



# NEBRASKA HEALTH EDUCATION STANDARDS & WHAT THEY MEAN FOR KIDS

The Nebraska Department of Education (NDE) recently released a first draft of Health Standards. These standards are meant to guide curriculum for all Nebraska schools, including public and non-public schools. The Health Standards are a deeply flawed, ideologically driven document. Should such standards be adopted by schools, children will be placed in peril, many educators will find their professional judgment and conscience under attack, and the culture will move toward a further normalization of child sexualization.

## BACKGROUND ON HEALTH STANDARDS

The NDE provides content area standards for a variety of subjects, which are also periodically reviewed and updated. These standards are the building blocks for curriculum in schools, and it is assumed that they will be used to form the “what” of teaching in the classroom – units, lessons, and activities. While not mandatory for any school, state standards heavily influence classroom learning.

The NDE’s new Health Standards are the first ever such standards proposed. The initial draft that has been presented is the first step in a longer process of revisions. A final draft will be considered for acceptance by the Nebraska State Board of Education in the fall of 2021.

**While there is quality material in the first draft of the Health Standards, there is an abundance of concerning issues regarding marriage, family, and human sexuality. Some examples include:**

### SEX EDUCATION



- In Kindergarten and 1st grade, students will discuss genitalia.
- In 7th Grade, students will “define vaginal, oral and anal sex and their relationship to STD/HIV transmission.”
- In 8th Grade, students will discuss ways to prevent pregnancy, pregnancy testing, “discuss sexual consent and agency”, and “discuss and describe various ‘isms’” including “racism, sexism...and heterosexism.”
- High school students will discuss sexual consent, contraceptives, “local services that provide contraceptive methods including emergency contraception.”

### MARRIAGE & FAMILY



- Kindergartners will “discuss different kinds of family structures. (e.g. single parent, blended, intergenerational, cohabitating, adoptive, foster, same-gender, interracial). *Note that traditional marriage between a man and woman is not mentioned.*
- In 3rd Grade, students will “define sexual orientation”, “identify trusted adults whom students can ask questions about gender identity and sexual orientation.”

### HUMAN SEXUALITY



- In 1st Grade, students “define gender, gender identity, and gender-role stereotypes.”
- In 4th Grade, students “distinguish between sex assigned at birth and gender identity and explain how they may or may not differ.”
- In 5th Grade, students “explain that gender expression and gender identity exist along a spectrum.”
- In 6th Grade, students “define and explain differences between cisgender, transgender, gender non-binary, gender expansive, and gender identity. Define sexual identity and explain a range of identities related to sexual orientation (e.g. heterosexual, bisexual, lesbian, gay, queer, two- spirit, asexual, pansexual)”

### IMPORTANT OMISSIONS



- The role of parent as the primary educator of their child, especially on matters of human sexuality.
- How the scourge of pornography leads to sexual objectification, the creation of shame/depression, and sexual dysfunction.
- Digital citizenship: Healthy internet and social media behaviors.



# DEAR NEBRASKA PARENTS,

Thank you for giving the gift of Christian education to your children. Daily it seems we are reminded of the value of that gift – in times like these we see its beauty, truth, and goodness fully.

As you're aware, recently released health standards from the Nebraska Department of Education include material that promotes a false understanding of God's design for marriage and human sexuality. The standards also raise concerns about respect for the role of parents as the primary educator. Please consider how you can shine the light of Truth and Christ's love onto the Nebraska Department of Education Health Standards. Below are some action items for you to consider:

## GIVE FEEDBACK

- Take a moment to respond to the NDE Health Standards. Your voice as a parent and the primary educator is vital!
- Practical Tip: Team up with friends or colleagues to break up the standards so the process of review and response is more efficient.

## EDUCATE

- Where you have doubts or questions about Christian teaching, ask your pastor for help! This is a great moment of education, formation, and evangelization!
- Are there families concerned about this who you can educate? Are there families outside the school you can evangelize or even bring into your school?

## TEACH

- Depending on the age, this may be a great moment to sit down with your child(ren) and discuss the fullness of the Truth regarding the dignity of all people, and the fullness of Christian teaching regarding marriage, sex, and procreation.
- Discuss with your kids why issues like this highlight the value of Christian education – kids should understand the gift you've given them, with the hope that they and one day will hand it on to others!

## LEADERSHIP

- If you are engaged with your parish and/or school, use that position to encourage others to speak up. Evangelize and encourage others to share the truth about God's design for marriage, family, and human sexuality.

## FREQUENTLY ASKED QUESTIONS



### HOW CAN I HELP?

There are three simple ways to have your voice heard!

1. The Nebraska Department of Education is asking for feedback. The window of time to submit your thoughts is limited, so please visit [https://nde.qualtrics.com/jfe/form/SV\\_8d11y2pRSfXIG8R](https://nde.qualtrics.com/jfe/form/SV_8d11y2pRSfXIG8R)
2. You can share your thoughts directly with your elected School Board Member. You can find your representative at <https://www.education.ne.gov/stateboard/members/>
3. Stay informed by joining the Nebraska Catholic Conference Advocacy Network at <https://necatholic.org/be-an-advocate/jointhet->

### IF THESE AREN'T MANDATORY, WHY SHOULD I CARE?

There are many reasons every Nebraskan should pay attention to the material being presented by the Department of Education.

1. Mandatory or not, Health Standards from the NDE will have an effect on what is taught in classrooms. Exposure of children to inappropriate and unethical material is everyone's business.
2. Even if your school refuses such standards, children in other schools are exposed to this material. Those students are the friends, teammates, and neighbors of your children and grandchildren.
3. For Christians, the duty to bear the light of Christ is vital considering that many of these standards are diametrically opposed to Christian teaching. The introduction of this material to children is a serious blow against the truth-filled reality of God's plan for marriage, procreation, and family.

### I USUALLY DON'T GET INVOLVED WITH POLITICS OR POLICY. WHAT SHOULD I DO?

Jesus Christ calls us to bear His light in the public square. As Christians, we engage all people with love and present the gift of the Faith to all people. The dignity of the human person is essential to our walk with Christ, and our walk with others. By voicing your thoughts you are expressing the truth of Christ's purpose for sexuality, marriage, gender, and children. To remain silent is to allow exposure of inappropriate and dangerous material to children via our education system. Finally, recall that the Department of Education is asking for feedback—you are being invited to the table!

