

If you are concerned that your child may have a disability, contact your local school district or charter school for more information about the Child Find process.

LOCAL CONTACT INFORMATION:



ATASCOSA-McMULLEN SP. ED. COOPERATIVE

831 Stadium Drive
Pleasanton, Texas 78064

830-569-1355



Education Service Center, Region 20 provides technical assistance to families and schools related to CHOLD FOND.

For questions and more information contact a specialist at 210-370-5411.

CHOLD FOND

EDUCATION SERVICE CENTER, REGION 20



DEVELOPMENTAL MILESTONES



SHOW



GROW



GO

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DEVELOPMENTAL MILESTONES



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This milestone checklist is designed to help parents and educators understand what typical developmental skills can be expected in children by certain ages. If you know a child that has not yet reached these milestones, connect with your local school district for more information.



2 YEARS

3 YEARS

4 YEARS

5 YEARS

LANGUAGE & COMMUNICATION

- Uses more words than gestures
- Begins to use 2-word phrases
- Uses and understands at least 50 words including some action words
- Uses pronouns such as Me, My, You

- Consistently speaks in 2-3 word phrases (knows at least 100 words)
- Most speech is easily understood by family
- Asks simple questions starting with "What" and "Where"
- Understands and follows 2-step directions ("Take off your shoes and put them away.")

- Correctly uses plurals and pronouns (he and she)
- Tells a story in a general sequence
- Sings songs from memory
- Uses a variety of words in sentences that are easily understood by family

- Speaks clearly and is easily understood by people other than family
- Speaks in full sentences
- Speaks about past and future events using correct tense
- Retells stories and events with sequenced parts and details

PLAY & SOCIALIZATION

- Enjoys the use of toys in pretend play (using a phone to talk or feeding a baby doll)
- Shows interest and enjoyment when listening to stories
- Shows excitement to play alongside other children (may copy the play style of others)
- Consistently responds (verbally or nonverbally) when someone calls their name

- Shows empathy by comforting others when sad, crying, or hurt
- Asks for help when needed and participates in helping when asked (cleaning up)
- Shows a variety of emotions
- Participates in turn taking within a group

- Engages in pretend play with roles or characters (mom/dad, superhero, doctor/policeman)
- Seeks out and shows preference to play with others rather than alone
- Shares about areas of interest
- Plays cooperatively in a group of other children

- Shows a desire to please adults and be liked by peers
- Recognizes the feelings and perspective of others
- Easily transitions between tasks and shows flexibility in play
- Understands the concept of right and wrong, rules, and expected behavior

MOTOR & PHYSICAL

- Throws and kicks a ball a short distance without losing balance
- Begins to run with coordinated movement
- Walks up and down stairs while holding a rail or the hand of an adult
- Climbs up and down from a chair or couch without assistance

- Runs smoothly for short distances without falling
- Begins to dress and undress articles of clothing
- Walks up and down stairs with alternating foot movement
- Climbs furniture and playground equipment well

- Hops and stands on one foot without losing balance
- Eats independently with little assistance needed
- Shows eye-hand coordination when cutting with scissors
- Pedals and rides a tricycle

- Hops with ease, beginning to skip
- Completely independent with toileting skills
- Brushes teeth without assistance
- Fastens and unfastens buttons, zippers, lids, and other small closures

COGNITION & INDEPENDENCE

- Finds things when hidden out of sight
- Sorts simple items into groups (by similar shape or color)
- Names common objects in books or the environment around them
- Shows preference for using one hand more than the other

- Understands opposites, why questions, and concepts such as "Yours" versus "Mine"
- Feeds self with utensils
- Understands 1:1 number correspondence (knows when there is one or two of something)
- Draws purposeful shapes and images (circle)

- Knows and will state first name, last name, and age
- Understands the concept of counting (names some numbers and shapes)
- Understands the concept of "same" versus "different"
- Draws a simple image of a person with primary body parts

- Understands the difference between real and make-believe
- Begins to print letters and shapes
- Counts up to ten items
- Shows a general understanding of everyday concepts like money and time