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Dear Parents/Guardians,

The Avel eCare School Behavioral Health program offers access to an experienced Behavioral Health Therapist through a two-way video/audio technology. The therapist is based in Sioux Falls, SD and will provide scheduled therapy appointments to your student. They will work collaboratively with you and school staff in supporting your student's behavioral health needs.

Please read through the consent and release of information forms. If you are interested in this service for your student please return the completed forms to the school. The eCare therapist will then call you during school hours to set up an appointment where you will join your student for the initial therapy session with the eCARE therapist.

Prior to the first appointment you will be emailed a link to a questionnaire that will assist the eCare therapist to understand the behavioral health concerns of your student. Topics of discussion will include questions related to your student's history, family dynamics, school performance, and social life. This information will help guide the eCare therapist in treating your student.

After the first appointment with the eCare therapist, the therapist will make regular contact with you via phone or via video appointment to update you on your student's progress in therapy.

We are excited to be able to offer this service and look forward to working with you, your student, and school staff to support your student's behavioral health needs.

Thank you,

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Sheila Freed  
Director of School Health  
Avel eCare