

# Rivermen Register

Alma Area Schools District Monthly Publication



April 2021

## Notices

- **Suicide Prevention Month**
- **Spring Break**  
- April 1-5 2021
- **State Wide Tornado Drill**  
- April 15, 2021
- **Alma Prom**  
- April 24, 2021
- **Forward Exam**  
- Grades 3-8 & 10  
- Month of April
- **End of the Quarter**  
- April 30, 2021
- **Save the Date: Child Development Day**  
- May 11, 2021

Find it on our website!

[www.alma.k12.wi.us](http://www.alma.k12.wi.us)

- Internet Resources
- College Information
- Parental Help
- Staff
- School Calendar
- Sports Schedules
- Family Access
- Area Pictures
- Academic Classes
- School Performance Report
- Rivermen Register  
(Monthly School Newsletter)

## PROM COURTS 2021



### JUNIOR PROM COURT 2021

Front Row: Grace McQuiston, Lydia Alme, Paige Danzinger, Aly Bauer, Chloe Evers, Olivia Wieczorek  
Back Row: Tyler Radatz, Riley Stiehl, Axel Noll, Jacobie Radatz, Ethan Coey, Isaac Mikelson, Evan Creighton  
Missing from the photo: Morgan Goeldner



### SENIOR PROM COURT 2021

Front Row: Zoe LaDuke, Briana Smolek, Jessica Meier, Khloe Carothers, Hailey Johnson  
Back Row: Max Benish, Lane Wieczorek, Gabe Mann, Nick Loesel, Dakota Bauer, Josh Sobotta, Avery Wald, Cayden Hanson, Ethan Ramey, Jordan Pearson  
Missing from the photo: Julia Rud, Maycee Kummer, and Mason Johnson

## SUPERINTENDENT ROB STEWART



### April Newsletter:

I hope this newsletter insert finds all of you doing well. At the time of this writing, our last little winter blast of snow has melted, the sun is shining and the grass is starting to turn a little green. The weather, along with daylight hours extending later into the day, provides some excellent opportunities to get outside and enjoy the fresh air.

Our second semester is going very well. Our 3<sup>rd</sup> quarter concludes the end of March, Prom is scheduled for the last weekend in April and before you know it we will be ready to graduate a phenomenal group of seniors on May 21<sup>st</sup>. Although every school year seems to fly by, this year certainly seems to have quickened the pace even more.

The students and staff have certainly accomplished a great deal. We all know that this year has been like no other. Our staff, students, families and communities have worked together and overcome some incredible obstacles and challenges. I greatly appreciate everyone's patience and flexibility in dealing with all of the inconsistencies that this school year has brought. Together, we have persevered and we have achieved success on multiple levels.

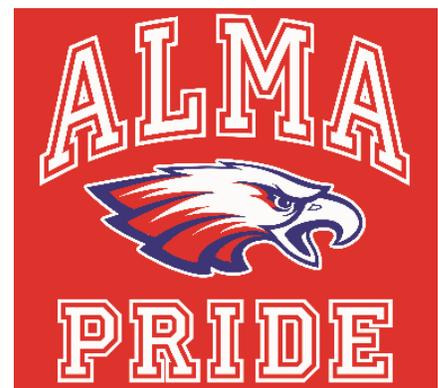
Although we still have many exciting events remaining in the 2020-2021 school year, we have already finalized our calendar for the 2021-2022 school year. A link to that calendar is available on our school website (<https://www.alma.k12.wi.us/>) under the menu category. Of course, there are still a lot of questions on what the start of next school year will look like. I can promise you that we are certainly working through this process and planning for a traditional school year to the best of our ability. We will certainly keep you informed as we move through this process.

As always, I like to emphasize the importance of communication in my newsletter insert. I hope that you were able to find time to connect with teachers during our recent parent-teacher conferences. Although this is designated time to connect with our staff, please remember that we are always available for you. Ongoing and consistent communication is an essential component of what we do and how this communication occurs can take on many forms from newsletters, emails, phone calls, work samples, and the list goes on and on. In addition, this communication also occurs both as whole group correspondence, as well as individualized to meet our student and family needs. Please do not hesitate to reach out to any of our staff if you ever have any questions or concerns. If there is information that can help our staff better support your child, please contact us immediately. Together we can continue to provide every child with an education that challenges them to achieve success.

As always, if you have any questions, please do not hesitate to reach out to me. Thanks and make it a great day.

~ GO EAGLES ~

Rob Stewart  
Superintendent of Alma Schools  
608-685-4416  
[stewartr@alma.k12.wi.us](mailto:stewartr@alma.k12.wi.us)



# ALMA AREA SCHOOLS BOARD MEETING MINUTES

## ALMA BOARD OF EDUCATION REGULAR MEETING MINUTES February 15, 2021

Board President, Dennis Hetrick, called the regular meeting of the Alma Board of Education to order at 5:00 p.m. on Monday, February 15, 2021, in the school library.

No public comment was made.

Minutes from the January 18, 2021 regular and closed session meetings were presented and approved by consensus of the board.

Vouchers in the amount of \$426,556.09 for the district and \$8,932.61 for activities were presented and approved by consensus of the board.

Ms. Bremer gave the Elementary Principal Report. Ms. Bremer has finished all announced observations and completed the reports for teachers in their summary year. Preparation for the upcoming Forward exam has started for students who are remote or in house learners. There is no remote test access so we will have to work out those details with the remote learners. Midterm is coming up and virtual parent teachers conferences are scheduled for March 4 and 5. Mr. Reed gave the MS/HS Principal Report. Mr. Reed stated that he has been working with Mrs. Rieck getting ready for the ACT. Mr. Reed has also been working with Mr. Noll on Youth Options with CTE classes and trying to utilize some grant funds for those classes.

Ms. Bremer presented the Achievement Gap Reduction (AGR) Report for the first semester. The programs used to help measure students' growth over time are the PALS and STAR testing for students in grades K-3. A motion was made by Sarah Danzinger and seconded by Corey Hanson to approve the first semester AGR Report as presented. Motion carried unanimously.

Mr. Stewart presented the Gundersen Health System Sports Medicine Athletic Training Outreach Service Contract for the 2021-22 school year. The terms of the contract remain the same and the cost remained the same. A motion was made by Corey Hanson and seconded by Doug Kane to approve the Gundersen Athletic Training Contract for 2021-22. The motion carried unanimously.

The next regular board meeting will be held on Monday, March 15, 2021 at 5:00 p.m.

Under discussion, Mr. Stewart discussed COVID updates with the board. As of Wednesday, we had two students out and zero staff out due to COVID. We have 17 live streamers, and 1 student on Educere. Mr. Stewart talked about the relief package (ESSER

II) for those schools that have been offering in-person instruction. The minimum is \$100,000. Mr. Stewart discussed some things that the school might use the money for such as SMART board upgrades, learning assistants for students that are struggling, etc. Mr. Stewart updated the board on vaccinations. March 1st is still the date they are looking at for school staff, but Mr. Stewart hasn't heard anything definite back from the county. Mr. Stewart informed the board that Mrs. Brevick has been doing a lot of surveying of students, parents, and staff on COVID questions and looking at suggestions for next year. Mr. Stewart has told the Junior Class to start planning for prom. Mr. Stewart shared some guidelines that the county sent. Mr. Stewart has discussed with the Junior and Seniors to have two prom courts- one for Juniors and one for Seniors and both classes are happy with that. Mr. Stewart asked the board if they are ok with having a prom, and the consensus was yes. Consensus of the board is to push forward with prom and graduation and to try and do traditional as much as possible with safety measures in place.

Mr. Stewart presented two master calendars for the 2021-22 school year. Both calendars have 174 student days built in. Discussion was held. Mr. Stewart will present both calendars to staff to get their input. Mr. Stewart will then bring back one calendar to the March meeting for approval.

Mr. Stewart wanted to discuss an alternative to doing an E-Learning day on our next snow day cancellation. Today happened to be that day and there was no E-learning by the students. Mr. Stewart sent out emails to staff for teachers to work on their standards and focus skills. Support staff treated this day as any other normal snow day. Future plans for e-learning days would depend on the number of cancellations. The board consensus was for Mr. Stewart to use his best judgement.

Mr. Stewart included in the board packet information about upcoming virtual parent/teacher conferences. This information will go out to families tomorrow regarding the virtual conferences on March 4th and 5th. Parents will sign up on-line through sign-up genius for their conference times or contact their child's teacher if they desire a phone conference instead.

At the last board meeting, Todd Myren had brought up to the board about doing a bus fuel contract. Mr. Stewart contacted our fuel providers to get prices for fuel contracts. Dodge Fuel Company came in with the lowest bid at \$2.099 (includes state tax) from now until December 31, 2021. The school will pay upon delivery and we will not be charged for any unused gallons.

Mr. Stewart would like to set up a Buildings, Grounds, and Transportation Committee meeting in the near future. Some key items to discuss include: roof sections, gym floors, school signs, alarms and lights, bus cameras, school vehicles, crows nest repairs, parking lot lights, and elevator concerns. Monday, February 22, 2021 at 5:00 p.m. was set for this committee meeting.

Donations were received from Gary Evans for two copies of the Alma Quarterly given to the school district. A donation was received from Jacob and Lauren Ruff of a trombone and alto saxophone and all the repair costs to the band. A donation was also received from Cheryl and Dennis Youngbauer for \$200 to be used as needed in thanks for all of the school's efforts during COVID.

The Policy Committee has not met since the last board meeting. No new meeting date has been set at this time.

The Buildings/Grounds and Transportation Committee has not met since the last board meeting. Next meeting will be Monday, February 22, 2021 at 5:00 p.m.

The Community Relations Committee has not met since the last board meeting. No new meeting date has been set at this time.

The Personnel Committee has not met since the last board meeting. No new meeting date has been set at this time.

Board President Dennis Hetrick stated: It is envisioned that the School Board of the School District of Alma will convene in closed session in accordance with Wisconsin Statute 19.85 (1) (c) considering employment, promotion, compensation, or performance evaluation data of any public employee over which the governmental body has jurisdiction or exercise responsibility. Sarah Danzinger took roll call, all members voted yes. Board moved into closed session at 6:20 p.m.

A motion was made by Todd Myren and seconded by Doug Kane to adjourn the meeting. The motion carried unanimously. The meeting adjourned at 7:38 p.m.

approved 3/15/21  
Sarah Danzinger, Secretary

# SUICIDE PREVENTION INFORMATION

2021 Required Notice of  
Youth Suicide Prevention Resources



More youth suicide prevention resources are available at: <http://dpi.wi.gov/sspw/mental-health/youth-suicide-prevention>

## Youth Suicide Prevention Resources Are Available

To get updated information on suicide prevention, intervention, and postvention resources, visit [DPI's website](#). There are downloadable documents on suicide prevention requirements in state law, a fact sheet on youth suicide, and a suicide prevention curriculum. It also includes a variety of resources for gatekeeper training for all staff. Other resources include strategies on suicide interventions, memorial suggestions, and other topics.

## Know the Signs

Suicide doesn't usually happen out of the blue—most often, there are warning signs for others to see or hear. Get the *FACTs and know the signs of suicidal thinking in your students, friends, and family members*.

### Suicide Prevention: Warning Signs

#### Feelings

- Hopelessness
- Rage, uncontrolled anger, seeking revenge
- Feeling trapped—like there's no way out
- Having no sense of purpose in life

#### Actions

- Acting reckless or engaging in risky activities
- Withdrawing from friends, family, society, and typical activities
- Increased use of alcohol or drugs
- Giving away prized possessions

#### Changes

- Decline in quality of schoolwork
- Dramatic mood changes
- Anxiety, agitation, change of eating/sleeping habits

#### Threats

- Threatening/talking about hurting self

*From American Association of Suicidology*

### Suicide Is a Complex Problem

Multiple factors are involved when someone dies by suicide. Oversimplifying the reasons someone takes their own life is not helpful. For instance, saying bullying "caused" someone to end their life is not accurate. Not all bullying victims kill themselves. Research suggests many factors contribute to suicide. These include biological factors, precipitating factors, and triggering events. Examples of biological factors include mental illness or losing a family member to suicide. Precipitating factors include poor grades, attending an unsafe school, victimization, or family rejection. Crisis/triggering events include experiencing a major loss, humiliation, or bullying, and having access to lethal means. Suicide is a complex problem that is often misunderstood when oversimplified.

*From: American Association of Suicidology (AAS) webinar January 2011. **Identifying the factors for disproportionate youth suicide risk is vital to prevention.***

· Mental health issues: the most common mental illness leading to suicide is depression. It is also the most treatable!  
· LGBTQ youth: the 2019 YRBS data showed LGBTQ youth were almost 3.5 times more likely to have thought about suicide, planned how to end their life, or attempted suicide than their non-LGBTQ peers.

· AODA issues: Binge drinking is highly correlated with suicide attempts. Ninety percent of people who died by suicide had some form of mental illness or an alcohol or other drug abuse problem.

**Reducing access to lethal means can be very worthwhile.** (see [www.meansmatter.com](http://www.meansmatter.com))

· Limiting access to the means for suicide provides the most significant reduction in suicide rates. Most often, youth who attempt suicide use a gun or drugs kept in the home.

· Do not allow youth to have unsupervised access to firearms and certain medications. Encouraging safe and secure storage of all lethal means is a critical prevention strategy.

*When youth are facing what they believe is a crisis and exhibit warning signs of suicide, be sure they are not left alone or sent home without supervision.*

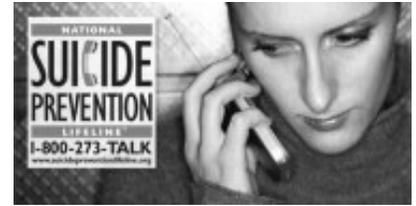
# SUICIDE PREVENTION INFORMATION

HOPELINE – text “HOPELINE” to 741741 or visit  
www.centerforsuicideawareness.org

Prevent Suicide Wisconsin  
www.preventsuicidewi.org

WI Safe and Healthy Schools Training Center  
www.wishschools.org

Suicide Prevention Resource Center  
www.sprc.org



**What can you do if you are concerned about a student?** Teachers and other school staff are well-positioned to observe student behavior and to **ACT** if there is a suspicion that a student may consider self-harm. Suicide is a permanent solution to a temporary problem, but for kids, their problems can seem endless at this stage. If we get them through the crisis, there is a 90 percent chance that they will never attempt suicide. ACT stands for **Acknowledge, Care, and Tell**.

**Acknowledge** feelings rather than minimizing them.

Telling a student to “*get over it*” or “*move on*” is not a realistic outcome when dealing with a person with depression.

“*I’m sorry to hear about this. It sounds really hard.*”

**Show Care and Concern** for the student by taking the next step.

“*I’m worried about you. I don’t want anything bad to happen to you or for you to be hurt.*”

**Tell** a member of your crisis team. They know how to work with students who have concerns like these.

“*Let’s go talk with someone in the counseling office.*”

# A

These steps (Acknowledge-Care-Tell) are central components of the “Signs of Suicide” program (SOS), an evidence-based schoolwide intervention program. SOS kits for middle school and high school are available through your local CESA. The law mandates schools to educate students on suicide prevention; see the laws handout on the DPI website for further details on the curriculum.

# C

## Common Concerns

### What if I make a mistake? Can I be sued?

State law insulates all public and private school district employees and volunteers from civil liability for their acts and omissions when trying to intervene in a student’s possible suicide. Lawmakers found it so important that adults take action when a student is suicidal that they protected those adults from any civil liability for their intervention efforts.

# T

**Does asking about suicide cause a student to attempt it?** No. This issue has been thoroughly studied. By asking a student about suicidal intent, you are offering to help them. Please do your best to reach out to students.

## Important Resources

### Seeing Urgent Warning Signs? Here’s What to Avoid

All children and adolescents can experience moodiness and will take time to ask life’s big questions. Since they lack the perspective of time, they can become overwhelmed. The best roles for teachers are to support students, and if you see the suicide warning signs, use ACT. Some of the statements below might make perfect sense for students who aren’t suicidal, but when kids are in crisis, these things can make it worse.

Here are some actions and words to avoid when you see the urgent warning signs:

#### Don’t Shame

- “*You’ve got to get over this. It’s not a big deal.*”
- “*Why are you so worried? Move on!*” • “*You’re too sensitive. Grow up!*”

#### Don’t Delay

- When you see urgent warning signs, get help right away, don’t wait.

#### Don’t Blame

- “*If you wanted a better grade, you would have worked harder.*”
- “*You’ve got no one to blame but yourself.*” • “*Maybe you should change your attitude if you want friends.*”

#### Don’t Give Up

- Suicide is NOT a destiny—when people make it through the suicidal crisis, they usually go on to live healthy, productive lives!

#### Don’t Do It Alone

- Consult other pupil services staff or administration to help.

## FORWARD EXAM INFORMATION GRADES 3-8 & 10th

# TESTING



### FORWARD EXAM SCHEDULE ANNOUNCED

This exam is a state mandated online test that ALL students in grades 3-8 & grade 10 need to complete at school. Students who are live streaming will need to report to school following the schedule below. Live stream students will be testing in a small setting environment with COVID protocols in place. The testing window is March 22-May 14. Please contact Jane Bremer or Lana Rieck if you have any questions about this exam.

### FORWARD EXAM TESTING SCHEDULE ELEMENTARY and JUNIOR/SENIOR HIGH

April 7- Gr. 5	8:50-9:50
April 8- Gr. 5	8:50-9:50
- Gr. 10	PERIOD 1 8:00-9:07
April 9- Gr. 5	8:50-9:30
April 12- Gr. 7	PERIOD 2 9:20-10:20
April 13- Gr. 6	8:20-9:20
-Gr. 7	PERIOD 2 9:20-10:20
April 14- Gr. 6	8:20-9:30
-Gr. 7	PERIODS 2 + 3 9:20-11:30
April 15- Gr. 6	8:20-9:30
April 19- Gr. 8	PERIODS 1 + 3 8:00-11:30
April 20- Gr. 8	PERIODS 1 + 3 8:00-11:30
-Gr. 3	8:20-9:30
April 21- Gr. 8	PERIODS 1 + 2 + 3 8:00-11:30
- Gr. 3	8:30-9:30
April 22- Gr. 8	PERIODS 2 + 3 9:20-11:30
- Gr. 3	8:30-9:30
April 26- Gr. 4	8:20-10:00
April 27- Gr. 4	8:20-10:10
April 28- Gr. 4	8:20-10:40
April 29- Gr. 4	8:20-10:15



Time  
for  
Exams

## ATTENTION 4 YEAR OLD'S/CHILD DEVELOPMENT DAY

**A BIG DAY FOR LITTLE PEOPLE**  
**Child Development Day: May 11, 2021**  
**Rain date: May 18, 2021**

*The Alma School District will host a Child Development screening for children who will be 4 years of age by September 1, 2021 on Tuesday, May 11, 2021. If you are new to the district or if your child will be four years of age by September 1, 2021 and you do not receive information, please contact Jane Bremer, Elementary Principal, by calling 685-4417.*

The goals of Child Development Day are:

1. To find children in need of further assessment for possible special services.
2. To promote community awareness of resources and information available in education, childcare, health, and family support services.
3. To provide education regarding normal child growth and development.

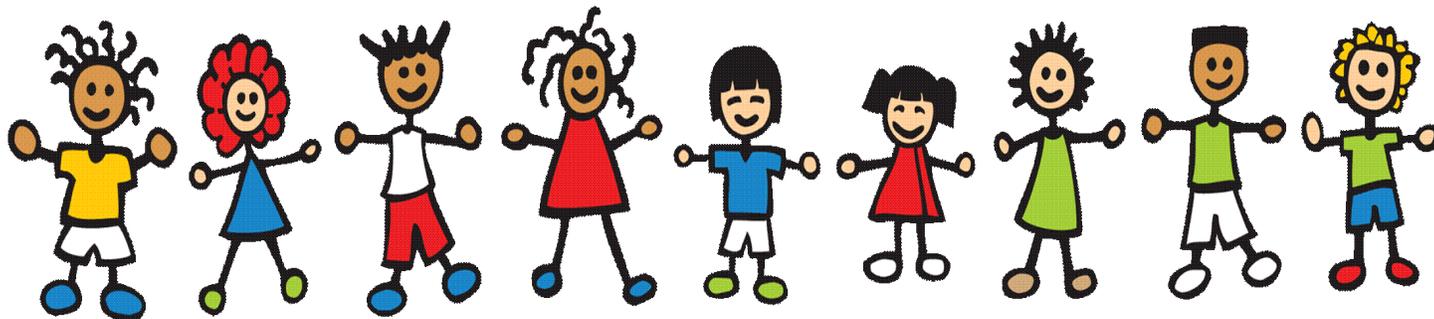
All children who will be four by September 1, 2021 should be screened, regardless of whether a parent thinks there is a problem. Among the professionals available to answer questions will be early childhood teachers, a speech and language clinician, a psychologist, and the school nurse.

Parents of children who will be four by September 1, 2021 will receive in the mail an appointment time for the screening. Parents will also receive a survey regarding their child's development. Parents should complete the survey, the health inventory and return this information to school prior to the screening appointment.

On the day of the screening, the child will take part in supervised play activities on the playground. Parents will meet with an interviewer who will review the survey and ask follow-up questions. Parents should plan on spending 30-45 minutes at the screening.

If you have any questions about your child's development at any time, contact Jane Bremer, Elementary Principal or Rob Stewart, Superintendent at the School District of Alma.

We are looking forward to welcoming new children and parents to our school!



# RIGHT START

## Right Start For children 0-4 years of age

Due to COVID-19, we are unable to meet in person, at school right now for the Right Start program. However, I still want to extend an invitation for Moms, Dads, Grandparents, and children 0-4 years of age to register for Right Start fun through monthly theme packets that can be picked up or mailed to you from school.

The purpose of Right Start is to provide activities that enhance early childhood brain development through play, crafts, games, music, and reading. Each month, activities will be planned around a specific theme. Families who register for the packet will receive a "My Big World" Scholastic magazine, a free book, and activities to do with your child at home.

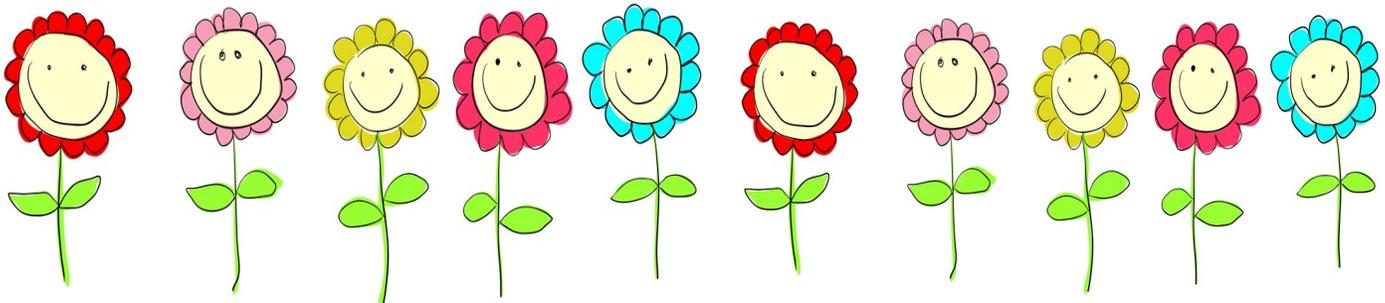
If COVID-19 ever starts to diminish, we would try and meet at school once again. For now, activities will be offered off-site for our Right Start families to complete in the comfort of their own home.

The following themes are planned for this school year. Please let me know if you would like to register your child for this experience.

### 2020-2021 RIGHT START THEMES

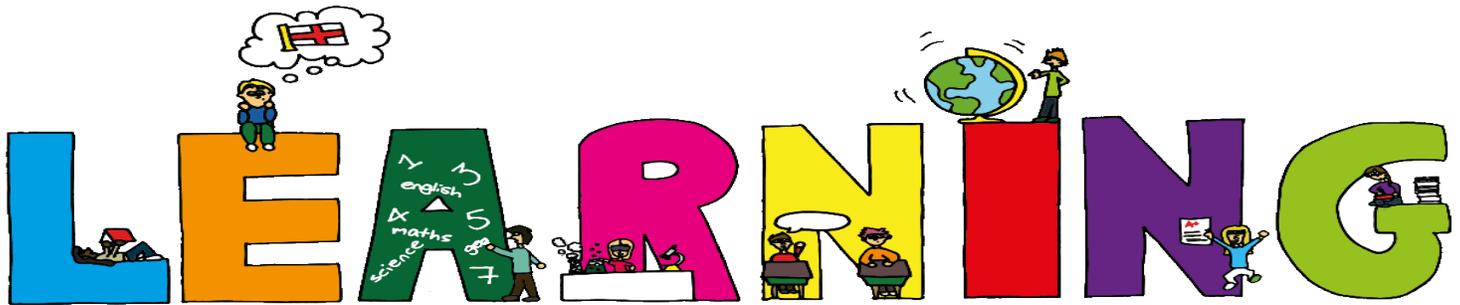
MONTH/PACKET READY DATE	THEME
April- Packet ready by April 19th	Plants, Caterpillars and Butterflies
May- Plans to be determined	Summer Safety and Fish

To register your family for this offering please contact Jane Bremer-Elementary Principal at [bremerj@alma.k12.wi.us](mailto:bremerj@alma.k12.wi.us) or call me at 608-685-4417/306. I am looking forward to working with all of you and meeting our newest and youngest children of our school family.



## ELEMENTARY SCHOOL NEWS

**The sixth graders are studying plants and what they need to survive. They conducted an experiment where one plant received light and the other one did not. They observed the differences between the plants. Thank you, Sheila Huber and the Alma Garden Gate for donating the plants.**



**The fifth graders are studying the engineering design process. They created a scale model of a park that had an erosion problem on the walking path. As a group, they brainstormed solutions, tested them, and came up with a solution to fix the problem.**



“Knowledge is **actively constructed** by the student, not passively absorbed from textbooks and lectures.”

~ Author Unknown

# FORENSICS UPDATE

## Forensics 2021

By Mrs. Brevick

The forensics program at Alma School is an active and competitive club that promotes public speaking and acting. The program ran differently in the 2021 season to best fit safety standards of the COVID era. Despite the changes, the students had a successful season! The pictured junior high and high school students practiced to perform poetry or prose with the help of Mrs. Glander and Mrs. Brevick, along with the wonderful volunteer support of Lorena Hungerford!

There are usually at least 3 meets per season in forensics. The meet dynamics were definitely different this season. There were no in-person events. All of the public speaking was video taped, uploaded to YouTube (privately) and shared with the adjudicators (judges). Factors like facial expressions, speaking, and more could be hindered with masks. The masks affect some voice levels and the typical amount of clarity the judges usually experience. However, Mrs. Glander and Mrs. Brevick judged very entertaining and/or emotionally inspiring performances despite the wearing of the masks. Therefore, the students that rose to this challenge of performing this season were truly inspiring! Even though the changes affected the overall feeling, these Alma Area students remained optimistic and hopeful, not letting the changes affect them in their performance. There were some positives while performing in this different way. Some students faced less pressure from a visible peer crowd, allowing the performers to more accurately depict what they are presenting. Others felt less nervous, as they would only have to perform in front of the coach. Yet, those who love to entertain and draw energy from the emotion of the crowd, will have to wait for that opportunity next season. Not having an audience or even the meets as a whole was heartbreaking. However, this disappointment and sadness is temporary. These Alma ladies faced the challenge of COVID-19 and, nevertheless, found ways to enjoy the season and improve one's speaking skills regardless!



6th Grade: Bella Brouillard, Olivia Larson, Nessa Noll, Macy Stewart, Alexis Koch, Nevayah Merchlewitz



High School: Katrina Heller, Emma Myren, Brooke Priefert, Jessica Meier



Junior High: Nicole Walker, Madalyn Wick, Mya Stewart, Finley Noll, Chloe Reed

## DONATIONS TO THE DISTRICT & CONGRATULATIONS

Thank You!

**Congratulations to Colton Brecka on being selected for the 2021 Dairyland All-Conference Basketball Second Team.**



- ◆ THE KEVIN & LEANNE HELLER FAMILY: ALMA PRIDE PRIZES & SCHOOL SUPPLIES
- ◆ THE BOB & DANIELLE SCHALINSKE FAMILY: RIVERMEN CLUBHOUSE SUPPLIES
- ◆ LORENA HUNGERFORD: SUPPORTING & HELPING THE FORENSICS TEAM
- ◆ SHEILA HUBER: PLANTS FOR THE SCIENCE LAB

CONGRATULATIONS

### West Central Area Conservation Poster Results

**CONGRATULATIONS** to the following three students from Alma Elementary School for advancing to the West Central Area competition for the Conservation Land and Water Poster Contest. Finleigh Kosik received first place in the K-1 division. Her poster advanced to the state level conference which was held in March. Liam Kosik received second place in the 2-3 division and Clare Jumbeck received second place in the 4-6 division. Great job, students!





# APRIL 2021 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>***Offered Daily-Breakfast: Choice of Cereal, WG Toast, Fresh Fruit/ Juice***</b></p> <p><b>*** Daily-Lunch: Single Serve Salad ***</b></p> <p><b>***Offered Daily-Milk: FF White, 1% White, FF Chocolate***</b></p> <p><b>"This institution is an equal opportunity provider."</b></p>			<p>1. Spring Break No School</p>	<p>2. Spring Break No School</p>
<p>5. Spring Break No School</p>	<p>6. Breakfast: French Toast Stick's, fruit &amp; Juice</p> <p>Lunch: El. Quesadilla, with fixings, corn peaches HS. Fajitas, with fixings, corn peaches</p>	<p>7. Breakfast: Mini Chocolate Donuts, fruit, juice</p> <p>Lunch: Lasagna, green beans, applesauce</p>	<p>8. Breakfast: Yogurt parfait, juice</p> <p>Lunch: Chicken Teriyaki with vegetables, pineapple</p>	<p>9. Breakfast: Cereal, juice, fruit</p> <p>Lunch: Pizza, veggies &amp; dip, fresh fruit</p>
<p>12. Breakfast: Muffins, banana, juice</p> <p>Lunch: Bacon Cheese burger, candied carrots, watermelon</p>	<p>13. Breakfast: Pancake stick, fruit, juice</p> <p>Lunch: BBQ Pulled Pork Sandwich, coleslaw, baked beans, pears</p>	<p>14. Breakfast: Cereal, fruit, juice,</p> <p>Lunch: Macaroni &amp; Cheese, breadstick, broccoli, blueberry cobbler</p>	<p>15. Breakfast: Carmel Rolls, fruit, juice</p> <p>Lunch: El. Pizza Dippers, salad, strawberries HS. Chicken &amp; Waffles, pasta salad, strawberries</p>	<p>16. Breakfast: Hot pocket with bread, fruit, juice</p> <p>Lunch: Corn Dogs, broccoli salad, fresh fruit</p>
<p>19. Breakfast: Muffins, banana, juice</p> <p>Lunch: Chicken Patty sandwich, peas, applesauce</p>	<p>20. Breakfast: Mini pancakes, fruit, juice</p> <p>Lunch: Walking taco, fixings, corn, peaches</p>	<p>21. Breakfast: Oat Chip Bar, fruit, juice</p> <p>Lunch: Spaghetti with meat sauce, green beans, cake</p>	<p>22. Breakfast: Banana Bread, fruit, juice</p> <p>Lunch: Chicken &amp; broccoli stir fry, rice, mandarin oranges</p>	<p>23. Breakfast: Yogurt, fruit, juice</p> <p>Lunch: Pizza, veggies &amp; dip, fresh fruit</p>
<p>26. Breakfast: Muffins, banana, juice,</p> <p>Lunch: Ham &amp; Cheese, potato salad, baked beans, grapes</p>	<p>27. French Toast stick, fruit, juice</p> <p>Lunch: Fish &amp; chips, pears</p>	<p>28. Breakfast: Mini donuts, fruit, juice</p> <p>Lunch: Chicken Parmesan, carrots, clementine's</p>	<p>29. Breakfast: Cereal, fruit, juice</p> <p>Lunch: Meatloaf, mashed potato, peas, pumpkin dessert</p>	<p>30. Breakfast: Cinnamon Roll, fruit, juice</p> <p>Lunch: Brats, Texas caviar, chips, fresh fruit</p>

**ALMA AREA SCHOOL**



**"Home of the Rivermen"**

S1618 State Rd 35, Alma WI 54610

*We're on the web!*

*[www.alma.k12.wi.us](http://www.alma.k12.wi.us)*

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PERMIT NO. 1  
ALMA, WISCONSIN

ADDRESS SERVICE REQUESTED