

Early Childhood Connections ~ MARCH 2023

NEWSLETTER



Parents as Teachers Early Head Start Head Start

March Important Dates

1	9:30-10:30 am	0-5 Playgroup @ Hays Public Library
1	10:00 -11:00 am	Playgroup @ Russell Library
8	10:00-11:00 am	La Leche Cross Point Church
10	9:00-10:00 am	Playgroup @ Plainville First Christian Church
25	9:30-11:00 am	Daddy and Me @ Hays Fire Department
27	12:00-1:00 pm	Policy Council @ Early Childhood Connections

OFFICE CLOSED

MARCH 13-17 FOR SPRING BREAK

NOW ENROLLING

785-623-2430

Offering

Center-Based
Home- Based
Pre-School Classes

USD 489 Early Childhood Connections is now accepting enrollments for the Hays, Ellis and Russell Preschool Classrooms for the **2023-2024** school Year. Child must be three by August 31 to enroll. Call today to get more information about eligibility or visit our web site at: usd489connections.com.

SPIRIT DAY:

Wear **GREEN** on

March 9th



Día del Espíritu:

Viste de VERDE

el

9 de marzo



Daddy & Me

Hays Fire Department

1507 Main Street, Hays, Kansas

Saturday, March 25, 2023

9:30-11:00



Philosophy: Early Childhood Connections believes a child is best nurtured when both the father and the mother are involved in a supportive, loving relationship with their child.

Next “Daddy & Me” is April 22, 2023

Hays Regional Airport

Papá y Yo

Departamento de Bomberos de Hays

1507 Main Street, Hays, Kansas Sábado,
25 de marzo de 2023



Filosofía: Early Childhood Connections cree que un niño se nutre mejor cuando tanto el padre como la madre están involucrados en una relación amorosa y de apoyo con su hijo.

Próximo "Papá y Yo"

es el 22 de abril de 2023

Aeropuerto Regional de Hays

Please **SCAN** to complete your

PARENT SURVEY



20th Topeka 23 ANNI²³VERSARY

KMOM
STORMONT VAIL
EVENT CENTER
MARCH 24-25, 2023

"We can do no great things, only small things with great love"
-Mother Teresa

Kansas Mission of Mercy
Making a Difference

Kansas Dental Charitable Foundation

<https://www.ksdentalfoundation.org/kmom-for-kids-parents/>

What is mental health?

Mental health means that young children are growing in their ability to:

- understand and share feelings
- have close and positive relationships
- explore and learn

Why Is It Important?

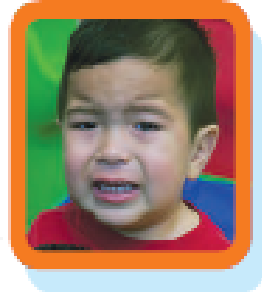
Having Positive Mental Health Makes It Easier for Children to:

- Have close relationships with family and friends
- Do well in school
- Learn new things
- Solve tough problems

- Develop patience (or not give up)
- Focus on a task
- Ask for help

When Young Children Are Worried, Sad, or Angry, It Can Be Hard To:

- Make friends
- Follow directions
- Express feelings or wishes
- Follow simple directions
- Pay attention in class
- Solve problems in positive ways
- Do well in school



Things You Can Do and Say to Help Your Child

• For Your Infant

- Hold your baby during feedings.
"I love cuddling when I feed you."
- Look at your baby and smile, smile, smile!
"Hey, when I smile, you smile back."
- Talk about what you are doing.
"I'm going to change your diaper now."
- Try to relax and have fun.
"When I am happy, you are less fussy."
- Read and sing to your baby every day.
"It is bedtime. Time for a story and favorite song."
- Take care of yourself.
"When I am rested, I take better care of you."

• For Your Toddler/Preschooler

- Make sure they always feel safe.
"I know loud noises can be scary, but it's OK."
- Offer choices.
"Do you want the blue shirt or the red shirt?"
- Practice patience.
"Let's wait until the song is over and then we'll go outside."

- Show understanding.
"You REALLY want another cookie! It is hard when you can only have one."
- Leave extra time.
"I see you don't want to leave the playground. One more time on the slide, then we need to leave."
- Play together at least 15 minutes a day.
"There is so much to do but it is important for us to play together."
- Follow her interest.
"I see you want to play with the blocks. What are you going to build?"
- Praise your child when she keeps trying.
"I love the way you keep trying to find the right piece for the puzzle."
- Practice following directions.
"First pick up the blocks, then take out the cars."

