

# Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

K - 4th Lunch

Portion Values - Detailed

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Generated on: 3/18/2021 7:39:34 AM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 04/01/2021															
K - 4th Lunch	Total														
Lunchable - Turkey	1 Each	493	*52	880	*1.30	*0.72	*130.0	*600	*60.0	*1	18.62	58.84	20.17	*6.79	*0.00
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Chicken slider (2 each)	2 sliders	352	25	753	6.02	3.61	140.3	0	0.0	*0	20.11	42.1	11.57	2.52	0.00
French Fries	1/2 cup	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
Corn: canned, yellow	1/4 cup	60	0	167	1.52	0.20	2.3	35	1.37	*3	1.74	10.88	1.95	0.70	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		594	*43	1097	*5.14	*2.49	*330.9	*633	*43.26	*1	26.14	79.50	18.61	*5.43	*0.00
% of Calories										*0.9%	17.6%	53.5%	28.2%	*8.2%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/02/2021															
K - 4th Lunch	Total														
Pizza, pepperoni 4x6 WG	1 Each	310	25	530	4.00	2.50	222.0	0	0.0	8	16.0	34.0	12.0	5.00	0.00
OR	SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Mozzarella stick basket - Elem	Servings	476	15	1130	2.30	2.25	425.0	350	10.5	*3	22.0	55.27	18.66	4.78	0.00
Broccoli w/ Cheese	1/2 cup	53	4	73	2.19	0.01	86.1	45	32.85	*N/A*	4.12	4.52	1.3	0.82	0.00
MIXED VEGETABLES:frozen,boiled	1/2 CUP	74	0	50	4.00	0.75	22.8	3892	2.91	*3	2.6	11.91	1.8	0.86	0.00
Sorbet frz. juice cup, variety	1 Each	70	0	5	3.00	0.36	60.0	0	60.0	*N/A*	0.0	19.0	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
KETCHUP: individual	1 each	10	0	25	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
MUSTARD: individual PC	1 each	3	0	50	0.18	0.07	2.8	5	0.01	0	0.17	0.26	0.15	0.01	0.00
Weighted Daily Average		614	27	1041	*8.53	*3.05	*661.1	*2541	69.57	*7	28.70	86.59	17.24	5.93	*0.00
% of Calories										*4.7%	18.7%	56.4%	25.2%	8.7%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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**Beebe Public Schools**

**Apr 1, 2021 thru Apr 30, 2021**

Base Menu Spreadsheet

K - 4th Lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 04/05/2021															
K - 4th Lunch	Total														
Chicken nuggets	servings	240	20	270	3.00	1.80	40.0	0	0.0	1	13.0	16.0	14.0	2.50	0.00
French Fries	1/2 cup	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cheeseburger Basket	servings	431	38	597	2.25	*3.42	*200.0	*25	*0.0	*1	20.56	47.27	17.23	5.56	0.00
Leaf lettuce/tomato	1/4 cup	8	0	7	0.58	0.24	9.8	1691	5.48	1	0.5	1.61	0.08	0.01	0.00
Fruit cocktail, Ex It syrup	1/2 cup	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		528	35	719	*3.91	*2.94	*377.3	*857	*3.86	*6	24.65	66.10	18.08	4.73	*0.00
% of Calories										*4.2%	18.7%	50.1%	30.8%	8.1%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Tue - 04/06/2021															
K - 4th Lunch	Total														
Lunchable - Pizza	1 Each	521	*38	1319	*2.02	*2.42	*120.6	*600	*60.0	*3	17.14	61.08	20.89	*7.54	*0.02
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Totally Taco MaxSnax	servings	260	10	510	4.00	2.70	150.0	0	0.0	1	14.0	30.0	9.0	2.50	0.00
Salsa, homemade	1/4 cup	17	0	12	1.02	0.38	20.5	382	6.89	*0	0.25	6.28	0.0	0.00	*0.00
Pinto beans with cheese	1/2 cup	156	8	263	5.55	1.37	192.2	90	0.11	*0	10.94	20.78	3.51	1.83	0.00
FRUIT,FRESH ASSORTED	1 EACH	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Tortilla chips	1 oz	142	0	152	1.01	0.36	20.2	0	0.0	*N/A*	2.03	17.21	7.09	3.04	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		651	*32	1220	*6.59	*3.22	*470.0	*948	*43.64	*9	26.54	89.53	20.24	*7.25	*0.01
% of Calories										*5.5%	16.3%	55.0%	28.0%	*10.0%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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# Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

## Base Menu Spreadsheet

K - 4th Lunch

### Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/07/2021															
K - 4th Lunch	Total														
Chicken fries	servings	230	20	340	2.00	1.80	20.0	0	0.0	1	13.0	14.0	13.0	2.50	0.00
Roll, WW 2 oz.	2 oz. roll	169	8	206	2.63	1.41	13.3	19	0.02	*3	4.92	27.3	4.9	1.18	*0.00
OR	servings	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Mini Corn Dogs Basket	servings	390	37	594	5.75	2.70	210.0	25	0.0	*0	12.5	47.24	16.62	4.25	0.00
Mashed potatoes	1/2 cup	75	0	265	1.25	0.22	15.3	0	0.0	1	1.25	16.22	1.25	1.25	0.00
Blackeyed peas	1/4 cup	47	0	82	2.01	0.90	10.1	0	0.03	*0	3.03	8.11	0.5	0.00	*0.00
Fruit cocktail, Ex It syrup	1/2 cup	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		635	36	967	*6.59	*3.51	*350.3	*617	1.54	*14	25.02	92.67	19.57	5.16	*0.00
% of Calories										*8.9%	15.8%	58.4%	27.7%	7.3%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Thu - 04/08/2021															
K - 4th Lunch	Total														
Lunchable - Pepperoni	1 Each	601	*61	1083	*1.30	*0.52	*130.0	*600	*60.0	*2	16.79	59.82	32.04	*12.57	*0.00
OR	servings	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
BBQ Roasted Chicken	servings	185	37	989	4.26	*0.24	*0.0	*0	*0.0	*N/A*	9.3	19.19	6.6	2.00	0.00
Fried potatoes	1/2 cup	143	0	476	1.44	0.00	0.3	0	0.0	*1	1.44	17.28	7.6	2.28	0.00
Peas & carrots	1/2 cup	78	0	386	4.81	1.04	30.2	3797	8.12	*N/A*	3.72	14.6	0.29	0.05	0.00
Strawberries, frozen	1/2 cup	46	0	0	1.52	0.18	10.1	0	27.34	9	0.0	11.64	0.0	0.00	0.00
Breadstick, WW 2 oz.	1 EACH	169	8	206	2.63	1.41	13.3	19	0.02	*3	4.92	27.3	4.9	1.18	*0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		661	*58	1467	*6.20	*1.38	*323.8	*1280	*50.78	*9	22.95	85.68	24.57	*8.68	*0.00
% of Calories										*5.6%	13.9%	51.8%	33.4%	*11.8%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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Base Menu Spreadsheet

K - 4th Lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/09/2021															
K - 4th Lunch	Total														
Crispito, chicken chili, WG	1 each	270	25	370	3.00	1.80	40.0	750	0.0	*N/A*	12.0	23.0	14.0	3.00	0.00
Tortilla chips	2 oz	283	0	304	2.02	0.73	40.5	0	0.0	*N/A*	4.05	34.42	14.17	6.07	0.00
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Hot dog Basket	Servings	352	46	1002	2.25	2.71	88.3	25	*1.22	*0	14.1	39.26	16.25	3.54	0.00
Salsa, homemade	1/4 cup	17	0	12	1.02	0.38	20.5	382	6.89	*0	0.25	6.28	0.0	0.00	*0.00
Refried beans, Santiago	1/2 cup	181	0	657	10.06	2.42	59.7	1	1.0	0	10.06	31.18	1.51	0.50	0.00
Slushy variety	1 Each	90	0	20	0.00	1.44	60.0	1000	42.0	21	0.0	22.6	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		640	41	1113	*5.32	*3.77	*381.7	*1370	*23.23	*11	23.62	84.45	23.35	6.70	*0.00
% of Calories										*6.7%	14.8%	52.8%	32.8%	9.4%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Mon - 04/12/2021															
K - 4th Lunch	Total														
Chicken cheese quesadilla	1 each	196	48	274	1.00	1.29	130.6	91	3.6	*0	19.92	15.29	6.39	2.70	0.00
Tortilla chips	1.5 oz	213	0	228	1.52	0.55	30.4	0	0.0	*N/A*	3.04	25.82	10.63	4.56	0.00
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cheeseburger Basket	servings	431	38	597	2.25	*3.42	*200.0	*25	*0.0	*1	20.56	47.27	17.23	5.56	0.00
Refried beans, Santiago	1/2 cup	181	0	657	10.06	2.42	59.7	1	1.0	0	10.06	31.18	1.51	0.50	0.00
Salsa, homemade	1/4 cup	17	0	12	1.02	0.38	20.5	382	6.89	*0	0.25	6.28	0.0	0.00	*0.00
Sorbet frz. juice cup, variety	1 Each	70	0	5	3.00	0.36	60.0	0	60.0	*N/A*	0.0	19.0	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		634	48	934	*7.10	*3.78	*506.7	*579	*33.58	*1	31.99	85.18	18.54	6.72	*0.00
% of Calories										*0.3%	20.2%	53.8%	26.3%	9.5%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 04/13/2021															
K - 4th Lunch	Total														
Lunchable - Pizza	1 Each	521	*38	1319	*2.02	*2.42	*120.6	*600	*60.0	*3	17.14	61.08	20.89	*7.54	*0.02
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Crispito, chicken chili, WG	1 each	270	25	370	3.00	1.80	40.0	750	0.0	*N/A*	12.0	23.0	14.0	3.00	0.00
Tossed green salad	1/2 cup	18	2	28	0.65	0.46	20.3	2730	3.44	*0	0.66	1.61	1.21	0.40	*0.00
French Fries	1/2 cup	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
Peaches, canned, Ex Lt syrup	1/2 cup	60	0	5	1.00	0.00	0.0	65	0.0	13	0.0	13.93	0.0	0.00	0.00
Animal Crackers, WG	1 each	141	0	71	0.25	0.12	5.9	10	0.0	*N/A*	0.81	19.6	6.61	4.45	0.14
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		655	*42	1369	*3.08	*2.54	*380.0	*1642	*49.89	*5	24.12	83.99	22.63	*8.09	*0.05
% of Calories										*3.1%	14.7%	51.3%	31.1%	*11.1%	*0.1%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/14/2021															
K - 4th Lunch	Total														
Macaroni & cheese	2/3 CUP	408	58	988	0.95	1.10	530.7	553	0.92	*9	22.17	30.48	21.79	13.08	*0.00
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Mini Corn Dogs Basket	servings	390	37	594	5.75	2.70	210.0	25	0.0	*0	12.5	47.24	16.62	4.25	0.00
California blend veggies	3/8 cup	25	0	67	1.45	0.26	15.4	2179	6.54	*0	0.73	3.63	0.81	0.40	0.00
Sweet peas	3/8 cup	81	0	29	3.45	0.89	19.7	493	29.56	*N/A*	3.94	10.35	2.68	1.21	0.00
Fruit cocktail, Ex Lt syrup	1/2 cup	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		583	51	961	*5.21	*2.40	*589.6	*1326	12.08	*11	24.38	75.32	21.03	8.59	*0.00
% of Calories										*7.7%	16.7%	51.7%	32.5%	13.3%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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# Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

K - 4th Lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 04/15/2021															
K - 4th Lunch	Total														
Lunchable - Ham	1 Each	476	*44	989	*1.30	*0.38	*130.0	*600	*60.0	*1	15.53	59.72	19.18	*6.14	*0.01
OR	1 serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Chicken nuggets	servings	240	20	270	3.00	1.80	40.0	0	0.0	1	13.0	16.0	14.0	2.50	0.00
Mashed potatoes	1/2 cup	75	0	265	1.25	0.22	15.3	0	0.0	1	1.25	16.22	1.25	1.25	0.00
Leafy green salad - Elem	1/2 cup	21	2	32	0.62	0.30	17.6	2234	4.88	*1	0.67	2.25	1.37	0.46	*0.00
Raisins	1.33 oz. bo	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Roll, WW 2 oz.	2 oz. roll	169	8	206	2.63	1.41	13.3	19	0.02	*3	4.92	27.3	4.9	1.18	*0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		607	*45	1078	*3.33	*3.26	*383.7	*1273	*51.16	*3	23.52	82.69	20.65	*6.18	*0.01
% of Calories										*1.9%	15.5%	54.5%	30.6%	*9.2%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/16/2021															
K - 4th Lunch	Total														
Nacho cheese sauce (2M/MA)	3/8 cup	281	60	1282	0.00	0.11	380.8	660	0.16	*0	14.77	3.81	22.62	13.82	*0.00
Tortilla chips	1 oz	142	0	152	1.01	0.36	20.2	0	0.0	*N/A*	2.03	17.21	7.09	3.04	0.00
OR	SERVING	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza crunchers basket - Elem	Servings	520	30	994	6.25	2.54	485.0	4586	2.0	*3	22.0	58.25	23.62	8.50	0.00
MIXED VEGETABLES:frozen,boiled	1/4 CUP	37	0	25	2.00	0.37	11.4	1946	1.46	*1	1.3	5.96	0.9	0.43	0.00
Green beans, canned	1/2 cup	27	0	265	3.22	1.14	49.3	455	6.06	*N/A*	1.63	5.48	0.05	0.04	0.00
Slushy variety	1 Each	90	0	20	0.00	1.44	60.0	1000	42.0	21	0.0	22.6	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Weighted Daily Average		626	50	1455	5.37	2.49	733.2	4173	17.97	*9	27.22	68.96	27.42	13.10	*0.00
% of Calories										*5.8%	17.4%	44.0%	39.4%	18.8%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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# Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

K - 4th Lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 04/19/2021															
K - 4th Lunch	Total														
Popcorn chicken, WG	1 serving	313	27	477	4.09	2.45	27.3	0	0.0	1	19.08	19.08	17.71	3.41	0.00
Roll, WW 2 oz.	2 oz. roll	169	8	206	2.63	1.41	13.3	19	0.02	*3	4.92	27.3	4.9	1.18	*0.00
OR	1 serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cheeseburger Basket	1 servings	431	38	597	2.25	*3.42	*200.0	*25	*0.0	*1	20.56	47.27	17.23	5.56	0.00
Mashed potatoes	1/2 cup	75	0	265	1.25	0.22	15.3	0	0.0	1	1.25	16.22	1.25	1.25	0.00
Steamed Carrots	1/4 cup	13	0	102	0.88	0.35	13.2	5959	1.46	*N/A*	0.34	2.95	0.1	0.02	0.00
Fruit cocktail, Ex It syrup	1/2 cup	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Condiment assortment	1 servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		642	42	983	*5.35	*3.85	*374.0	*1911	*1.44	*9	29.65	83.37	21.92	6.06	*0.00
% of Calories										*5.6%	18.5%	51.9%	30.7%	8.5%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Tue - 04/20/2021															
K - 4th Lunch	Total														
Lunchable - Pizza	1 Each	521	*38	1319	*2.02	*2.42	*120.6	*600	*60.0	*3	17.14	61.08	20.89	*7.54	*0.02
OR	1 serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pig in a blanket	1 Each	309	33	816	2.63	2.13	*13.3	*19	*0.02	*3	11.92	28.3	16.9	4.68	*0.00
Spinach, seasoned	1/4 cup	34	0	73	2.35	1.53	104.7	9521	4.47	*1	2.95	3.54	1.68	0.64	*0.00
Corn: canned, yellow	1/2 cup	120	0	334	3.04	0.41	4.6	70	2.73	*7	3.48	21.76	3.9	1.39	0.00
Blueberry apple blend	1/2 cup	44	0	8	1.44	0.21	3.0	32	0.45	*7	0.13	10.51	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Condiment assortment	1 servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		639	*42	1467	*5.32	*3.22	*367.4	*4630	*39.57	*10	24.41	83.59	22.88	*7.57	*0.01
% of Calories										*6.3%	15.3%	52.3%	32.2%	*10.7%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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**Beebe Public Schools**

**Apr 1, 2021 thru Apr 30, 2021**

Base Menu Spreadsheet

K - 4th Lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/21/2021															
K - 4th Lunch	Total														
Chicken fries	servings	230	20	340	2.00	1.80	20.0	0	0.0	1	13.0	14.0	13.0	2.50	0.00
Animal Crackers, WG	1 each	141	0	71	0.25	0.12	5.9	10	0.0	*N/A*	0.81	19.6	6.61	4.45	0.14
OR	OR serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Mini Corn Dogs Basket	servings	390	37	594	5.75	2.70	210.0	25	0.0	*0	12.5	47.24	16.62	4.25	0.00
Pinto beans with cheese	3/8 cup	117	6	197	4.16	1.02	144.2	67	0.08	*0	8.2	15.59	2.64	1.37	0.00
California blend veggies	3/8 cup	25	0	67	1.45	0.26	15.4	2179	6.54	*0	0.73	3.63	0.81	0.40	0.00
FRUIT,FRESH ASSORTED	1 EACH	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		583	36	752	*7.75	*2.70	*422.1	*1435	20.07	*11	22.30	78.55	20.39	6.37	*0.07
% of Calories										*7.7%	15.3%	53.9%	31.5%	9.8%	*0.1%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Thu - 04/22/2021															
K - 4th Lunch	Total														
Lunchable - Turkey	1 Each	493	*52	880	*1.30	*0.72	*130.0	*600	*60.0	*1	18.62	58.84	20.17	*6.79	*0.00
OR	OR serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza Stick	Each	125	12	255	1.50	0.90	50.0	0	0.0	2	5.5	15.0	4.5	2.25	0.00
Marinara sauce, low sodium	1/4 cup	45	0	71	1.01	0.55	10.1	2524	30.29	*N/A*	1.01	7.57	1.77	0.50	0.00
Sweet peas	1/4 cup	54	0	19	2.30	0.59	13.1	328	19.71	*N/A*	2.63	6.9	1.78	0.81	0.00
Peaches, canned,Ex Lt syrup	1/2 cup	60	0	5	1.00	0.00	0.0	65	0.0	13	0.0	13.93	0.0	0.00	0.00
Chocolate chip cookie, small	1 each	74	5	63	0.00	0.38	0.0	106	0.0	*N/A*	1.06	12.66	2.64	1.06	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		475	*40	747	*2.21	*1.20	*334.2	*1210	*38.90	*4	19.84	65.84	14.69	*5.54	*0.00
% of Calories										*3.4%	16.7%	55.4%	27.8%	*10.5%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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# Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

K - 4th Lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 04/26/2021															
K - 4th Lunch	Total														
Chicken & noodles	1 CUP	233	54	90	2.79	2.59	56.9	2	0.79	*0	25.63	25.33	4.11	0.96	*0.00
Grilled cheese roll up	1 each	221	25	404	2.00	*0.72	*40.0	*0	*0.0	*1	9.06	18.02	13.35	6.68	0.00
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cheeseburger Basket	servings	431	38	597	2.25	*3.42	*200.0	*25	*0.0	*1	20.56	47.27	17.23	5.56	0.00
Tater Tots	1/2 cup	136	0	281	1.70	0.61	*N/A*	0	*N/A*	*N/A*	1.7	16.16	6.8	0.00	0.00
Green beans, canned	1/2 cup	27	0	265	3.22	1.14	49.3	455	6.06	*N/A*	1.63	5.48	0.05	0.04	0.00
Applesauce	1/2 cup	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		665	61	994	*5.00	*4.22	*406.1	*484	*2.01	*1	34.08	79.94	23.69	6.85	*0.00
% of Calories										*0.6%	20.5%	48.1%	32.1%	9.3%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Tue - 04/27/2021															
K - 4th Lunch	Total														
Lunchable - Pizza	1 Each	521	*38	1319	*2.02	*2.42	*120.6	*600	*60.0	*3	17.14	61.08	20.89	*7.54	*0.02
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Macaroni & cheese	2/3 CUP	408	58	988	0.95	1.10	530.7	553	0.92	*9	22.17	30.48	21.79	13.08	*0.00
Broccoli w/ Cheese	1/4 cup	26	2	37	1.09	0.00	43.1	22	16.42	*N/A*	2.06	2.26	0.65	0.41	0.00
Green beans, canned	1/2 cup	27	0	265	3.22	1.14	49.3	455	6.06	*N/A*	1.63	5.48	0.05	0.04	0.00
Peaches, canned, Ex Lt syrup	1/2 cup	60	0	5	1.00	0.00	0.0	65	0.0	13	0.0	13.93	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		651	*52	1447	*3.83	*2.28	*593.4	*1249	*45.46	*14	28.05	81.20	22.00	*10.22	*0.01
% of Calories										*8.8%	17.2%	49.9%	30.4%	*14.1%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

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**Beebe Public Schools**

**Apr 1, 2021 thru Apr 30, 2021**

Base Menu Spreadsheet

K - 4th Lunch

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/28/2021															
K - 4th Lunch	Total														
Turkey taco (crunchy)	2 Each	237	29	248	3.00	*0.78	*158.1	*2023	*6.2	*2	13.97	18.13	11.83	3.73	0.00
Tortilla Chips (1 oz.)	1 oz.	142	0	152	1.01	0.36	20.2	0	0.0	*N/A*	2.03	17.21	7.09	3.04	0.00
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Mini Corn Dogs Basket	servings	390	37	594	5.75	2.70	210.0	25	0.0	*0	12.5	47.24	16.62	4.25	0.00
Refried beans, Santiago	1/2 cup	181	0	657	10.06	2.42	59.7	1	1.0	0	10.06	31.18	1.51	0.50	0.00
Salsa, homemade	1/4 cup	17	0	12	1.02	0.38	20.5	382	6.89	*0	0.25	6.28	0.0	0.00	*0.00
Fruit cocktail, Ex It syrup	1/2 cup	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Weighted Daily Average		615	40	963	*9.23	*3.01	*468.1	*1657	*6.55	*8	25.05	85.26	19.96	6.09	*0.00
% of Calories										*5.1%	16.3%	55.4%	29.2%	8.9%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 04/29/2021															
K - 4th Lunch	Total														
Lunchable - Pepperoni	1 Each	601	*61	1083	*1.30	*0.52	*130.0	*600	*60.0	*2	16.79	59.82	32.04	*12.57	*0.00
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Chicken nuggets	servings	240	20	270	3.00	1.80	40.0	0	0.0	1	13.0	16.0	14.0	2.50	0.00
Mashed potatoes	1/2 cup	75	0	265	1.25	0.22	15.3	0	0.0	1	1.25	16.22	1.25	1.25	0.00
Leafy green salad - Elem	1/2 cup	21	2	32	0.62	0.30	17.6	2234	4.88	*1	0.67	2.25	1.37	0.46	*0.00
Strawberry applesauce	1/2 cup	105	0	37	1.07	1.93	0.1	0	2.57	*4	0.35	26.56	0.0	0.00	*0.00
Roll, WW 2 oz.	2 oz. roll	169	8	206	2.63	1.41	13.3	19	0.02	*3	4.92	27.3	4.9	1.18	*0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Condiment assortment	servings	34	3	120	0.09	0.04	1.4	2	0.01	*0	0.08	4.13	2.33	0.25	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		681	*50	1082	*4.55	*2.62	*335.3	*1144	*32.15	*5	24.59	85.63	27.24	*9.14	*0.00
% of Calories										*3.1%	14.4%	50.3%	36.0%	*12.1%	*0.0%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

# Beebe Public Schools

Apr 1, 2021 thru Apr 30, 2021

Base Menu Spreadsheet

K - 4th Lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/30/2021															
K - 4th Lunch															
	Total														
Chili cheese wrap	1 each	257	38	582	1.48	2.02	269.7	257	5.17	*0	17.16	19.55	11.98	5.65	*0.27
Fritos, WG	1 oz	142	0	172	2.03	0.36	20.2	0	0.0	*N/A*	2.03	20.25	6.08	1.01	0.00
OR	serving	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Mozzarella stick basket - Elem	Servings	476	15	1130	2.30	2.25	425.0	350	10.5	*3	22.0	55.27	18.66	4.78	0.00
Salsa, homemade	1/4 cup	17	0	12	1.02	0.38	20.5	382	6.89	*0	0.25	6.28	0.0	0.00	*0.00
Pinto beans, canned	1/2 cup	116	0	160	5.55	1.35	63.9	0	0.11	*0	7.07	20.5	0.92	0.16	0.00
FRUIT,FRESH ASSORTED	1 EACH	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Lunch- Variety	HALF PINT	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Juice (milk allergies only)	2 cartons	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average		632	31	1153	*7.82	*3.26	*634.3	*935	22.81	*9	30.70	86.20	19.31	6.06	*0.14
% of Calories										*5.6%	19.4%	54.6%	27.5%	8.6%	*0.2%
Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Weighted Average		620	*43	1096	*5.59	*2.91	*448.7	*1519	*29.03	*7 *10.9%	26.07 16.8%	81.44 52.6%	21.14 30.7%	*7.16 *10.4%	*0.01 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	620		550 - 650	100%				
Cholesterol (mg)	43				Missing			
Sodium 1 (mg)	1096		1230					
Sodium 2 (mg)	1096		935				161	Correction Required - Sodium too High
Fiber (g)	5.59				Missing			
Iron (mg)	2.91				Missing			
Calcium (mg)	448.7				Missing			
Vitamin A (IU)	1519				Missing			
Sugars (g)	7	4.84%			Missing			
Vitamin C (mg)	29.03				Missing			
Protein (g)	26.07	16.83%						
Carbohydrate (g)	81.44	52.57%						
Total Fat (g)	21.14	30.71%	<=30.00%					Correction Required - Total Fat too High
Saturated Fat (g)	7.16	10.41%	<10.00%		Missing			Correction Required - Sat. Fat too High
Trans Fat <sup>1</sup> (g)	0.01	0.02%			Missing			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.