

**REMINDER TO STUDENTS/PARENTS:** Student e-mail accounts should only be used for schoolwork and educational purposes.

"It doesn't matter what has been written in your story so far. It's how you fill up the rest of the pages that counts." - Arthur Unknown

MONDAY, APRIL 26

Breakfast –Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

- Girls Soccer @ Newberry 5:30/7 p.m.
- JV Baseball vs. Fairfield 6 p.m.
- JV Boys Soccer vs. Newberry 5:30 p.m. Varsity Boys Soccer vs. Chester 7 p.m.

### TUESDAY, APRIL 27

Breakfast – Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

- Golf Region Tournament @ MCCC
- Softball @ Fairfield 5 p.m./7 p.m.
- Varsity Baseball @ Fairfield 6 pm.

#### WEDNESDAY, APRIL 28 VIRTUAL LEARNING DAY

Girls Soccer @ Chester – 5:30 p.m./7 p.m.

Track @ 96

#### THURSDAY, APRIL 29

Breakfast – Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

- Boys Varsity Soccer @ Westwood 7 p.m.
- JV Baseball @ Fairfield 6 p.m.
- Softball vs. Fairfield 5 p.m./7 p.m.

### FRIDAY, APRIL 30

Breakfast – Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

- Girls Soccer vs. Greenwood 5:30 p.m./7 p.m.
- Varsity Baseball vs. Fairfield Central 6 p.m.

SATURDAY, APRIL 31

## Good News

Congratulations to Coach Kibler, Coach Lewis, and the MCHS Academic Challenge Team!

2nd Place (Runner-up) State of South Carolina (Academic Challenge Team) Big School Division

Note: Smallest school in the state designated to the Big School Division!

Team: Katie Mae Crooks (asst. captain), Sam Downs, Jack Gantt, Kendellin Haltiwanger, Jeremy Hollowell (captain), Dakota Ross, Christopher Scott (honorary

captain), Harrison Scott (captain), Emma Stuck, Sabrina Weng, and David VanZadelhoff

### Cafeteria News



All school lunch and breakfast are at **ROLLING** NO charge for the remainder of the 2020-2021 school year. Students who choose to bring their own lunch may still

get a fruit, vegetable, fries, or milk at no charge. Also, if you have a negative balance from last year please clear it up asap.

We have meal pickups on Wednesday 10 a.m. until 12 noon. You do not have to register to pick up. Pick up is in the car rider line.

## On-going/Upcoming Events

Parents are reminded to use the link on each school's website to report a COVID-related incident. The information requested indicates if your child has symptoms, has tested positive, or has been identified as a close contact or household contact. Thank you for your continued support of our district.

https://www.midcarolinahighschool.org/article/369980?org=mchs .....

2020-2021 SAT Test @ MCHS May 8, 2021 June 5, 2021

..... CLASS OF 2021

If you have not placed your senior supply order or you have a balance, you will need to call Rhodes Graduation Services (Jostens) at (803) 485-4503. You may also contact them at <u>office@rhodesgraduation.com</u>.

Senior Night will be presented in a virtual format with the date and time to be determined.

A Virtual Baccalaureate Service will be held at 4:00 p.m. on Sunday, June 6.

Graduation will be held at Lon Armstrong Stadium (MCHS Football Field) at 9:00 a.m. on Friday, June 11, 2021. Our rain-out date will be Saturday, June 12, 2021 at 5 p.m. A pass will be required for entry on either date. .....



Yearbooks for the 2020-2021 school year have already been ordered. A limited number of extras were ordered.

If you would like for your name to be placed on the waiting list, please contact Mr. Peter Lewis at <u>plewis@newberry.k12.sc.us</u> as soon as possible If you receive a yearbook at delivery, payment of \$75

	will be expected at time of issue.
	WORD POWER
M	<b>EBULLIENT</b> showing liveliness and enthusiasm <b>TOUCHSTONE</b> a test for determining quality
ſ	<b>ADULATE</b> to flatter or admire excessively <b>CHLAMYS</b> a short oblong mantle of ancient Greece
W	FORFEND to prevent, protect, or preserve PURLOIN to appropriate wrongfully
1 <sup>°</sup> H	<b>LONDESTONE</b> a magnetic rock or a thing that attracts <b>OBSTREPEROUS</b> stubbornly resistant to control
F	<b>DISCOMFIT</b> to thwart or disconcert <b>MINATORY</b> having a menacing quality



# **Mid-Carolina High School**

### A Proud Past. A Promising Future.

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

### **STAYING UP WHEN YOU'RE FEELING DOWN**

We all have those days, days when we feel blue or stuck or otherwise not so good. Well, here are my best tips to feel better.

If you are tired, get some sleep!!! Many times life is soooo much better when you're rested. Focus on what you have to be grateful for. This helps me every time.

Plan something fun or exciting. I believe we have to have something to look forward to. This does not have to be expensive; it just has to be something you enjoy.

Stop looking for want you want where you know you won't find it. Keep trying to get someone to give you love who never has before? Go to someone else. Keep going to the job you hate looking for work satisfaction? Go somewhere else.

Have something in your life that NEV-ER fails to make you smile. This is probably not going to be a specific person everybody has a bad day. I'm thinking of a movie or television show you love, (for me this is my chocolate hobby), a snuggly blanket, being outside—I don't care what it is. Just find it and use it when you feel bad.

Stop trying to control what you can't. Usually for me this is other people. I am always at my saddest when I'm trying to get someone to love me. Can't be done. Let go. Do your best with what you can control.

Know thyself. For me, sometimes the best way to feel better is to get busy. Accomplishing something makes me feel better (it also gets my mind off my troubles). Maybe this would work for you too. Or maybe you need quiet time. Know what you need and give it to yourself.

Stop comparing yourself to others, yourself to where you thought you'd be by now, blah, blah. Comparing never helps and ALWAYS makes you feel worse. You are where you are—focus on where YOU want to be don't let where others are concern you.

—Denise Ryan



Facult

#### **Important Dates**

5/8	SAT
5/24	EOC—English II Writing
5/25	EOC—English II Reading
5/27	EOC—Algebra I
5/28	EOC US History
5/31	Memorial Day—Schod/Offices Closed
6/1	EOC—Biology I
6/1-6/4	Senior Exams
6/5	SAT
6/6	Baccalaureate—Virtual (Tentative)
6/7-6/10	Underclassmen Exams
6/9	Half Day for Students
6/10	Half Day for Students
6/11	Teacher Workday & MCHS Graduation



