



# La Grande Middle School Lunch Menu

April  
2021

Fresh Vegetable and Seasonal Fruit  
are Offered Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>	<p>This is for Food 4 Thought</p>		<p>1</p> <p>Chicken Bacon Ranch Wrap</p> <p>Dark Green Vegetable Fruit Choice</p>	<p>2</p> <p>Hotdog on Whole Grain Bun Goldfish Crackers</p> <p>Red/Orange Vegetable Fruit Choice</p>
<p>5</p> <p>Turkey Ranch Wrap Kettle Potato Chips</p> <p>Dark Green Vegetable Fruit Choice</p>	<p>6</p> <p>Corn Dog</p> <p>Choice of Legume Fruit Choice</p>	<p>7</p> <p>Hamburger on a Bun Golden French Fries</p> <p>Red/Orange Vegetable Fruit Choice</p>	<p>8</p> <p>Chicken Waffle Sandwich Syrup</p> <p>Cucumber Slices Fruit Choice</p>	<p>9</p> <p>BBQ Rib Sandwich Baked Beans</p> <p>Red/Orange Vegetable Fruit Choice</p>
<p>12</p> <p>Meatballs and Gravy Brown Rice</p> <p>Dark Green Vegetable Fruit Choice</p>	<p>13</p> <p>Ham Deli Sandwich Kettle Potato Chips</p> <p>Dark Green Vegetable Fruit Choice</p>	<p>14</p> <p>Chef Salad Rip Stick Breadstick</p> <p>Red/Orange Vegetable Fruit Choice</p>	<p>15</p> <p>Chicken Cordon Bleu</p> <p>Dark Green Vegetable Fruit Choice</p>	<p>16</p> <p>Hotdog on Whole Grain Bun Tator Tots</p> <p>Other Vegetable Fruit Choice</p>
<p>19</p> <p>Philly Sandwich</p> <p>Red/Orange Vegetable Fruit Choice</p>	<p>20</p> <p>Beef Taco Salad Corn &amp; Black Bean Salsa</p> <p>Other Vegetables Fruit Choice</p>	<p>21</p> <p>Crispy Chicken Sub</p> <p>Red/Orange Vegetables Fruit Choice</p>	<p>22</p> <p>Sloppy Joe on a Bun</p> <p>Dark Green Vegetables Fruit Choice</p>	<p>23</p> <p>Fish Sandwich with Cheese Coleslaw</p> <p>Red/Orange Vegetable Fruit Choice</p>
<p>26</p> <p>Popcorn Chicken Whole Grain Dinner Roll</p> <p>Red/Orange Vegetables Fruit Choice</p>	<p>27</p> <p>Turkey Deli Sandwich</p> <p>Other Vegetable Fruit Choice</p>	<p>28</p> <p>BBQ Meatball Sub Broccoli Salad</p> <p>Red/Orange Vegetable Fruit Choice</p>	<p>29</p> <p>Pizza Parlor</p> <p>Other Vegetable Fruit Choice</p>	<p>30</p> <p>Chicken Caesar Salad Rip Stick Breadstick</p> <p>Red/Orange Vegetable Fruit Choice</p>

PRICES

Regular	\$2.75
Reduced	\$0.00
Adult	\$3.80
Milk	\$0.60
Extra Entree	\$2.05

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.  
Entree Salads are served with Dinner Roll  
For questions contact:  
Heather Torres at [taher@lagrandesd.org](mailto:taher@lagrandesd.org)

HARVEST OF



THE MONTH

Your MENUS plus more  
information on our app  
TaHer Food4Life®



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