



"A Great Place To Learn"

Campbell Elementary School

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Vincent J. Costanza, Ed.D., *Principal*

Brooke S. Kirschner, *Assistant Principal*

Dear Campbell School Family,

It's great to see a return to normalcy here at Campbell School! September has been filled with exciting activities and class lessons centered on community building, goal-setting, expectations, and self-monitoring. As we round the bend into October, we are ready to unite as a school to promote a safe, healthy, positive culture, both inside and outside of school. In accordance with New Jersey State Law, the Anti-Bullying Bill of Rights Act (P.L.2010, c.122), and N.J.S.A. 18A:36-5.1, Campbell School staff and students will join educators and students around the state in observing Week of Respect (October 3-7, 2022) and School Violence Awareness Week (October 17-21, 2022). The third week in October (17-21st) is also Digital Citizenship Week and National Bus Safety Week, and October is Bullying Prevention Month which kicks off with World Day of Bullying Prevention / Blue Shirt Day on October 3rd.

In keeping with our 2022-23 theme, You Belong, we will spend October engaging Campbell students in age-appropriate, targeted lessons that promote individuality, inclusivity, belonging, and acceptance. Staff will employ lessons that develop students' social-emotional learning (SEL) competencies (self-awareness and social awareness), while promoting kindness, safety and being a good digital citizen (ie., using devices safely, ethically, and effectively). Specially selected read-alouds may include the following picture books: One by Kathryn Otoshi, Pink Is For Boys by Robb Pearlman, Kindness Starts With You by Jacquelyn Stagg, and Nerdy Birdy by Aaron Reynolds.

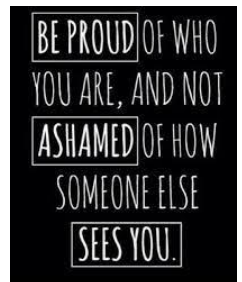
In addition to class lessons, a variety of spirit activities have been planned throughout the month to reinforce the messages our staff are trying to convey. Students will practice making healthy choices and using "I Messages", along with practicing conflict-resolution strategies, demonstrating good sportsmanship, and using problem solving skills in all aspects of their lives. A special "Mix It Up" lunch will be held for students to sit with friends from other classes in the lunchroom. The end result of our work will continue to help promote a healthier, more enjoyable school environment. Together, we are committed not only to keeping our children safe, but also helping them realize how special they are as individuals. Students will recognize that their thoughts, words, actions, and habits impact others and contribute to their character. They will come to realize that each and every one of them is important, valued, and special in their own way while acknowledging what it means to be kind and respectful – not just to others, but to themselves, their planet, etc...

Please help us by taking pictures of your child(ren) engaging in Spirit Day activities and email them to our School Counselor, Mrs. Hsu (ehsu@metboe.k12.nj.us), or post and tag us on Twitter (Dr. Costanza @drcostanza_CES; Mrs. Kirschner @CES_AP_Kirsch; Mrs. Hsu @CES_HsuCSC), using #CESProudOfMe, #YouBelong, and #OneMetuchen.









Sincerely,

Vincent J. Costanza, Ed.D.
Principal

Brooke Kirschner
Assistant Principal



#CESProudOfMe, #YouBelong, #OneMetuchen

	Date	Spirit Day	Description
Week of Respect	Monday, October 3 rd	Blue Shirt Day / World Day of Bullying Prevention 	October is National Bullying Prevention Awareness Month. We kick off the month by celebrating the 16 th annual World Day of Bullying Prevention and wearing a blue shirt. Students and adults are encouraged to #BeKind #BlueUp because the color blue brings peace in many diverse cultures and conveys importance and confidence. By wearing blue, you will join millions around the world in solidarity to end the hate & changing culture for students. Help prevent bullying, cyberbullying, racism & hatred by increasing awareness of the prevalence and impact of all forms of bullying on all children of all ages.
	Tuesday, October 4 th	Neon Day 	Wear neon to represent that the future is bright, no matter who you are.
	Wednesday, October 5 th	School Closed	
	Thursday, October 6 th	Tie Dye Day 	Wear tie-dye to keep the peace and show inclusion of others. Remember, we are all in this together and we are there to support and listen to one another.
	Friday, October 7 th	Pajama Day 	Wear pajamas to show that we are putting bullying to bed.
School Violence Awareness Week Digital Citizenship Week National School Bus Safety Week	Monday, October 17 th	Dress To Impress Day Grades 1 & 2 Sweats Day - Grades 3 & 4	Dress To Impress = Wear your best outfit for school picture day Sweats Day = Wear sweats or sweatbands to show that “being kind is no sweat!”
	Tuesday, October 18 th	Dress To Impress Day - Grades 3 & 4 Sweats Day - Grades 1 & 2	
	Wednesday, October 19 th	Superhero Day 	Dress like a superhero or wear your favorite superhero shirt to show that we are all superheroes to ourselves and others. Be a superhero, not a villain!
	Thursday, October 20 th	Campbell & Metuchen Bulldog Pride Day 	Wear Metuchen blue to show that we are united in being kind and respectful to ourselves and others.
	Friday, October 21 st	Respect Yourself Day 	Dress up in whatever makes you feel good! Be you! Dress up, dress down, dress silly ... it's completely up to you!