



"Learning...a voyage for a lifetime"

**HAMPTON SCHOOL DISTRICT**  
SCHOOL ADMINISTRATIVE UNIT 90

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**KATHLEEN A. MURPHY**  
*Superintendent of Schools*

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*Director of Student Services*

**MARIAH B. CURTIS**  
*Director of Finance*

March 9, 2020

Dear Parents and Staff;

The SAU 90 district office continues to monitor the COVID-19 (coronavirus) and the impact it has and may have for our students. The situation remains fluid with continuous advice from medical personnel. We continue to receive updates from Dr. Benjamin Chan, State Epidemiologist and Dr. Elizabeth Talbot from Dartmouth Hitchcock Hospital both overseeing this medical crisis.

In addition, we receive guidance from the Center for Disease Control and the NH Department of Education.

Since the 40 students from Winnacunnet High School arrived home Friday February 28, they have been excluded from school. In addition, the teachers that accompanied the students on the trip have also been excluded. Both students and teachers remain asymptomatic. Siblings and extended family members have not been excluded including the students who attend Hampton Schools K-8.

The district is reviewing upcoming overnight trips scheduled for students at Hampton Academy in April and May. The Department of Health and Human Services is expected to provide guidance relative to out of state and out of country trips. We are reviewing all out-of-state and international trips currently scheduled for the remainder of the school year. You should expect that we will act with an abundance of caution in considering whether these trips will go forward.

Please review the reminders below that are helpful in minimizing the viruses

- Wash hands frequently with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based hand sanitizers.
- Avoid touching eyes, mouth and nose with unwashed hands.
- Do not share personal items such as water bottles, smokes and/or vapes.
- Avoid close contact with individuals who are sick.
- Stay home when you are sick. Remain home for at least 24 hours after you no longer have a fever (without fever-reducing medication) or signs of a fever (i.e., chills, feeling warm, flushed appearance), and respiratory symptoms are improving.
- Cover your cough or sneeze with a tissue, then immediately discard the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.



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**What information can we provide to children about COVID-19?** Two resources that may be helpful in talking to children about COVID-19 are listed below:

- [Talking with Children: Tips for Caregivers, Parents, and Teachers During Infectious Disease Outbreaks](#)
- [Just For Kids: A Comic Exploring The New Coronavirus](#)

**Where can I go for the most up-to-date information about the COVID-19 outbreak?** Outbreaks involving COVID-19 evolve quickly and recommendations from public health officials may change as new information becomes available. Please check the following websites often for updated information:

- U.S. CDC website:  
<https://www.cdc.gov/coronavirus/2019-ncov/summary.html>
- NH DPHS website:  
<https://www.dhhs.nh.gov/dphs/cdcs/2019-ncov.htm>

The district's priority is the safety and wellness of our students and staff. We will continue to seek guidance, monitor the situation and provide you with updates.

Thank you,

Kathleen