

RFHS

# Ingot Insider

November 14th, 2022



*Countdown to Thanksgiving!*



November 21

"A" Schedule Block Day

November 22

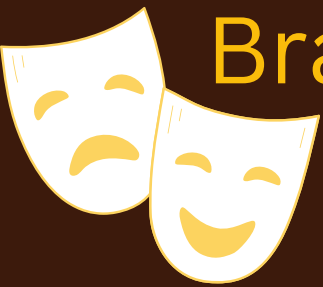
"B" Schedule Block Day

No School

11/23-11/25



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Bravo to the cast of the fall  
play!!

Life Is Like a  
**DOUBLE**  
**CHEESEBURGER**



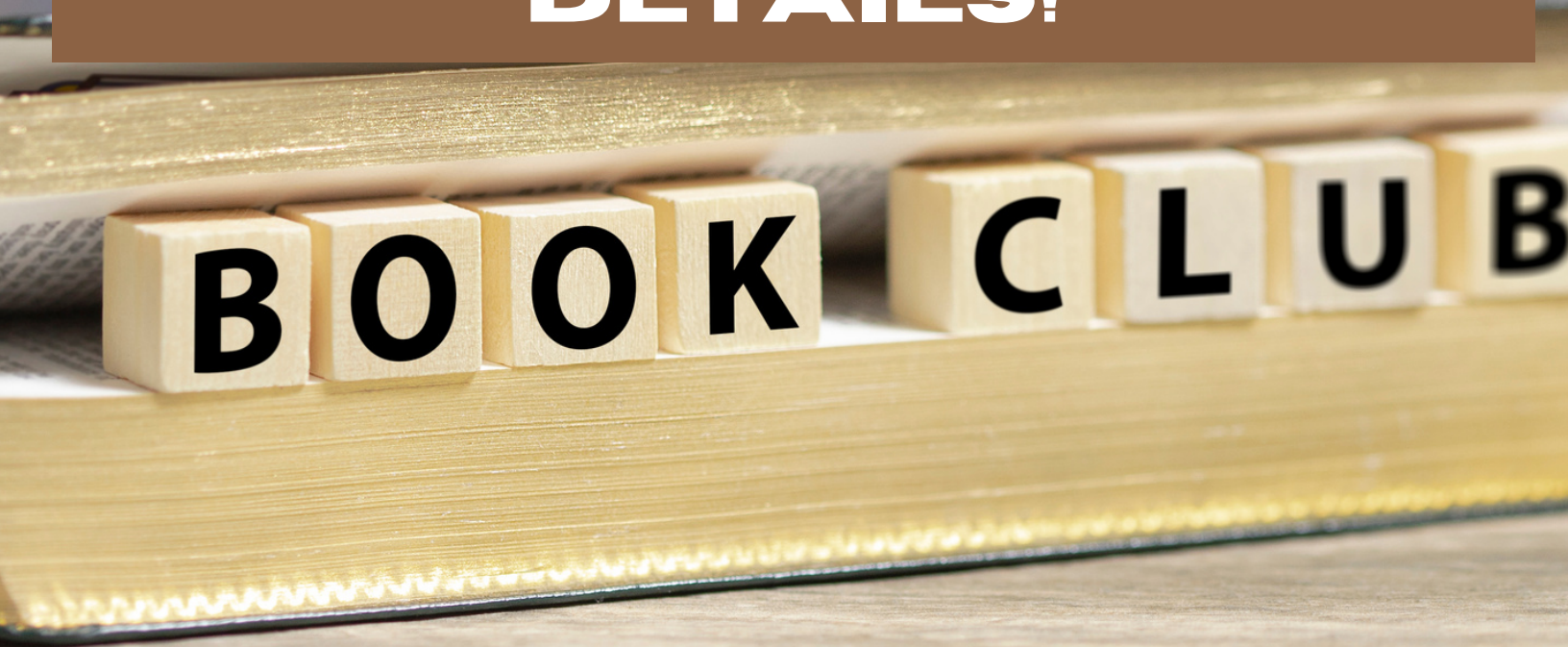


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RFHS  
**Ingot Insider**

**WEEKLY MONDAY  
MEETING 2:50-3:30 IN  
MEDIA CENTER  
READ 20-30 PAGES PER  
WEEK**

**SEE MS. SINES FOR  
DETAILS!**



# **FINAL EXAM SCHEDULE**

**Friday 12/16**

**6th period**

**Monday 12/19**

**1st and 3rd period**

**Tuesday 12/20**

**5th and 7th period**

**Wednesday 12/21**

**2nd and 4th period**



# Senior stuff

There will be a class meeting with Fostens in the high school gym during SRT from 11:40am - 12:20pm on Tuesday 11/29/22. Fostens will be back on Tuesday 12/06/22 outside the cafeteria to take orders.



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## 2021-22 Yearbook

**ORDER NOW!**

<https://tinyurl.com/2s3h9z9s>  
PassCode=1015585546331402

create account

email [mburns@rfcsc.k12.in.us](mailto:mburns@rfcsc.k12.in.us) with  
questions



RFHS

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## College News

**FAFSA**  
**OPENS**  
**OCTOBER**  
**1st!**

[Click here](#)  
for one  
stop, no  
obligation  
financial aid  
registration!



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## EXTRA CURRICULAR MATTERS



We are so proud of Abby Witt!! This year round athlete competes in soccer, basketball, and softball as a high school student and she plans to continue multitasking as a two-sport collegiate athlete at Ancilla this fall, focusing on softball and basketball.



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## CURRICULAR MATTERS

Santa and his elves came out a little early this year to sell cookies for our angel trees! Thanks to our students' generosity and sugar cravings, they made over \$1000!



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## MEDIA CENTER NEWSLETTER

*Click here for November's  
Media Center Newsletter!*



# RFHS Ingot Insider

## Virtual School

is now only an option in pre-approved, medically necessary circumstances.

Please know we are still dedicated to educating all students and can make arrangements on an individual basis.



## Freshman Seminar

is a new program in conjunction with PATH to help support the class of 2026 in their high school careers!

We will be discussing graduation pathways, future planning, and executive functioning skills!

## Flexible Schedules!

Substitute teachers, bus matrons, and paraprofessionals are needed at RFHS!



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**Free, Reduced or Paid meal status along with Textbook assistance from the previous school year will expire on September 26th. An updated application must be received by September 26th in order to update your student's meal and textbook assistance status. Invoices will be mailed in October for any household who has not applied for or received textbook assistance. Please visit our website for an application or call Nick Alessandri at 219.962.7551 if you have any questions.**

## Cafeteria Fast Facts

Nicholas Alessandri  
Director of Food Services

[nalessandri@rfcsc.k12.in.us](mailto:nalessandri@rfcsc.k12.in.us)



**Click Here for Menus**  
meals will not  
be free unless  
you qualify for  
free or reduced  
meals

**Click on the fruit  
for the full food  
service site**





# RFHS Ingot Insider

River Forest Community School Corporation  
Free/Reduced Meal Program

## It's more than an application!

Completing the Free/Reduced Meals application is helpful beyond free and discounted meals for students. Your completed application ensures continued funding to support your student and all students in our district.



### Internet Access

Some organizations offer low or no cost in home WiFi to families who receive Free/Reduced benefits.



### Meal Benefits

Students receiving Free/Reduced benefits enjoy breakfast and lunch every school day at little or no cost. Families who are not directly certified may still qualify by submitting an application.



### Curricular Fees

Many families who receive Free/Reduced benefits are also eligible for textbook assistance. This helps offset a portion of the cost for your child's annual curricular material fees.



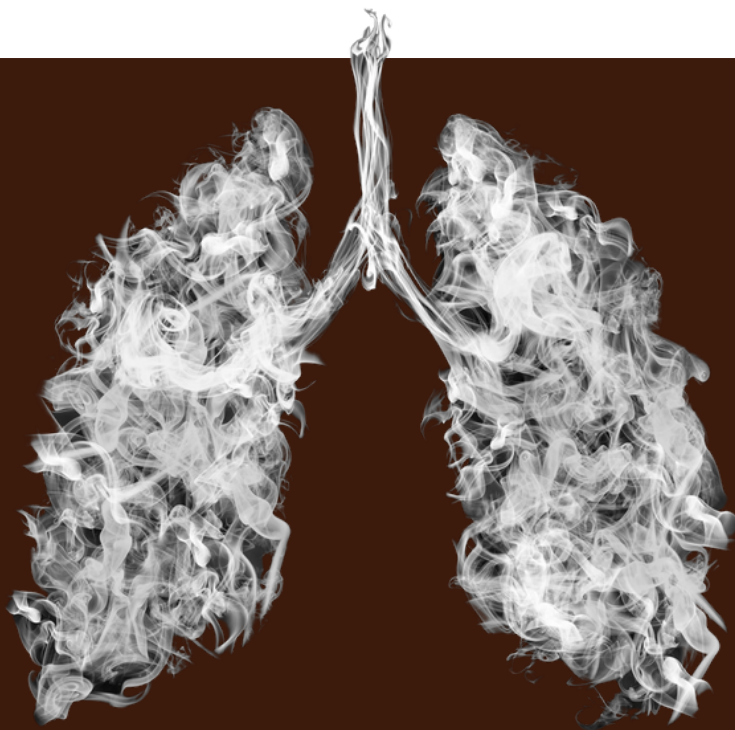
### College Aid & Programs

Students may qualify to participate in college prep programs such as 21st Century Scholars and the PNW TRIO program. Many college scholarships are need-based, and organizations will use Free/Reduced Meal status as a factor.



Submit your Free/Reduced Meal application online today at <https://riverforest.familyportal.cloud/> or scan the QR code with your mobile device to apply.

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**Vaping nicotine and marijuana is both hazardous to your students' health, but it is also grounds for suspension. Read about the risks here.**