

## **Local Suicide Prevention and Crisis Resources**

### **Shannon Medina, PISD Social Worker**

[smedina@penascoisd.com](mailto:smedina@penascoisd.com)

575-587-2502 EXT 2013.

### **Taos Suicide Prevention**

575-758-9888

### **KidTalk Warmline**

A peer support helpline for people living with emotional and mental health challenges.

575-636-3636

KidTalk Warmline Hours:

Monday – Thursday: 3pm – 10pm

Friday: 3pm – Midnight

Saturday: 10am – Midnight

Sunday: 10am – 10pm

### **Taos Behavioral Health**

Provides comprehensive behavioral health services to individuals, families, and groups to support them in developing positive behaviors and making life-affirming choices.

575-758-4297

### **RAINN National Sexual Assault Hotline**

Connects with a local representative

Online chat: <https://hotline.rainn.org/online>

Phone: 800-656-HOPE (4683)

### **Communities Against Violence (CAV) 24-hour helpline**

575-758-9888

### **DreamTree Project**

Offers emergency teen shelter, a transitional home and resources for youth throughout northern New Mexico, including Colfax, Mora, Rio Arriba, Taos and Union counties.

The emergency teen shelter is open 24/7, to youth ages 12 to 17.

Phone: 575-758-9595

Text: 575-770-7704