

Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Pre K & headstart snack

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/01/2021															
Pre K & headstart snack	Total														
Goldfish Graham, WG	1 Each	120	0	110	1.00	0.72	100.0	0	0.0	*N/A*	1.0	19.0	4.0	1.00	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
Weighted Daily Average		179	0	114	*1.05	*0.86	*103.2	*20	20.12	*N/A*	1.60	32.50	4.05	1.01	*0.00
% of Calories										*N/A%*	3.6%	72.6%	20.4%	5.1%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Fri - 04/02/2021															
Pre K & headstart snack	Total														
Alphabet Mini Treats WG	Serving	129	0	124	0.99	0.72	0.0	0	0.0	*N/A*	1.99	21.87	3.98	0.00	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
Weighted Daily Average		188	0	128	*1.05	*0.86	*3.2	*20	20.12	*N/A*	2.59	35.37	4.03	0.01	*0.00
% of Calories										*N/A%*	5.5%	75.1%	19.3%	0.1%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Mon - 04/05/2021															
Pre K & headstart snack	Total														
Goldfish, Cheddar WG	1 Each	100	5	170	1.00	0.72	20.0	0	0.0	*N/A*	3.0	14.0	3.5	1.00	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
Weighted Daily Average		159	5	174	*1.05	*0.86	*23.2	*20	20.12	*N/A*	3.60	27.50	3.55	1.01	*0.00
% of Calories										*N/A%*	9.0%	69.1%	20.1%	5.7%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Tue - 04/06/2021															
Pre K & headstart snack	Total														
Animal Crackers, WG	1 each	141	0	71	0.25	0.12	5.9	10	0.0	*N/A*	0.81	19.6	6.61	4.45	0.14
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00

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Beebe Public Schools

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Base Menu Spreadsheet

Pre K & headstart snack

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		200	0	75	*0.31	*0.26	*9.1	*31	20.12	*N/A*	1.41	33.10	6.66	4.46	*0.14
% of Calories										*N/A%*	2.8%	66.3%	30.0%	20.1%	*0.6%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Wed - 04/07/2021															
Pre K & headstart snack	Total														
Craisins, flavor variety	1 Each	110	0	0	3.00	0.00	0.0	0	0.0	24	0.0	28.0	0.0	0.00	0.00
Milk, Snack Pre-K	HALF PINT	60	4	65	0.00	0.00	150.0	250	0.9	*N/A*	4.25	9.25	0.63	0.38	0.00
Juice PK (milk allergies only)	Each	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		229	4	69	*3.06	*0.16	*153.6	*273	19.26	*24	4.80	50.81	0.68	0.39	*0.00
% of Calories										*41.9%	8.4%	88.7%	2.7%	1.5%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Thu - 04/08/2021															
Pre K & headstart snack	Total														
Goldfish Graham, WG	1 Each	120	0	110	1.00	0.72	100.0	0	0.0	*N/A*	1.0	19.0	4.0	1.00	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
Weighted Daily Average		179	0	114	*1.05	*0.86	*103.2	*20	20.12	*N/A*	1.60	32.50	4.05	1.01	*0.00
% of Calories										*N/A%*	3.6%	72.6%	20.4%	5.1%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Fri - 04/09/2021															
Pre K & headstart snack	Total														
Cheeto's Puffs RF WG	1 Each	100	0	135	1.00	0.72	100.0	0	0.0	*N/A*	2.0	13.0	4.0	0.00	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
Weighted Daily Average		159	0	139	*1.05	*0.86	*103.2	*20	20.12	*N/A*	2.60	26.50	4.05	0.01	*0.00
% of Calories										*N/A%*	6.5%	66.6%	22.9%	0.1%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

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Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Pre K & headstart snack

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/12/2021															
Pre K & headstart snack	Total														
Scooby Snacks, Graham WG	1 Each	121	0	115	*N/A*	0.72	100.0	0	0.0	*N/A*	2.0	21.0	4.0	1.00	0.00
Milk, Snack Pre-K	HALF PINT	60	4	65	0.00	0.00	150.0	250	0.9	*N/A*	4.25	9.25	0.63	0.38	0.00
Juice PK (milk allergies only)	Each	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		240	4	184	*0.06	*0.88	*253.6	*273	19.26	*N/A*	6.80	43.81	4.68	1.39	*0.00
% of Calories										*N/A%*	11.3%	73.0%	17.6%	5.2%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Tue - 04/13/2021															
Pre K & headstart snack	Total														
Bunny Grahams, WG	1 Each	160	0	105	3.00	0.36	200.0	0	0.0	9	3.0	24.0	6.0	0.50	0.00
Milk, Snack Pre-K	HALF PINT	60	4	65	0.00	0.00	150.0	250	0.9	*N/A*	4.25	9.25	0.63	0.38	0.00
Juice PK (milk allergies only)	Each	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		279	4	174	*3.06	*0.52	*353.6	*273	19.26	*9	7.80	46.81	6.68	0.89	*0.00
% of Calories										*12.9%	11.2%	67.1%	21.6%	2.9%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Wed - 04/14/2021															
Pre K & headstart snack	Total														
Fritos, WG	1 oz	142	0	172	2.03	0.36	20.2	0	0.0	*N/A*	2.03	20.25	6.08	1.01	0.00
Milk, Snack Pre-K	HALF PINT	60	4	65	0.00	0.00	150.0	250	0.9	*N/A*	4.25	9.25	0.63	0.38	0.00
Juice PK (milk allergies only)	Each	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		261	4	241	*2.08	*0.52	*173.8	*273	19.26	*N/A*	6.83	43.06	6.76	1.40	*0.00
% of Calories										*N/A%*	10.5%	66.0%	23.3%	4.8%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Thu - 04/15/2021															
Pre K & headstart snack	Total														
Yogurt, Strawberry/S Banana	1 Each	110	5	60	0.00	0.00	150.5	502	0.0	*N/A*	3.01	22.08	1.0	0.50	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00

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Base Menu Spreadsheet

Pre K & headstart snack

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories		169	5	64	*0.05	*0.14	*153.8	*522	20.12	*N/A* *N/A%*	3.61 8.5%	35.58 84.0%	1.06 5.6%	0.51 2.7%	*0.00 *0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Fri - 04/16/2021															
Pre K & headstart snack	Total														
Sun Chips, Harvest Cheddar	Bag	140	0	200	3.00	0.36	0.0	300	0.0	2	2.0	19.0	6.0	1.00	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
Weighted Daily Average % of Calories		199	0	204	*3.05	*0.50	*3.2	*320	20.12	*2 *4.0%	2.60 5.2%	32.50 65.3%	6.05 27.4%	1.01 4.6%	*0.00 *0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Mon - 04/19/2021															
Pre K & headstart snack	Total														
Chex Mix, Simply Cheddar WG	Pouch	140	0	260	2.00	0.36	*N/A*	*N/A*	*N/A*	*N/A*	3.0	27.0	3.5	1.00	0.00
Applesauce	1/2 cup	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
Weighted Daily Average % of Calories		224	0	275	3.02	2.20	*0.0	*0	*2.45	*N/A* *N/A%*	3.00 5.4%	48.44 86.6%	3.50 14.1%	1.00 4.0%	0.00 0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Tue - 04/20/2021															
Pre K & headstart snack	Total														
Cinnamon Crisps, WG	Pkg.	150	0	140	2.00	0.72	0.0	0	0.0	9	3.0	25.0	5.0	0.50	0.00
Milk, Snack Pre-K	HALF PINT	60	4	65	0.00	0.00	150.0	250	0.9	*N/A*	4.25	9.25	0.63	0.38	0.00
Juice PK (milk allergies only)	Each	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories		269	4	209	*2.06	*0.88	*153.6	*273	19.26	*9 *13.4%	7.80 11.6%	47.81 71.1%	5.68 19.0%	0.89 3.0%	*0.00 *0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

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Pre K & headstart snack

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/21/2021															
Pre K & headstart snack	Total														
Belly Bears, WG	Package	120	0	85	2.00	1.08	100.0	0	0.0	7	2.0	20.0	4.0	0.00	0.00
Milk, Snack Pre-K	HALF PINT	60	4	65	0.00	0.00	150.0	250	0.9	*N/A*	4.25	9.25	0.63	0.38	0.00
Juice PK (milk allergies only)	Each	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		239	4	154	*2.06	*1.24	*253.6	*273	19.26	*7	6.80	42.81	4.68	0.39	*0.00
% of Calories										*11.7%	11.4%	71.6%	17.6%	1.5%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Thu - 04/22/2021															
Pre K & headstart snack	Total														
Cheez-its, WG	1 Each	210	0	320	1.00	1.08	60.0	100	0.0	*N/A*	5.0	24.0	11.0	2.50	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
Weighted Daily Average		269	0	324	*1.05	*1.22	*63.2	*120	20.12	*N/A*	5.60	37.50	11.05	2.51	*0.00
% of Calories										*N/A%*	8.3%	55.7%	37.0%	8.4%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Mon - 04/26/2021															
Pre K & headstart snack	Total														
Pretzel, heart shaped	1 Each	80	0	200	2.00	1.08	0.0	0	0.0	0	2.0	15.0	1.5	0.00	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
Weighted Daily Average		139	0	204	*2.05	*1.22	*3.2	*20	20.12	*0	2.60	28.50	1.55	0.01	*0.00
% of Calories										*0.0%	7.5%	82.0%	10.1%	0.1%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Tue - 04/27/2021															
Pre K & headstart snack	Total														
Crackers, snack	1 Each	35	0	50	0.00	0.00	0.0	0	0.0	0	1.0	5.0	1.5	0.00	0.00
String cheese	1 each	80	15	170	0.00	0.00	207.0	147	0.0	*N/A*	7.0	0.5	6.0	3.50	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00

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Weighted Daily Average		174	15	224	*0.05	*0.14	*210.2	*167	20.12	*0	8.60	19.00	7.55	3.51	*0.00
% of Calories										*0.0%	19.8%	43.7%	39.0%	18.1%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Wed - 04/28/2021															
Pre K & headstart snack	Total														
Muffin, chocolate chip, WG	3.1 oz.	270	35	140	2.00	1.80	20.0	0	0.0	22	5.0	45.0	8.0	1.50	0.00
Milk, Snack Pre-K	HALF PINT	60	4	65	0.00	0.00	150.0	250	0.9	*N/A*	4.25	9.25	0.63	0.38	0.00
Juice PK (milk allergies only)	Each	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		389	39	209	*2.06	*1.96	*173.6	*273	19.26	*22	9.80	67.81	8.68	1.89	*0.00
% of Calories										*22.6%	10.1%	69.7%	20.1%	4.4%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Thu - 04/29/2021															
Pre K & headstart snack	Total														
Goldfish Graham, WG	1 Each	120	0	110	1.00	0.72	100.0	0	0.0	*N/A*	1.0	19.0	4.0	1.00	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
Weighted Daily Average		179	0	114	*1.05	*0.86	*103.2	*20	20.12	*N/A*	1.60	32.50	4.05	1.01	*0.00
% of Calories										*N/A%*	3.6%	72.6%	20.4%	5.1%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Fri - 04/30/2021															
Pre K & headstart snack	Total														
Alphabet Mini Treats WG	Serving	129	0	124	0.99	0.72	0.0	0	0.0	*N/A*	1.99	21.87	3.98	0.00	0.00
Juice, variety (4 oz.)	4 oz. carto	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
Weighted Daily Average		188	0	128	*1.05	*0.86	*3.2	*20	20.12	*N/A*	2.59	35.37	4.03	0.01	*0.00
% of Calories										*N/A%*	5.5%	75.1%	19.3%	0.1%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

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Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Pre K & headstart snack

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average		215	4	168	*1.50	*0.85	*114.3	*154	*18.99	*3 *12.0%	4.49 8.4%	38.08 70.9%	4.91 20.6%	1.16 4.8%	*0.01 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	215		350 - 500	61%		135		Correction Required - Calories are Low
Cholesterol (mg)	4							
Sodium 1 (mg)	168		540					
Sodium 2 (mg)	168		485					
Fiber (g)	1.50				Missing			
Iron (mg)	0.85				Missing			
Calcium (mg)	114.3				Missing			
Vitamin A (IU)	154				Missing			
Sugars (g)	3	5.32%			Missing			
Vitamin C (mg)	18.99				Missing			
Protein (g)	4.49	8.35%						
Carbohydrate (g)	38.08	70.90%						
Total Fat (g)	4.91	20.57%	<=30.00%					
Saturated Fat (g)	1.16	4.85%	<10.00%					
Trans Fat ¹ (g)	0.01	0.03%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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