

# Physician Treatment Plan for Self-Administration of Anaphylaxis or Asthma Medication

*Physician to Complete*

Student: \_\_\_\_\_ Birthdate: \_\_\_\_\_ School: \_\_\_\_\_

Physician Diagnosis: \_\_\_\_\_

Medication <small>(to be self administered)</small>	Purpose	Dosage & Time <small>(regularly administered)</small>	How Soon Repeated
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Special Circumstances for use: \_\_\_\_\_

Other medications: \_\_\_\_\_  
(NOT self administered)

**Asthma Peak Flow Information:**

Green Zone is \_\_\_\_\_ to \_\_\_\_\_  
(Breathing action is good)

Yellow Zone is \_\_\_\_\_ to \_\_\_\_\_ Treatment Action \_\_\_\_\_  
(Caution)

Red Zone is \_\_\_\_\_ Treatment Action \_\_\_\_\_  
(ALERT)

**Skills Necessary for Responsible Self Administration of Medication:**

1. Student is capable of identifying individual medication and medication is properly labeled.	Yes	No
2. Student is able to identify specific symptoms and purpose of this prescribed medication.	Yes	No
3. Student is knowledgeable of medication dosage and method of medication administration.	Yes	No
4. Student is knowledgeable of how to access assistance for self in an emergency.	Yes	No
5. Student is capable of self-administering the prescribed medication.	Yes	No
6. Student will carry medication in a responsible manner.	Yes	No
7. Student will not share medications with other students. Any abuse of self-administered medications or this plan will result in the loss of this privilege.	Yes	No

The above student has demonstrated the skills necessary for responsible self administration of medication Yes \_\_\_\_\_ No \_\_\_\_\_

This treatment plan expires at the end of each school year unless an earlier date is noted here: \_\_\_\_\_

\_\_\_\_\_  
Health Care Provider Signature

\_\_\_\_\_  
Physician (Printed Name)

\_\_\_\_\_  
Today's Date

Health Services, USD 489

Authorization for Self-Administration of Anaphylaxis or Asthma Medication, K-12

...to be renewed annually...

Return to School Nurse

**Parent to Complete:**

Name of Student: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

The above student has been instructed on self-administration of medication, and I hereby give my permission for him/her to administer at school as ordered the medication(s) listed. I understand that it is my responsibility to furnish this medication. I acknowledge that the school district and its officers, employees or agents incur no liability for damage, injury or death resulting directly or indirectly from the self-administration of medication and agree to release, indemnify and hold the school, and its officers, employees and agents, harmless from and against any claims relating to the self-administration of such medication.

I authorize USD 489 School Nurses to exchange information regarding this student's health care and treatment plan with:

Physician \_\_\_\_\_ Clinic: \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_

Signature of Parent \_\_\_\_\_ Date \_\_\_\_\_  
Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

**IMPORTANT NOTES:**

\* The student shall carry, for the purpose of self-administering, only a single day's supply of medication, with the exception of inhalers. The medication must be in the original, completely labeled container. If a prescription, it should bear the pharmacy label with correct, current dosage information.

\* In order for a student to have access to emergency medications at all times, it is recommended that an additional supply of the listed self-administered medication(s) be kept at the school.

**\*\*For School Nurse Use\*\***

The above student has demonstrated the skills necessary for responsible self-administration of medication(s). Yes \_\_\_ No \_\_\_  
\_\_\_\_\_ school nurse signature \_\_\_\_\_ date

Teachers responsible for supervision of this student have been notified of permission to carry listed medication(s) and self-medicate on this date \_\_\_\_\_.

Names of teachers notified: \_\_\_\_\_

Over for  
Physician's Treatment Plan