



ACSD Comprehensive Health Instructional Materials

Health Education Curriculum: Health Education will be taught in all grade levels. Health Education instruction will include the following topics: mental and emotional health, nutrition education, physical education, hygiene, growth and development, injury prevention and safety, and chronic diseases and reproductive health. Additional topics may be added as needed.

Comprehensive Health Education: Comprehensive Health Education is provided to all students in preschool through twelfth grade.

Instructional materials used at each grade span:

Preschool – 2nd Grade:

- State Provided Erin's Law Materials- [Sexual Abuse and Assault Awareness and Prevention Resources](#)
- SC Health and Safety Education Standards- [SC Standards for Health and Safety](#)
- Take 10 Getting Kids Active in 10 Minutes
- Fitness Gram
- *Macmillan McGraw Hill Health and Wellness*

3rd – 5th Grade:

- State Provided Erin's Law Materials- [Sexual Abuse and Assault Awareness and Prevention Resources](#)
- SC Health and Safety Education Standards- [SC Standards for Health and Safety](#)
- Fitness Gram
- *Health and Wellness Book - McGraw-Hill*
- Nutrition Curriculum purchased through Jump Rope and Hoops for Heart

6th – 8th Grade:

- State Provided Erin's Law Materials- [Sexual Abuse and Assault Awareness and Prevention Resources](#)
- SC Health and Safety Education Standards- [SC Standards for Health and Safety](#)
- Take 10 Getting Kids Active in 10 Minutes
- Fitness Gram
- *Holt Decisions for Health textbooks*
- *Human Sexuality: A Responsible Approach - Scott Foresman*
- *Growing to Maturity - Scott Foresman*

9th – 12th Grade:

- State Provided Erin's Law Materials- [Sexual Abuse and Assault Awareness and Prevention Resources](#)
- SC Health and Safety Education Standards- [SC Standards for Health and Safety](#)
- Fitness Gram
- *Glencoe Health*
- *Glencoe Health-Human Sexuality*
- CPR and/or Automated External Defibrillator (AED) will be taught in PE 1 for all students

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