



# WATER SAFETY

Keep you and your child  
safe in open water

1. Swim In A Designated Swimming Area
2. When In Doubt, Get Out
3. Know The Weather And Water Conditions
4. Never Swim Alone
5. Choose The Right Equipment
6. Understand Currents
7. No Alcohol
8. Wear A USCG-Approved Life Vest
9. Have A Plan For Emergencies
10. Swim Parallel To The Shore

**For more water safety tips, go to [ndpa.org](http://ndpa.org)**

## **Interested in Swim Lessons?**

Contact the Russellville Aquatic Center



479-890-7946



<http://russellvillearkansas.org/467/Aquatic-Center>