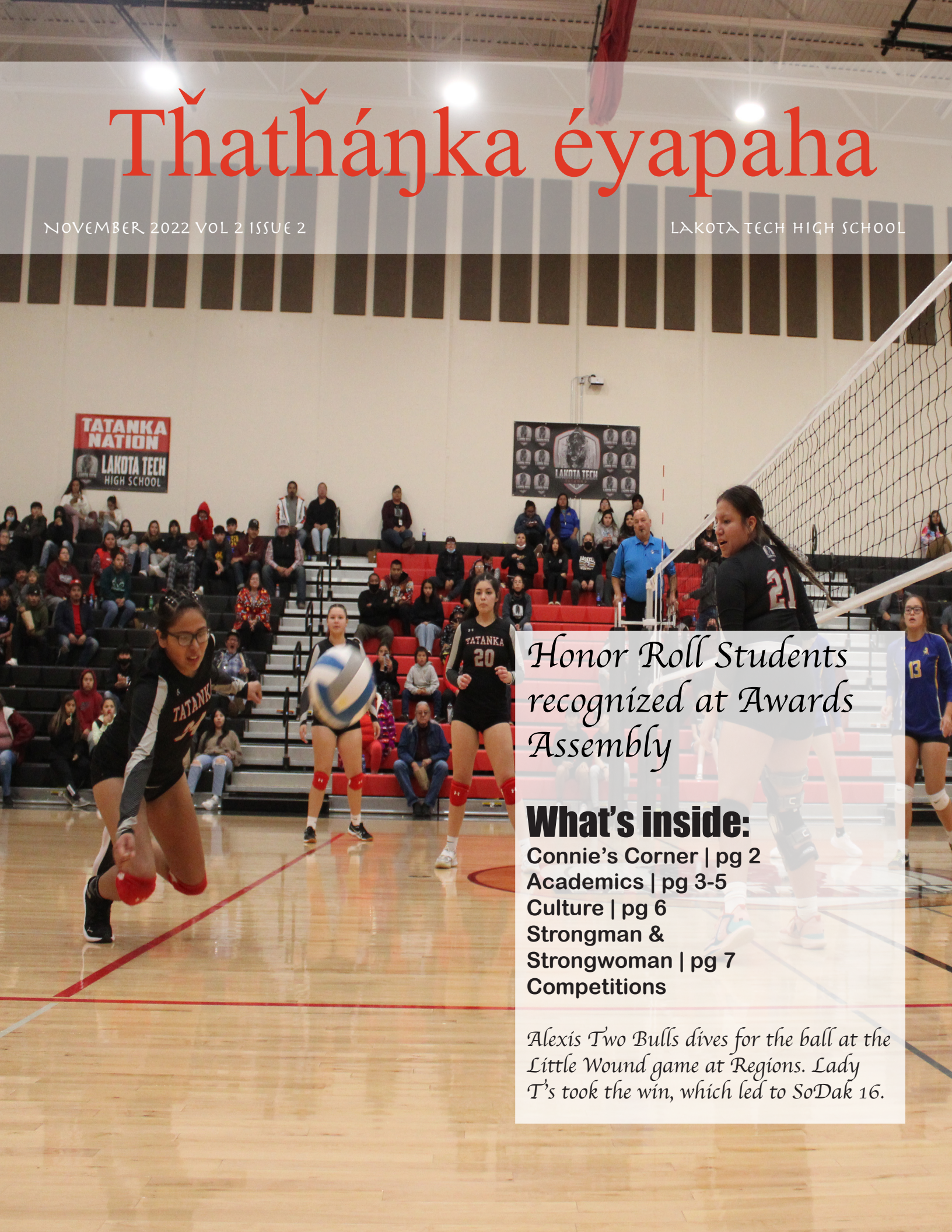


Ṭhatḥáṇka éyapaha

NOVEMBER 2022 VOL 2 ISSUE 2

LAKOTA TECH HIGH SCHOOL



*Honor Roll Students
recognized at Awards
Assembly*

What's inside:

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Strongman &
Strongwoman | pg 7

Competitions

Alexis Two Bulls dives for the ball at the Little Wound game at Regions. Lady T's took the win, which led to SoDak 16.

Connie's Corner

Supt. Connie Kaltenbach



Parents, guardians, and staff are encouraged to participate in the meetings that will be advertised this month and to get involved in helping the school with academics, attendance, and activities. School support is so needed and we encourage all to consider joining the Okhólakichiye in their school.

On the construction front, you may see some big changes on the Wolf Creek campus and the Lakota Tech campus as the building projects begin to take shape. At Wolf Creek, the expansion includes a full-service kitchen and cafeteria. The cafeteria will also double as a secondary gym and game area in the future. At Lakota Tech you will notice two expansions, one is the addition to a current wing that will include the daycare center. We hope to grow the early childhood component of CTE while also providing a needed service for students and staff. The second expansion is a full, new wing to accommodate the growing needs of Lakota Tech. In the interim, we also have three modulares nearly ready for classes to help with space at Lakota Tech this year. It is exciting as we expand to meet the needs of the student population.

On the horizon for next summer will be elementary playground equipment and outdoor classroom spaces. The opportunity to host classes outside will be a great asset to the classes for student engagement and fresh air.

COVID-19 sure set us back, we have had great losses, but we have a strong generation of children who need us to steady the course and support their education. Help us to help students remember what it is like to go to school each day, participate, learn, and experience all that school can offer.

The best advice I can give to staff, students, and families for a successful school year is to:

- Be here
- Behave
- Work Hard

Staff and student attendance are vital for the success of a student. Behave in the school setting and beyond. WóLakota unyúhapi kta hécha, we must have peace. We all need to work hard. We must put time, effort, and pride into our day so we can reach our goals. To do this, we must set high expectations for ourselves and strive to achieve them.

Progress on the new classroom hallway at LTHS can be seen from the short hallway classrooms, keeping students excited and anxious to see the final results.



A red-bordered advertisement for Tatanka Yearbooks 2022. At the top, the word "TĤATHĀŃKA" is written in a stylized font above a red silhouette of a bison's head. Below the bison, the year "2022" is written. The text "Tatanka Yearbooks 2022 are available!" is centered. Below that, "\$40 contact the LTHS Office 605-455-6950" is written. At the bottom, "Get Yours TODAY!" is written in a large, white, slanted font.

Gold Honor Roll 4.00-3.50

Name	GPA
Andrews, Dane	4.000
Baldes, Kynan	4.000
Brewer, Teonie	4.000
Buckman, Elijah	4.000
Chapman, Catherine	4.000
Chapman, Raymond	4.000
Gullikson, Moriauna	4.000
Headley, Brazee	4.000
Hill, Kinsey	4.000
Iron Cloud, Paula	4.000
Janis, Briseis	4.000
Janis, Leta	4.000
King, Daeden	4.000
Marshall, Brandy	4.000
Martin, Ciara	4.000
McLaughlin, Leilani	4.000
Mousseau, Macaria	4.000
Old Horse, Timory	4.000
Richard, Shyleigh	4.000
Rodriguez, Tawny	4.000
Rogers, Lakota	4.000
Roy, Wiyaka	4.000
Short Bull, LaAsia	4.000
Steele, Ethan	4.000
Steele, Kaden	4.000
Theurer, Benjamin	4.000
Tibbitts, Lily	4.000
Trueblood, Charlee	4.000
Trueblood, Tierra	4.000
Two Bulls, Alexis	4.000
Two Bulls, Pamela	4.000
Waln, Jessica	4.000
Water, Aleksandra	4.000
Theurer, Naomi	3.934
Andrews, Victoria	3.918
Bettelyoun, Giani	3.918
Big Crow, Cayme	3.918
Chandler, Bradley	3.918
Chief Eagle, Sharaon	3.918
Means, Quincy	3.918
Red Hawk, Daisy	3.918
Rowland, Jenna	3.918
Running Bear, Jerel	3.918
Sanchez, Alexandra	3.918
Tobacco, Jacinda	3.918
Two Bulls, Jada	3.918
Briseno, Aaliyah	3.890
Dreamer, Mya	3.890
O'Rourke Jr. Samuel	3.868
Brewer, Deontae	3.866
Bravo, Shaylia	3.835
Byerley, Taylor	3.835
Decker, Drake	3.835
Iron Horse, Tashina	3.835
Pettibone, Ariel	3.835
Andrews, Koda	3.833
Dubray, Laney	3.833
Palmier, Arlene	3.833
Rogers, Aaron	3.833
Steele, Matthew	3.833

Waln, Arlisa	3.833
White Bull, Cante	3.800
Arcoren, Kenneth	3.778
High Wolf, Breiana	3.777
Blacksmith, Pollux	3.750
Iron Eyes, Zaniyan	3.750
Sloan-Fire Thunder, Chloe	3.750
Weston, Robert	3.750
Big Crow, Eriah	3.734
Gould, Lola	3.734
Romero, Cruz	3.734
Whirlwind Horse, Jordan	3.734
Comes Killing, Jasmine	3.668
Deans, Kimimila	3.668
Dupris, Tonnie	3.668
Ghost Bear, Timarie	3.668
Mesteth, Leroy	3.668
Metcalf, Memphis	3.668
Robinson, Layla	3.668
Two Bulls, Emily	3.668
Two Crow, Cante Skuya	3.668
Watts, Cheri	3.668
Blackburn, Miaa	3.667
Bird Necklace, Tate to Hoksila	3.666
He Crow, Kayla	3.666
Headley, Julianne	3.666
Jack, Hayden	3.666
LeBeau, Shane	3.666
Thompson, Jerrick	3.666
Waters, Cass	3.666
Mills, Mya	3.612
Richard, Marvin	3.600
Ghost Bear, Waylen	3.599
DeLeon, Diana	3.585
Jack, Caedance	3.585
Janis, Americus	3.585
Bird Necklace, Pezi Hota Win Sadie	3.583
Good Crow, Sequoia	3.583
Keith, Tinyah	3.583
Little Hawk, Emily	3.583
Marshall, Nora	3.583
Red Cloud, Ampo	3.583
Brewer, Aileana	3.534
Goings, Addison	3.534
Mills, Amaru	3.534
Thunder Hawk, Jacob	3.534
Running Bear, Antoine	3.503
Iron Horse, Shawntay	3.500
Kills Small, Tayton	3.500
Long Crow, Heaven	3.500
Martin, Juleanna	3.500
Orozco, Selena	3.500
Peltier, Kadeem	3.500

Silver Honor Roll 3.49-3.00

Name	GPA
Ghost Bear, Domonic	3.466
Elliott, Tevin	3.447
Catches, Lori	3.443
Jack, Siouxtera	3.418
Lamont, Waylon	3.418
Little, Landon	3.418

White Calf, Kanyin	3.418
White Calf, Taj	3.418
White Woman, John	3.418
Yellow Shield, Dawson	3.418
Ward, Lindsey	3.398
Steele, Anthony	3.390
Ferguson, Shania	3.388
Little Bear, Brian	3.335
White Dress, Tylee	3.335
White Plume, Mato	3.335
Hill, Joey	3.333
Long, Madison	3.333
Mitchell, Kobe	3.333
Poor Bear, Letitia	3.333
Roan Eagle, Katelyn	3.333
Sioux Bob, Emmanuel	3.333
Risse, Hannah	3.332
Yankton, David	3.332
Fast Wolf, Vanyana	3.330
Cottier, McKenzie	3.250
Dreamer, Dayton	3.250
Janis, Tyrone	3.250
Rodriguez, Miya	3.250
Waln, Jordan	3.250
Long Soldier, Charles	3.223
Marshall, Akicita	3.220
Rattling Leaf, Koltan	3.202
Janis Reaunna	3.200
Last Horse, Adelia	3.200
Brewer, Glenn	3.168
Martinez, Keerah	3.168
Swain, Albert	3.168
Shakespeare, Wakiyan	3.167
Briggs, Mikau	3.165
Hadden, Jacob	3.165
Long, Peyton	3.165
Spotted Eagle, Tokahe	3.134
Yellow Hair, Joseph	3.132
Good Buffalo, Seanna	3.132
Jack, Kaedom	3.085
Mesteth-Campos, Mahpiya	3.085
Red Hawk, Wardell	3.085
Big Crow, Dontae	3.083
Dowty, Trevor	3.083
Fox, Kolt	3.083
Good Voice Elk-Flying Hawk, Janeaa	3.083
Janis, Carlos	3.083
Metcalf, Dallas	3.083
New Holy, Daniel	3.083
Giago, Aaliyah	3.080
Brewer, RayVaughn	3.068
Merrival, Derek	3.068
Schreiner, Taysean	3.068
Vitalis-Big Crow, Arthur	3.058
Brave Heart	3.000
Clifford, William	3.000
Godinez, Jaycob	3.000
Kerbaugh, Joseph	3.000
Marshall, Joseph	3.000
Medicine Horse, Isabelle	3.000
Red Shirt, Tradell	3.000
Thompson, Trinity	3.000

Gold Honor Roll Award Recipients



Silver Honor Roll Award Recipients



Attendance Award Recipients



Marketing Class visits Pine Ridge Oil

by Steph Housel

My marketing class broke major ground recently when we built our first business relationship with Pine Ridge Oil. My students visited the facility and met with Rowdy, one of the managers. He had a marketing presentation made for them, and he explained how Pine Ridge Oil advertises, and what they do to bring customers in.

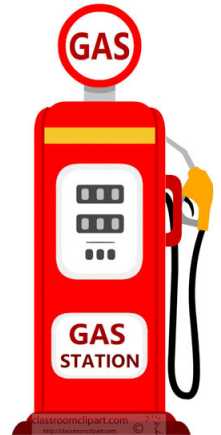
The purpose of the visit was for the students to have an opportunity to design real marketing materials for an actual business. Right now, they are working on designing signs for their new cooler and grill. I will show you their finished products next month. For now, I have shared some good pictures of our visit. Enjoy!



Rowdy, a manager at Pine Ridge Oil, explains some of the techniques the company uses to best connect with the customers.



Marketing class enjoys a visit to Pine Ridge Oil facilities. There students discussed various business topics including advertising and promoting a business.



DAKOTA DREAMS
COLLEGE AND BEYOND

OUR DAKOTA DREAMS ONLINE TUTORING PROGRAM

This program provides free online tutoring to K-12 students in South Dakota in the subjects of English/Language Arts, Math, Science and Social Studies. One-on-one sessions can either be pre-scheduled or accessed on-demand depending on tutor availability, and students can be registered by their parent or legal guardian using a simple and secure online platform.

SCAN TO LEARN MORE AND REGISTER YOUR STUDENT



A White Woman Asks . . .

by Nancy Ward, LTHS teacher

Ok. I'm a "white woman." Some of the kids might use a different word for me, I'm not sure what it means, but it always comes with deep respect.

I have taught on three reservations in South Dakota, and I have been enlightened in many ways regarding the Lakota culture. Still, I am a novice when it comes to many practices, and I have many questions. Sometimes the kids laugh when I ask, and sometimes they tease me, and sometimes I think they absolutely are giving me a story. So I come to you, our readers, with my questions.

The first one is this: In the Lakota culture, what is the right way to accept a smudging? What am I supposed to be thinking or praying, and what should I expect to happen when I am a part of a smudging? Can someone give me the cultural truth? For years I've been trying to replicate the process -- I try to make sure I move my hands in a circle, clockwise, three times toward me, one time over my head, and then brush my knees a little . . . I'm not sure I need to do that, but I saw someone do it once so I thought it was the thing to do.

If you have the correct answer to my question, please reply to me at nancy.winker-ward@k12.sd.us and I'll post your answer in the next issue.

I want to thank all of my Lakota friends for having patience with me as I try to learn from you. I have deep respect for all of you and only want to share a positive experience while I make LTHS my work/home.

LTHS incorporates Lakota culture

by Mahpiya To Mesteth-Campos

From my experience at LTHS, I have learned that we are very culturally active through our songs and school programs like drum group, handgames, and our beading group. With all these things we have created a very inclusive and active community within our school.



In May, prior to graduation, one student is selected to take part in the Buffalo Kill Ceremony. That student attends a sweat and then participates in the buffalo kill. The rest of the student body takes part in the processing of the meat, hide, and the entire buffalo for future use. Nothing is wasted.

Last spring's buffalo harvest at Lakota Tech. Photo taken by Josephine Richey.

Wóokiye Project provides Lakota Virtues videos

The South Dakota Office of Indian Education has developed "The Wóokiye Project," funded by the Bush Foundation, which provides seven videos promoting Lakota virtues and language. The videos are provided at no cost to use in any class or subject.

The first video, [Wowahwala – Gentleness and Peace](#), is three minutes and nineteen seconds in length. It highlights a handful of elders who explain what Wowahwala means, and how you need to find serenity in yourself. The second video, [Wowachantognake – Generosity and Love](#), three

minutes and fifty-one seconds long, discusses the spiritual connection that you have with your heart. The third video, [Woohitika – Bravery and Courage](#), is 3 minutes and 38 seconds long. It tells us to, "Go for it." You need the strength and courage to keep going, to succeed.

According to the project, the purpose of these videos is "to foster discussion about Native culture," to be used as a supplement in teaching the Oceti Sakowin Essential Understandings.

Source: Teach SD, SD Dept. of Education, e-newsletter, Nov. 2022.



1.



2.



3.

1. Wowahwala - Gentleness & Peace
2. Wowachantognake - Generosity & Love
3. Woohitika - Bravery and Courage

Conditioning and Fitness students face Strongman/Strongwoman competition

by Coach David Michaud

The second annual Lakota Tech Strongman/Strongwoman competition, part of the *Conditioning and Fitness Class*, concluded with winners announced October 26.

The young men are divided into two separate divisions and the women make up Division 3. The competition takes place over two weeks and involves ten events, one each school day.

The winner of a day's event earns ten points while second place earns nine points, continuing each place to tenth place earning one less point. At the end of the ten events all the points for each are added up and the top six winners receive trophies.

The events are:

1) Farmers Walk: Each competitor carries a 100-pound torpedo in each hand and must run 50 yards, then turn around and return to the start as fast as they can.



2) Dog Log: Each competitor bears-hugs a 100-pound log and carry it as far as you can without stopping.



3) Knee Hold: Each competitor holds themselves up by their arms and has to hold their knees up parallel to their bodies with a board across their lap for the longest time.

4) The 100: Each competitor has to lift a 100-pound weight up onto a 28-inch tire and set it back down as many times as they can in one minute.

5) The Bus Pull: As the name implies, each competitor pulls a full-size bus 100 feet for the quickest time.



6) Sled Pull: A sled is weighted with 330 pounds. Each competitor drags it backwards for 75 feet, then turns it around and drags it back 74 feet in the quickest time.



7) Crucifix: Each competitor stands on a two-foot high platform then grabs a rope in each hand that is at a 45-degree angle, hanging from the ceiling in each hand and step off and hang for as long as they can.

Photos taken from Google image search.

8) Arm Hang: Each competitor has to hang by their hands on a bar for the longest time.



9) Deadlift Hold: Each competitor has to pick up a 250-pound weighted bar and hold it as long as they can for the longest time.



10) Atlas Stones: Five rocks weighing 30, 60, 90, 120 and 150 pounds respectively are set in place. Each competitor must run 15 yards, pick up the first rock and run back with it to the start, then run and pick up the second rock and return it to the start, and continue until they have all five rocks at the start. The hardest part is they only have 60 seconds to accomplish all five rocks.

Stongman and Strongwoman Competition Winners

Bold = school record

Event	Division 1	Division 2	Division 3
Farmer's Walk	Kolt Fox 25:51	Cass Waters 23:35	Eriah Big Crow 24:59
Deadlift Hold	Tate Mesteth 1:37:66	Cass Waters 1:25:80	Aaliyah Giago 1:07:38
Sled Drag	Ethan Steele 58:86	Koltan Rattling Leaf 47:41	Melissa Shangreaux 0:58:00
Knee Hold	Marvin Richard 1:25:36	Cass Waters 58:78	Hannah Risse 0:49:53
The 100	Kaden Steele 43	Cass Waters 30	Tawny Rodriguez 26
Bus Pull	Kaden Steele 26:40	Cass Waters 21:34	Tawny Rodriguez 0:20:68
Crucifix	Zaniyan Iron Eyes 1:1:18	Cass Waters 1:11:56	Koriann Bores A Hole 0:15:37
Arm Hang	Marvin Richard 2:25:59	Derrick Merrival 3:11:28	Andrea Hernandez 1:34:34
Dog Log	Jordan Whirlwind Horse 720	Cass Waters 207	Tawny Rodriguez 240
Atlas Stones	Kolt Fox 41:39	Cass Waters 1:04:34	Tawny Rodriguez 4+4

Individual Division Winners

Placing:	Division 1	Division 2	Division 3
1	Ethan Steele	Cass Waters	Tawny Rodriguez
2	Kolt Fox	Koltan Rattling Leaf	Aaliyah Giago
3	Kaden Steele	Derek Merrival	Jessica Waln
4	Jerrick Thompson	Arthur Vitalis	Eriah Big Crow
5	Jordan Whirlwind Horse	Jacob Thunder Hawk	Taylor Byerley
6	Marvin Richard	Uzial Munoz	Melina Shangreaux