

# CERTIFICATION OF DISABILITY FOR SPECIAL DIETARY NEEDS

(PLEASE RETURN THE ORIGINAL FORM TO THE FOOD SERVICES DIRECTOR)

**Forms will ONLY be accepted if filled out by a licensed physician!**

**PART 1** (To be completed by school or parent):

Today's Date \_\_\_\_\_

School \_\_\_\_\_

School Phone Number \_\_\_\_\_

Student's Name \_\_\_\_\_

Grade \_\_\_\_\_ Age \_\_\_\_\_

Parent/Guardian's Name \_\_\_\_\_

Daytime Phone Number \_\_\_\_\_

MUST BE FILLED OUT COMPLETELY BEFORE SUBSTITUTIONS WILL BE MADE:

**PART 2** (To be completed by a licensed physician ONLY) Please CHOOSE A or B

## A. FOR STUDENTS WITH A DISABILITY

Describe the disability and check the major life activities affected by this disability.

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ Caring for one's self

\_\_\_\_\_ Seeing

\_\_\_\_\_ Breathing

\_\_\_\_\_ Performing manual task

\_\_\_\_\_ Hearing

\_\_\_\_\_ Learning

\_\_\_\_\_ Walking

Speaking

Working

\_\_\_\_\_ Other (Describe) \_\_\_\_\_

## B. FOR STUDENTS WITHOUT A DISABILITY

Identify the medical condition or other special dietary need that restricts the diet.

\_\_\_\_\_ Diabetes Mellitus

\_\_\_\_\_ Reduced Calories

\_\_\_\_\_ Increase Calories

\_\_\_\_\_ Modified Texture

\_\_\_\_\_ Food Allergy (describe) \_\_\_\_\_

\_\_\_\_\_ Other (describe) \_\_\_\_\_

**PART 3** To be completed by a licensed physician ONLY

Please list the food(s) to be omitted from the student's diet and the food(s) that may be substituted. BE SPECIFIC. Substitutions will be made only if listed below. Attach an additional sheet or use the back of this form if necessary.

Foods to be avoided

Substitution

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Signature of Physician

Office Phone Number

Today's Date

**PART 4** Complete form to be reviewed and signed by the following:

Parent/Guardian

Date

School Principal

Date

School Nurse

Date

Cafeteria Manager

Date