

# Alcohol Use and Other Drug Use

## CURRENTLY BINGE DRINKING

**14%**

US 2019

**16%**

ND 2019



## CURRENTLY DRANK ALCOHOL



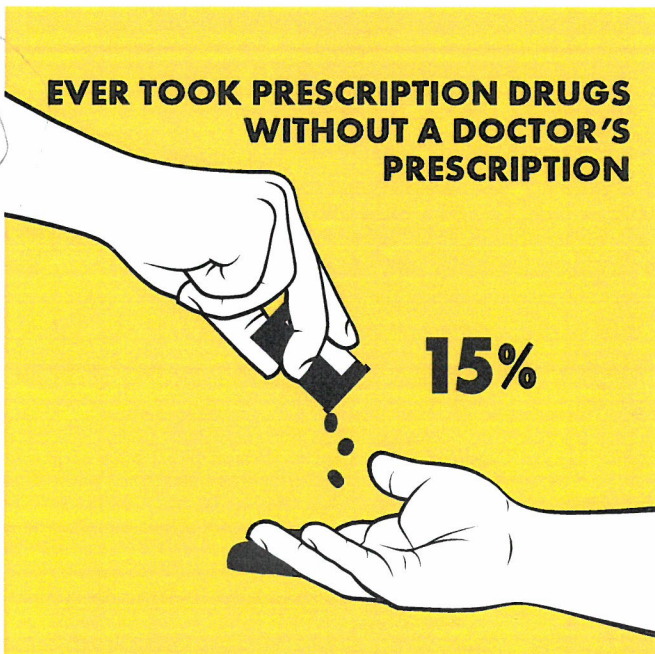
1 IN 3



1 IN 4

## EVER TOOK PRESCRIPTION DRUGS WITHOUT A DOCTOR'S PRESCRIPTION

**15%**



## CURRENTLY USED MARIJUANA

**22%**

US 2019

**13%**

ND 2019



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[www.nd.gov/dpi/districtschools/safety-health](http://www.nd.gov/dpi/districtschools/safety-health)

Support provided by Grant #5NU87PS004332 funded by the Centers for Disease Control and Prevention. Source: 2019 North Dakota Youth Risk Behavior Survey



2019 North Dakota High School Students

# Dietary Behaviors and Weight

**DRANK MILK**  
(3 OR MORE  
GLASSES PER DAY)

**11%**

**DRANK A CAN, BOTTLE,  
OR GLASS OF SODA OR POP**  
(2 OR MORE TIMES PER DAY)

**9%**



**WERE OVERWEIGHT**  
(85TH-95TH PERCENTILE)



**16%**



**17%**

**WERE OBESE**  
(95TH+ PERCENTILE)



**17%**



**12%**



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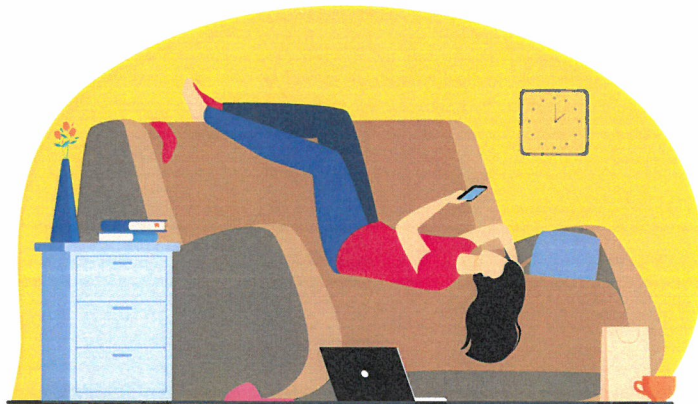
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## 2019 North Dakota High School Students

# Physical Activity



**DID NOT PARTICIPATE IN  
AT LEAST 60 MINUTES OF  
PHYSICAL ACTIVITY AT  
LEAST 1 DAY A WEEK**

**17%** **14%**  
US 2019 ND 2019

**PLAYED VIDEO OR COMPUTER  
GAMES OR USED A COMPUTER  
3 OR MORE HOURS PER DAY**



**39%** **44%** **45%**  
ND 2015 ND 2017 ND 2019

**WATCHED TELEVISION 3 OR  
MORE HOURS PER DAY**



**19%**



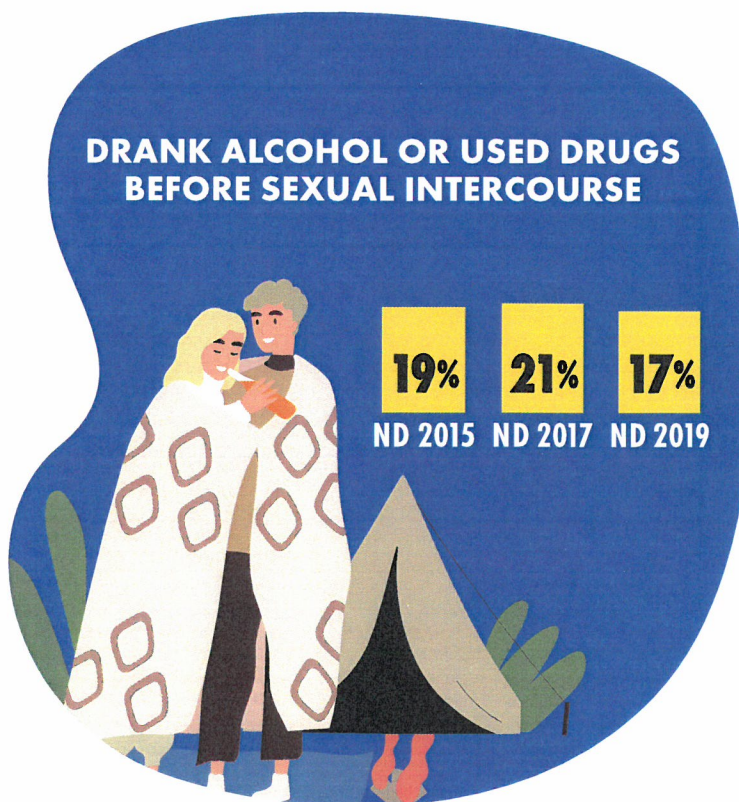
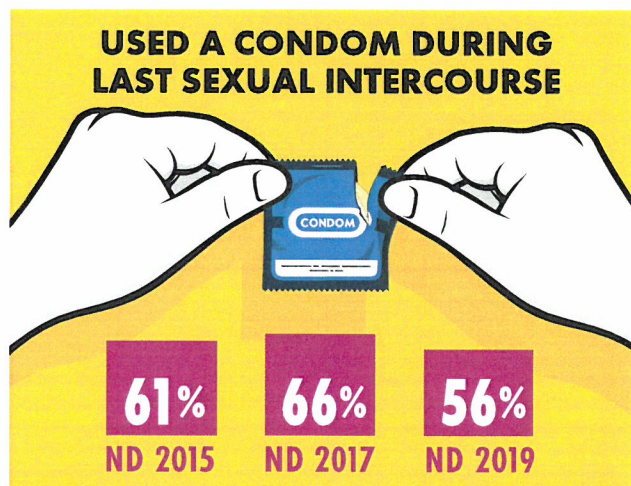
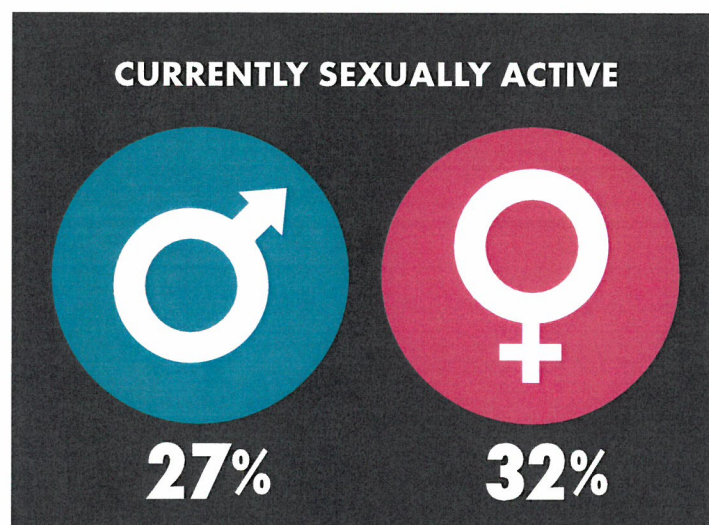
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# Sexual Behaviors



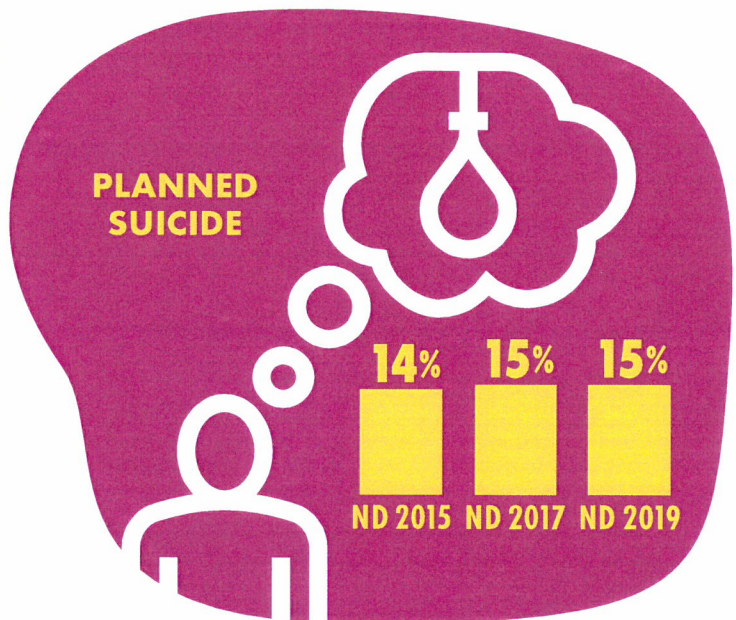
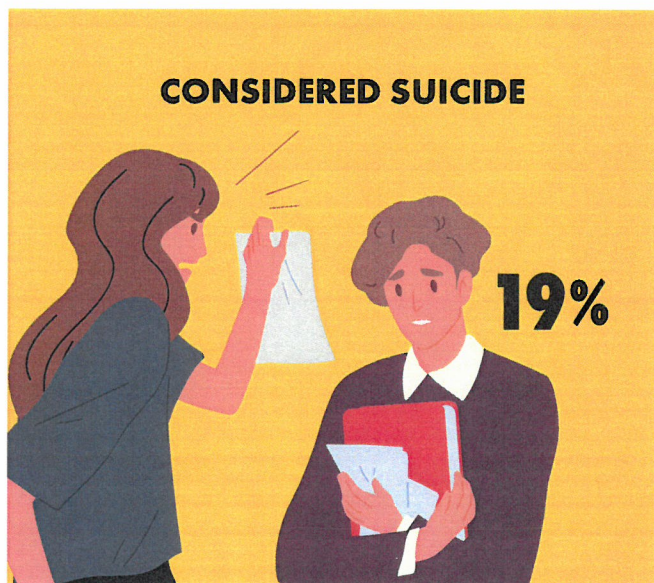
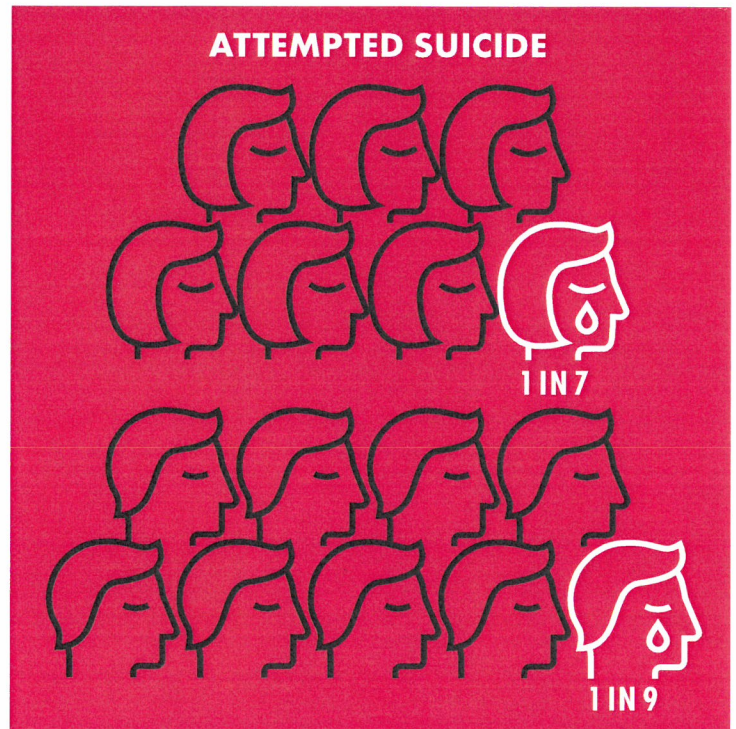
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# Suicide Related Behaviors

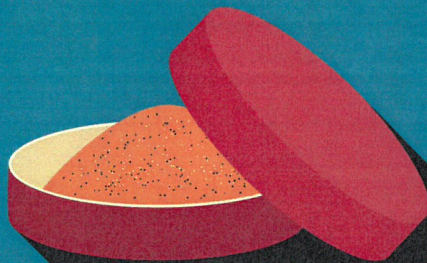




## 2019 North Dakota High School Students

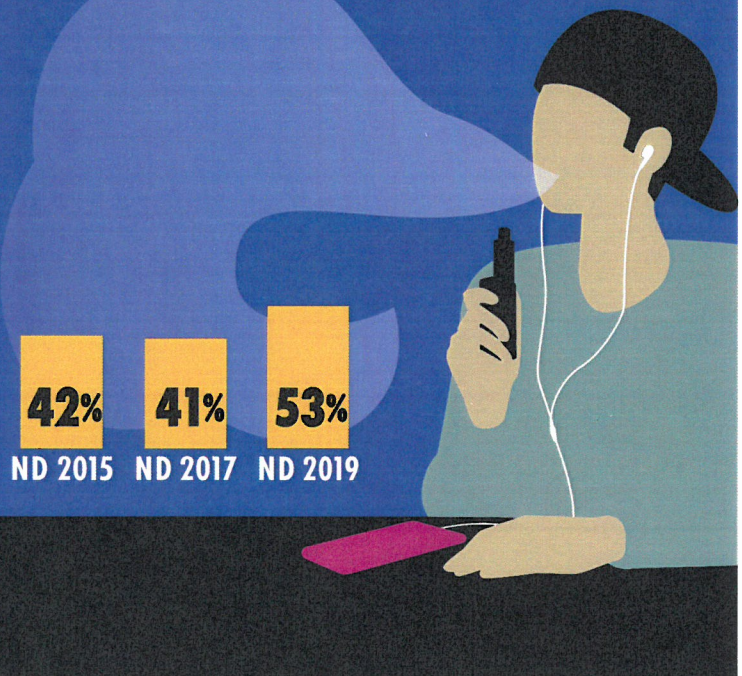
# Tobacco Use

### CURRENTLY USED SMOKELESS TOBACCO



**5%**

### EVER USED ELECTRONIC VAPOR PRODUCTS



### EVER TRIED CIGARETTE SMOKING

**24%**

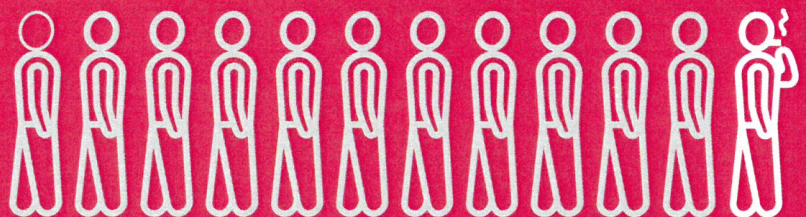
US 2019

**29%**

ND 2019



### CURRENTLY SMOKING CIGARETTES



1 in 12



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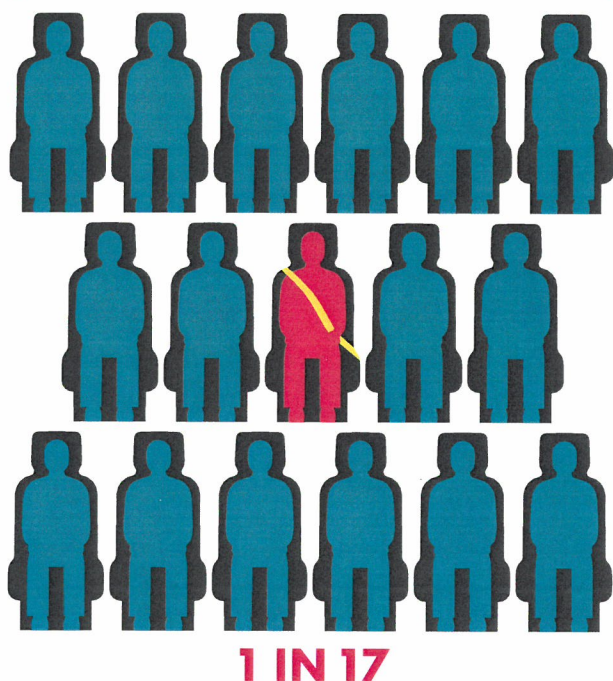
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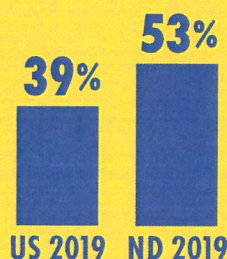


# Unintentional Injury and Bullying

## RARELY OR NEVER WORE A SEAT BELT (WHEN RIDING IN A CAR DRIVEN BY SOMEONE ELSE)



## TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE



## RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL



## WERE ELECTRONICALLY BULLIED



## WERE BULLIED ON SCHOOL PROPERTY



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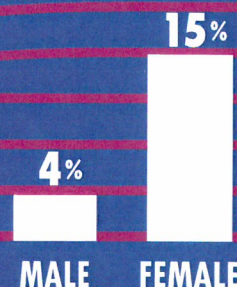
# Violence

WERE IN A PHYSICAL  
FIGHT ON SCHOOL PROPERTY

7%



EXPERIENCED SEXUAL  
VIOLENCE BY ANYONE



WERE EVER PHYSICALLY FORCED  
TO HAVE SEXUAL INTERCOURSE

7%  
US 2019

8%  
ND 2019



CARRIED A WEAPON  
ON SCHOOL PROPERTY



1 IN 20



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