

# Behavioral Health Information

## Goal

The goal of the Avel eCare School Health Behavioral Health Program is to increase access to behavioral health services while building collaborative relationships between school and behavioral health staff to assist student needs.

## Scope of Service

- Anxiety, Depression, Trauma, Post-Traumatic Stress Disorder (dependent on severity), ADHD, Grief
- Problems at home
- Teaching emotional, coping, problem solving, and social skills
- Teacher and parent education
- For students grade five through twelve
- Scheduled outpatient therapy visits only

## Who Provides Therapy?

- Licensed Clinical Social Worker

## School Responsibilities

- Execute contract with Avel eCare for School Nurse and Behavioral Health Services
- Designate an individual as primary contact for Behavioral Health services
- Designate a private location for service delivery
- Provide secure storage of student records
- Develop a safety plan/policy for students presenting with suicidal/homicidal thoughts
- Initiate communication with parents

## Pricing

- \$80 per visit + \$1,000/ year access fee (pro-rated).
- There is no identified need for additional equipment if Avel School Nurse service is already provided.
- Technology and Implementation fee will apply if there is a need for additional equipment
- Formal staff training maybe an additional charge if travel is required

## How Services will be Provided

- School will identify students for services and obtain completed contact packet from parents
- School notifies Avel therapist and scans/faxes consent
- Initial contact and meeting is set up by therapist and school notified
- Intake screening will be completed with therapist, student, and parents via telemedicine equipment.
- Therapist will develop a treatment plan or refers student to another qualified provider if long-term therapy needed.
- Sessions will be scheduled by therapist with school counselor/school designee
- School counselor/school designee will need to be available to intervene if student needs onsite assistance
- After session is complete, the therapist will document encounter, and will securely email/fax record to school counselor for secure storage.



Learn more at [www.AveleCare.com/school-health/](http://www.AveleCare.com/school-health/)