



Winterset Community Schools

Health Education Standards

Standard 1: Comprehend concepts related to health promotion and disease prevention.

Standard 2: Access valid health information and appropriate health promoting products and services.

Standard 3: Practice health enhancing behaviors and reduce health risks.

Standard 4: Demonstrate effective interpersonal communication skills to enhance health.

Standard 5: Use goal-setting and decision-making skills to enhance health.

Standard 6: Demonstrate advocacy skills for enhanced personal, family, and community health.