

Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Pre K & Headstart lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/01/2021															
Pre K & Headstart lunch	Total														
Lunchable - Ham,diced - Pre K	1 Each	414	44	985	1.74	*0.40	*54.7	*2169	*20.28	*8	15.63	44.31	19.2	6.15	0.01
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		534	51	1115	*1.74	*0.40	*354.7	*2669	*22.19	*8	24.13	62.89	20.45	6.90	*0.01
% of Calories										*6.1%	18.1%	47.1%	34.5%	11.6%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/02/2021															
Pre K & Headstart lunch	Total														
Breaded mozzarella sticks	Servings	310	15	540	0.00	1.62	375.0	0	0.0	3	19.5	33.0	12.0	3.75	0.00
Broccoli w/ Cheese	1/4 cup	26	2	37	1.09	0.00	43.1	22	16.42	*N/A*	2.06	2.26	0.65	0.41	0.00
Peaches, canned,Ex Lt syrup	1/4 cup	30	0	2	0.50	0.00	0.0	32	0.0	6	0.0	6.96	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
KETCHUP: individual	2 each	20	0	50	0.00	0.00	0.0	0	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
Weighted Daily Average		507	24	759	*1.59	*1.63	*718.1	*555	18.33	*9	30.06	66.80	13.90	4.91	*0.00
% of Calories										*7.5%	23.7%	52.7%	24.7%	8.7%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/05/2021															
Pre K & Headstart lunch	Total														
Chicken nuggets	servings	240	20	270	3.00	1.80	40.0	0	0.0	1	13.0	16.0	14.0	2.50	0.00
Tater Tots	1/2 cup	136	0	281	1.70	0.61	*N/A*	0	*N/A*	*N/A*	1.7	16.16	6.8	0.00	0.00
Fruit cocktail,Ex It syrup	1/2 cup	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
KETCHUP: individual	1 each	10	0	25	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		567	27	716	*4.70	*2.41	*340.0	*702	*3.12	*12	23.20	70.92	22.05	3.25	*0.00
% of Calories										*8.5%	16.4%	50.0%	35.0%	5.2%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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Base Menu Spreadsheet

Pre K & Headstart lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/06/2021															
Pre K & Headstart lunch	Total														
Lunchable - Pizza - Pre K	1 Each	458	38	1315	2.46	*2.45	*45.3	*2168	*20.28	*10	17.24	45.68	20.91	7.54	0.02
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		578	46	1445	*2.46	*2.45	*345.3	*2669	*22.19	*10	25.74	64.26	22.16	8.29	*0.02
% of Calories										*6.7%	17.8%	44.5%	34.5%	12.9%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Wed - 04/07/2021															
Pre K & Headstart lunch	Total														
Mini corn dogs, chicken WG	6 each	270	37	420	4.50	2.16	150.0	0	0.0	*N/A*	10.5	29.99	12.0	3.75	0.00
Blackeyed peas	1/4 cup	47	0	82	2.01	0.90	10.1	0	0.03	*0	3.03	8.11	0.5	0.00	*0.00
Fruit cocktail, Ex It syrup	1/4 cup	30	0	5	0.00	0.00	0.0	101	0.61	6	0.0	8.59	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
KETCHUP: individual	1 each	10	0	25	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Weighted Daily Average		477	45	662	*6.51	*3.06	*460.1	*601	2.54	*6	22.03	68.27	13.75	4.50	*0.00
% of Calories										*4.7%	18.5%	57.2%	25.9%	8.5%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Thu - 04/08/2021															
Pre K & Headstart lunch	Total														
Roasted chicken	servings	100	37	200	0.00	0.24	0.0	0	0.0	*N/A*	9.3	0.0	6.6	2.00	0.00
Fried potatoes	1/4 cup	71	0	238	0.72	0.00	0.1	0	0.0	*1	0.72	8.64	3.8	1.14	0.00
Strawberry applesauce	1/4 cup	52	0	19	0.53	0.97	0.1	0	1.28	*2	0.18	13.28	0.0	0.00	*0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		344	44	587	*1.26	*1.21	*300.2	*500	3.19	*3	18.70	40.50	11.65	3.89	*0.00
% of Calories										*3.1%	21.7%	47.1%	30.5%	10.2%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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Pre K & Headstart lunch

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/09/2021															
Pre K & Headstart lunch	Total														
Crispito, chicken chili, WG	1 each	270	25	370	3.00	1.80	40.0	750	0.0	*N/A*	12.0	23.0	14.0	3.00	0.00
Refried beans, Santiago	1/4 cup	91	0	329	5.03	1.21	29.8	0	0.5	0	5.03	15.59	0.75	0.25	0.00
FRUIT, FRESH ASSORTED	1/2 EACH	35	0	1	1.64	0.08	9.7	65	11.09	7	0.29	9.07	0.11	0.02	0.00
Tortilla chips	1 oz	142	0	152	1.01	0.36	20.2	0	0.0	*N/A*	2.03	17.21	7.09	3.04	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		516	32	830	*9.67	*3.09	*379.6	*1315	13.50	*7	25.83	66.34	16.15	4.04	*0.00
% of Calories										*5.4%	20.0%	51.4%	28.2%	7.0%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Mon - 04/12/2021															
Pre K & Headstart lunch	Total														
Chicken cheese quesadilla	1 each	196	48	274	1.00	1.29	130.6	91	3.6	*0	19.92	15.29	6.39	2.70	0.00
Refried beans, Santiago	1/4 cup	91	0	329	5.03	1.21	29.8	0	0.5	0	5.03	15.59	0.75	0.25	0.00
Applesauce	1/4 cup	42	0	8	0.51	0.92	0.0	0	1.23	*N/A*	0.0	10.72	0.0	0.00	0.00
Tortilla chips	1 oz	142	0	152	1.01	0.36	20.2	0	0.0	*N/A*	2.03	17.21	7.09	3.04	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		590	55	893	*7.55	*3.78	*480.8	*592	7.23	*0	35.48	77.39	15.49	6.74	*0.00
% of Calories										*0.0%	24.0%	52.5%	23.6%	10.3%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Tue - 04/13/2021															
Pre K & Headstart lunch	Total														
Lunchable - Pizza - Pre K	1 Each	458	38	1315	2.46	*2.45	*45.3	*2168	*20.28	*10	17.24	45.68	20.91	7.54	0.02
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		578	46	1445	*2.46	*2.45	*345.3	*2669	*22.19	*10	25.74	64.26	22.16	8.29	*0.02
% of Calories										*6.7%	17.8%	44.5%	34.5%	12.9%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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Pre K & Headstart lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/14/2021															
Pre K & Headstart lunch	Total														
Macaroni & cheese	2/3 CUP	408	58	988	0.95	1.10	530.7	553	0.92	*9	22.17	30.48	21.79	13.08	*0.00
Sweet peas	1/4 cup	54	0	19	2.30	0.59	13.1	328	19.71	*N/A*	2.63	6.9	1.78	0.81	0.00
Fruit cocktail, Ex It syrup	1/4 cup	30	0	5	0.00	0.00	0.0	101	0.61	6	0.0	8.59	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		612	65	1143	*3.25	*1.69	*843.9	*1483	23.14	*14	33.30	64.55	24.82	14.64	*0.00
% of Calories										*9.2%	21.8%	42.2%	36.5%	21.5%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Thu - 04/15/2021															
Pre K & Headstart lunch	Total														
Chicken nuggets	servings	240	20	270	3.00	1.80	40.0	0	0.0	1	13.0	16.0	14.0	2.50	0.00
Mashed potatoes	1/2 cup	75	0	265	1.25	0.22	15.3	0	0.0	1	1.25	16.22	1.25	1.25	0.00
Raisins	1.33 oz. bo	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Roll, WW 1.5 oz.	1.5 oz. roll	125	6	153	2.19	1.03	10.3	14	0.01	*2	3.69	20.23	3.64	0.88	*0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		673	33	821	*7.82	*15.74	*554.2	*514	53.71	*5	27.60	100.88	20.30	5.40	*0.00
% of Calories										*2.8%	16.4%	60.0%	27.2%	7.2%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Fri - 04/16/2021															
Pre K & Headstart lunch	Total														
Nacho cheese sauce (1.5 M/MA)	1/4 cup	192	42	944	0.00	0.08	272.1	471	0.14	*0	10.46	3.2	14.9	9.19	*0.00
MIXED VEGETABLES:frozen,boiled	1/4 CUP	37	0	25	2.00	0.37	11.4	1946	1.46	*1	1.3	5.96	0.9	0.43	0.00
FRUIT,FRESH ASSORTED	1/2 EACH	35	0	1	1.64	0.08	9.7	65	11.09	7	0.29	9.07	0.11	0.02	0.00
Tortilla chips	1 oz	142	0	152	1.01	0.36	20.2	0	0.0	*N/A*	2.03	17.21	7.09	3.04	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00

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Weighted Daily Average % of Calories		485	44	1177	*4.25	*0.82	*561.0	*2726	12.13	*8 *6.3%	20.38 16.8%	52.20 43.1%	21.51 39.9%	11.88 22.1%	*0.00 *0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Mon - 04/19/2021															
Pre K & Headstart lunch	Total														
Popcorn chicken, WG	serving	313	27	477	4.09	2.45	27.3	0	0.0	1	19.08	19.08	17.71	3.41	0.00
Mashed potatoes	1/2 cup	75	0	265	1.25	0.22	15.3	0	0.0	1	1.25	16.22	1.25	1.25	0.00
Fruit cocktail, Ex lt syrup	1/4 cup	30	0	5	0.00	0.00	0.0	101	0.61	6	0.0	8.59	0.0	0.00	0.00
Roll, WW 1 oz.	1 oz. roll	83	4	102	1.46	0.69	6.9	10	0.01	*2	2.46	13.51	2.43	0.59	*0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
KETCHUP: individual	1 each	10	0	25	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories		632	39	1004	*6.79	*3.37	*349.5	*611	2.52	*10 *6.2%	31.29 19.8%	78.97 50.0%	22.64 32.2%	5.99 8.5%	*0.00 *0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Tue - 04/20/2021															
Pre K & Headstart lunch	Total														
Lunchable - Pizza - Pre K	1 Each	458	38	1315	2.46	*2.45	*45.3	*2168	*20.28	*10	17.24	45.68	20.91	7.54	0.02
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories		578	46	1445	*2.46	*2.45	*345.3	*2669	*22.19	*10 *6.7%	25.74 17.8%	64.26 44.5%	22.16 34.5%	8.29 12.9%	*0.02 *0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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Base Menu Spreadsheet

Pre K & Headstart lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/21/2021															
Pre K & Headstart lunch	Total														
Chicken fries	servings	230	20	340	2.00	1.80	20.0	0	0.0	1	13.0	14.0	13.0	2.50	0.00
California blend veggies	1/4 cup	17	0	45	0.97	0.17	10.3	1453	4.36	*0	0.48	2.42	0.54	0.27	0.00
FRUIT,FRESH ASSORTED	1/2 EACH	35	0	1	1.64	0.08	9.7	65	11.09	7	0.29	9.07	0.11	0.02	0.00
Animal Crackers, WG	1 each	141	0	71	0.25	0.12	5.9	10	0.0	*N/A*	0.81	19.6	6.61	4.45	0.14
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		496	25	537	*4.44	*1.99	*316.2	*1854	15.87	*7	21.11	58.22	19.67	7.31	*0.13
% of Calories										*5.8%	17.0%	46.9%	35.7%	13.3%	*0.2%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Thu - 04/22/2021															
Pre K & Headstart lunch	Total														
Pizza Stick	Each	125	12	255	1.50	0.90	50.0	0	0.0	2	5.5	15.0	4.5	2.25	0.00
Sweet peas	1/4 cup	54	0	19	2.30	0.59	13.1	328	19.71	*N/A*	2.63	6.9	1.78	0.81	0.00
Peaches, canned,Ex Lt syrup	1/4 cup	30	0	2	0.50	0.00	0.0	32	0.0	6	0.0	6.96	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		329	20	407	*4.30	*1.49	*363.2	*861	21.62	*8	16.63	47.44	7.53	3.81	*0.00
% of Calories										*9.7%	20.2%	57.6%	20.6%	10.4%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Mon - 04/26/2021															
Pre K & Headstart lunch	Total														
Grilled cheese roll up	1 each	221	25	404	2.00	*0.72	*40.0	*0	*0.0	*1	9.06	18.02	13.35	6.68	0.00
Tater Tots	1/2 cup	136	0	281	1.70	0.61	*N/A*	0	*N/A*	*N/A*	1.7	16.16	6.8	0.00	0.00
Applesauce	1/4 cup	42	0	8	0.51	0.92	0.0	0	1.23	*N/A*	0.0	10.72	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		474	30	752	*3.85	*2.06	*310.9	*457	*2.86	*1	17.62	58.05	19.57	6.80	*0.00
% of Calories										*0.8%	14.9%	48.9%	37.1%	12.9%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Pre K & Headstart lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/27/2021															
Pre K & Headstart lunch	Total														
Macaroni & cheese	2/3 CUP	408	58	988	0.95	1.10	530.7	553	0.92	*9	22.17	30.48	21.79	13.08	*0.00
Broccoli w/ Cheese	1/4 cup	26	2	37	1.09	0.00	43.1	22	16.42	*N/A*	2.06	2.26	0.65	0.41	0.00
Peaches, canned, Ex Lt syrup	1/4 cup	30	0	2	0.50	0.00	0.0	32	0.0	6	0.0	6.96	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		584	67	1157	*2.54	*1.11	*873.8	*1108	19.25	*15	32.73	58.28	23.69	14.24	*0.00
% of Calories										*10.3%	22.4%	39.9%	36.5%	21.9%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Wed - 04/28/2021															
Pre K & Headstart lunch	Total														
Turkey taco (crunchy)	1 Each	119	15	124	1.50	*0.39	*79.1	*1011	*3.1	*1	6.99	9.07	5.91	1.87	0.00
Refried beans, Santiago	1/4 cup	91	0	329	5.03	1.21	29.8	0	0.5	0	5.03	15.59	0.75	0.25	0.00
Fruit cocktail, Ex Lt syrup	1/4 cup	30	0	5	0.00	0.00	0.0	101	0.61	6	0.0	8.59	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		360	22	588	*6.53	*1.60	*408.9	*1613	*6.11	*7	20.52	51.83	7.92	2.87	*0.00
% of Calories										*7.3%	22.8%	57.6%	19.8%	7.2%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Thu - 04/29/2021															
Pre K & Headstart lunch	Total														
Chicken nuggets	servings	240	20	270	3.00	1.80	40.0	0	0.0	1	13.0	16.0	14.0	2.50	0.00
Mashed potatoes	1/2 cup	75	0	265	1.25	0.22	15.3	0	0.0	1	1.25	16.22	1.25	1.25	0.00
Strawberry applesauce	1/4 cup	52	0	19	0.53	0.97	0.1	0	1.28	*2	0.18	13.28	0.0	0.00	*0.00
Roll, WW 1 oz.	1 oz. roll	83	4	102	1.46	0.69	6.9	10	0.01	*2	2.46	13.51	2.43	0.59	*0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Pre K & Headstart lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		571	31	785	*6.24	*3.68	*362.3	*510	3.20	*6	25.39	77.58	18.93	5.08	*0.00
% of Calories										*4.1%	17.8%	54.4%	29.8%	8.0%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Fri - 04/30/2021															
Pre K & Headstart lunch	Total														
Breaded mozzarella sticks	Servings	310	15	540	0.00	1.62	375.0	0	0.0	3	19.5	33.0	12.0	3.75	0.00
Marinara sauce cup	servings	30	0	520	0.00	0.72	0.0	0	0.0	2	0.0	6.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1/2 EACH	35	0	1	1.64	0.08	9.7	65	11.09	7	0.29	9.07	0.11	0.02	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		495	22	1191	*1.64	*2.42	*684.7	*565	13.00	*12	28.29	66.65	13.36	4.52	*0.00
% of Calories										*9.6%	22.8%	53.8%	24.3%	8.2%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Weighted Average		523	39	927	*4.38	*2.80	*461.8	*1297	*14.77	*8	25.31	64.79	18.09	6.74	*0.01
										*13.6%	19.4%	49.6%	31.1%	11.6%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	523		550 - 650	95%		27		Correction Required - Calories are Low
Cholesterol (mg)	39		1230					
Sodium 1 (mg)	927		935					
Sodium 2 (mg)	927							
Fiber (g)	4.38				Missing			
Iron (mg)	2.80				Missing			
Calcium (mg)	461.8				Missing			
Vitamin A (IU)	1297				Missing			
Sugars (g)	8	6.03%			Missing			
Vitamin C (mg)	14.77				Missing			
Protein (g)	25.31	19.36%						
Carbohydrate (g)	64.79	49.55%						
Total Fat (g)	18.09	31.13%	<=30.00%					Correction Required - Total Fat too High
Saturated Fat (g)	6.74	11.61%	<10.00%					Correction Required - Sat. Fat too High
Trans Fat ¹ (g)	0.01	0.02%			Missing			

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