Springfield School District RE-4 Covid Guidance for Students and Staff

Adopted: 08/22/2022

All guidance is taken from the Colorado Department of Public Health and Environment. Springfield Schools is not a health agency and directs all families and staff to consult with Baca County Health Department or their primary health care provider. The purpose of this guidance is to ensure a healthy learning and working environment for Springfield Schools.

What to do when I test positive for Covid-19:

Persons who test positive should be <u>isolated</u> for a period of 5 days to slow or protect against the spread of the illness.

- Parents should contact the school, teacher, and coaches to share the symptoms and date of positive testing.
 - Attendance policies remain in effect. Students should share the documented absence details, including but not limited to the official positive test results, with the office.
- Staff should contact their supervisor to share the symptoms and date of positive testing.

What to do after 5 day isolation period:

Persons can stop isolating after five full days if:

- You tested positive, but don't have any symptoms.
- You had mild symptoms, you are starting to feel better, and you don't have a fever. You must be fever-free for at least 24 hours.

Your first day of isolation is the first full day after you started feeling symptoms or tested positive.

Wearing a mask after isolation:

If you have tested positive for COVID-19 or have symptoms of COVID-19, you should isolate yourself. If you are able to stop isolating after five days, you should avoid high-risk people and settings and wear a mask around others in your home and in public for five more days after that.

- Staff will be required to wear a mask for a period of 7 calendar days after the 5-day isolation period.
- Staff will be required to socially distance (6'), to their best ability, while attending work for a period of 7 calendar days after the 5-day isolation period.

Do I need to isolate if someone in my house is positive:

No, but you should do your best to socially distance yourself from the person you live with during the isolation time and when they are symptomatic.

- It is encouraged that all persons in the same household wear a mask.
- It is encouraged that all persons in the same household wash their hands regularly while at school and at home.

How does the school enforce this guidance:

Springfield Schools trust students, families, and staff to practice healthy learning. It is the responsibility of each person to do the right thing, communicate effectively, and help to keep their classmates, teachers, staff, and friends safe.

For more information please utilize these helpful links:

Colorado Department of Public Health and Environment

Baca County Health Department

Center for Disease Control Covid Center