

Ṭhathánka éyapaha

OCTOBER 2022 VOL 2 ISSUE 1

LAKOTA TECH HIGH SCHOOL



Students and athletes work hard to achieve great heights

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Domonic Ghost Bear goes in for our first touchdown of the season.

Connie's Corner

Supt. Connie Kaltenbach



My name is Connie Kaltenbach and I am honored and humbled to be serving as the Oglala Lakota County School District Superintendent. You will hear my voice on Sunday nights when I do the Sunday night call. You will also find me on our school website, which will continue to grow and expand for easy access to school information and upcoming events. (In fact, this newsletter will be uploaded to the website for digital access.)

LEADERSHIP: We have a great school board helping lead our district towards success. Bryan Brewer, Robert Two Crow, Debbie Blue Bird, Chuck Conroy, and Angie Eagle Bull are serving this year and bringing a wealth of experience in education to their roles. The years in education that the Oglala Lakota County School Board has between the five board members has to be over 100 years collectively. It is an exciting and learning experience to work with such great people.

ENROLLMENT: Lakota Tech High School, which shares the Wolf Creek campus, serves 9th-12th grade students. Enrollment at Lakota Tech currently at about 485 students. This is Lakota Tech's third year. We graduated over 30 seniors in May 2022. Lakota Tech continues to grow and expand

the Career Technical Educational opportunities each year. We are offering health, business, law, and media, and construction, with progress toward a class in automotive as we grow and expand.

CONSTRUCTION: We have many projects going on in our district and I am happy to be learning, guiding, and celebrating the changes. Lakota Tech High School has construction going on as we work to expand another wing to accommodate students. A big piece of the addition will be a daycare to help students interested in Early Childhood get a head start while in school.



Teacher housing units are becoming available and tenants are moving in. The teacher housing is a great marketing tool to recruit new teachers to our school and expand our curriculum.

Across the road from Lakota Tech is our teacher housing complex. We plan to add more than 50 homes for teachers and staff in the next few years. We are happy to open have opened the first set of apartments for the 2022-23 school year.

EDUCATION: The past few years have impacted education across the world. As we resume instruction, our teachers, instructional coaches, paras, principals, and all others will be working with students to help them meet grade-level tasks and advance as we make plans for the best course of growth for each student. Our early-out Fridays are built into the calendar to allow teachers time to look at the assessment data and make great plans for students.

MISSION STATEMENT: *To strengthen the Lakota identity and values of students and to assure their overall well-being and academic success.*

As we seek to reach the specific pieces of the mission statement, we are going to work very hard on establishing a time each more to focus on the Lakota identity, safety, and security. We are making our schools as safe as we can. This year we installed metal detectors to keep everyone inside safe. We have a great team of Security Resource Officers to further assist with student and staff safety. We are also working on support through counseling both in person and via telehealth to help the emotional and mental aspects of student safety. We are striving to realize the whole child and Lakota identity of the student. It is my belief that if we can help students feel safe and secure at school, we can open their brains to learning.

MOTTO: Our motto this year, (which began as the school motto for Rockyford) is: *Every Child, Every Day, Whatever it Takes - Waya'wapi lyu'ha Anpe'tu lyo'hila Ta'ku ke'eyas.*

This year we will strive to reach our motto and when we fall short, we will strive to reach it again. It is through our determination in getting through our failures that we will find success and strength.



Seniors Mya Dreamer and Shyleigh Richard greet Lakota Tech underclassmen on the first day of school. Little do those kids know what these girls have in store for them!

Real Care Babies finding homes with students in October

Lakota Tech FACS instructor Breanna Eisenreich is using a unique learning aid to teach early childhood, parenting, and infant health lessons.

“The babies cry, need a bottle, need a diaper change, need to be held, and have their head supported,” explained Eisenreich. “They sleep and even sit in a car seat.”

The “smart babies” use wireless programming to track and report on caregiver behaviors, including:

- care events
- mishandling actions
- time in a car seat
- clothing changes

Using Real Care Babies in the curriculum will add meaning to lesson activities as well as student accountability. “We are so excited for these babies,” Eisenreich said with a smile, “and for the opportunity to produce a tremendous educational experience for the students.”



Students in Ms. Bree’s FACS class are introduced to their first babies. Information in this article is provided from the company website: reality-works.com. Click on the QR code for information on features, FAQs, and reviews.



New class gets creative with menu design lesson



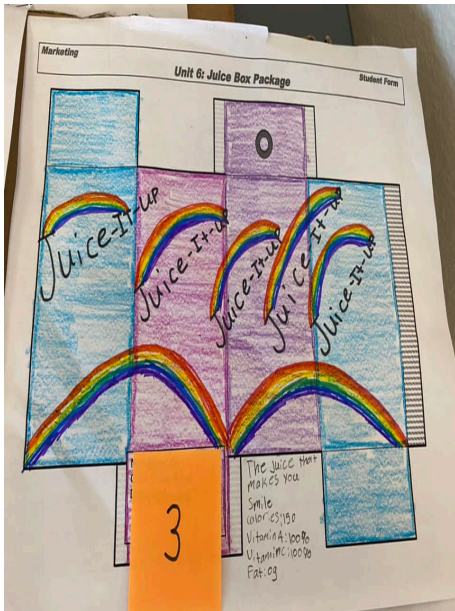
Intro to Hospitality and Tourism class is a new course added this fall to enhance the CTE curriculum at Lakota Tech.

The course is geared toward individuals who might seek career opportunities and adventures in the hotel, restaurant, and tourism industries. Some specific job areas are event planning, food service, hotel/resort operations, human resources, tourism management, tour operations, and travel industry marketing. In a recent class activity, students were given 1.5 hours to come up with their own menu and build their posters to market their menu items..

Top posters belong to Kobe Two Lance, Shyleigh Richard, and Paula Iron Cloud.

Principles of Marketing class presents projects

Mrs. Housel's Principles of Marketing class created juice box designs and presented them to the fourth grade class at Wolf Creek School to vote for the best marketing campaign. The fourth graders judged the juice box designs for creativity. The high schoolers worked together to share ideas and collaborate.



RCPD visits LTHS classroom

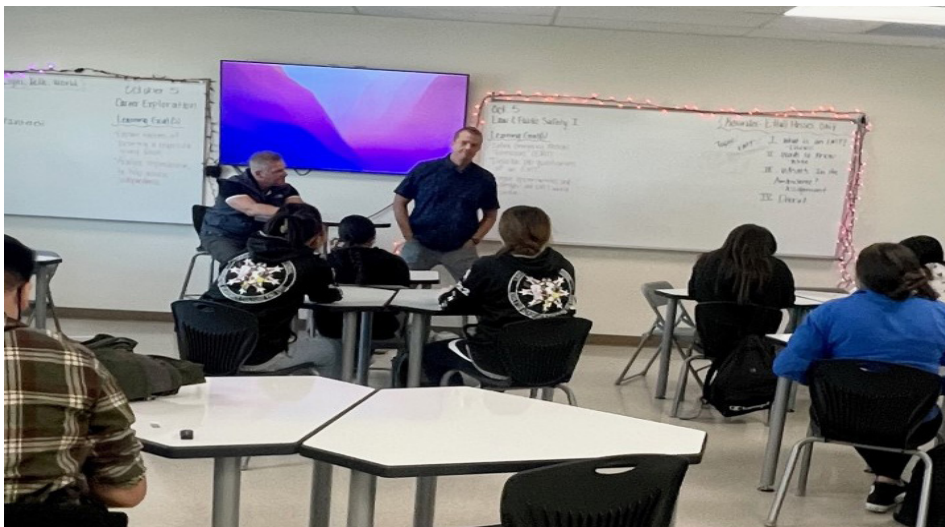
Lieutenant Tim Doyle and Officer Eric Dwyer of the Rapid City Police Department visited Lakota Tech students with the *Law & Public Safety* class.

Lt. Doyle started his career with the RCPD in 2007, working in the

Patrol Division until becoming a School Liason Officer in 2010. He was promoted to Sergeant in 2019, and in 2020 was given the honor of the Lieutenant title.

Officer Dwyer was named "Resource Officer of the Year" by the South Dakota Association of Resource Officers.

They gave the students a brief introduction about themselves before answering questions about their experiences. The explained the concept of jurisdictions to the class. Lakota Tech was also able to create partnerships with Pennington County Sheriff's Office and Rapid City Police Dept for our LPS Pathway.



Officer Eric Dwyer and Lt. Tim Doyle of the Rapid City Police Department discuss law enforcement in Elaine Locke's *Law & Public Safety* class.



Construction class attends Construction Career Camp in Rapid City

Construction CTE students attended a hands-on day at the Central States Fair grounds in Rapid City on September 28 for the Associated General Contractors of SD's Construction Career Camp.

Students were able to "dig in" and learn what the construction industry is all about. They got hands-on experience with heavy equipment, carpentry, concrete, surveying, HVAC, plumbing, electrician, and virtual reality.

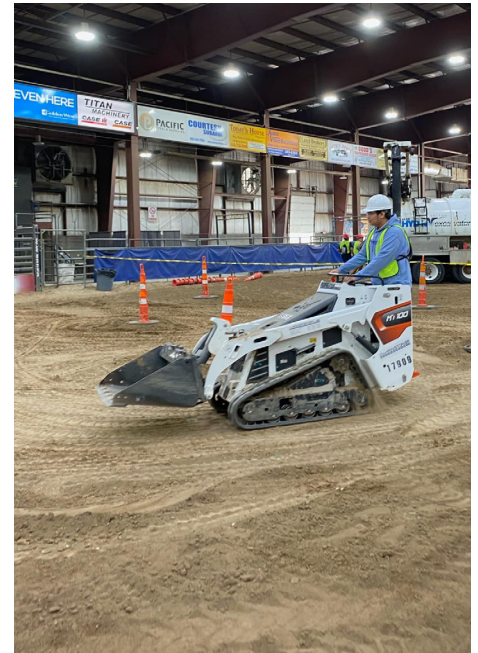
Across the country the construction workforce is dwindling as skilled trade workers retire with no one to take their place. AGC's Construction Career Camps are one way we promote careers in

construction to the next generation.

The success of these camps is based heavily on the generosity and effort of volunteers. Members donate equipment, money and time to make our camps what they are.

The students came back excited about various internships, job shadowing opportunities, apprenticeships, and possible future careers in the industry.

For more information, and to give credit for the information used in this article, see the AGC coinstruction Camp website:



The best sandbox toy a teenage kid could dream of - and his dream came true!



Surveying equipment was demonstrated to the students. They learned this could lead to a great career!



Lakota Tech construction students take a moment to pose for the camera.

Tatanka Yearbooks 2022
are available!

\$40

contact Nancy Ward
605-400-3734

nancy.winker-ward@k12.sd.us
or the LTHS Office
605-455-6950

Get Yours TODAY!

ThAThAnKA



2022

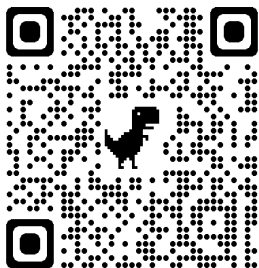


taken from URL:
<https://ourdakotadreams.com>

The Dakota Dreams Online Tutoring Program provides free online tutoring to K–12 students in South Dakota in the subjects of English/Language Arts, Math, Science and Social Studies.

Our Dakota Dream is that every South Dakotan can achieve their dreams — and we know that this often requires education after high school. South Dakota’s technical colleges and universities could be part of the educational pathway to achieve your career goals.

Our Dakota Dreams is your virtual guide to pursuing education after high school in South Dakota — your one-stop shop. From students to parents to transfer students, there are resources and information available to get you on the right path. Wherever you are in your education journey, let us help you take steps to make your future ambitions come true!



Culture Clubs thrive at Lakota Tech High

Drum Club teaches students Lakota songs

Beading & Regalia Club works on moccasins



Isaiah Provencial gets advice from club adviser Taren Estes on what to do next with his project.



Ari Black Bear keeps the beat for the members of the club as they sing.

November is...

Native American Heritage Month

taken from the nativeamericanheritagemonth.com website.

What started at the turn of the century as an effort to gain a day of recognition for the significant contributions the first Americans made to the establishment and growth of the U.S., has resulted in a whole month being designated for that purpose.

The first American Indian Day in a state was declared on the second Saturday in May 1916 by the governor of New York. Several states celebrate the fourth Friday in September. In Illinois, for example, legislators enacted such a day in 1919. Presently, several states have designated Columbus Day as Native American Day, but it continues to be a day we observe without any recognition as a national legal holiday.

In 1990 President George H. W. Bush approved a joint

resolution designating November 1990 “National American Indian Heritage Month.”



Celebrating the Feather Ceremony for the LTHS graduating class of 2022.

It's our chance to show the world what life with diabetes is really like.

taken from URL: <https://diabetes.org/>



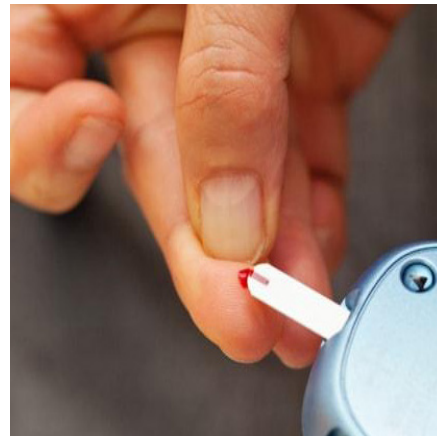
Every year, our community comes together to ring the alarm on the diabetes epidemic. For the millions of us who are at risk for it, it's a time to get educated, find resources and make sure all those around us are aware of their risk, too. And for the millions of us living with diabetes, it's a chance to tell our stories and awaken the world. Until we find a cure, we will find each other and lift each other up. Will you join us?

If you are diabetic, or at risk, take your health into your own hands through awareness, detection, management, and learning to thrive.

Diabetes is a constant battle, not only for those diagnosed, but for their loved ones, caregivers, and health care providers. With the guilt, the blisters, the numbers, the sleepless nights—it's no wonder it seems impossible that there are good days ahead. But they are -- take this opportunity to forge ahead!

Defining Diabetes

Type 1 diabetes occurs at every age and in people of every race, shape, and size. There is no shame in having it, and you have a community of people ready to support you. Learning as much as you can about it and working closely with your diabetes care team can give you everything you need to thrive.



Type 2 diabetes is the most common form of diabetes—it means that your body doesn't use insulin properly. And while some people can control their blood glucose levels with healthy eating and exercise, others may need medication or insulin to help manage it. Regardless, you have options—and we're here with the tools, resources, and support you need.



Managing Type 2 Diabetes

A key part of managing type 2 diabetes is maintaining a healthy diet. You need to eat something



sustainable that helps you feel better and still makes you feel happy and fed. Remember, it's a process. Work to find helpful tips and diet plans that best suit your lifestyle—and how you can make your nutritional intake work the hardest for you.

Fitness is another key to managing type 2. And the good news, all you have to do is get moving. The key is to find activities you love and do them as often as you can. No matter how fit you are, a little activity every day can help you put yourself in charge of your life.

We're here for you, in the good times and bad. And you can help others thrive, too. Support our lifesaving mission to end diabetes.

SCOREBOARD

Volleyball team builds a successful season

by Matt Case, Rapid City Journal
(reprinted with permission)

Among the members of the Lakota Tech volleyball team, only Tawney Rodriguez and Shayla Bravo knew what it was like to not only compete in the Lakota Nation Invitational, but win it.

The two captured the event three years ago as freshmen playing for Pine Ridge, but their hopes of a repeat performance were dashed by the COVID-19 pandemic that forced the cancellation of the 2020 tournament. They then transferred to Lakota Tech, which did not participate in the event last year.

This weekend's LNI was a long-awaited return for Rodriguez and Bravo, who helped lead the Tatanka through a grueling final day to claim the championship with an unblemished record and a hard-fought 25-20, 25-23 victory over defending champion White River in the title match Saturday at Summit Arena in Rapid City.



Alexis Two Bulls along with the bench celebrates a score during the second set against White River at LNI. (photo courtesy of Siandhara Bonnet, Rapid City Journal)

"Only me and Bravo (*sic*) have played in it, with Pine Ridge, and we won it that year," Rodriguez said. "But then COVID happened and we weren't in it last year, so being able to win this our first time here is just a very special moment for us."

Date	Opponent	Score
8/30	Crazy Horse	3-0 (W)
9/1	Pine Ridge	2-3 (L)
9/8	Bennet Co.	3-0 (W)
9/10	Haysprings	1-2 (L)
9/10	Gordon-Rushville	1-2 (L)
9/10	Crawford	2-0 (W)
9/10	Hyannis	2-1 (W)
9/15	Red Cloud	3-0 (W)
9/22	Hot Springs	3-2 (W)
9/24	Belle Fourche	2-0 (W)
9/24	Wall	2-0 (W)
9/27	Little Wound	3-0 (W)
10/4	St. Francis	3-0 (W)
LNII: 9/30 - 10/1 2022		
	McLaughlin	2-0 (W)
	Todd County	2-0 (W)
	Pine Ridge	2-0 (W)
	Semi-Final: Custer	2-0 (W)
	Final: White River	2-0 (W)

Seniors Alexis Two Bulls, Shyleigh Richard, Shayla Bravo, Tawny Rodriguez, and Melina Shangreaux lead the way to state.



SCOREBOARD

Cross Country team grows in strength and numbers from last year



Giada Scherich passes her opponents and pulls ahead at the LNI Invitational held in Rapid City October 1.

Hello all, this is Coach Coleman letting all you Tatanka fans know the recent activity and what is Cross-Country? We are halfway through our season and have made lots of progress from last year. We finished last year at Regionals with 3 runners, now we are on track to finish with more than 20 runners/team members. Our mission statement is to get all athletes in good condition for wrestling, football, volleyball, softball and basketball. We want to help those who have heart and dedication to win a state championship in the sport they love. I would like to help you understand more about Cross-Country. It is a sport that requires you to run 5-6 days a week. Talent is good, but heart and dedication

is necessary. You can't run here and there and expect to drop your time down by a minute or even seconds. It requires you to eat right and get 6-8 hours of sleep to recover from the long runs and workouts. It's not easy but you can do it. Everyone can't do everything, but everyone can do something.

Varsity consists of 7 runners, 5 score and 2 break ties. The goal is to acquire the least number of points. Pine Ridge Invite, we had our top 5 runners place in the top 5, which is considered a perfect score. 1st place Kaden Steele with a time of 22:07 for 3 miles, 2nd place Marvin Richards with a time of 22:11 for 3 miles, 3rd place Kolt

Fox with a time of 22:24 for 3 miles, 4th place Zaniyan Iron Eyes with a time of 23:04 for 3 miles, 5th place Jamiah Bianas with a time of 23:39 for 3 miles. These gentlemen scored a total of 15 points, $1+2+3+4+5=15$, which is a perfect score in Cross-Country. This is a big achievement in Cross-Country. We hope to build our girls team program, and with Taylor Byerly setting the tone for our girls, we will have a great team in 2 years. Honorable mention Tayler Byerly, she has been running 5-6 days a week and is most consistent with her running. Tayler's personal best is 22:06 for 3 miles, she placed 8th at the Custer Invite, which is one of the toughest meets in our Region.



The boys first heat gets underway at LNI in Rapid. Jordan Whirlwind Horse, Kaden Steele, and Kolt Fox prepare to take on the challenge to the finish line.

SCOREBOARD

Cheer and dance team pulls together a **great second season**



Lakota Tech's competitive dance team strives for a successful season. This year's team is comprised of eight members, ranging from freshman to seniors.

The team has completed its regular season and is headed for the state competition, which will be held in Watertown on October 21.

The competitive team usually competed against many teams from across the state in both Class A and Class AA. The team did very well at Brandon Valley School, considering they were up against AA schools.

"I'm so grateful for their leadership on and off the floor," commented coach Misty Mousseaux. "Leadership and team commitment have been huge key factors this season."

The team is in their second season at Lakota Tech, competing in Jazz and Hip Hop. The State A competition will be the highlight of the year for the girls, where they will compete on October 21 in Watertown, SD.

"We've worked on things like team building, showing up for one-another, being on time at practices, and being a good ambassador on and off the court," added Mousseaux. "I'm very proud of the girls' commitment to the team."



Packing up and heading out from Brandon Valley . . .

Jazz competition was very difficult, but the team went in style and the performance showed that hard work pays off.



The team poses for a moment before competing in the Hip-Hop dance meet.



SCOREBOARD

Tatanka football faces end of season with a slightly negative record

Lakota Tech is nearing the end of the season with a 0-7 record. It's frustrating for the team, the coaches, and the fans, but everyone is determined to keep going and get that win that has been so ominously evading us.

"Regardless of our record, we are a great team," Jamiah Bianas pointed out.

"It's not about winning and losing," added Jordan Whirlwind, "It's how you play the game."

Deep thoughts came from Thomas Pierce when he summed it up this way: "Whenever you start over, you are starting over with experience."

There are three games left at the time of writing this article.



Jamiah Bianas makes the catch while fighting off the Cubs defenders during the Homecoming game.



Quincy Means leaves one Cub in the dirt and makes his way to shut down another defender. Lakota Tech fell short in the second half of the Homecoming Game against Chamberlain.

Two golfers get in the top 100 at State

Golf stars Kaedom Jack and Landon Little represented Lakota Tech at the state golf tournament in Aberdeen, where Kaedom came in at 94th place, and Landon came in at 51st.

The two gentlemen also performed proudly at the LNI competition, taking second place in the team competition. Kaedom Jack brought it in at seventh place, while Landon Little took first place.



Coach Greg Stolley, Kaedom Jack, Landon Little, and Coach Rich Patton take a moment at LNI to ponder on their success.



The Boys Golf team consists of Coach Greg Stolley, Tayten Kills Small, Kaedom Jack, Landon Little, Antoine Running Bear, Bradley Chandler, and Coach Rich Patton.

Lakota Tech High School
 14 New Wolf Creek Rd.
 Pine Ridge, SD 57770

Calendar of Events

October 2022						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
16	17 Journalism Convention @ SDSU	18 VB Home vs. Edgemont	19	20 FB Home vs. Beresford VB Home	21 State Dance & Cheer End of Qtr 1	22 Cross Country State A
23	24	25 VB Home vs. Kadoka	26 Halloween Haunted House & Dance	27	28	29
30	31 VB 1st Round Regions	<i>Note: early out every Friday for Staff Inservice Meetings</i>				
November 2022						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3 VB 2nd Round Regions	4	5
6	7	8 VB SoDak 16	9	10	11 No School Veteran's Day	12
13	14	15 Turkey Bingo Family	16	17	18 VB State	19
20	21	22	23 24 25 THANKSGIVING BREAK			26
27	28	29	30	<i>Note: early out every Friday for Staff Inservice Meetings</i>		

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