



CHOOSE TO MOVE

NORTHERN REHAB CHALLENGE & FOOD PANTRY FUNDRAISER

MAY 1-17, 2021

Accept our CHALLENGE and
Help Raise funds for local FOOD PANTRIES!

- COMPLETE 4 activities on our ACTIVITY CARD
 - Download and print from our website or social media, or pick up from one of our four Northern Rehab locations.
- Turn in your COMPLETED ACTIVITY CARD to any Northern Rehab location to receive our limited-edition T-shirt!
- Northern Rehab will donate \$5 to local Food Pantries for EACH Activity Card turned in! We're supporting BARB FOOD MART, SPARTAN FOOD PANTRY, DEKALB COUNTY COMMUNITY GARDENS, GENOA FOOD HUB & ROCHELLE FOOD PANTRY!
- ENTER OUR RAFFLE to win a GIFT CARD to OLLIE'S, DAIRY RIPPLE, PETE'S CASTLE or THE COUNTRY SCHOOL! Take a picture of yourself completing ONE activity. Post (or e-mail us) your PHOTO and TAG Northern Rehab on SOCIAL MEDIA.
- Optional Donations (cash or check) will be collected at all clinic locations

#CHOOSENORTHERNREHABFIRST

Visit [NORTHERNREHABPT.COM/EVENTS/](https://www.northernrehabpt.com/events/) for Info