



Brain Gym *Contributed by Lisa Damren*

Current research shows that an active body stimulates brain function and activity. Brain based learning is used throughout PE at the Lyme School and this week, a group of third graders put their body and brains into action !! Demonstrating creativity and cooperation, this group created a balanced structure made out of plastic colored disks, demonstrating how the brain and the body make a great team!



Create -a- Critter

As a means to understand and explain the six attributes of all living things, fifth grade science class created their own species which identified how an animal could adapt and survive in a specific environment. This activity is an example how imagination and knowledge converge to result in a more substantial understanding. Neurologically it also utilizes both hemispheres of the brain, according to studies which associate creative thinking with one hemisphere and "content memory" with the other. Some critters included the Dapple Torta, the Camalert (see Below), the Mud Lorfis who lives in burrows under lakes and streams and has evolved a broad tail and flat head to survive, or the Scalaptipor who has adapted rapid growth and a strong sting to survive in its environment.

What is a NECAP *(pronounced Knee cap)*

It is ironic that the state would name its standardized test after the preferred target of movie mobsters to inflict pain, but I assure you we not trying to mistreat anyone (even if standardized tests feel a little like torture to elementary students). The NECAP is New Hampshire's required test and part of the Federal Government's No Child Left Behind Act. The test is administered over four half days (this may be different from school to school) and assesses writing, reading, math and as of last year science. Results of this assessment are sent home to parents and kept at the school. Typically, the results follow in February. These tests are used locally to determine the trends of students' performance. These multi year trends help to inform if curricular reforms may be necessary. Standardized tests have been the source of great debate in the press recently as to their validity. Regardless of our perception, we are required to administer the test. We are fortunate that our students generally do well. We hope the data the tests provide can result in conversations which assist us in maintaining the level of instruction which Lyme School has been noted for.



K-4 Open House Tonight
6:30 - 8 pm

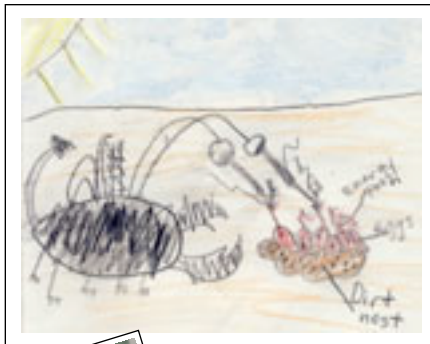
SERVING THE LYME COMMUNITY FOR OVER 100 YEARS

THE LYME SCHOOL

Newsletter



INK Spot
Imagination and Knowledge



The Dapple Torta

Lives and lays eggs underground, eats ants, has spiked tail for protection.



The Camelert
Part Camel, Part Giraffe, Part ...



KIMBALL UNION
ACADEMY

ADMISSIONS OPEN HOUSE

Saturday October 25 & Saturday November 8
Kimball Union Campus center

Meet faculty, parents and students • Tour our beautiful campus • Learn about our academic, art and athletic programs

For more information or to RSVP
admissions@kua.org or call (603) 469-2100
www.kua.org

It's a Girls World

Tuesday, October 21st, at 6:45 pm
To Parents of Third through Eighth Graders (and anyone else who would like to come!),



At the Lyme School, on Tuesday, October 21st, at 6:45, we will be showing the film *It's a Girls World*. This film is a documentary about "social bullying"- specifically, how girls use their power to hurt each other. Parents of boys are as welcome as are parents of girls.

"Relational bullying" is not a new issue to schools. Let's all get on board with this and help to make the Lyme School a leader in eliminating exclusion and hurtful behavior. We hope to see you on the 21st!

NO SCHOOL
THIS THURSDAY OR FRIDAY
(Tomorrow)



THE LYME SCHOOL Newsletter



Lunch Week of 10/13 to 10/17



Ala carte Fruit and Milk are available everyday at Lunch

| | |
|------------------|--|
| Monday | Beef Tacos Corn Chips with Salsa Hot Vegetable Brownies |
| Tuesday | Macaroni and Cheese Corn Bread Garden Salad Ice Cream |
| Wednesday | Grilled Cheese & Corn Chowder Garden Salad Fresh Fruit Cookies |
| Thursday | Chicken Burgers Tater Tots Mixed Vegetables Cake |
| Friday | Homemade Thin Crust Pizza Garden Salad Mixed Fresh Fruit Cookies |

You may print color copies of the Newsletters at:
www.LymeSchool.org



Contact me at: Jeff.Valence@valley.net
Phone: 795-2125
or just stop by.



Lunch Week of 10/20 to 10/24

| | |
|------------------|---|
| Monday | Chicken Nuggets Tater Tots Fresh Fruit Garden Salad Brownies |
| Tuesday | Spaghetti Garlic Bread Garden Salad Ice Cream |
| Wednesday | Grilled Cheese & Chicken Noodle Soup Garden Salad Fresh Fruit Cookies |
| Thursday | Hot Dog & Bun Tater Tots Garden Salad Ginger Bread |
| Friday | Homemade Thin Crust Pizza Garden Salad Mixed Fresh Fruit Cookies |



Bulb-a-thon Reminder...



Lyme students to keep getting sponsors for bulbs. Make an impact not only in your class accounts but locally, nationally and globally!

Deadline to return bulb-a-thon envelopes is

Monday, October 13th. The bulbs will be planted on Friday, October 17th. If you have question or would like to volunteer with planting please contact Sue Hanlon 353-9933 or shanlon@webmd.net.

Next PTO Meeting
Tuesday, October 21 at 7:00 p.m.



Lyme School Student Directories go home next week. Limited amounts of directories are still available if you didn't get a chance to renew your PTO Membership. Contact: Christine.Farris@mac.com or 795-2022

GOT BOX TOPS?

Next collection
Thursday, October 23



K-4 Open House Tonight 6:30 - 8 pm



All Blisters Pledges Due October 15th

