

# Welcome to the Lyme School

One of the wonderful aspects of being an educator is the clear beginnings and endings to each year. These provide an opportunity to reflect on the past 12 months and plan for how to make the next 12 even better. While our school has been in the same location place for over a century, in reality, it is a different place each year. New families arrive, while other families' children graduate. Faculty members join us and leave us. Because a school is really the people who compose its community, with these changes the school annually becomes a different place. Ideally, there is the commitment and continuity to hold on to those attributes that are most valued, while we learn and evolve through incorporating others. I would argue that in fact it is our responsibility, because of the belief that we hold that learning from each other allows us to become better than we would be otherwise.

While this annual process of renewal is exciting and potentially very constructive, change inevitably includes challenges. These challenges, possess the potential to erode the progress we have made if we are not intentionally active in our efforts to support what has contributed to establishing who we are and what we value.

Each of us may identify the key attributes of our school differently. From my perspective, these attributes include: having patience, valuing each other for who we are versus who we are not, deferring judgement with a commitment to understand and listen, seeking to improve others' lives before our own, understanding that our actions, however subtle or discrete, contribute to the definition of who we are, and, finally, relying on well intentioned honesty to remind one another when we inevitably falter from being our best.

In this vein, welcome to everyone the Lyme School, a familiar place for some of you, and a new opportunity for all of us to create a world we dream can exist.

## GOLDEN RULE:

Parents: Never Perseverate-Communicate!

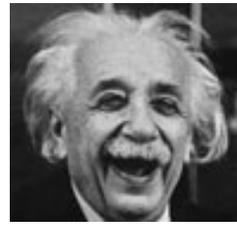
Don't lose sleep or worry needlessly; together we can work on a solution.

Call me, stop by or send a telegram. I would love to hear from you. My hope is to ensure that before you lose any sleep worrying about something, you feel you can call to get the support, attention, information, and reassurance you need.



## INK Spot

Imagination and Knowledge



Albert Einstein was quoted as saying, "Imagination is more important than knowledge." This is quite a statement from someone who is often the symbol for academic knowledge, but it reinforces that even he saw the necessity for the development and emphasis of these two factors in educating our children. I began collecting work for **INK** (which stands for Imagination and Knowledge) as a way to feature the important balance between developing both the "mind of knowledge" and the "mind of imagination". This spot in the newsletter is devoted to sharing examples. Encourage your child to submit something!



**First Day of School:**  
**Wednesday, August 30th**  
**8:00am**

We may not be the Olympics, but we have a really nice tradition to start school which includes: ringing the old school bell, the parade of classes and the welcoming of the kindergarten by the 8th grade. The bell will be rung to officially start the school year at 8 a.m. in front of the school. Parents, be sure to make it if you can and arrive before 8:00.

**Ice Cream Social**

**Tuesday, August 29th 6:00 pm**  
**Picnic Concert 5pm**  
 on the playground of the Lyme School in combination with the library's summer reading program celebration. It all begins at 6:00 pm. Hope to see everyone there!





### Lyme Bus Routes 2017-2018

If you are interested in your child riding the bus and/or would like to know details, please contact **Kathy Waste 795-4440**. Once we have a firm idea of who is riding the bus, we can finalize our routes.

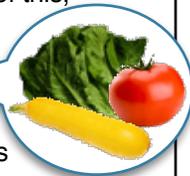


### Lunch Accounts

Students purchase lunch via a debit from their lunch account. Checks can be made out to "Lyme School Lunch Program." Application to the federal free and reduced

program are being sent home the first day of school with your child. If you don't qualify for the federal program, but require support, complete the form and contact me (Jeff) to determine if there are alternatives that can assist you. The price of hot lunch is **\$3.75**.

Want more locally sourced food? Less of this, or more of that? If you have an interest in helping to shape and advise the hot lunch program, please contact the school chef Larry, Alicia Willette, or Heidi Lange. The Wellness Committee is planning to meet soon and they would appreciate your involvement or input.



# Can't wait to see you all!!



### Menus

Week of 8/30 to 9/1 • Week of 9/5 to 9/8



Al a carte Fruit and Milk are available everyday



<b>Monday</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
<b>Tuesday</b>	<b>NO SCHOOL</b>	<b>HOT LUNCH:</b> Brunch for Lunch! French Toast, Local Sausage, Home Fries, Local Maple Syrup, Fresh Fruit Juice <b>Option: BYO Salad</b>
<b>Wednesday</b>	<b>HOT LUNCH:</b> Cheese Pizza or Chef's Choice, WG Chips, Ice Cream, Salad Bar, Fruit, Apple Juice <b>Sandwich Option:</b> Tuna Salad on WG Bread	<b>HOT LUNCH:</b> Cheese Pizza or Chef's Choice, Salad Bar, Sautéed Green Beans, Watermelon <b>Option: BYO Salad</b>
<b>Thursday</b>	<b>HOT LUNCH:</b> Beef Stroganoff with Egg Noodles, Peas and Carrots, WG Garlic Roll, Granny Smith Apples <b>Option: BYO Salad</b>	<b>HOT LUNCH:</b> Chicken and Broccoli Alfredo, WG Penne Pasta, Garlic Bread, Fresh Sautéed Veggies, Fresh Strawberries <b>Option: BYO Salad</b>
<b>Friday</b>	<b>HOT LUNCH:</b> American Chop Suey with WG Noodles, Garlic Bread, Broccoli au Gratin, Salad Bar <b>Sandwich Option:</b> Egg Salad on WG Bread	<b>HOT LUNCH:</b> Pork Enchiladas, Refried Beans, Local Organic Tortilla Chips, Fresh Pico de Gallo, Apple Crisp <b>Option: BYO Salad</b>

Message from the P.T.O.

**2017-2018**

**ARTIST IN RESIDENCE**

**AKWAABA  
ENSEMBLE**

Traditional African Drum and Dance Ensemble



Contact me at: [JValence@LymeSchool.org](mailto:JValence@LymeSchool.org) Phone: 795-2125 or just stop by. You may print color copies of the Newsletters at: [www.LymeSchool.org](http://www.LymeSchool.org)



Hot Lunch Discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal law and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director of Civil Rights, 1400 Independence Ave., SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer."