

Funding passed through to our town to support free meals to all students has been exhausted. Effective December 1, 2022 all meals will be fully paid, unless your children qualify for free or reduced school meals.

The price for school breakfast and lunch as of December 1st is below. Students who qualify for reduced-price meals will pay \$0.30 for breakfast and \$0.40 for lunch. Students who qualify for free meals can receive one breakfast and one lunch each school day at no cost. Milk is included in lunch, but the charge for any student buying extra milk or a milk with no lunch is \$0.50.

Recent studies prove that the healthiest meals children eat all day are those they eat in school. In addition, students who consume school meals typically eat more fruits and vegetables than students who do not eat school meals. Our school lunch program not only supports our students, it also supports our cafeteria workers and our local farms.

Thank you for your support and please email any questions to Jen Bove at *ibove@easthamptonct.org*.

Frequently asked questions:

How do we pay for our school meals?

Students will pay for their breakfast and lunch using their Meal Magic lunch account. If you have not yet set up a Meal Magic account, or you need to add funds to your students' accounts, please go to our website at https://www.easthamptonps.org/page/nutritional-services-and-school-lunch, click on Meal Magic Family Payment https://www.easthamptongs.org/page/nutritional-services-and-school-lunch, click on <a href="https://www.easth

How do we qualify for free or reduced price meals?

If you think that you may qualify for free or reduced price meals, please go to our website at <u>https://www.easthamptonps.org/page/nutritional-services-and-school-lunch</u> to fill out a free and reduced lunch application. Please note that the income level required for eligibility for SNAP (formerly food stamps) was raised as of October 1st, so some families who previously did not qualify for SNAP may now qualify. Any students who receive SNAP benefits are automatically eligible for free school meals, so please visit our website and click on the + sign beside <u>Applying for Free and Reduced Meals</u> to learn more about applying for SNAP.

How much will meals cost on December 1? School Breakfast = \$2.25 at all schools.

Memorial Lunch = \$3.50	Middle School Lunch = \$3.75
Center Lunch = \$3.50	High School Lunch = \$4.00 (\$4.50 for full Salad Bar)

Every school lunch includes lean protein, a whole grain, a selection of both fruits and vegetables, and a low fat milk.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- 2. fax: (833) 256-1665 or (202) 690-7442; or
- 3. email: program.intake@usda.gov.

This institution is an equal opportunity provider.