

All,

Our very first Mass Physical Screening for Christus Sulphur Springs is going to be held on Thursday April 29<sup>th</sup>. Below are the scheduled times for each of our schools that are participating in this event:

**Thursday April 29th**

4:30 Rains

5:45 Saltillo

6:15 Winnsboro

7:30 Como-Pickton

8:15 Sulphur Springs

This Event will be held at the Hopkins County Civic Center in Sulphur Springs

1200 Houston St, Sulphur Springs, TX 75482

**Things to Remember:**

The Only form that will need to be brought to the Physical Screening is the **PREPARTICIPATION PHYSICAL EVALUATION -- MEDICAL HISTORY FORM**

On the front of this form, please make sure that it is thoroughly filled out by the Student Athletes Parent/ Guardian.

On the Bottom of the PREPARTICIPATION PHYSICAL EVALUATION -- MEDICAL HISTORY form there is a PARENT/GUARDIAN signature that is Required. Please make sure there is a signature on this form or they will NOT be able to participate in this screening.

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct. Failure to provide truthful responses could subject the student in question to penalties determined by the UIL

Student Signature:

Parent/Guardian Signature:

Date:

Please Make sure that the backside of the **PREPARTICIPATION PHYSICAL EVALUATION -- MEDICAL HISTORY FORM** is left blank. We will fill the back portion of this form during the Screening.

As of 2017 Christus has discontinued doing Screening for Incoming 7<sup>th</sup> graders (Current 6<sup>th</sup> Graders). The reason behind this decision is because our event is a SCREENING and not a thorough exam. UIL recommends that Student Athletes that start participating in sports for the first time to get a thorough examination and we feel that is best with the Student Athletes Primary Care Provider.

Also, this event is for Students that are in Athletics or participating in a Sports. This means that this event is not for Band Only students. The reason behind this is our student athletes are monitored by health care professionals (Athletic Trainers) every day. We feel that the band students should have a thorough examination which is done by their primary care provider. Especially for our small schools, we understand that there will be some cross over for Students to participate in BOTH Athletics and in Band, if this is the case, that student MAY participate in our Mass Physical Screening.

### **Covid Protocols**

1. Due to the more aggressive British strain for Covid which is currently spreading through younger populations as the dominant strain, and in an effort to protect our staff and providers please remember that all Covid masking and social distance recommendations will also be strictly observed during these events.
  - a. A temperature check will be taken prior to the students entering the event.
  - b. Masks are required and must be worn over the mouth and nose at all times while the students are attending the event
  - c. Social distancing will be observed and enforced throughout the facilities
  - d. Proper clothing requirements will also be enforced. Student athletes should come properly attired in:
    - i. shorts
    - ii. T-shirt
    - iii. Socks
    - iv. Close toed shoes

**Student athletes who do not comply will be removed for the screening.**