



Building a Solid Foundation



LAMAR HEAD START JANUARY 2021

Dear Families,

All of us at Lamar Head Start wish you a Happy New Year and we hope you had a wonderful winter vacation. These months have been very challenging for all of us and I'm sure confusing for the children who are staying home. Whether you call it homeschooling, remote learning, distance learning or virtual learning, Covid-19 (coronavirus) has brought education back to the home, turning parents into teachers and changing all of our lives practically overnight. I admire all of the parents who have taken this role full on and con-

tinue to keep their child's skills updated. Remember though that if the assignment seems too hard you can just snuggle up and read a book together. Spending time with your child is so important. Your time is one of the most valuable gifts you can give your child, and this can be done simply by reading books to them every day. We have a wonderful Library in our office, let me know if you would like for me to check some books out to you and I can have them ready for you at pickup time. We want to make sure you have resources if you or your family need to talk to someone about your feelings.

Last month Tami Stephenson held a workshop on stress. We will schedule another virtual workshop in January. I will give you details later. Remember it is important to stay socially connected even while social distancing, make that video call, facetime with your friends and family and reach out if you need help. Stay healthy and safe

If you have any questions feel free to call me at 336-1203 or email me at cecilia.dowell@ojc.edu

Cecilia Dowell,
Center Director

Otero Junior College
Child Development
Services

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Reminder

During drop off and pickup parents need to wear a mask.

Staff will do the health screener and take your child's temperature

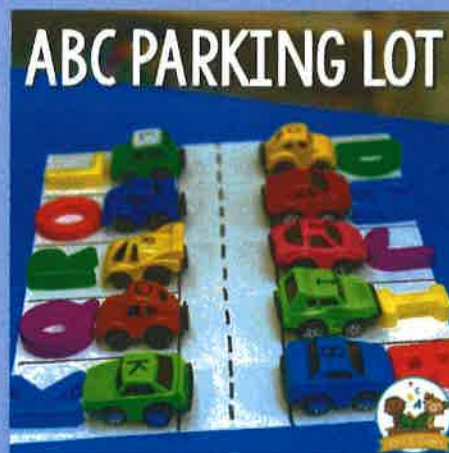
Parents need to get their child in and out of their vehicle.

A staff member will meet you to receive your child and walk them to the line.

ABC Car Parking Lot

This ABC car parking lot is the perfect letter recognition activity. What could be more fun than driving toy cars around and then parking them in the parking lot? This activity will hold the interest of your kids for longer periods of time than any worksheet ever could. And they'll even beg you to play it over and over again because they won't even realize they're learning. Use magnet letters and have your child park the cars on the matching letters, you can do just their name, the ABCs or even simple words if your child needs more of a challenge. You can get a free printable parking lot at

<https://www.pre-kpages.com/abc-parking-lot-letter-activity/>



January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <i>Staff Returns</i>	5 <i>Students Return</i>	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



- ♦ Families, please remember to inform our office staff when you have a change in address and or phone number. It is very important that we can contact you at any time in case of an emergency for your child. Also make sure that your contact release information is up to date. Any changes must be made in the office.
- ♦ Children go outside every day, weather permitting, so please dress your child properly with a coat, gloves and cap. Your child's teacher will let you know if they need another change of clothes for your child to keep at school.
- ♦ Please adhere to drop off and pick up times to avoid confusion in the parking lot.

Thank you for your support!

Attendance Requirements

Students are required to attend school at least 85% of the time, this is the same whether we are in person or virtual. Virtual attendance is when you and your child(ren) participate in the virtual activities sent by your child's teacher through Ready Rosie or Teaching Strategies Family. The Ready Rosie app sends you videos and links to books to read to your child. We ask that you send communication to your child's teacher to say how the activities are going, or even if you

did a different activity using items you have at home. If you have any questions you can message your child's teacher through the app. This is also how the teachers collect growth and development information about your child to enter into our tracking system TS Gold.

