

## PARENT WORKSHOP SERIES

### Having Hope: Suicide Prevention for Parents/Caregivers

**Wednesday April 12<sup>th</sup>**

**6:30pm-7:30pm**

**Zoom link:**

<https://effectiveschoolsolutions.zoom.us/j/95576965116?pwd=dExvdkRsRU1DbUFOUFB0QnhoY0YwZz09>

*This workshop will assist parents and caregivers in recognizing the signs of suicide risk, identify ways to access help, and build the skills and confidence necessary to identify vulnerable youth and assist in seeking help.*

Presented by Jennifer Grant, a Mental Health Professional Development Trainer and Coach at Effective School Solutions. Jennifer has many years of classroom experience in the UK, Europe and Asia. Additionally, she has spent over six year working in the field of homelessness, where she has managed projects in work force development and academic engagement. Jennifer uses her understanding of the importance of a holistic and strength-based approach to offer professional development and coaching to educators and parents.