

# Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Pre K & headstart breakfast

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 04/01/2021															
Pre K & headstart breakfast	Total														
Biscuit and Gravy	1 Each	236	0	754	0.60	1.44	20.0	0	0.0	*N/A*	4.0	28.14	12.06	3.53	0.00
Applesauce	1/2 cup	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
Milk, Snack Pre-K	HALF PINT	60	4	65	0.00	0.00	150.0	250	0.9	*N/A*	4.25	9.25	0.63	0.38	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		378	4	829	*1.61	*3.26	*168.9	*248	3.45	*N/A*	8.20	58.54	12.60	3.88	*0.00
% of Calories										*N/A%*	8.7%	62.0%	30.0%	9.2%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Fri - 04/02/2021															
Pre K & headstart breakfast	Total														
Cinnamon Toast	1 each	164	0	216	1.53	1.04	21.3	22	0.12	*3	2.79	20.45	8.04	3.61	*0.00
Apple slices, 2 oz. bag	1/2 cup	30	0	0	0.00	0.00	19.9	0	19.89	6	0.0	6.96	0.0	0.00	0.00
Milk, Snack Pre-K	HALF PINT	60	4	65	0.00	0.00	150.0	250	0.9	*N/A*	4.25	9.25	0.63	0.38	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		232	4	280	*1.52	*1.04	*176.8	*270	7.73	*5	7.00	31.89	8.60	3.96	*0.00
% of Calories										*8.6%	12.1%	54.9%	33.3%	15.3%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Mon - 04/05/2021															
Pre K & headstart breakfast	Total														
Mini Pancakes, variety	Package	170	5	200	2.00	0.72	40.0	0	0.0	*N/A*	4.0	29.5	5.0	0.50	0.00
Apple slices, 2 oz. bag	1/2 cup	30	0	0	0.00	0.00	19.9	0	19.89	6	0.0	6.96	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		379	13	334	*2.06	*0.88	*363.5	*523	40.05	*6	13.05	68.52	6.31	1.26	*0.00
% of Calories										*6.3%	13.8%	72.3%	15.0%	3.0%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

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# Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Pre K & headstart breakfast

Portion Values - Detailed

Page 2

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 04/06/2021															
Pre K & headstart breakfast	Total														
Biscuit	1 Each	200	0	610	0.60	1.44	20.0	0	0.0	*N/A*	4.0	23.0	10.0	2.50	0.00
Jelly, grape pouch	1 each	35	0	5	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
Raisins	1.33 oz. bo	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		527	8	753	*2.05	*14.28	*512.1	*523	71.95	*N/A*	14.21	93.91	11.48	3.28	*0.00
% of Calories										*N/A%*	10.8%	71.3%	19.6%	5.6%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Wed - 04/07/2021															
Pre K & headstart breakfast	Total														
Egg & cheese b-fast sandwich	1 Each	400	150	645	4.00	*1.44	*80.0	*0	*0.0	*1	16.06	35.02	23.59	9.80	0.00
Sorbet frz. juice cup, variety	1 Each	70	0	5	3.00	0.36	60.0	0	60.0	*N/A*	0.0	19.0	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		649	158	784	*7.06	*1.96	*443.6	*523	*80.16	*1	25.11	86.08	24.90	10.56	*0.00
% of Calories										*0.6%	15.5%	53.1%	34.5%	14.7%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Thu - 04/08/2021															
Pre K & headstart breakfast	Total														
Biscuit and Gravy	1 Each	236	0	754	0.60	1.44	20.0	0	0.0	*N/A*	4.0	28.14	12.06	3.53	0.00
Applesauce	1/2 cup	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		499	8	904	*1.68	*3.43	*323.6	*523	22.61	*N/A*	13.05	81.64	13.37	4.29	*0.00
% of Calories										*N/A%*	10.5%	65.5%	24.1%	7.7%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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Base Menu Spreadsheet

Pre K & headstart breakfast

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/09/2021															
Pre K & headstart breakfast	Total														
Cereal Variety Pre-K	1 Each	98	0	158	1.92	6.25	120.1	492	5.34	*2	1.76	20.47	1.7	0.19	0.01
Apple slices, 2 oz. bag	1/2 cup	30	0	0	0.00	0.00	19.9	0	19.89	6	0.0	6.96	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		307	8	292	*1.98	*6.41	*443.6	*1015	45.40	*8	10.81	59.49	3.01	0.95	*0.01
% of Calories										*10.5%	14.1%	77.5%	8.8%	2.8%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Mon - 04/12/2021															
Pre K & headstart breakfast	Total														
Cereal Variety Pre-K	1 Each	98	0	158	1.92	6.25	120.1	492	5.34	*2	1.76	20.47	1.7	0.19	0.01
Apple slices, 2 oz. bag	1/2 cup	30	0	0	0.00	0.00	19.9	0	19.89	6	0.0	6.96	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		307	8	292	*1.98	*6.41	*443.6	*1015	45.40	*8	10.81	59.49	3.01	0.95	*0.01
% of Calories										*10.5%	14.1%	77.5%	8.8%	2.8%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Tue - 04/13/2021															
Pre K & headstart breakfast	Total														
Biscuit	1 Each	200	0	610	0.60	1.44	20.0	0	0.0	*N/A*	4.0	23.0	10.0	2.50	0.00
Jelly cup, assorted flavors	1 each	25	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
Applesauce	1/2 cup	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		488	8	760	*1.68	*3.43	*323.6	*523	22.61	*N/A*	13.05	82.50	11.31	3.26	*0.00
% of Calories										*N/A%*	10.7%	67.7%	20.9%	6.0%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

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Base Menu Spreadsheet

Pre K & headstart breakfast

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/14/2021															
Pre K & headstart breakfast	Total														
Pancake pups	1 Each	181	25	281	3.01	1.81	20.1	0	0.0	4	6.02	15.06	9.04	2.51	0.00
Sorbet frz. juice cup, variety	1 Each	70	0	5	3.00	0.36	60.0	0	60.0	*N/A*	0.0	19.0	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		430	33	420	*6.07	*2.32	*383.7	*523	80.16	*4	15.08	66.12	10.35	3.27	*0.00
% of Calories										*3.7%	14.0%	61.5%	21.7%	6.9%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 04/15/2021															
Pre K & headstart breakfast	Total														
Biscuit and Gravy	1 Each	236	0	754	0.60	1.44	20.0	0	0.0	*N/A*	4.0	28.14	12.06	3.53	0.00
Applesauce	1/2 cup	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		499	8	904	*1.68	*3.43	*323.6	*523	22.61	*N/A*	13.05	81.64	13.37	4.29	*0.00
% of Calories										*N/A%*	10.5%	65.5%	24.1%	7.7%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/16/2021															
Pre K & headstart breakfast	Total														
Egg & cheese English muffin	1 Each	165	115	366	2.00	1.44	100.5	201	0.0	*N/A*	8.02	25.0	4.53	1.02	0.00
Apple slices, 2 oz. bag	1/2 cup	30	0	0	0.00	0.00	19.9	0	19.89	6	0.0	6.96	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		374	123	501	*2.06	*1.60	*424.0	*724	40.05	*6	17.08	64.02	5.84	1.78	*0.00
% of Calories										*6.4%	18.3%	68.4%	14.0%	4.3%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

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Pre K & headstart breakfast

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 04/19/2021															
Pre K & headstart breakfast	Total														
Cereal Variety Pre-K	1 Each	98	0	158	1.92	6.25	120.1	492	5.34	*2	1.76	20.47	1.7	0.19	0.01
Apple slices, 2 oz. bag	1/2 cup	30	0	0	0.00	0.00	19.9	0	19.89	6	0.0	6.96	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		307	8	292	*1.98	*6.41	*443.6	*1015	45.40	*8	10.81	59.49	3.01	0.95	*0.01
% of Calories										*10.5%	14.1%	77.5%	8.8%	2.8%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Tue - 04/20/2021															
Pre K & headstart breakfast	Total														
Biscuit	1 Each	200	0	610	0.60	1.44	20.0	0	0.0	*N/A*	4.0	23.0	10.0	2.50	0.00
Jelly cup, assorted flavors	1 each	25	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
Applesauce	1/2 cup	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		488	8	760	*1.68	*3.43	*323.6	*523	22.61	*N/A*	13.05	82.50	11.31	3.26	*0.00
% of Calories										*N/A%*	10.7%	67.7%	20.9%	6.0%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Wed - 04/21/2021															
Pre K & headstart breakfast	Total														
Cinnamon Toast	1 each	164	0	216	1.53	1.04	21.3	22	0.12	*3	2.79	20.45	8.04	3.61	*0.00
Sorbet frz. juice cup, variety	1 Each	70	0	5	3.00	0.36	60.0	0	60.0	*N/A*	0.0	19.0	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		413	8	356	*4.59	*1.56	*384.9	*545	80.28	*3	11.85	71.50	9.35	4.37	*0.00
% of Calories										*2.9%	11.5%	69.3%	20.4%	9.5%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 04/22/2021															
Pre K & headstart breakfast	Total														
Biscuit and Gravy	1 Each	236	0	754	0.60	1.44	20.0	0	0.0	*N/A*	4.0	28.14	12.06	3.53	0.00
Applesauce	1/2 cup	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		499	8	904	*1.68	*3.43	*323.6	*523	22.61	*N/A*	13.05	81.64	13.37	4.29	*0.00
% of Calories										*N/A%*	10.5%	65.5%	24.1%	7.7%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Mon - 04/26/2021															
Pre K & headstart breakfast	Total														
Bacon Scramble Breakfast Pizza	1 Each	210	55	320	2.00	1.44	100.0	0	0.0	5	10.0	25.0	8.0	3.50	0.00
Apple slices, 2 oz. bag	1/2 cup	30	0	0	0.00	0.00	19.9	0	19.89	6	0.0	6.96	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		419	62	454	*2.06	*1.60	*423.5	*523	40.05	*11	19.05	64.02	9.31	4.26	*0.00
% of Calories										*10.5%	18.2%	61.1%	20.0%	9.2%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Tue - 04/27/2021															
Pre K & headstart breakfast	Total														
Biscuit	1 Each	200	0	610	0.60	1.44	20.0	0	0.0	*N/A*	4.0	23.0	10.0	2.50	0.00
Jelly cup, assorted flavors	1 each	25	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
Craisins, flavor variety	1 Each	110	0	0	3.00	0.00	0.0	0	0.0	24	0.0	28.0	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		514	8	744	*3.66	*1.60	*323.6	*523	20.16	*24	13.05	89.06	11.31	3.26	*0.00
% of Calories										*18.7%	10.2%	69.3%	19.8%	5.7%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

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# Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Pre K & headstart breakfast

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/28/2021															
Pre K & headstart breakfast	Total														
Egg & cheese b-fast sandwich	1 Each	400	150	645	4.00	*1.44	*80.0	*0	*0.0	*1	16.06	35.02	23.59	9.80	0.00
Sorbet frz. juice cup, variety	1 Each	70	0	5	3.00	0.36	60.0	0	60.0	*N/A*	0.0	19.0	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		649	158	784	*7.06	*1.96	*443.6	*523	*80.16	*1	25.11	86.08	24.90	10.56	*0.00
% of Calories										*0.6%	15.5%	53.1%	34.5%	14.7%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Thu - 04/29/2021															
Pre K & headstart breakfast	Total														
Biscuit and Gravy	1 Each	236	0	754	0.60	1.44	20.0	0	0.0	*N/A*	4.0	28.14	12.06	3.53	0.00
Applesauce	1/2 cup	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		499	8	904	*1.68	*3.43	*323.6	*523	22.61	*N/A*	13.05	81.64	13.37	4.29	*0.00
% of Calories										*N/A%*	10.5%	65.5%	24.1%	7.7%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Fri - 04/30/2021															
Pre K & headstart breakfast	Total														
Cereal Variety Pre-K	1 Each	98	0	158	1.92	6.25	120.1	492	5.34	*2	1.76	20.47	1.7	0.19	0.01
Apple slices, 2 oz. bag	1/2 cup	30	0	0	0.00	0.00	19.9	0	19.89	6	0.0	6.96	0.0	0.00	0.00
Milk, Pre-K	HALF PINT	120	8	130	0.00	0.00	300.0	500	1.8	*N/A*	8.5	18.5	1.25	0.75	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		307	8	292	*1.98	*6.41	*443.6	*1015	45.40	*8	10.81	59.49	3.01	0.95	*0.01
% of Calories										*10.5%	14.1%	77.5%	8.8%	2.8%	*0.0%
Nutrient Guideline		350-500		540									<=30.0	<10.00	

Weighted Average		436	31	597	*2.75	*3.73	*369.7	*602	*41.02	*4	13.83	71.87	10.62	3.71	*0.00
										*8.4%	12.7%	65.9%	21.9%	7.7%	*0.0%

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# Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

Pre K & headstart breakfast

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Nutrient</b>	<b>Menu AVG</b>	<b>% of Cals</b>	<b>Weekly Target</b>	<b>% of Target</b>	<b>Miss Data</b>	<b>Shortfall</b>	<b>Overage</b>	<b>Error Messages (if any)</b>							
Calories	436		350 - 500	100%											
Cholesterol (mg)	31														
Sodium 1 (mg)	597		540				57								
Sodium 2 (mg)	597		485				112								
Fiber (g)	2.75				Missing										
Iron (mg)	3.73				Missing										
Calcium (mg)	369.7				Missing										
Vitamin A (IU)	602				Missing										
Sugars (g)	4	3.72%			Missing										
Vitamin C (mg)	41.02				Missing										
Protein (g)	13.83	12.68%													
Carbohydrate (g)	71.87	65.90%													
Total Fat (g)	10.62	21.92%	<=30.00%												
Saturated Fat (g)	3.71	7.66%	<10.00%												
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing										

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