



Van Dyke Public Schools
Every Student, Every Day, No Matter What

Parent Online Support Group



Can you relate to any of the above images?

- ✓ Are you stressed out trying to manage your child's schoolwork during this pandemic?
- ✓ Are you frustrated with trying to meet the demands of online learning and finding time to take care of yourself?
- ✓ Are you trying to manage working from home and supervising your child's education online?
- ✓ Is someone in your home ill, in the hospital, or suffered a loss during this time?

Parenting in these uncertain times is anything but easy.

We get it and we are here to help!

Please join us for a **FREE weekly online discussion** voicing the challenges that parents/grandparents/guardians are experiencing during these unprecedented times!

- ❖ Our goal is to provide weekly, meaningful content and experiences to help you navigate these uncertain times
- ❖ This is a "space" for parents to remind each other that by taking care of themselves, they will strengthen their families and meet the challenge of our lifetime with grace and confidence
- ❖ Facilitated by 2 of our School Social Workers: Glynis Dale, LMSW & Kathie Bair, LMSW
- ❖ Virtual meetings will be held weekly from 12:00-1:00pm (starting Wednesday, April 14th)
- ❖ To **register and receive Zoom meeting URL**, please email: huey.tricia@vdps.net

We look forward to seeing you!