



SERVING THE LYME COMMUNITY FOR OVER 100 YEARS

THE LYME SCHOOL

Newsletter



Things We can be Proud of

Education is the pursuit of making order of everything that lies in the chaotic wake of human nature. The accomplishments and history of our species is composed almost entirely of contradictions. As a species we are the very manifestation of contradiction — we possess an irrepressible need to create, while also demonstrating an irrational joy of wreckage. I was never sure which brought greater joy, the hours spent constructing sand castles or the minutes of its gleeful destruction as a personal version of Godzilla is played out. If you work with children you probably have to appreciate the joy of both. I often find myself in an oddly joyful fascination of the chaotic process of how we learn to understand each other and all the bundles of knowledge we have amassed as a species. I am almost envious of how blissfully unaware children are of the wake of chaos that trails behind them. (I say this is odd, because, this joyful fascination does not transfer as effortlessly to the wake of chaos if it trails behind adults.) As hard as I try to anticipate the course each child requires to gain this understanding, I am often left to marvel in how it defies predictability.

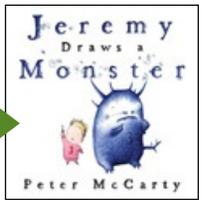
As strange as it may sound this is very often what I enjoy most about my job. I am continually surprised by the results when 200 independent, autonomous chaos machines interact with each other. What ensues is always surprising- sometimes it results in things we are disappointed and discouraged by, sometimes it results in things we can be proud of. I feel fortunate because I am given **purpose** in the work to help guide students as they struggle and given **hope** when students demonstrate a surprising capacity to exhibit sincere compassion and self awareness.

The past few weeks have provided a number of occasions when some of our students demonstrated what it means when we are at our best. The first example was the unsolicited desire to care for our school and surroundings, as several members of the 4th grade took it upon themselves to pick up trash which had accumulated on the playground over the course of winter. Another example was that several boys from the 5th grade met during Guidance Class with the 3rd grade to share their experiences learning how to develop friendships, show respect and demonstrate patience others (see their own words below) . Yet another was

the result of an activity in Art class where Kindergarteners drew pictures of monsters they imagined after reading "Jeremy Draws a Monster". Members of the 8th grade used each of these pictures to recreate a stuffy which looked exactly like their drawing. On Friday at morning meeting the 8th grade presented them to each of the kindergarteners (they even created one for a Kindergartener who joined the class after they had made the drawings). Knowing that our students have the inclination and concern for each other (and that these are only three examples of what are likely many more) is something to be proud of.



Project inspired by



INK Spot
Imagination and Knowledge

Casey made the Stuffy



Harper drew this Monster



Zoe made the Stuffy

Malia drew this Monster



5th Graders Talk to 3rd Graders About Developing Friendships

Four of us had a panel discussion in the third grade guidance class to discuss friendships and how people and friendships can change. From Ian: "Oscar and I were very competitive in first grade. We played on the same soccer team and we didn't like each other. Today we are very good friends. It changed when we began having to spend time together on a project and then end up talking. Julian: "Coming into the Lyme School as a fifth grader can be hard. I didn't know anyone and Lyme felt like a foreign environment. Eventually, after about 6 months, I got to know people and they became friendlier. We found out we had some things in common". Grayson entered the Lyme School in second grade and he felt it took a year for him to find his place among friends. From the group of four: "We are hoping our talk with the third grade will help to improve their friendships. We want them to know that people can change and that everyone deserves a second (and third and....) chances."

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From the Guidance Office:

Last week I attended a "Mindfulness" (versus MindFULLness) workshop. Mindfulness is defined as "Paying attention to the present moment.... with acceptance and non-judgement" (kindness and curiosity) One particularly poignant visual shared with us was a cartoon of a dog and it's owner looking out upon a beautiful landscape of a brightly shining sun, and some lovely green trees. The "picture bubble" coming from the owner and it's dog were very different. The dog was experiencing the beauty of the moment. The owner's mind was full of traffic, to-dos, undone dishes, blaring music and an iPhone.

It may come as a surprise to you, but a number of children have mentioned to me that their parents are oftentimes unavailable to them because they are on their phone or computer.

If you are having difficulty disengaging from the fast pace of your everyday life, and in particular, from the technology that seems to be keeping some of us from spending time enjoying the moment and our families, here are some strategies that were shared at my workshop.

- *Find some tech free times - many people try to designate the hour before bed, and the hour after just waking up.
- *Designate tech-free places: the dinner table, the car etc.
- *Try leaving your phone in the car while you run errands, rather than your pocket.
- *Designate wireless hours, and wired hours in the home/school
- *Only check messages when you can actually respond.

Enjoy warmer temperatures, get outside and smell the flowers :)

— Helen Skelly, School Counselor



Attached: So students don't miss school days for vacations....Check out next year's school Calendar (see attached)

Coming Soon...

Community wide calendar of Lyme summer programs. School. Church. Library. Town... all in one place!

Lyme Nursery School Camp Color Wheel

first 3 weeks of July, Monday-Friday 8:30 to 12:00, ages 3 to 5. The cost \$135.00 per session/week.

We will spend our days exploring water, reading stories, doing science experiments and just having fun!!!!

Please contact Kelly Downing at:
director@lymenurseryschool.org or 603-795-4567



Don't let these memories fade into obscurity...

Yearbooks!

Don't let history pass you by. Order today - Call the office or Bring a check to the office

Only **\$20** Order now so we will have enough



Menus

Week of 4/20 to 4/24 • Week of 4/27 to 5/1



Monday	HOT LUNCH: Chicken Nuggets Cole Slaw Carrots & Peas Apples Sandwich Option: SB and Jelly	HOT LUNCH: Pork Loin Stir Fry Oriental Veggies Brown Rice Fresh Fruit Sandwich Option: Veggie Burger
Tuesday	HOT LUNCH: Sloppy Joe on WG Roll Tater Tots Peas Fruit Salad Sandwich Option: Black Bean Burger	HOT LUNCH: Chicken Burrito Spanish Rice FF Sour Cream & Salsa Pineapple Sandwich Option: Tuna Salad with WG Wrap
Wednesday	HOT LUNCH: Taco Salad in a Tortilla Bowl Salsa, FF Sour Cream Cheddar Cheese, Ranch Fresh Fruit Sandwich Option: Caesar Salad	HOT LUNCH: Ground Beef Stroganoff with WG Egg Noodles Corn Bartlett Pears Sandwich Option: Garden Salad
Thursday	HOT LUNCH: Spaghetti & Meat Balls Garlic Roll Sweet Corn Mandarin Oranges Sandwich Option: Garden Salad	HOT LUNCH: Roast Turkey, Stuffing, Mashed Potato, Gravy Green Beans Fresh Fruit Sandwich Option: Caesar Salad with Chicken
Friday	HOT LUNCH: Cheese or Chef's Choice Pizza Ranch Pasta & Veg Salad Fruit Salad Sandwich Option: Egg Salad	HOT LUNCH: Cheese or Chef's Choice Pizza Ranch Pasta & Veg Salad Fruit Salad Sandwich Option: Egg Salad



Theater & Film WORKSHOPS
at Loch Lyme Lodge, Lyme, NH

Join Faith Catlin and her team of actors, directors, and musicians for our 10th year in the barn and by the lake!

Workshops meet Monday - Friday, 10am to 1pm
Plays have performances Fridays at 5pm

July 13 - 17	Write & act in an original play. Performance Fri., July 17, 5pm
July 20 - 31	Create an original musical. Sing, dance, act, or all three! Performance Fri., July 31, 5pm
Aug 3 - 7	Theater games & improv
Aug 10 - 14	Acting for the stage. Performance Fri., Aug 14, 5pm
Aug. 17 - 21	Write & shoot a film with Whitt Ingbreton & his award-winning crew

\$200 per week

To Enroll visit www.lochlymelodge.com
Questions? Call Faith at 603-667-3167

2015-2016 LYME SCHOOL CALENDAR

	M	T	W	TH	F		M	T	W	TH	F
JULY			1	2	3	JANUARY					<u>X</u>
	6	7	8	9	10 p	(19)	4	5	6	7	8 p
	13	14	15	16	17		11	12	13	14	15
	20	21	22	23	24 p		<u>X</u>	19	20	21	Q p
	27	28	29	30	31		25	26	27	28	29
AUGUST	3	4	5	6	7 p	FEBRUARY	1	2	3	4	5 p
(4)	10	11	12	13	14	(16)	8	9	10	11	12
	17	18	19	20	21 p		<u>X</u>	<u>X</u>	<u>X</u>	<u>X</u>	<u>X</u> p
	<u>I</u>	<u>X</u>	<u>26</u>	27	28		22	23	24	25	26
	31						29				
SEPT.		1	2	3	<u>I</u> p	MARCH		1	2	3	4 p
(20)	<u>X</u>	8	9	10	11	(23)	7	8	9	10	11
	14	15	16	17	18 p		14	15	16	17	18 p
	21	22	23	24	25		21	22	23	24	25
	28	29	30				28	29	30	31	
OCT.				1	2 p	APRIL					<u>T/Q</u> p
(21)	5	6	7	8	9	(15)	M	M	M	7	M
	<u>X</u>	13	14	15	16 p		<u>X</u>	<u>X</u>	<u>X</u>	<u>X</u>	<u>X</u> p
	19	20	21	22	23		18	19	20	21	22
	26	27	28	29	Q p		25	26	27	28	29 p
NOV.	2	3	4	5	6	MAY	2	3	4	5	6
(18)	9	10	<u>X</u>	12	13 p	(20)	9	10	11	12	13 p
	M	M	M	19	M		16	17	18	19	20
	23	24	E	<u>X</u>	<u>X</u> p		23	24	25	26	<u>I</u> p
	30						<u>X</u>	31			
DEC.		1	2	3	4	JUNE			1	2	3
(16)	7	8	9	10	11 p	(8)	6	7	8	9	L p
	14	15	16	17	18		S	S	S	S	S
	21	22	<u>X</u>	<u>X</u>	<u>X</u> p		<u>I</u>	<u>X</u>	<u>X</u>	<u>X</u>	<u>X</u> p
	<u>X</u>	<u>X</u>	<u>X</u>	<u>X</u>			<u>X</u>	<u>X</u>	<u>X</u>		

26 First day of School

June 9 – Grade 8 Graduation

Underlined No school days for students

T Teacher workshop days, no school for students

M Minimum days – students are released at 1:30 pm.

Thursdays – early release days – students are released at 2:00 pm.

X School closed for students and teachers

E Students are released at 12:00 pm

Q Quarter ends

S Extra for snow days

L Last day of school if no snow days

Workshop days for Lyme staff: August 24, September 4, April 1, May 27, June 20.

Note: NH State Department requires adding five snow days to the 180 instructional days calendar for students. Adhering to this requirement, the last day of school is scheduled to be June 17. The last day of school may be earlier, depending on the number of days lost to emergency closings, but no earlier than June 10.

Adopted: March 26, 2015