

April 2021

West Harrison Community School

This institution is an equal opportunity provider

BREAKFAST



School Information: FREE BREAKFAST AND LUNCH FOR ENROLLED WH STUDENTS UNTIL THE END OF THE SCHOOL YEAR OR UNTIL THE MONEY RUNS OUT

Milk is offered evervdav with breakfast



Nutrition Tip: Make Fruit More Appealing: Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries



Monday

Tuesday

Wednesday

Thursday

Friday



6-12 may choose from the breakfast rack in place of the regular breakfast

No School

1

Spring Break

No School

2

Spring Break

No School

5

Spring Break

PK-5
Uncrustable
Apple Slices
6-12
Breakfast Pizza/Juice

6

PK-5
WG Pancakes
Dragon Punch
6-12
WG Pancakes/Sausage
Juice

7

PK-12
Tac-n-Go
PK-5 Fruit Cup
6-12 Juice

8

PK-5
WG Donut
Juice
6-12
WG Long John
Yogurt/Juice

9

PK-5
Benefit Bar/Fruit
6-12
Crispito
Juice

12

PK-5
Breakfast Slider/Fruit
6-12
Breakfast Lasagna
Juice

13

PK-5
WG French Toast/Waffles
Carrots w/Dip
6-12
Breakfast Taco Bowl
Juice

14

PK-12
Pretzel w/Cheese
Pk-5 Fruit Cup
6-12 Juice

15

PK-5
WG Donut
Go Gurt/Juice
6-12
WG Long John/Cereal
Juice

16

PK-5
WG Muffin/ Cheese Stick
Fruit
6-12
Sausage Egg Biscuit
Juice

19

PK-5
Breakfast Boat/Fruit
6-12
Cheese Sticks
Juice

20

PK-5
Fruit Loops/Go Gurt/Fruit
6-12
French Toast/Sausage
Juice

21

PK-5
Frueal/Fruit
6-12
Breakfast Sandwich
Juice

22

PK-5
WG Donut
Fruit Cup/Juice
6-12
WG Long John
WG Cereal/Juice

23

PK-5
Pop Tart/Cheese Stick
Fruit
6-12
Cheese Omelet
English Muffin/Juice

26

PK-5
WG Pancakes/Juice
6-12
Taco Stick/Juice

27

PK-5
Apple Filled Pretzel/Fruit
6-12
Ham and Cheese Toasty
Juice

28

PK-12
Whatever is in the kitchen
that the cooks feel like
fixing

29

PK-5
WG Donut
Cheese Stick/Juice
6-12
WG Long John
Yogurt/Juice

30