

Ongoing Conversation: Internet Safety



This past week students from the 8th grade joined Crossroads Academy at a presentation by Jennifer Frank the Interim Emergency Planning Manager and Special Investigator for crimes against Women at

Plymouth State University. She spoke about various forms of social media and cyber bullying. It was a great reminder to about the care that should be taken when posting information on the internet. Here is what some students had to say concerning the message they took away.

Never post any thing which identifies personal information. Phone number address etc.

There is no such thing as deleting digital information or images. Even apps like Instagram which suggests the image exists only for a brief period of time can not eliminate the image if it is captured by someone else and reposted.

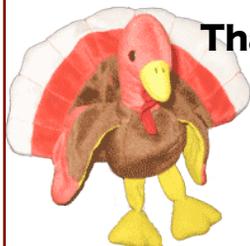
Employers, colleges and other individuals can see what you post on social media so be careful what you post and what it would suggest about you.



Privacy in the "internet age" is rare.

These messages can never be stated too often and reiterate what it discussed in computer class as well as adolescent issues. The Lyme School will likely be hosting Jennifer Frank for further discussion with a wider age range again, possibly this spring as well as continuing the conversation as part of our regular curriculum throughout the year. If you would like to get information about how to discuss internet safety with your children or have questions yourself, please feel free to contact us. In addition to the internet being a source of concern, it can also be a source of how to deal with that concern-- one such site can be found at: the National Children's Advocacy Center which has additional Links to resources as well as a concise list of simple ways to ensure your child's safety on the internet.

<http://www.nationalcac.org/prevention/internet-safety-kids.html>



Thanksgiving Break Begins Wednesday Dismissal at 12 noon



INK Spot

Imagination and Knowledge



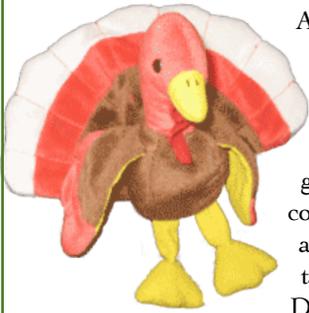
We Are Always Learning

I spent this past weekend at a conference on Learning and the Brain in Boston, where neuroscientists and educators from various fields gathered to discuss the newest research surrounding what we know about the brain, how it functions, when it learns, how it learns and what this means for education and educators. There were several sessions on what we now understand about the neurology of learning. Several discussions focussed on how large a role "play" has in the learning process and how effectively the brain is at learning when "at play". This is not likely, surprising as we see it in the natural world as well as our own lives. What is relatively new is that we now possess the technology to see and validate this observation and confirm that it not only occurs, but also how effectively the brain absorbs information while "at play". A bunch of the 6th grade boys have gotten into the blocks this fall in Art class. Ethan, William, Alex, James have all made intricate structures and ball runs. Tague, Owen, Tristan, Felix have all built TALL towers. There is good drama and celebration around the blocks as the structures get built....will the next block be the one that tips the balance and causes the whole thing to crash? At some point the builders will enlist someone to get the ipad and start documenting. The structures are constantly adjusted and there is rapid dialogue between the builders about what needs to happen next. The builders deal with principles of building and design, gravity, stability, balance, and coordination. The feedback it often immediate and get incorporated in the next design of a larger and increasingly complex structure. Learning is often most effective when the learner is relaxed, engaged, motivated and curious-- this may also be a good description of what it means to be "at play".





Community Thanksgiving Dinner



Again this year a number of Lyme families will be organizing a Thanksgiving dinner at the Lyme Congregational Church. We invite members of the greater Lyme and Lyme Center community to share fellowship around the Thanksgiving dinner tables at 2pm on Thanksgiving Day, November 28th. All are welcome, especially people who

might be alone for the holiday and people who enjoy sharing a meal with neighbors and friends. Quizbowl will follow after dessert!

If you'd like to join us, please contact:

Abbe Murphy (795-2287 Abigail.Murphy@valley.net) or **Sharon Greatorex** (795-4519, Sharongrtrx@gmail.com) by Sunday November 24th so that we may know how many to expect. Please let us know as well if you would like to bring a special dish.

Thank you and Happy Thanksgiving!

BAKE SALE

In September third graders read an article about survivors of Hurricane Sandy and it moved students in such a way that three boys decided to sponsor a bake sale to raise money for those effected. After much planning and coordinating the bake sale will take place on Monday.

November 25 at Snack time and Lunch

CONVERSE FREE LIBRARY

The Library will be closing at 5pm Wednesday, Nov 27th for carpet cleaning. We will reopen at 1pm Monday, December 2nd. Stock up on books before the holiday!

Message from the

P.T.O.

Thank You

On behalf of the whole school we would like to thank the PTO and our families for their thoughtfulness and wonderful lunches during Conference Week



Have a Heart Fill a Cart

4th Grade Food Drive to Benefit The Haven

Dates: November 25th, 26th, 27th
The "Cart" will be in the Lobby
Please fill with Non-Perishable Items



Menus

Week of 11/25 to 11/27 • Week of 12/2 to 12/6



BREAKFAST IS SERVED AT 7:45



Al a carte Fruit and Milk are available everyday



This Month's Menus **ON LINE** @

www.freshpickscfe.com/hampshireschool/Lyme-14.htm



Monday	Hot Lunch: Chicken Burger w/ fixin's Salad: Three Cheese Salad Deli Sandwich: PB&J Sandwich	Hot Lunch: Cheese Quesadilla Salad: Three Cheese Salad Deli Sandwich: PB&J Sandwich
Tuesday	Hot Lunch: French Toast Sticks Salad: Chicken Caesar Salad Deli Sandwich: Ham & Cheese Sandwich	Hot Lunch: Chicken Parmesan Salad: Chicken Caesar Salad Deli Sandwich: Ham & Cheese Sandwich
Wednesday	Hot Lunch: American Chop Suey Salad: Ham & Cheese Chef Salad Deli Sandwich: Egg Salad Sandwich	Hot Lunch: Ziti w/Meat Sauce Salad: Ham & Cheese Salad Deli Sandwich: Egg Salad Sandwich
Thursday	HAPPY THANKSGIVING!	Hot Lunch: French Toast Sticks Salad: BCLT Salad Deli Sandwich: Fruit & Yogurt Parfait
Friday		Hot Lunch: French Bread Pizza Salad: Ranch Chicken Salad Deli Sandwich: Turkey & Cheese Sandwich



Contact me at: JValence@LymeSchool.org Phone: 795-2125 or just stop by.
You may print color copies of the Newsletters at: www.LymeSchool.org



Hot Lunch Discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal law and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director of Civil Rights, 1400 Independence Ave., SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer."