (Johnson and Johnson [J&J]/Janssen).