



JANUARY 2021

JOHN F. KENNEDY MEMORIAL HIGH SCHOOL COUNSELING NEWS

VOL 1 ISSUE 1

MEET YOUR COUNSELORS



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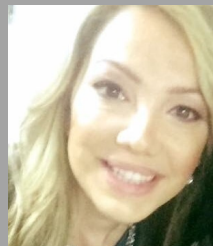
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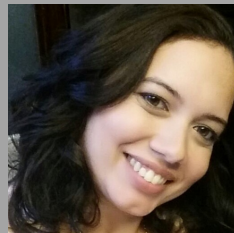
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The counseling department at JFK would like to wish everyone a safe and healthy New Year! Welcome 2021! Moving forward we will communicate with our families through a bi-monthly newsletter sharing upcoming college events, significant dates and any other important information. You can also check our Google sites for frequently updated information and resources.

IMPORTANT INFO



NEED WORKING PAPERS?

[HTTPS://WWW.WOODBRIDGE.K12.NJ.US/O/JFK/PAGE/WORKING-PAPERS-20](https://www.woodbridge.k12.nj.us/o/jfk/page/working-papers-20)

LOOKING TO PLAY SPORTS BEYOND HIGH SCHOOL? STUDENTS CAN JOIN THE JFK NCAA CLASSROOM @ CODE 4W32ROJ.

[HTTPS://WEB3.NCAA.ORG/ECWR3/](https://web3.ncaa.org/ecwr3/)

LOOKING TO VOLUNTEER AND GIVE BACK TO THE COMMUNITY?

[HTTPS://WWW.WOODBRIDGE.K12.NJ.US/O/JFK/BROWSE/139459](https://www.woodbridge.k12.nj.us/o/jfk/browse/139459)

WANT TO GET INVOLVED IN A CLUB OR ACTIVITY?

[HTTPS://WWW.WOODBRIDGE.K12.NJ.US/O/JFK/PAGE/STUDENT-ACTIVITIES-48](https://www.woodbridge.k12.nj.us/o/jfk/page/student-activities-48)

INTERESTED IN HOW TO BECOME A CANDIDATE FOR THE NATIONAL HONORS SOCIETY?

CONTACT THE ADVISOR FOR MORE INFO:

COLLEEN.KUROWSKY@WOODBRIDGE.K12.NJ.US

[HTTPS://SITES.GOOGLE.COM/WTSDNJ.COM/MSKUROWSKY/HOME](https://sites.google.com/wtSDNJ.com/mskurowsky/home)

Counselor Assignments

Grade 9 - Freshman

A - F Tara Pasquale (8682/404)
G - K Alison Kirk (8671/406)
L - N Tracy Blauvelt (8673/400)
O - R Beth Short (8670/402)
S - Z Bryan Wilson (8672/401)

Grade 10 - Sophomore

A - C Tara Pasquale (8682/404)
D - K Alison Kirk (8671/406)
L - Q Tracy Blauvelt (8673/400)
R - Si Beth Short (8670/402)
Sj - Z Bryan Wilson (8672/401)

Grade 11 - Junior

A - E Tara Pasquale (8682/404)
F - Ma Alison Kirk (8671/406)
Mb - P Tracy Blauvelt (8673/400)
Q - S Beth Short (8670/402)
T - Z Bryan Wilson (8672/401)

Grade 12 - Senior

A - C Tara Pasquale (8682/404)
D - J Alison Kirk (8671/406)
K - O Tracy Blauvelt (8673/400)
P - Sh Beth Short (8670/402)
Si - Z Bryan Wilson (8672/401)

*During this
challenging time
we are here to
assist you.*

COLLEGE INFO

**Upcoming SAT
Dates
March 13
June 5
[Register Here](#)**

**Need a break, coping skills, or
resources for our community?
Go to [Ms. Paloti's Google Site](#).**

SHINE A LIGHT ON SUICIDE PREVENTION
PAIN IS NOT ALWAYS OBVIOUS

Suicide Prevention Resource Center
Crisis Text Line
Text "NJ" to 741741

Suicide Prevention Lifeline
(800) 273-8255

Second Floor Youth Hotline
(888) 222-2228

The Trevor Project
National Suicide Hotline
for LGBTQ Youth
(866) 488-7386

NJ Hope Line 24/7 Peer Support/Suicide Hotline
(855) 754-6735

